



KARIONG MOUNTAINS
HIGH SCHOOL

NEWSLETTER

Unity ✨ Knowledge ✨ Respect

Week 8

Term 4

6 December, 2024

PHONE: 4340 0246

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SCHOOL NEWS:

Congratulations!

WINNER of a \$10 Carphone Voucher

Oli - Year 7
Sarah - Year 7

Sponsored by the P&C

KMHS GIVING TREE

SUPPORTING COAST SHELTER

Donations Welcome

UNWRAPPED DONATIONS
ARE WELCOME TO BE GIVEN
(@ school office) **UNTIL 13th DECEMBER.**

WEAR YOUR SCHOOL UNIFORM WITH PRIDE!

UNIFORM SHOP OPEN
TUES & FRI 8-9AM

R.O.S.E.

Recognition Of School Excellence

To Mrs Sara Cutting, for her amazing work leading the EPP throughout 2024!

CURRENT HOUSE POINTS

BOUDDI	DHARUG	GIRRAKOOL	POPRAN
15631	14866	15496	14041

Let's Celebrate: PBL AWARDS CEREMONY - TERM 4



CALENDAR

MONDAY

9 December

End of Year
Presentation 6pm

16 December

Aqua Splash Year 11

TUESDAY

10 December

Macquarie University
Campus Tour - Year 10
PRC Pizza Party

17 December

Music Tour 2024
PBL Rewards Day

WEDNESDAY

11 December

Music Tour 2024
Outdoor Rec Fishing

18 December

Music Tour 2024
LAST DAY OF TERM 4 for STUDENTS

THURSDAY

12 December

Aqua Splash 2024
Cultural Walk - Hiking

19 December

School Development Day

FRIDAY

13 December

20 December

School Development Day



FROM OUR PRINCIPAL

HELLO, TO OUR WONDERFUL KARIONG MOUNTAINS SCHOOL COMMUNITY!

Nearing the end of the school term, I am excited to report the great initiatives and events that are in planning for the remainder of the KMHS school year.

YEAR 7 2025 TRANSITION - IN FULL SWING

Orientation Day, held Tuesday this week, was a great success. *It is an absolute pleasure to welcome new students and families to our great school* and we look forward to working together over the coming years.



KMHS is a proud member of the Kariong Mountains Learning Community and the transition program implemented is designed to have students known, valued and cared for even before they step into the KMHS uniform.

The Student Services and Support Unit teams have worked tirelessly with our partner schools throughout the year, to build student profiles for all students, provide opportunities for students to attend KMHS and familiarise themselves with the high school setting and meeting with staff and students at length to gather the information required for a successful transition. Thankyou, to our partner schools Kariong, Somersby, Peats Ridge, Kulnura and Central Mangrove Public Schools for their ongoing support and partnerships in the education of our students.

STAGE 6 TRANSITION PROGRAM

It is well documented that students transitioning from Year 10 (Stage 5) to Year 11 (Stage 6) require supports and development of skills that prepare them for this next stage.

This year, the school is facilitating an alternate curriculum for three weeks, encompassing skill building, welfare and social skills programs to support Year 10 as they transition to Year 11 2025. As I write this, Year 10 are currently participating in external work experience as a part of their career development.

Next week, students will be visiting Macquarie University and also completing **Taster** lessons in their subject pattern for 2025. This time will also give the school the opportunity for students to refine their subject patterns in readiness for a seamless transition to Stage 6 in 2025. Thanks to Mr Hipwell for his work in co-ordinating this program.

KARIONG MOUNTAINS HIGH SCHOOL

PRESENTATION CEREMONY



2024



MONDAY
9th DEC
6:00 PM

PRESENTATION EVENING

Invitations have been sent this week for our annual presentation event on **Monday 9th December**. We look forward to welcoming our school community as we celebrate our students' achievements in 2024.

STUDENT REPORTS

Student reports for 2024 are currently being written and reviewed. **A reminder that reports are published on the school Compass portal.** Should you need help in accessing a published report, please contact the school for assistance. All reports will be published in the final week of Term 4.

ATTENDANCE MATTERS

As we head into the last few weeks of term, it remains important that your child attends school every single day. Being at school is the best place for students to learn as well as to keep social connections and build life-long skills.

We understand that families are eager to see and reconnect with loved ones and take a well-deserved break, but please remember that planned travel should only be taken during scheduled school holidays.

Students should be at school every day during school terms, including until the end of term, unless they are sick or are absent for a justified reason.

