CO-CURRICULAR BOOKLET





We acknowledge the Darug people as the Traditional Custodians of this land. We pay our respects to Elders past, present, and emerging, and recognise their enduring connection to Country.

We honour their histories, cultures, and contributions, and commit to learning from and walking alongside First Nations peoples.

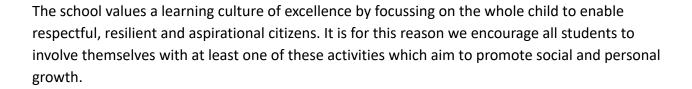
WELCOME

Dear Students and Parents/Caregivers,

This booklet outlines the broad range of activities available at Kellyville High School which helps to promote student wellbeing through connectedness and engagement with school culture, in addition to providing broader opportunities to develop, leadership, social and resilience skills

Research over the last 30 years has increasingly shown that student engagement is not only an important outcome in itself, but it is also directly related to academic performance and

future outcomes. Other studies of student engagement have shown that increased student engagement has a flow-on effect on educational and occupational success many years into the future (DoE Student Engagement and Wellbeing).



Mr. Igor Maric Principal





AFTER SCHOOL GYM

The school gym operates on a Tuesday and Thursday afternoon between 3 and 4 pm. It is an opportunity for students who are 14 years of age and older to increase their overall health and fitness in a friendly and relaxed environment. Students need to bring a change of clothes, a towel, and a positive attitude. Notes can be collected from Mr Brown in the Science faculty or on-line through the Parent Portal.

ATHLETICS

The school holds an Athletics carnival each year which is a mandatory school event. All students are encouraged to have a go and participate in events. For competitive athletes the school carnival is a selection process to compete at Macquarie Zone level. The future pathway is: Macquarie Zone - Sydney West – CHS - All Schools - Nationals. See Mr Jaaniste or Mr Jack in the PDHPE faculty for more information on Athletics.

CABARET NIGHT

This is the Final showcase of the year celebrating all the TAS and CAPA achievements. It is a well-attended evening with HSC major works displayed. On the night there are performances from students across all years in music, dance and drama. There are also displays from Visual Arts and TAS. See MS Vasilescu in the CAPA faculty for more information.

CHARITY ASSISTANCE

At Kellyville High School we are actively engaged in the local community by supporting a broad range of charities. Each year group adopts a charity and supports that charity through fundraising and awareness initiatives throughout their years at KHS. In addition to this KHS has built strong relationships over many years with a number of charity organisations including, Relay for Life, Worlds Greatest Shave and Jersey Day.

Whole school charity events are coordinated via our school leadership groups please see Ms De Mellow in the English Faculty for further information.

For year group charity support please speak with your Year Adviser.

CHESS CLUB

A chess club is run lunch 1 and 2 on Monday and Lunch 2 on Friday in BF19. No set level of expertise is necessary. Please speak with Ms Joy in the Maths faculty for more information.

CHOIR

KHS Choir is a great opportunity for students to express themselves through singing, work as part of a team and participate in fantastic performance opportunities such as In Concert and Pulse Alive. Choir is open to all students at KHS. Rehearsals Monday Lunch 2 in BF27.

No fee is required for this ensemble; however, excursion costs are to be expected.

See Ms Burr in the CAPA staffroom if you are interested in joining.

CONCERT BAND

The concert band is for students who play woodwind, brass, or band instruments. The band will play a variety of music including pop/ rock songs, and more traditional concert band style music, and will be introduced to some big band style music as well.

The band will perform at school events, some local eisteddfods, do workshops with some of our partner schools, and potentially participate in some Arts Unit programs.

It runs 3-4pm on Wednesday afternoons in the music practical space.

There is a cost of \$90 for the year.

Students are required to bring their own instruments or talk to Ms Burr about hiring instruments to see what they could feasibly hire, and if it would be the school's instruments or through Dural Music.

See Ms Burr in the CAPA faculty if you are interested in joining.

CROSS COUNTRY

The school holds an annual cross-country carnival for year 7 and 8 students which is mandatory for all students to compete. The carnival is a lot of fun with activities and challenges run by the SRC in between races. Competitive runners in years 9-12 who wish to represent the school and themselves at a higher level nominate for the zone carnival by completing a form outside the PE office. The future pathway is Macquarie Zone - Sydney West – CHS - All Schools - Nationals.

