

NEWS



Week 10
Term 1
1 April 2026

KARIONG MOUNTAINS HIGH SCHOOL

Unity ✓ Knowledge ✓ Respect

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IN THIS ISSUE:

EVENTS, LINKS & CALENDAR	PAGE 1
FROM OUR PRINCIPAL	PAGE 2
FROM OUR DEPUTY	PAGE 3
UNSERIOUS CAREERS: PARENT INFO	PAGE 4
ASSESSMENT CALENDARS	PAGE 4
FREE FUTSAL FOR GIRLS	PAGE 5
COMMUNITY NEWS & EVENTS	PAGE 6

QUICK LINKS TO OUR WEBSITE:

[KMHS Website Home Page](#)

[Parent Information & Resources](#)

[Uniform Shop Information](#)

[Canteen Information & Menu](#)

[Enrolment Information](#)

[School Newsletters](#)

KMHS newsletter is published fortnightly on a Friday and can be accessed on the school website.

Newsletters feature rotating updates from the faculties to showcase student learning and achievement, regular articles from our principal and deputy, along with reminders and upcoming events.



CALENDAR

MONDAY
20 April
School Development Day Staff Only
27 April
ANZAC Day Public Holiday

TUESDAY
21 April
School Development Day Staff Only
28 April
Life Changer - Year 7

WEDNESDAY
22 April
Students return for start of Term 2
29 April
HSC Music Study Day

THURSDAY
23 April
ANZAC Assembly
30 April
Life Changer - Year 11

FRIDAY
24 April
Cross Country Carnival
1 May
Aspire - Group 2



FROM OUR PRINCIPAL

Week 10 Term 1

Welcome to the final newsletter for Term 1!

This term has certainly moved at a busy pace, with our school celebrating success in transition, performance and ongoing improvement in meeting diverse student needs for success.

Regional North SASS Excellence Awards Ceremony

I had the absolute pleasure of attending the Regional North SASS Excellence Awards Ceremony this week, to recognise the invaluable contributions of our school administration manager, Jackie Ayres. Her recognition is so deserved and her contribution to making KMHS a great place is outlined below:



Jackie Ayres has served 39 years in the NSW DoE and 17 years at Kariong Mountains High School as Business Manager and SAM. Her leadership ensures student centred inclusive community engagement, transparent management, equitable resource allocation, and support for high educational standards, greatly enhancing the school's success and spirit. Jackie's commitment to the school is valued and respected.



Certificate of Recognition

Team Around a School - Tuggerah Regional Office
Congratulations, to Mrs Doyle and Mrs Bennett, from ngiyang, for being recognised for exemplary explicit teaching, supported by an effective classroom setup, exceptional use of visuals and consistent positive praise to support student learning and engagement.



Year 7 - A Great Start!

Thank you, to all families for supporting Year 7 through the start of their high school journey. They are a talented year group, who conduct themselves inline with our school values *'knowledge, unity, respect'*, with positive behaviour on display at the recent successful Year 7 camp.

The camp is such an important activity for students to develop teamwork, create trust relationships and build resilience, by stepping out of their comfort zone. Thank you, also to the attending staff wellbeing team, led by Mr O'Mahoney and Mrs Miller. *Your efforts are greatly appreciated.*

Let's Celebrate - Evening of Music

Last week, the CAPA faculty hosted our *Evening of Music*. This event showcases our rising music stars and gives students exposure to stage performance. Congratulations, to our students, who put on a great show with lots of wonderful talent on display! Additionally, we saw great performances from students in the Music Industry program.



We have students from several Central Coast high schools enrolled in the Music Industry program, helped by the invaluable support local high schools provide for students wanting to participate.

We had a great crowd and really appreciate families and community members, who came along to support the students. A special thank you, to Mr Burns, Mr Hutchinson and Mr Saggus - whose musical talents and teaching really foster a passion for music. A big thank you, to all staff members, for their support, organisation and contributions.

Senior Study in Years 11 - 12

Term 1 is a busy term for senior students, with Year 11 starting the preliminary year of their HSC pathway and Year 12 already halfway through their HSC year. Congratulations, to Year 12 on great application and conduct during the recent half-yearly examinations. The rigor of senior study is very different to the junior years, which can be a challenge for some students.