Missing a day here or there may not seem like much, but absences add up and can negatively impact your child's learning and wellbeing. When your child misses one day a week, that's 40 days of school and 8 weeks of learning in one year. Over an entire school journey this adds up to 2.5 years of lost learning.



We want to do everything we can to help all students be at school every single day, because every day counts.

If you have any concerns or questions please contact the school.

Thank you

Mrs Donna James
Principal



DEPUTY PRINCIPAL'S REPORT



Week 8 Report

As the year draws to a close, we continue to have the same high expectations of behaviour and application to studies. Maintaining regular routines and completing class work will contribute significantly to this so that we finish the year on a high.

HSC Study Patterns

Year 11 has been finalising their HSC subjects and the vast majority have now settled on their pattern of study. There is still opportunity for change next year and the same procedures will need to be undertaken. **'Confirmation of Entry'** forms have been signed and filed and the parents of students, who are not eligible for an ATAR will have had a letter sent home. If you have any questions, please feel free to contact me.

All My Own Work

Year 10 students have recently been completing **'All My Own Work'** modules, which are mandatory for enrolment in Year 11 courses. The program deals with issues such as plagiarism, cheating and ethics. Students will need to have completed this by the end of the year.

PBL Awards

It was great to see so many students being recognised at our recent PBL Awards Ceremony. The following table shows what is required to achieve at each Level:

Year	Bronze	Silver	Gold	Platinum	Principal
7	30	55	80	105	130
8	30	55	80	105	130
9	30	55	80	105	130
10	25	45	65	85	105
11	25	45	65	85	105
12	20	35	50	65	80

Mr Scott White
Deputy Principal

Congratulations to our Canteen Voucher winners:

Sophie - Year 8
Harry - Year 11

PBL FOCUS



WEEKS 8,9 & 10

RESPECT YOURSELF AND OTHERS

DESCRIPTION OF BEHAVIOUR



Be very demure and very mindful of others when walking around the school.



Treat others as you wish to be treated.



Use the lessons from White Ribbon Day - be an upstander & report your concerns.

RATIONALE OF BEHAVIOUR



UNITY: Together we make school is happier place



KNOWLEDGE: We understand that our words & actions have power



RESPECT: The more respect we give, the more we get back.

HANDY LINKS TO
RESOURCES ON THE
SCHOOL WEBSITE:

ASSESSMENT SCHEDULES ►

SCHOOL POLICIES ►

PARENT RESOURCES ►

Year 12 Formal

KMHS 2024 Graduates



20 November
@ The Springs



Photography by
Alicia Spinelli



SCHOOLWORK DURING THE HOLIDAYS: HOW TO BALANCE REST AND READINESS

The holidays are the perfect opportunity to hit reset—relax, recharge, and enjoy yourself. But while rest is essential, it doesn't mean you should completely ignore schoolwork. A bit of thoughtful planning can set you up for a smooth and successful return to school next year. Here are some ideas to consider for the holidays.

TIDY UP AND SET GOALS

- **Organise your space:**
Transform your study area into a productive environment. Declutter, rearrange, and make it a place where you feel comfortable and focused.
- **Sort and simplify your materials:**
Go through your school supplies, digital files, and notes. Keep what's essential, organise everything logically, and set up systems to make studying easier next year.
- **Plan ahead:**
 - Create term planners for the upcoming year to mark key dates when school starts.
 - Plan a weekly study timetable for next year to build good habits and stay on top of your workload.
 - If you can, find out any of the novels you will be studying in the coming year, read them over the holidays.
- **Focus on weak spots:**
Identify tricky areas from last term, such as math concepts, grammar, foreign languages, or literacy skills, and dedicate some time to improving them. A little effort now can make a big difference later.

STRETCH AND GROW YOUR SKILLS

- **Learn something new:**
Challenge your brain by picking up a new skill or activity. Whether it's Sudoku, learning touch typing, starting a new sport, or trying out a new hobby, the holidays are a perfect time to push your boundaries and build new neural pathways.
- **Explore study resources:**
Check out the Study Skills Handbook for tips on boosting your study habits, memory, or even your understanding of how your brain works. Start with the *Your Brain and Memory* unit for inspiration. Choose units to work on that will build your skills in areas of weakness.