See Mr Jaaniste or Mr Jack in the PDHPE faculty for more information on Cross Country.

DEBATING AND PUBLIC SPEAKING

Debating is a fantastic way for students to build their confidence in public speaking, learn to collaborate with peers and inspire them to become deep thinkers about social, cultural and political issues. It also has the capability to deeply engage the students in relevant learning, rational thinking, organisation of thoughts and the art of persuasion. We proudly participate in the Premier's Debating Challenge each year with our teams varying from Year 7 to Year 10, so there is an opportunity for every student to participate. There is an option for a Year 11 and 12 team to be entered if there are committed numbers.

Students also have the opportunity to register their interest for public speaking competitions. Previous competitions that we have been involved in are: The Legacy Junior Public Speaking Award and The Plain English-Speaking Award. For more information, please speak to Ms Lalee in the English faculty.

DRAMA CLUB

The Drama club meets in the movement studio during Lunch 2, Tuesday. The group creates performances and short films over a semester. There are opportunities to enter Drama competitions and be a part of school performance nights.

Speak to Ms Dyer in the CAPA faculty for more information.

DUKE OF EDINBURGH'S AWARD SCHEME

In 2025 Kellyville High School will continue The Duke of Edinburgh's International Award. It is open to all students enrolled in 2025. You will have the opportunity to:

- Design your own Award programme
- Set your own goals and record your progress
- · Participate in any physical activity outside of school
- Make a positive impact on the lives of others through community service
- Learn valuable practical and social skills for you career development
- Take the challenge of an adventure journey

Years 10 and 11 are welcome to join at the Silver level. You must be 16 to join the Gold level. You may already be participating in many of these activities, such as sport, music and volunteering. Or this may be an opportunity to try something new and develop a passion for something different. The Bronze Award is the first step to getting involved in The Duke of Edinburgh's International Award and you can then continue the Award by getting involved at the Silver then Gold levels.

There is a registration cost:

- Bronze registration \$153
- Silver registration \$163
- Gold registration \$188

DUKE OF EDINBURGH'S AWARD SCHEME CONTINUED

Each camp will cost about \$90 for Bronze/Silver, which are 2nights in the Blue Mountains or Wollemi National Park. The Gold/Silver camps are 4 nights in Kosciuszko National park, and cost \$320. Camps planned for 2025 are:

- Term 2: Week 2 Bronze/Silver
- Term 3: Week 10 Bronze/Silver
- Term 4: Week 6 Bronze/Silver Term 4: Week 9 Gold/Silver

You will need your own tent, quality sleeping bag, walking boots, camp stove, food and other hiking items. There is more information available on their website at: http://www.dukeofed.com.au/ Or on Google Classroom at: 6aknh7x

| STAGE | STANDARD COMMITMENT | ADDITIONAL REQUIREMENTS | ENTRY AGE |
|--------|------------------------|------------------------------|-----------|
| Bronze | 3 months each | 3 Months of one chosen major | 14 years |
| Silver | 6 months each | + 6 months if sliver direct | 15 years |
| Gold | 12 months each | | 16 years |

Students generally enter at the Bronze level in Year 9, however, it is possible for older students to begin at Silver entry if spaces allow. See Mr Thomas in the Inclusive Education faculty or your Deputy Principal.

ENVIRONMENT CLUB

Our Environmental club at Kellyville High School aims to inspire a culture of environmental awareness and sustainability within our school community and beyond. The Environmental Club is dedicated to promoting eco-friendly practices, raising awareness about environmental issues, and taking tangible steps to reduce our ecological footprint. Whether through organizing clean-up events, starting recycling initiatives, or educating others on the importance of conservation, our club strives to make a positive impact on the environment and our world. We invite all students who are passionate about protecting our planet to join us in this meaningful journey. Together, we can create a greener, more sustainable future for everyone. No prior experience is necessary—just a commitment to learning and taking action!

Upcoming Events:

- Club Meeting: are usually Lunch 1 each Monday at the bottom of D-block.
- First Project: Discuss projects we want to focus on this year.

ENVIRONMENT CLUB CONTINUED

Let's work together to make a difference and protect the planet for future generations!

