

Hornsby Heights Public School

Aim High

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TERM 2 WEEK 8

ISSUE 64

17 JUNE 2025

UPCOMING EVENTS



SCHOOL

Thursday JUN 19: Interrelate: Moving into the Teen Years: Year 6 **Thursday JUN 19: Assembly Years**

3-6 in the hall

Monday JUN 23: Year 6

Workshops: Talking about Money

(Ecstra Foundation)

Monday JUN 23: Knitter Natters Tuesday AUG 5: Open Day



SPORT

Friday JUN 20: Winter HZSS

Round 8 - 9:15 - 11:15

Tuesday JUL 1: Athletics Carnival

Foxglove oval



DANCE

Wednesday JUL 2: Dance showcase



P&C

Thursday JUN 26: SRC Pyjama Mufti

Day Fundraiser

Friday JUN 27: Eco Garden cooking

sessions



EXCURSION

Wednesday JUN 25: Stage 1

Excursion to Sydney Zoo

SCHOOL CALENDAR LINK:

https://hornsbyhts-p.schools.nsw. gov.au/school-calendar.html



ABOVE: Kindergarten have made a whole village of potato people related to a book they read by Pamela Allen.

FROM THE **PRINCIPAL**

2026 KINDERGARTEN **ENROLMENTS DUE**

026 Kindergarten enrolments are now overdue. We already have 2 full classes. Please see our schedule of events for Orientation Days later in the Newsletter. Information on how to enrol as well as online enrolments can be accessed via the link below.



https://hornsbyhts-p.schools.nsw.gov.au/ about-our-school/enrolment.html

Continued on Page 2.

Open Day to Celebrate Public Education Week - Tuesday 5 August (Week 3, Term 2)

Public Education Week is an annual celebration of NSW public education and the achievements of our schools, teachers, and students. This year's theme is Ignite your potential. We are celebrating Education Week on Tuesday 5 August with an Open Day. Please see the 'save the date' flyer later in the Newsletter. Open Day is the day not to miss! In order to ensure that each student has the opportunity to have someone from their family attend the day, we invite Grandparents to our Open Day as well as/or instead of parents/care-givers.

New School Reports

From this term, we're introducing updated school reports. The new format has been developed by the NSW Department of Education in response to feedback from parents and educators to make reports easier to read and understand.

Your child's report will still show their progress across all subject areas. Teacher comments in the form of student strengths and learning goals will appear in English and mathematics, and a comment will be given for the general comment section, in line with department policy. The general comment for Kindergarten also covers all other key learning areas including, creative arts, HSIE, PDHPE, and science and technology. A new achievement scale and descriptions are included to provide a clearer picture of your child's progress eg changing the word "sound" to "expected". We welcome your feedback or questions about the new report format. Your child's report will come to you via School Bytes in the last week of this term.

Anaphylaxis at Hornsby Heights PS

At our school, we have a small number of children who could have a potentially life threatening allergic reaction. They are found across our school from Kindergarten to Year 6. How can parents help these children?

- Choose alternative sandwich spreads to peanut butter and Nutella. Inform your child that these foods can trigger an anaphylactic reaction.
- Reinforce the school's NO FOOD SHARING message.

Big Congratulations!

Congratulations to all of our sport champions. You can see what they have been up to in Mrs Sakanjani's report as well as the Community News sections in our Newsletter.

A big congratulations to all of our students and finalists for the Multi-Cultural Public Speaking Competition. Congratulations to Rhys and Mira from Stage 2 and Remy and Ellery from Stage 3 who were the finalists. Remy won the Stage 3 competition and will be going to the next level. Rhys received a highly commended award.



Remy and Ellery from Stage 3.



Rhys and Mira from Stage 2.

End of Term and School Security

The last day of this term is Friday 4 July. Teachers return to school on Monday 21 July and students return on Tuesday 22 July. If over the holiday break you see anything suspicious in the school, our school security number is 1300 880 021 or please contact Hornsby Police Station. Thank you for looking out or us!

Attendance and absences

Parents of children from Kindergarten to Year 12 must ensure their children attend school every day. On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstances
 e.g. attending a funeral

Parents must provide an explanation for absences to the school within 7 days from the first day of any period of absence. Where an explanation has not been received within the 7-day timeframe, the school will record the absence as unexplained on the student's record.

PAX Behaviour Game

Currently we are implementing the next 2 kernels of our PAX program. PAX Voices and PAX hands and Feet. Please see below for information on this and how you can engage with this at home.



By **KATRIN CORNELL** Hornsby Heights Public School PRINCIPAL





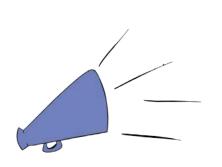
PAX Voices are used to keep voices at an appropriate level in different settings. PAX Voices help students assess and match their own voices for every activity. PAX Voices allow students to predict appropriate volume while allowing the teacher to offer non-harsh guidance.