SPECIFICALLY FOR SENIOR STUDENTS:

- **Download and review syllabuses:**
Familiarise yourself with course materials for the upcoming year so you can hit the ground running.
- **Tackle early assignments:**
If you have assignments due early in the term, plan to complete them during the holidays. Starting strong gives you breathing room for other priorities.
- **Prepare for exams:**
 - Update your study notes and create summaries for major topics.
 - If exams are early in the term, dedicate regular time to study sessions.
 - For significant post-holiday exams, prioritise intensive preparation.

HOLIDAY TIPS FOR A HEALTHY BALANCE

- **Set a schedule:** Block out specific times for schoolwork so you can enjoy guilt-free downtime.
- **Prioritise rest:** Catch up on sleep, enjoy hobbies, and take breaks to recharge your mind.
- **Stay active:** Physical activity, even a daily walk or stretch, can do wonders for your mental clarity.
- **Reconnect:** Spend quality time with family and friends to create meaningful memories.

Your holiday is a chance to rest and reset, but a little preparation can go a long way. Whether it's catching up on weak areas, planning ahead, or tackling major projects, balancing productivity with relaxation will help you return to school feeling refreshed and ready to succeed.

Our school's subscription details to www.studyskillshandbook.com.au are –

Username:

Password:

Note: Login details to Study Skills Handbook are on Compass.

DISABILITY PROVISIONS

Disability Provisions for the **Higher School Certificate Examinations 2025** are now open!

Disability provisions in the HSC are practical arrangements, designed to help students, who couldn't otherwise make a fair attempt to show what they know in an exam room.

Students are eligible to access disability provisions under the following categories:

► Learning difficulties

► Medical disabilities

► Hearing and Vision disabilities

The provisions granted, are solely determined by how the student's exam performance is affected. Eligible students must apply to the **NSW Education Standards Authority (NESA)** through the school.

Students who wish to apply for disability provisions should see Mr Treece.

If you are concerned about whether disability provisions apply to your child, you should contact the Learning and Support Team as soon as possible.

CAPA FACULTY

VISUAL ARTS

Visual Arts in the Classroom

Our Visual Arts and Photography Video and Digital Imagery students have been very productive this semester. What a way to finish off the 2024 school year at KMHS!

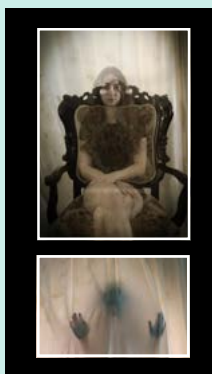
Art and Soul Exhibition

The Yearly Visual Arts 7-12 exhibition showcases the magic and wonder of all things creative. An impressive array of works across all 2D and 3D expressive forms was apparent, with heightened levels of creativity displayed at every corner of the exhibition. Congratulations must go to the Visual Arts staff for their dedication in setting up the works and spaces.

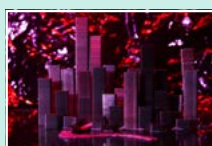


Senior Art and Photography

Year 12 Visual Arts and Photography students have submitted their Major Projects. Several of the works produced are conceptual and have a degree of technical skill that bodes well for some good results. Year 11 VA has transitioned into their HSC studies and have been experimenting with mediums and working towards developing their concepts and skills for the Body Of Work for 2025.



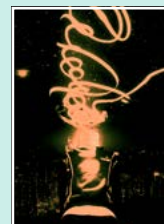
Year 11 PVDI played with light and long exposure to create ghost photography with excellent results. Year 11 has transitioned into Year 12 and is working through the architecture street photography unit. The students created and photographed their 'staple' cities, focusing on composition techniques, shutter speed, and **depth of field**. The students are currently exploring darkroom practices.



Stage 5 - ART and Photographic and Digital Media

Year 9 and 10 Visual Arts students have been learning printmaking skills. They were given a specific theme to interpret using objects or people. This term, the students have been working on projects that interest them.

Year 9 and 10 Photography students have learnt about forced perspective and trick photography. This term, they have focused on camera craft and experimenting with slow shutter speeds, exposure, lighting, and colour to create beautiful images of light painting.



Stage 4

The talented Year 7 students have worked in a range of expressive forms. Students commenced the semester focusing on insects to create a variety of two-dimensional artworks, ranging from collage, pen drawings and watercolour paintings. Each task focused on composition and anatomical details of an array of insects. Year 7 students were introduced to the storytelling of Shaun Tan and his work '**The Lost Thing**'. Students successfully produced vibrant and colourful drawings portraying the main character of this novel. This task introduced to students how contrast and tone can be utilised to create depth and a three dimensional quality to their drawings.