#ThinkGlobalActLocal #WeAreKellyvilleHigh

If you're interested in joining the Environmental Club or want more information, please feel free to reach out to Mr Thomas at ian.thomas19@det.nsw.edu.au or Google Classroom at: rq4lnqs

FLOURISH PROGRAM

Flourish is a small group program, developed by members of the Department of Education's School Counselling Service, to promote student wellbeing. It was initially developed to assist student's in their transition to high school. The program is delivered over seven sessions and promotes understanding of and awareness of identity, and focuses on improving coping skills and resilience. The program aims to empower students to develop a strong sense of self, resilience and connection with others. Themes explored in the program include, self-acceptance, self-growth, selfdetermination, developing positive self-regard, fostering good relationships with others and promoting a sense of mastery and purpose in daily life.

GRADE SPORT

Kellyville High School competes in a range of sports against other schools as part of the weekly Macquarie Zone Sports Competition. Students will be required to travel via bus to other schools and venues under the supervision of KHS staff for Grade sport. The sports available to represent the school in are:

- · Touch Football
- Oz-Tag
- Soccer
- Basketball
- Netball
- Ultimate Frisbee
- Volleyball

See Mr Jaaniste or Mr Jack in the PDHPE faculty for more information on Grade Sport.

GUITAR ENSEMBLE

A new look Guitar group for this year, the Guitar group have rehearsals at lunch time and is open to anyone interested in improving their skills in guitar.

Any questions please speak to Ms Burr in the CAPA faculty.

HALL AND SOUND CREW

There are opportunities for students to become involved in assisting the school prepare for major school events. There is no experience necessary as students will be trained by the senior leaders in the positions. Any students interested please speak to your Deputy Principal.

HARMONY DAY CELEBRATIONS

The ongoing theme of Harmony Week is 'everyone belongs'. Harmony Week is a time of cultural respect for all. By participating in Harmony Week activities, we can learn and understand how all Australians equally belong to this nation and enrich it. Each year KHS celebrates the diverse nature of students at our school throughout Harmony week. The highlight of the week is our school's Harmony Day celebration. Throughout the day there are cultural performances from students across various year groups.

Any students interesting in being part of the day should speak to Ms Thomas (School ARCO) in the Science faculty.

HOMEWORK CLUB

The Homework Club supports the wide range of learning needs of our students. The Centre assists students with homework, assignments/assessment tasks, organisational and study skills. The Centre is staffed by teachers and mentors. The Homework Club operates on Tuesday afternoons in the library from 3-4pm.

Please see Ms Moy in the Maths faculty for further details.

JAPANESE CLUB

Kellyville High School's Japanese Club is an enriching cultural experience that gives students who have an interest in Japanese culture to partake in different activities. This includes viewing anime, cooking Japanese food, trialling Japanese snacks and drinks, instant noodle days, origami, calligraphy, and games.

This is limited to students from years 7 and 8. There are only 30 positions available and runs every Lunch 1 on Thursdays from Term 2 onwards in CF25 Cost: \$10 per term.

JAZZ ENSEMBLE

The Jazz Ensemble is a great opportunity for students who play ANY instruments or sing and are interested in learning more about the many evolving styles of Jazz and modern music through playing. This includes many different styles of music not just Jazz. Students will be learning to both read music more efficiently and learn to improvise on their instruments / voice and are expected to have some previous experience on their instrument of choice. Rehearsals are at Lunch time in the Music Room.

See Ms Zhang in the CAPA staffroom if you are interested in joining.

MACQUARIE UNI CULTURE, LEADERSHIP AND SCHOLARSHIP

This is a program facilitated by Walanga Muru – Macquarie University. The program aims to inspire Aboriginal and Torres Strait Islander students in Year 7-10 to reach their goals and develop their cultural understanding and knowledge. The program consists of 3 underlying pillars, allowing the students to partake in lessons and activities that incorporate leadership skills and cultural learning into inspirational goals and tertiary education.

For more information speak to Ms Wood in the HSIE faculty.

MACQUARIE ZONE CUP

The Macquarie Zone Cup is a gala day competition that also acts as a selection trial for zone representation. The school enters teams in the following sports:

- Soccer
- Basketball
- Netball
- Touch Football
- Oz Tag

For general information on Macquarie Zone Cup See Mr Jaaniste or Mr Jack in the PDHPE faculty.