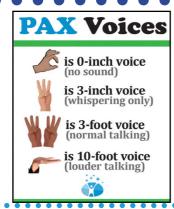
Right away, PAX Voices will help students...

- Use appropriate voices for different settings.
- Require less guidance and corrective feedback.
- Respond more appropriately and quickly to adult feedback.

In the long run, PAX Voices helps students...

- Recognize appropriate behavior for different settings.
- Assess unfamiliar activities without a great deal of feedback needed.







Here are some questions you can ask your child about using PAX Voices:

- 1. When did you have to use PAX Voices today? Which one did you need to use?
- 2. What are some other times you think you could use PAX Voices throughout the day?
- 3. What are some times we use PAX Voices outside of school?



PAX Voices regulate sound/voice levels.

PAX Quiet provides immediate focus on you.

PAX Voices Story and Activity

Story Setup: While sitting at a table, the child is showing the adult at home their newest art class project. All of a sudden, a loud "AHHHHHH!!!" came from the other room.

Adult at home: "I'm sorry, I didn't hear what you call this art project."

Child: "Well, that's because the person in the other room was using a 10-foot voice."

Adult at home: "A 10-foot voice? I have never heard of a 10-foot voice."

Child: "Today at school, our teacher taught us about PAX Voices. A 10-foot voice is when we can be loud, like at recess or in gym."

Adult at home: "Oh, I get it. What voice are you using right now?"

Child: "I'm using a 3-foot voice because you are sitting next to me."

Adult at home: "That makes sense. Are there other PAX Voices you use in school?"

Child: "Yes, my teacher has a poster that looks just like this in our classroom!"

Instructions:

Look at each of these school activities. Write which voice level is appropriate for that activity.

















HORNSBY HEIGHTS PUBLIC SCHOOL 5 HORNSBY HEIGHTS PUBLIC SCHOOL



PAX Hands and Feet are used to ensure safe, on-task activity for everyone's hands and feet. PAX Hands and Feet teach body awareness and respect for everyone's personal space. They promote classroom safety and make sure everyone is on the same page with physical expectations in each setting.

Right away, PAX Hands & Feet will help students...

- Become more mindful of physical space.
- Do less fidgeting and bothering of others.
- Require less guidance and corrective feedback.

In the long run, PAX Hands & Feet helps students...

- · Actively engage in safe, helpful activities.
- Avoid behavior that may be viewed as bullying or aggressive.







Here are some questions you can ask your child about using PAX Hands & Feet:

- 1. When did you need to use PAX Hands and Feet today? What did they look like?
- 2. Who in your class is really good at PAX Hands and Feet? What do they do?
- 3. When could we use PAX Hands and Feet outside of school?



How might PAX Hands & Feet be included in the

PAX Hands & Feet Story and Activity

Story Setup: The adult at home walks into the room to see the child running around a table.

Adult at home: "_____, please stop running around the table. It's not safe to run in the house."

Child: "Oh, you mean you want me to use PAX Feet?"

Adult at home: "You do PAX with your feet, too?"

Child: "Yes!"

Adult at home: "So, PAX Feet are walking feet?"

Child: "Well, sometimes, but if we are in the gym or at recess, then we can run, and it's still PAX."

Adult at home: "Oh, I think I get it. PAX Feet help you be safe no matter what you're doing. So, what about your hands? Do you have PAX Hands too?"

Child: "Yes, PAX Hands never hurt. PAX Hands help. That's on our poster in the classroom."

Adult at home: "I really like that."

Child: "I still feel like running, so I am going to go run outside."

Adult at home: "Sounds great! Take those PAX Hands and Feet outside."

Instructions:

Trace one of your hands and one of your feet on the attached PAX Hands and PAX Feet paper. Write or draw examples of how you can show PAX Hands or PAX Feet inside the drawing.

Demonstrate your PAX Feet or PAX Hands while doing the following:

- A. Waiting for the bus
- B. Eating snack
- C. Playing with a friend
- D. Walking into the classroom