Repurposing and recycling was the focus of an artmaking task which required students to turn scrap cardboard into tribal looking masks. Students used acrylic paint and the dry painting technique to enhance their masks.

Students then moved on to working in the Steampunk genre. This unit introduced students to this style based on the Industrial Revolution meets Futurism. Detailed drawings of cogs, wheels, pipes and clocks provided the perfect preliminary task before students embarked on three-dimensional artmaking. Students had a choice of making a Steampunk hat or creature using a vast array of materials ranging from wood, screws, bolts, washers, nails, wire, lightbulbs, beads, feathers and textured material. The results are outstanding!

ART SPACE (ART CLUB)

Come and join the Arts Club every Tuesday at lunchtime in the art rooms. Explore, experiment and enjoy spending time with other students, who are creative and learning new skills in art.

*Ms Kim Skerritt, Ms Natalie Hallam, Ms Lorry Pickstock
Art Teachers*

CAPA FACULTY MUSIC

Year 8 Music

Year 8 have been learning about film music this term and have been busy developing their skills in performing music as an ensemble. Students have played everything from **'I'm A Believer'** to **'Don't Stop Believing'** and have had the freedom to perform on an instrument of their choosing.



Music Tour 2024

Students in Years 9–12 have been busy preparing their performances for the upcoming **Music Tour**.



The Music Tour is happening on Tuesday and Wednesday of **Week 10**, when we will be travelling around to our community primary schools to put on an absolutely **rocking show!**

Songmakers

Students in Years 8 and 9 recently participated in the **APRA Songmakers** incursion. Current industry professionals visited our school to mentor the students through the process of creating a song from scratch in small groups.



Students got hands-on experience in writing, playing, mixing and producing their song creations, which have now been turned into full song demo tracks! Songs will soon be available on Spotify and other streaming services!

A special thanks to the amazing mentors, Elizabeth M. Drummond, Chloe Dadd and Bec Sandridge, for providing a sensational experience for our students!

Year 9 Music Elective

Students from the **Year 9 Music elective** have been learning about songwriting processes. In small groups, students have been writing original lyrics and creating catchy chord progressions, and eventually, they will be recording, mixing and producing their song creations.

Year 12 Music 1



Year 12 Music 1 have been completing their first assessment task. Students have been composing a piece of music and preparing a Viva Voce for the topic **'Music of the 20th and 21st Century'**.

*Mr Ashley Hutchinson
Music Teacher & Relieving HT CAPA*

MRS DWYER'S GROUP



Mrs Dwyer's group visited the local **Fire and Rescue** at Kariong to learn all about what they do there. The students got to explore and get hands on with the trucks, hoses, equipment and the station. A huge thank you to @kariongfireandrescue for going above and beyond and giving the students such a detailed and informative experience!

COMMUNITY NEWS & EVENTS

Transport for NSW

Summer school holidays newsletter

December 2024



As the end of year approaches, it's time to start planning that well-deserved holiday. Let us help you plan your trip to ensure you experience fewer travel delays and more time creating cherished moments with family and friends.



Planning to travel outside Sydney?

To avoid delays, visit the **Journey Planner** to understand predicted traffic pinch points across NSW.



Get real-time updates with Live Traffic NSW

Download the **Live Traffic NSW app** or scan the **QR code** for real-time information about roads and changed traffic conditions. You can save your trip and receive notifications if any traffic incidents occur on route to your holiday destination.



Heading to Sydney Airport?

Summer is one of the busiest periods for Sydney Airport. Allow extra travel time and plan ahead.

To avoid delays, consider catching the train instead. Download the **Opal app** to keep informed of any public transport changes and alerts. If you are driving to the airport, check **Live Traffic NSW** before you leave home.



Get to your summer events on time

Consider using public transport instead of driving. Allow extra travel time and plan ahead.

Summer beckons with the promise of outdoor events, music festivals, and Test cricket. Look up **major event travel advice** and information to get to your event on time.



Keep safe these holidays

Use these **road trip tools** to help you identify your rest stops, calculate tolls, vehicle load restrictions, and information on available vehicle ferries.



Allow extra travel time

Upgrade works continue across the NSW roads and public transport networks. **Plan ahead**, stay alert, and follow signs and speed limits.





"JOIN THE SQUAD!
UNLEASH YOUR PASSION
FOR FOOTBALL! ⚽"

**WOMENS
U16'S**

COME FOR A KICK
EVERY THURSDAY
FROM 6.30PM

CONTACT:
VPWOMENS@KARIONGUNITED.COM.AU