MEDIA TEAM

Kellyville High School's Media Team has been in action since 2013. The team, which makes films, has enjoyed many successes, winning competitions both nationally and internationally. Recently, notable Australian actors expressing a willingness to act in some of our films have contacted us. Our films have been played at the United Nations and on television. The team is based on collaboration between students and staff.

MEDIA TEAM CONTINUED

The team carries out the filming, editing, audio and script writing for all projects. As you can imagine, this requires a substantial amount of time to train the students in these different areas. Being part of the team requires commitment and dedication. This involves training at various lunch times and later, would require some filming work to be undertaken after hours and on weekends. Past students have greatly enjoyed being part of the team and found that it complements other aspects of their school life. There is a selection process to be part of this team.

Please speak to Mr Caprarelli in the Science faculty.

MIDDLE SCHOOL BOYS RUGBY LEAGUE

Students are given the opportunity to represent the school at a variety of Rugby League knockout tournaments. There are training sessions run after school leading into the competitions.

Further enquiries please speak to Ms Mitai.

NRL SCHOOL TO WORK

The NRL School to Work program is designed to encourage young Indigenous Australians to complete their schooling and transition into further education or employment. It was developed in response to research highlighting that Indigenous youth who had not found employment or a training pathway six months after leaving school, had a significantly higher chance of being long term unemployed. It is funded and supported by the Australian Government as well as NRL Clubs. The program works by mentoring students in Years 11 and 12. Students receive mentoring once a fortnight for the 2 years in school and 6 months after they finish Year 12. They do activities such as career planning, goal setting, resume and job application writing and cultural and community connection.

For further enquiries please see Ms Wood HSIE faculty.

PERCUSSION ENSEMBLE

Open to anyone who plays piano and percussion instruments and enjoys working in groups, in pairs or on your own. Students will be learning to both read music more efficiently and learn to improvise on their instruments and are expected to have some previous experience on their instrument of choice.

Rehearsals are at Lunch time in the Music Room.

See Ms Zhang in the CAPA staffroom if you are interested in joining.

PREMIER'S READING CHALLENGE

The NSW Premier's Reading Challenge (PRC) aims to promote a love for reading in students and enable access to quality books from a list recommended by literature experts. This challenge is set up to inspire students to read more and to read widely. The PRC is supported through the school library and students in years 7 to 9 are encouraged to take part.

For more information, please see Mrs Yurkowski in the library.

RESILIENCE IN OUR TEENS (RIOT)

The "Resilience in Our Teens" (RIOT) program is a whole-school approach designed to help teenagers develop skills to manage anxiety and build resilience, engaging significant adults in the process and aligning with the Australian Student Wellbeing Framework. It's a whole-school community approach, meaning it involves teachers, parents, and other significant adults in the students' lives. The program is delivered to year 7 students when they enter high school with revision sessions conducted in wellbeing periods in older year groups.

ROCK AND WATER PROGRAM

The Rock & Water program is aimed at raising self-awareness of personal strengths and abilities and at learning how to play, work and live together with others in a changing and multicultural society. The aim of the program is to build a Rock and Water Person. This is a person who is aware of their own qualities and who has the courage to follow their feelings, who is willing to discover their own path and who will be able to manage the responsibilities and challenges they encounter on their way through life.

The program consists of a variety of exercises and activities to help build confidence and self-belief. This will also give the students an opportunity to work with a variety of students on building social skills.

Students in years 7-9 are usually approached to be part of this program, however, if you think this program would be of benefit to you please speak with your year adviser.

SENIOR SCHOOL LEADERSHIP TEAM

Our Senior Leadership Team encompasses our School Captains, Vice Captains, and Prefects. The Senior Leadership Team promote student representation, participation and leadership within the school. They represent the opinions of the student body and promote the school amongst students, staff, parents and the broader community. As a school leader, students have the opportunity to gain leadership skills and exercise them, advocate for the needs and wants of all students, and consult with staff, executives, parents and the broader community

SENIOR LEADERSHIP TEAM CONTINUED

To join the Senior Leadership Team, students must show how they have contributed to the school and community in their junior years, been an exemplary Kellyville High School student and developed their leadership skills.

Please see Mr Pike (SSO) or Senior School Deputy Principal.

STRING ENSEMBLE

Open to a small group of students interested in orchestral strings.

