



HRHS CANTEEN MENU

LUNCH 1 & 2

Chicken & Gravy Roll	5.00
Hamburger with Salad	5.00
Chicken Burger- Lettuce & Mayo	4.00
Chicken Burger with Salad	5.00
Cheeseburger – BBQ Sauce	3.50
Cheeseburger – Tomato Sauce	3.50
Hot Chicken Wrap- BBQ sauce	4.00
Hot Chicken wrap - Chilli sauce	4.00
Garlic Bread	2.00
Sausage Roll	3.00
Spring Rolls (4)	3.00
Low Fat Pie- Plain	3.50
Low Fat Pie- Potato	4.00
Chicken Fingers (6)	3.00
Chicken Nuggets (5)	3.00
Ham and Cheese Scroll	2.00
Toasted Cheese Sandwich	2.00
Toasted Ham & Cheese Sandwich	2.00

FRESH SANDWICHES

Egg, Lettuce & Mayo	3.00
Chicken, Lettuce & Mayo	3.50
Ham, Cheese & Tomato	3.00
Curried Egg & Lettuce	3.00
Salad	3.00
Ham & Salad	4.00

WRAPS

Ham, Cheese & Tomato	3.00
Salad	5.50
Chicken, Spinach & Aioli	5.00
Ham & Salad	6.00
Chicken & Salad	7.00
Chicken Caesar	6.00
Chicken, Avocado, Salad	7.50

ROLLS

Salad	4.00
Chicken & Salad	5.00
Ham & Salad	4.50
Ham, Cheese & Tomato	4.00
Egg & Lettuce	4.00

SALAD BOXES

Plain Salad (G)	5.00
Chicken Salad	7.00
Chicken Caesar Salad	5.00
Ham Salad (G)	6.00

Gluten free bread (\$1 extra each) is available, orders only.

Gluten free nuggets (5 for \$3.00) are also available, orders only. (G) = Gluten Free





BREAKFAST

Fresh Fruit Tubs (G)	2.50
Yoghurt (G)	2.00
Toasted Sandwiches Ham/Cheese	2.00
Cheeseburgers- BBQ Sauce	3.50
Cheeseburgers – Tomato Sauce	3.50
Cheese & Ham Scroll	2.00
Vegemite & Cheese Scroll	3.00
Toasted Cheese Sandwich	2.00
Egg & Bacon Roll- BBQ Sauce	4.00
Egg & Bacon Roll- Tomato Sauce	4.00

DRINKS (G)

Water	600ml	1.00
Water	1.5 litre	2.00
Berri Juice – Apple Blackcurrant		2.50
Berri Juice- Apple		2.50
Up n Go - Banana		2.50
Up n Go - Chocolate		2.50
Up n Go -Strawberry		2.50
Up n Go- Vanilla		2.50
Up n Go – Protein		2.50
300ml Dairy Farmers milk - Chocolate		2.50
300ml Dairy Farmers milk - Strawberry		2.50
500ml Dairy Farmers milk- Vanilla Malt		3.50
500ml Dairy Farmers milk- Chocolate		3.50
500ml Dairy Farmers milk- Strawberry		3.50

SPECIALS (see staff before ordering)

Fried Rice (Small)	3.00
See Staff for other weekly and daily specials.	

DRINKS

Juice bomb – Orange/Passio	2.50
Juice bomb – Grape	2.50
Juice bomb – Watermelon	2.50
Juice bomb – Apple/Raspberry	2.50
Juice bomb – Blueberry	2.50

SNACKS (G)

Fresh Fruit Salad Tubs (small)	2.50
Popcorn - Plain	0.50
Snap Stix	1.00
Red Rock Chips – Plain	1.50
Juicies – Orange/Wildberry/Tropical/Lemonade	1.00
Ice Cream Cups – Low Fat Vanilla	1.00
Paddle Pops - Chocolate/Rainbow	2.00