We have detailed assessment policy booklets in place to support senior students. Please see Mr White's article for links.

Colder Months

Firstly, a huge thank you, to all families, for your efforts and support in ensuring our students enter the gates each day in the KMHS uniform. The improvement is certainly noticeable and is also supporting a more settled culture in our school.

The weather will turn colder from the start of Term 2. Tracksuit pants and hooded jumpers are allowed to be worn by students on the provision they are PLAIN NAVY BLUE only, with no branding. Other colour leggings are not permitted. The school uniform shop has school tracksuit pants and hooded jumpers for sale. Click the image link for information on ordering:



As we enter the holidays, can I say thank you, to our extraordinary KMHS school community for your support and efforts this term. To all our students and families, **Happy Easter** - have a safe break, rest up and we look forward to seeing you all back for another busy Term 2.

*Mrs Donna James
Principal*



DEPUTY PRINCIPAL'S REPORT

Week 10 - Term 1



Assessment Tasks

Students are required to complete several assessment tasks in all subjects throughout the year. For students in Years 10 to 12 the rules for assessment submission are far stricter and more explained in the policy and schedule booklets they signed for earlier in the term.

When students do not meet the requirements of an assessment task, for example, submitting it late or not all, they are issued with an 'N Warning Letter.' The letter provides details of the task and how the student can rectify the problem. Students are also required to demonstrate diligence to satisfactorily meet the requirements for each course. This includes attendance and completing class work. N Warning letters can also be issued for not demonstrating diligence.

If students fail to meet the requirements of a course(s) they will be 'N Determined.' This means they will not be eligible for their Record of School Achievement (RoSA) in Year 10, Preliminary or HSC. Students in this position will have had support provided to them throughout the year with several opportunities to redeem themselves.

The assessment policy and assessment booklets are also available on our website.

- ▶ [Assessment Schedules - PDF booklet available for each Year \(7 - 12\)](#)
- ▶ [Assessment and Reporting Policy \[PDF\]](#)

If you have any questions regarding this, please feel free to contact me.

Positive Behaviour for Learning (PBL)

As part of PBL (Positive Behaviour for Learning), we have a reward system that involves \$10 canteen vouchers. For each Week A, students in Years 7 to 9, who have positive memos on Compass for the term, are entered into a draw. Their names appear on a spreadsheet with a random number generator used to select the lucky student. The same process occurs for students in Years 10 to 12 for Week B. The winners are recognised in each newsletter.

Students who have been in class for 95% or more in a week are also eligible in another draw for a \$10 canteen voucher. The check-in class of the recipient gets to select the songs for period changes the next week.

Another part of our PBL reward system is recognising students who have continued to perform consistently to the best of their ability. Plans are in place for a **PBL Rewards Day** to be held early next term. **Students in Years 7 to 10**, who have gained **30** or more positive memos in Term 1 and meet the minimum 90% attendance criteria, will be invited. **Students in Years 11 and 12** only require **20** positive memos and must meet the attendance criteria.

Details will be forwarded soon. I would like to thank Mr Hutchinson in advance for his work in organising this.

I hope all students and their families have a happy and safe holiday.

Mr Scott White
Deputy Principal

Celebrating Achievement

Kariong Mountains High School

Enrol for Year 7

Support for a smooth transition from primary school 2027

Inspiring excellence

KMHS

Positive Behaviour for Learning

AWARD

Congratulations to our Canteen Voucher winners:

- Olive - Year 9
- Brock - Year 10
- Ruby - Year 10

R.O.S.E.

Recognition Of School Excellence

To Jackie Ayres, on being recognised at Regional North SASS Excellence Awards ceremony, for her dedication and years of service to NSW Department of Education.

LET'S

C E L E B R A T E

Let's Celebrate a successful Term 1!

Term 2 Assessment Calendars



DON'T MISS OUT!

REGISTER TODAY:

FREE ONLINE PRESENTATION WITH ALANA KILMARTIN FROM UNSERIOUS CAREERS!