Students will be learning to both read music more efficiently are expected to have some previous experience on their instrument of choice. Rehearsals are at Lunch time in the Music Room.

See Ms Zhang in the CAPA staffroom if you are interested in joining.

STUDENT LIBRARY TEAM

The Student Library team meets weekly to assist in the organisation of the library space and in the planning of whole school activities promoting reading for pleasure. This includes book displays, media promotions, organising library competitions and speaking at assembly.

For more information, please see Mrs Yurkowski in the library.

SPORT

Kellyville High School offers a broad range of opportunities for students to represent the school in a variety of sports, in addition to supporting students who wish to trial and compete at higher representative levels. Regular announcements are made on assembly about upcoming events and information is posted on the student portal. Please see Mr Jaaniste or Mr Jack for further details on representative sport.

SRC

The purpose of our Student Representative Council (SRC) is to promote student representation, participation and leadership within the school. Students will have the opportunity to represent the opinions of the student body in all matters coming before council. Moreover, students are provided with opportunities to gain leadership skills and exercise them in various contexts. Being a part of the SRC continuously works toward increasing the overall school spirit by creating an inclusive environment for all students to engage in within the school and the wider community.

Any student in Year 7-10 is able to apply. Please see Mr Pike or Deputy Principal.

SWIMMING

The school holds a Swimming carnival each year which is a mandatory school event. All students are encouraged to have a go and participate in events if capable. For competitive swimmersthe school carnival is a selection process to compete at Macquarie Zone level. The future pathway is Macquarie Zone - Sydney West – CHS - All Schools - Nationals. There are shorter races for non competitive swimmers and other activities throughout the day which encourage audience participation.

See Mr Jaaniste or Mr Jack in the PDHPE faculty for more information on Swimming.

SYDNEY WEST SECONDARY TRIALS

In the following sports Macquarie Zone does not have a representative team but students may trial directly for Sydney West representation.

- Cricket
- Volleyball
- Tennis
- Baseball
- Triathlon
- · Rugby Union
- Squash

- Softball
- Hockey
- 15s AFL
- · Opens AFL
- · Rugby League
- Table Tennis

See Mr Jaaniste or Mr Jack in the PDHPE faculty for specific information about trial dates.

SYDNEY WEST KNOCKOUT COMPETITIONS

To provide further opportunities for students the school enters teams in the following Sydney West Knockout Competitions.

| OPENS | | | 15'S |
|-------------------|------------|---------|----------------|
| Touch Football | Basketball | Bowls | Basketball |
| Soccer | Tennis | Cricket | Touch Football |
| Rugby League | | | Netball |

Please see Mr Jaaniste or Mr Jack about more information for Sydney West Knockout Competitions.

WSU PATHWAYS TO DREAMING

Western Sydney University's Pathways to Dreaming program provides Year 8–12 Aboriginal and Torres Strait Islander students with the opportunity to explore future education and career options throughout their time at high school. Through activities focused on culture, education and skill building. Pathways To Dreaming empowers students to develop their confidence, cultural identity and academic skills to pursue a positive post-school destination. Pathways To Dreaming program activities include in-school mentoring, online sessions and day visits to a university campus. Students will get involved with 3–4 activities every year. Upon completion of the program, Aboriginal and/or Torres Strait Islander students who transition to Western Sydney University may be eligible to apply for The Pathways To Dreaming Scholarship to support their educational costs.

For further enquiries please see Ms Wood HSIE faculty.

YEAR 7 STUDENT MENTORING

Mentors are an important part of assisting Kellyville's new Year 7 students adjust in their transition to high school. Mentors are involved in a training program to help develop leadership skills and equip them for the role they will undertake. Some of the activity's mentors are involved in include, Orientation Day, Year 7 camp and will be attached to Year 7 classes for the first few weeks of High School to help students adapt.

The Mentor nomination opens for Year 9 students in Term 4. Students complete an application process and will participate in a training day. The successful mentors will be selected based on their engagement on the day and their application.

Any Year 9 student interested in applying should contact the Deputy Principal.

YEAR 12 FORMAL/JERSEY COMMITTEE

Any student in year 11 is able to apply for a position on the Year 12 Formal and Jersey Committee team. The team is responsible for working closely with the Year Adviser to give student voice to some choices associated with the formal and jerseys

For more information contact your Year Adviser.