

NEWS



Week 8
Term 1
20 March 2026

KARIONG MOUNTAINS HIGH SCHOOL

Unity ✓ Knowledge ✓ Respect

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KMHS newsletter is published fortnightly on a Friday and can be accessed on the school website.

Newsletters feature rotating updates from the faculties to showcase student learning and achievement, regular articles from our principal and deputy, along with reminders and upcoming events.



14 March is Pi (π) Day, the annual celebration of a never-ending number—and Albert Einstein's birthday. To celebrate, our students competed to see who could recite the most numbers for Pi. Congratulations, George (Year 11), for taking out the win for 2026!

Upcoming Events:

Year 7 Camp
Monday 23 - Wednesday 25 March

KMHS PROUDLY PRESENTS: Evening of MUSIC
Tuesday 24 March
Featuring performances by Elective Music students
5:00 to 7:30pm
Gold Cate donation on entry
School fundraiser supporting local charity

CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23 March NAPLAN Years 7 + 9 Year 7 Camp	24 March Year 7 Camp	25 March Year 7 Camp	26 March Careers Expo Day	27 March
30 March	31 March Try Athletics Day	1 April Wollatuka Institute Engagement	2 April Whitecard Course World Autism Day Year 10 Avoca Lagoon Last Day of Term 1	3 April Good Friday Public Holiday



FROM OUR PRINCIPAL

Week 6 Term 1

We want your feedback:

Partnering for Excellence at Kariong Mountains High School

At Kariong Mountains High School, we know that open communication between parents and our school team is essential to creating a supportive and thriving learning environment for every child. Your insights and experiences help us celebrate what's working well and guide us where improvements are needed.

Whether your feedback relates to teaching, programs, facilities, or communication, we encourage you to share it with us. Praise is especially welcome—sometimes a few kind words from a student or parent can brighten a teacher's day, if not their entire week! Our commitment to 'equity in excellence' means providing every student—regardless of background or circumstance—with access to high-quality learning, resources, and support to reach their full potential. To achieve this, we focus on:

- ▶ **Tailored Support:** Our teachers recognise each student's unique learning needs and provide personalised approaches to help every learner thrive.
- ▶ **Removing Barriers:** From extra classroom help to wellbeing programs and support for disabilities or learning difficulties, we actively work to eliminate obstacles.
- ▶ **Celebrating Diversity:** We value the rich diversity of our community and foster inclusive environments where all students feel safe, respected and welcomed.
- ▶ **High Expectations for All:** We encourage and challenge every student to aim high and achieve their very best.

We believe that partnering with families and the wider community is key to delivering both equity and excellence. Please start by having a conversation with your child's teacher if you want to discuss your child's learning or have suggestions about how we can better support them.

We also understand that concerns may arise, and we are dedicated to addressing your issues promptly and fairly through our parent complaints process:

1. **Speak to the Relevant Staff Member:** Often the quickest way to resolve a concern is through direct, respectful communication with your child's teacher or the relevant staff member.
2. **Contact School Leadership:** If the issue remains unresolved or needs further attention, reach out to our principal or leadership team who will work with you towards a solution.
3. **Submit a Formal Complaint:** If necessary, you may submit a written complaint to the school. We will review it carefully and keep you informed while maintaining confidentiality.
4. **Escalate to NSW Department of Education:** Should the matter not be resolved at the school level, you can escalate your concern to the NSW Department of Education. We can provide details on how to do this.

We recognise a tendency in society to skip straight to formal complaints or escalations, but at Kariong Mountains High School, we uphold a culture of restorative practices, seeking to resolve conflicts through respectful communication first.

Remember, no feedback is too small—every comment helps us improve and grow.

Thank you for being part of our school community. We look forward to hearing from you!