BUILDING A STRONG CAREER SUPPORT TEAM

ONLINE PARENT AND CARER PRESENTATION

HOW TO HELP YOUR YOUNG PERSON MAKE THE BEST DECISIONS FOR THEIR CAREER AFTER HIGH SCHOOL

DATE: TUESDAY 28 APRIL 2026
6 - 6:45 PM

LOCATION: ONLINE VIA ZOOM

COST: FREE
for parents and carers

SCAN QR CODE TO REGISTER






Free online careers presentation for parents:

Educational Pathways Program is proud to present an online parent information session, which will provide guidance for parents and carers about how best to support their young people's career decisions.

Alana, from **Unserious Careers**, will address the current challenges facing students as well as highlight opportunities to **get ahead**. Having presented at over 250 high schools across Australia in 2025, she is now bringing her valuable insights to parents. Join us on **Tuesday 28th April 2026** from **6pm** for the engaging presentation:

Building A Strong Career Support Team

LINK TO REGISTER

<https://www.trybooking.com/DJINGP>

Questions or want to find out more? Contact:

Sara Cutting - Head Teacher Careers Educational Pathways Program - Central Coast South
sara.cutting@det.nsw.edu.au - 0460 043 919

Year 12 Assessment Calendar	
Week	Subject / Event
6	Modern History
7	Ancient History Community and Family Stud. Mathematics (st/adv/num) Sport Lifestyle and Recreation
8	Biology Business Studies
9	English (adv/st/stu) Exploring Early Childhood Investigating Science Music 1
10	Engineering Food Technology Health / Movement Science Society and Culture

Year 11 Assessment Calendar	
Week	Subject / Event
1	Biology Investigating Science IT - Timber
3	Engineering
7	Community and Family Stud.
8	Ancient History Business Studies Health/ Movement Science
9	Food Technology Legal Studies Music Physics
10	English (adv/st) Mathematics (adv/st/ext)

Year 10 Assessment Calendar	
Week	Subject / Event
3	HSIE
4	Commerce Photography / Digital Media Science
5	Visual Arts
6	Outdoor Recreation
7	Marine Studies
8	Building and Construction Child Studies Food Technology IT - Timber
9	Dance Music
10	Engineering English Mathematics PASS

Free Futsal for Girls



Program highlights

- ▶ Free futsal sessions with subsidised equipment and uniforms.
- ▶ Training for coaches, referees, and officials to support program sustainability.
- ▶ A supportive, team-building environment that promotes confidence and connection.

Term 2 program details

- ▶ Location: Peninsula Leisure Centre
- ▶ When: Wednesday afternoons in Term 2 from 4pm, starting 28 April.
- ▶ Spots available: Limited to 20 participants
- ▶ Registrations now open

Girls' Futsal Program

Free indoor soccer for girls aged 10-16. Come along, give it a go, learn new skills, improve your game, make friends and have fun!

We are excited to launch the Girls' Futsal Program as part of the **Girls in the Game** initiative in Term 2 2026.

Designed for girls aged 10-16, the 10-week program offers free indoor soccer sessions focused on building **confidence**, **teamwork** and **physical fitness**. By removing financial barriers, the program ensures all girls, regardless of background, can participate.

With a strong focus on **inclusivity** and **team development**, the program helps girls develop valuable life skills like **communication**, **leadership** and **perseverance**. It also provides pathways for long-term involvement in futsal through coaching and officiating opportunities.

REGISTER NOW

Girls' Futsal Program is part of the [Girls in the Game](#) initiative, designed to foster inclusivity, reduce barriers and empower women and girls through sports and physical activities.

Girls in the Game is made possible thanks to the Australian Government's \$200 million funding for the Play Our Way program.



Celebrate our past - Connect in the present - Look to the future together

Join the Kariong Progress Association as we celebrate 80 years of community spirit in Kariong and honor the stories that shaped our suburb.

When: Sunday 24 May 2026 **Time:** 2:00pm

Where: Kariong Community Hall

This special community event will feature:

- 🌿 Launch of our 80-Year Commemorative Booklet
- 🌿 Students presenting their projects *Kariong Then & Kariong Now*
- 🌿 Stories and reflections from long-time residents
- 🌿 Historical photos and shared memories - including the origins of local street names and the families who helped shape Kariong
- 🌿 Afternoon tea provided

Enjoy an afternoon of connection, storytelling and community pride. Have a story or photo to share? We'd love to hear from you.

