



JAMES MEEHAN
HIGH SCHOOL



Canteen Menu

BREAKFAST from (8:30 – 8:50am)

Canteen Is Open Every Morning To Place Recess & Lunch Orders & To Purchase - Fresh Juices - Up & Go's - Water - Poppers - Hot Chocolate - Yogurt - Fruit - Toasties & Pockets

SALADS

- \$3 Small - \$5 Large Watermelon Tub
- \$3 Small - \$5 Large Fruit Salad Tub
- \$3.50 Small Pasta Salad - \$4 With Chicken
- \$5.50 Full Garden Salad
- \$6 Full Garden Salad With Boiled Egg or Cheese
- \$7 Works Salad w/Egg, Cheese & Ham or Chicken
 - ♦ *MAKE YOUR OWN AVAILABLE TO ORDER* ♦
 - (FALAFELS - PINEAPPLE & TUNA ALSO AVAILABLE)
- ♦ *CHECK CANTEEN FOR OTHER WEEKLY SALAD OPTIONS* ♦

SANDWICHES

- \$2.50 Cheese - \$3.50 Cheese Tomato & Onion
- \$4 Chicken Lettuce & Mayo (H)
- \$4 Chicken & Cheese (H)
- \$4.50 Chicken Cheese Lettuce & Mayo (H)
- \$3.50 Egg - \$4 Egg & Lettuce
- \$4 Tuna Cucumber & Onion
- \$4 Ham & Cheese - \$4.50 Ham Cheese Tomato & Onion
- \$4.50 Full Salad - \$5 Full Salad & Cheese
 - ♦ *MAKE YOUR OWN AVAILABLE TO ORDER* ♦

FRESH WRAPS \$6

LONG ROLLS \$6.50 - \$7.50

- Crumbed Chicken Tender – Sweet Chilli Tender OR Peri Peri Tender With Lettuce, Cheese & Sauces (H)
 - ♦ *MAKE YOUR OWN AVAILABLE TO ORDER*
 - ♦ *CHEESE- SALAD - HAM - CHICKEN - EGG TUNA - FALAFEL - SALAD* ♦

COLD SNACKS

- \$3.00 Small Yogurt Cups - \$4.50 Tubs - With Berry Clusters Strawberries - Blueberries or Mango
- \$3.50 Custard With Strawberries
- \$3.50 Piklets With Berries & Maple Syrup
- \$.50c Apples – Mandarins – Pears – kiwi Fruit
- \$1.00 Bananas
- \$2.00 Grape Cups

ICE BLOCKS/CREAMS

- \$2.00 Chocolate Moosie - \$2.50 paddle Pop
- \$1.50 Frozen Juice Cups
- \$1.50 TNT's
- \$2.50 Juice Tubes
- \$2.50 Twisted Sister Frozen Yogurt Cups

CHIPS

- \$1.50 Red Rock Deli – Harvest Snaps – Ve
- \$1.00 Popcorn



HOT MEALS – TWO DISHES COOKED PER DAY

♦ CHECK CANTEEN FOR DISHES OF THE DAY ♦

♦ *SMALL \$4 - \$4.50* ♦

*VARIETY OF PASTA'S - RICE'S - CURRIES & STIR FRY'S *

♦ *OCCASIONALLY WE HAVE* ♦

Hotdog - Pizza Pockets – Nacho Day's & A Variety Of Soup's Term's 2 & 3

BURGERS

- \$4.50 Chicken Burger – Lettuce & Mayo (H)
- \$4.50 Chicken & Cheese burger W/Mayo (H)
- \$4.50 Cheeseburger – Beef Cheese & Tomato Sauce (H)
- \$6.00 Big Beef Burger – Cheese Tomato Beetroot Lettuce & Flame Grilled Sauce (H)
- \$6.00 Peri Peri Chicken Burger – Cheese Lettuce Tomato (H)

BY ORDER ONLY

- \$6.00 Cajun Grilled Chicken Breast burger – Lettuce Tomato Red Onion & Aioli
- \$5.00 Veggie Burger – Crumbed Pattie w/Lettuce & Aioli
- \$5.50 Chicken Schnitzel Burger – Lettuce & Aioli
- \$3 Hot Dog - \$3.50 w/Cheese
- \$2 Each Chicken Tenders
- \$4.50 Vegetarian Pizza Fold Over (Cheese Sauce Mushroom Tomato Onion Pineapple Olive)

HOT SNACKS

- \$3.50 Sausage Roll (H) - \$3.50 Beef Pie (H)
- \$3.50 Ham & Cheese Pocket Or Double Cheese
- \$4 Chicken & Cheese Pocket (H) w/BBQ – Mayo Or Chilli Sauce
- \$4 Beef Cheese & Flame Grilled Sauce Pocket
- \$1.50 Garlic Bread
- \$3 Noodle cup – Chicken – Beef - Oriental
- \$4.50 Vegetarian Lasagne - \$5 beef Lasagne
 - **MAKE YOUR OWN TOASTED S/W'S - WRAPS - ROLLS & POCKETS AVAILABLE TO ORDER* *

DRINKS

- \$1.50 Water - \$1.50 99% Juice poppers
- \$2.00 99% Juice Bomb Cans
- \$2.50 Pepsi Max
- \$3.00 Up & Go's
- \$3.50 Bare Sparkling Water Cans
- \$2.00 200ml East Coast Fresh Juice Bottles

NOTE-

- There Are Lots Of Vegetarian & Halal (H) options just ask
- Order in the morning to avoid missing out or for any special dietary requirements

**STRICTLY NO PAYING BY PHONE OR WATCH
EFTPOS & CASH ACCEPTED**