Inspiring Excellence

Congratulations, to Year 12 Hospitality student, Mia, on her nomination for the **VET in Schools Student of the Year** award in the 2026 NSW Training Awards. Mia's nomination was reviewed by the selection panel for the Hunter and Central Coast region and she has been shortlisted for an interview. Interviews are being conducted this week, with further updates on Mia's progress to be shared in the coming weeks.



This is a wonderful opportunity to recognise Mia's dedication and hard work in hospitality, her chosen VET subject.

School Development Days - Term 2

The Department has scheduled two school development days at the start of Term 2 for Monday 20 and Tuesday 21 April. **Day One** will focus on professional learning for all staff, centred on *Inclusive Education*, while **Day Two** will be teacher-directed.

All students will return to school on Wednesday 22 April.

New School Planning Cycle

The school's executive team has been working diligently this term to introduce the new School Improvement Plan. The three strategic directions for the school are:

1. Student Growth and Attainment
2. Learning Culture
3. Planning for Future Success

The KMHS Annual Report will be published at the end of this term.

NAPLAN - Well Done!

Congratulations, Years 7 and 9, on your outstanding effort and attempt at NAPLAN last week.

Also, thank you to Mr Blyth for his care and meticulous organisation of this testing period. I look forward to sharing results with our community next term.

*Mrs Donna James
Principal*



DEPUTY PRINCIPAL'S REPORT



Celebrating Achievement



Week 8 - Term 1

With cooler weather approaching, it is expected that students will be prepared and have winter uniform organised. If for some reason a student cannot wear full school uniform, on a particular day, they should bring a note from home and present it to myself or their check-in teacher and a pass will be issued. Uniform is an important part of our value of Unity. If you have any questions or concerns, please feel free to contact me. I would also like to thank the parents who have been supporting us in this area.

Laptop Readiness

Students are frequently reminded to have their laptops fully charged for the start of each day. Our classrooms are not equipped to have multiple laptops charging at the same time. Being responsible for charging their laptop before school, is a good example of students having to be prepared, just as they would be expected to in the workplace.

Student Behaviour

Included in our Student Behaviour Policy, are the rights and responsibilities of students. The following have been developed by the students of KMHS.

The rights of an individual must be balanced against their responsibility to exercise their rights without infringing upon the rights of others.

RIGHTS	RESPONSIBILITIES
<p>A right is something that belongs to you and cannot be taken away. We all have the same rights.</p> <p><i>Each person can say: I have the right to:-</i></p>	<p>A responsibility is something you should do automatically and relates to respecting the rights of others. We all have the same responsibilities.</p> <p><i>Each person can say: I have the responsibility to:-</i></p>
Be happy and safe	Behave in a way which also allows others to feel happy and safe at school, travelling to and from school and in the community
Have an opportunity to learn	Behave in a way which allows themselves and others to learn
Be treated fairly	Treat others fairly
To be treated with respect	Respect staff, students and visitors, regardless of differences
Have achievements celebrated	Celebrate the success of others
Belong to a school which enjoys a good reputation	Behave in a way which enhances the reputation of the school

Mr Scott White
Deputy Principal



Supporting your teenager in making post-school career decisions

Educational Pathways Program is proud to present an online parent information session, which will provide guidance for parents and carers about how best to support their young people's career decisions.

Alana, from **Unserious Careers**, will address the current challenges facing students as well as highlight opportunities to **get ahead**. Having presented at over 250 high schools across Australia in 2025, she is now bringing her valuable insights to parents. Join us on **Tuesday 28th April 2026** from **6pm** for the engaging presentation:

Building A Strong Career Support Team

[LINK TO REGISTER](https://www.trybooking.com/DJNGP)

<https://www.trybooking.com/DJNGP>

Questions or want to find out more? Contact:

Sara Cutting - Head Teacher Careers Educational Pathways Program - Central Coast South
sara.cutting@det.nsw.edu.au - 0460 043 919

UNSERIOUS CAREERS

REGISTER TODAY:

FREE ONLINE PRESENTATION WITH ALANA KILMARTIN FROM UNSERIOUS CAREERS!