Please email: kariongpa@gmail.com

Address: 2 Dandaloo St, Kariong NSW 2250 (on the roundabout, near the tennis courts).



SEE BELOW HOW YOU CAN CONTRIBUTE

CALL FOR CONTRIBUTIONS

To celebrate 80 years of community spirit, the Kariong Progress Association invites residents to contribute to our special 80-Year Commemorative Booklet.

This is your opportunity to share your memories, creativity and connection to Kariong - past and present.

Suggested Themes:

- 🌿 Kariong Then
- 🌿 Kariong Now
- 🌿 What makes Kariong special to you
- 🌿 What my Kariong community means to me
- 🌿 Stories passed down through generations
- 🌿 Photos and personal memories

How to Contribute:

- Provide up to 2 pages (Word document preferred)
- You may include photos, drawings and written stories
- Contribute as an individual or family

Prizes:

Over \$1,000 in prizes to be won!

Please Include:

- Your full name
- Contact phone number and email address
- Age (if under 18)

Email contributions to: kariongpa@gmail.com

Entries close Friday 1 May 2026

Help us capture the heart of Kariong - honouring our past, celebrating our present, and creating a legacy for future generations.



Visit Bouddi National Park

Nature hosts the best stories

Junior ranger: coastal adventure tour

Bouddi National Park

Tuesday 7th April 2026
10am—12pm

Become a junior ranger for the day as you venture along the beautiful Bouddi coastal walk. Bring your binoculars to spot wildlife in this spectacular coastal environment.

Setting out from Putty Beach, you'll follow the coast track to Gerrin Point lookout. Your experienced NPWS guide will be on hand to help you identify marine animals and local birdlife along the way. Learn how the environmental leaders of tomorrow can help preserve this special place into the future. And finish your adventure with interactive games and nature art on Putty Beach.

BOOKINGS ESSENTIAL – Fees apply

For more information and to book please visit

[Junior ranger: Bouddi coastal adventure tour | NSW National Parks](#) or call 1300 072 757 (13000 PARKS)



Photographer: A. Hollingsworth
DPI: 2023



Junior ranger: coastal adventure tour

Wyrabalong National Park

Saturday 11th April, Saturday 2nd May 2026
2.30—4.30pm

Get the kids to don their hats and trusty binoculars for an afternoon of seaside exploration. They'll set off from the stunning Crackneck Point lookout with an experienced NPWS Discovery Ranger on a 2-hour scenic coastal walk. Junior rangers will discover diverse wildlife and take part in fun, hands-on experiences.

As kids trot along the coast, they'll have the chance to spot dolphins, seals and flocks of local seabirds. Keep your eyes peeled for hidden wonders along the rock platforms and shoreline, and don't forget to bring your binoculars for the best views.

Through interactive wildlife-spotting challenges, nature games, and creative activities, children can develop a deeper understanding of the coastal environment and the important role we all play in preserving it. It's the perfect thing to do on the Central Coast

BOOKINGS ESSENTIAL – Fees apply

For more information and to book please visit

[Junior ranger: Wyrabalong coastal adventure tour | NSW National Parks](#) or call 1300 072 757 (13000 PARKS)



Photographer: Zain Kruyer/DCEEW



Brisbane Water Aboriginal Cultural Tour

Brisbane Water National Park

Monday 13th April, 2026
10am to 12pm

Gain a unique insight into the wisdom of the world's oldest living culture as you explore Brisbane Water National Park, led by an Aboriginal ranger. Starting at Warrah lookout, you'll go on a guided walk and discover the amazing variety of plants that Aboriginal people used for food, shelter and medicinal purposes.

Aboriginal culture is very much alive today in NSW national parks. Aboriginal people have always and will always have a deep connection with the landscape. Everything in the landscape has significance, including the land, waterways, plants and animals. This history will forever be an integral part of this landscape.

BOOKINGS ESSENTIAL – Fees Apply.

For more information or to book please visit:

[Brisbane Water Aboriginal cultural tour | NSW National Parks](#) (BOOK ONLINE)