BUILDING A STRONG CAREER SUPPORT TEAM

ONLINE PARENT AND CARER PRESENTATION

HOW TO HELP YOUR YOUNG PERSON MAKE THE BEST DECISIONS FOR THEIR CAREER AFTER HIGH SCHOOL

DATE: TUESDAY 28 APRIL 2026
6 - 6:45 PM

LOCATION: ONLINE VIA ZOOM

COST: FREE
for parents and carers

SCAN QR CODE TO REGISTER



EPP
Educational Pathways Program

Central Coast South Group

NSW
GOVERNMENT

Term 1 Assessment calendars

Year 12 Assessment calendar

Week	Subject / Event
10	Half Yearly Exams + PVDI, IT-Timber (HI)

Year 11 Assessment calendar

Week	Subject / Event
8	Ancient History Health / Movement Science Legal Studies
9	Business Studies Chemistry English (adv/st)
10	Mathematics (st/adv/ext) Food Technology Modern History Music Physics

Year 10 Assessment calendar

Week	Subject / Event
8	Dance
9	Building and Construction HSIE Commerce Engineering English Food Technology Mathematics PASS
10	PDHPE Child Studies Dance Music Outdoor Recreation PDM Visual Arts



- MEET WITH EMPLOYERS
- ASK QUESTIONS
- DISCOVER PATHWAYS
- TRY A SKILL

**THURSDAY
26 MARCH**

AVOCA BEACHSIDE MARKETS

LIVE on stage SUNDAY

 9AM PIXIE MINERVA	 10AM ST MILANA	 11AM ALICE IN THE NOIZ
 12PM CHLOE LOUISE	 1PM ELMINE ISA	

FAIRPLAY ENTERTAINMENT

MARKET DATES

Jan 25th Feb 22nd
March 22nd April 26th
May 24th June 28th
July 26th August 23rd
Sept 27th Oct 25th
Nov 22nd Dec - Twilight

AVOCA BEACHSIDE MARKETS

80th ANNIVERSARY

Celebrate our past - Connect in the present - Look to the future together

Join the Kariong Progress Association as we celebrate 80 years of community spirit in Kariong and honor the stories that shaped our suburb.

When: Sunday 24 May 2026 Time: 2:00pm

Where: Kariong Community Hall

This special community event will feature:

- 🌿 Launch of our 80-Year Commemorative Booklet
- 🌿 Students presenting their projects *Kariong Then & Kariong Now*
- 🌿 Stories and reflections from long-time residents
- 🌿 Historical photos and shared memories - including the origins of local street names and the families who helped shape Kariong
- 🌿 Afternoon tea provided

Enjoy an afternoon of connection, storytelling and community pride. Have a story or photo to share? We'd love to hear from you.

Please email: kariongpa@gmail.com

Address: 2 Dandaloo St, Kariong NSW 2250
(on the roundabout, near the tennis courts).



SEE BELOW
HOW YOU CAN
CONTRIBUTE

CALL FOR CONTRIBUTIONS

To celebrate 80 years of community spirit, the Kariong Progress Association invites residents to contribute to our special 80-Year Commemorative Booklet.

This is your opportunity to share your memories, creativity and connection to Kariong - past and present.

Suggested Themes:

- 🌿 Kariong Then
- 🌿 Kariong Now
- 🌿 What makes Kariong special to you
- 🌿 What my Kariong community means to me
- 🌿 Stories passed down through generations
- 🌿 Photos and personal memories

How to Contribute:

- Provide up to 2 pages (Word document preferred)
- You may include photos, drawings and written stories
- Contribute as an individual or family

Prizes:

Over \$1,000 in prizes to be won!

Please Include:

- Your full name
- Contact phone number and email address
- Age (if under 18)

Email contributions to: kariongpa@gmail.com

Entries close Friday 1 May 2026

Help us capture the heart of Kariong - honouring our past, celebrating our present, and creating a legacy for future generations.