HORNSBY HEIGHTS PUBLIC SCHOOL HORNSBY HEIGHTS PUBLIC SCHOOL 7













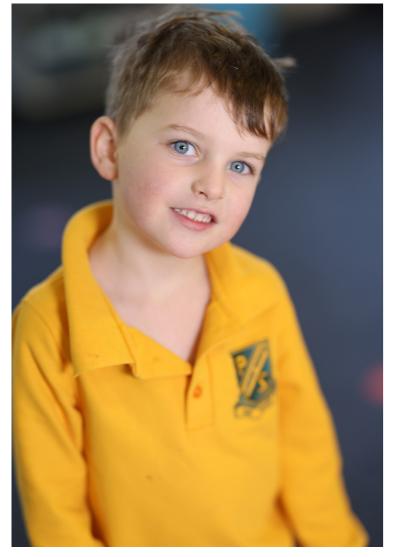


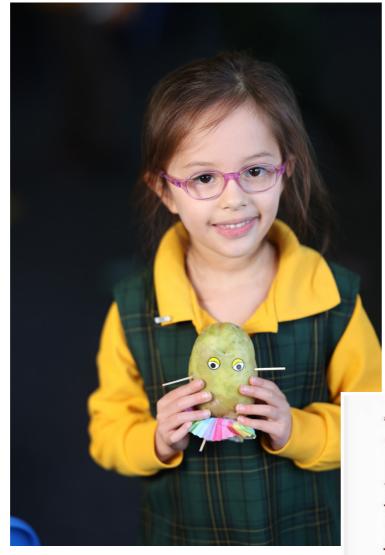






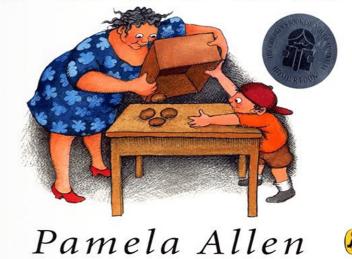
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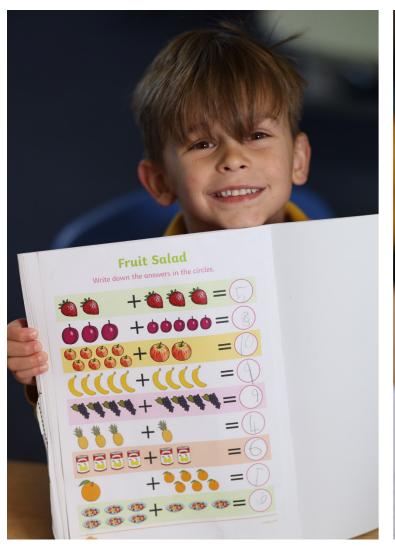


















A SEA OF HANDS



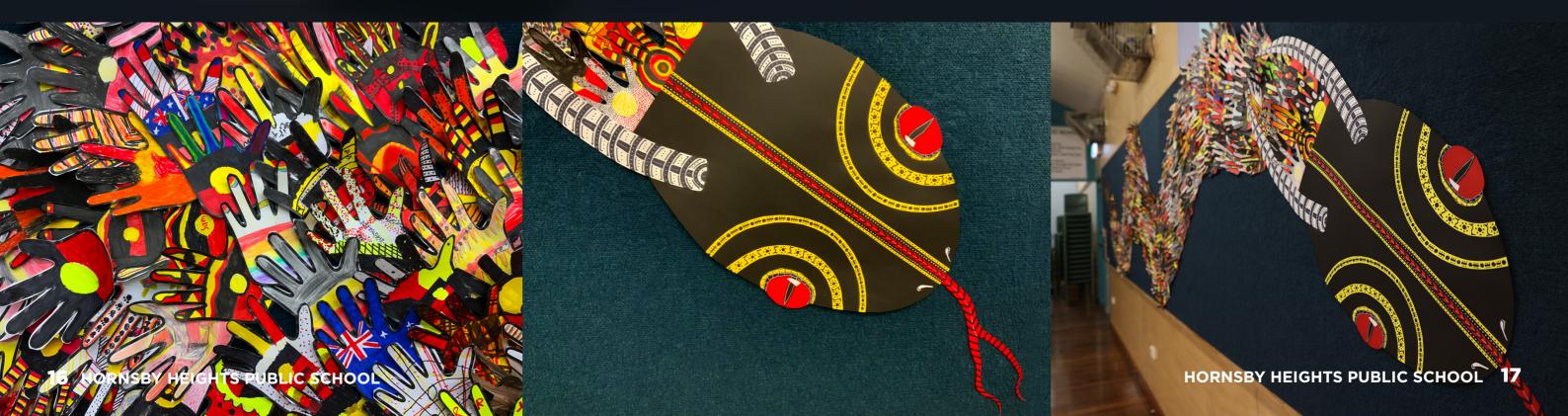
HANDS HAVE LONG BECOME A SYMBOL OF COMMUNITY SUPPORT FOR RECONCILIATION, RIGHTS AND RESPECT.

AT HORNSBY HEIGHTS PUBLIC SCHOOL, WE HAVE DECORATED HANDPRINTS TO CREATE A SEA OF HANDS, SHOWING A PROMISE THAT WE HAVE MADE FOR RECONCILIATION. WE HAVE EMBEDDED OUR HANDPRINTS INTO THE BODY OF A SERPENT.

THE SERPENT IS A KEY FIGURE IN ABORIGINAL DREAMTIME STORIES, WHERE ITS MOVEMENTS ARE BELIEVED TO HAVE SHAPED THE AUSTRALIAN LANDSCAPE, SUCH AS WATERWAYS AND BILLABONGS.

THERE ARE OVER 427 HANDS REPRESENTED IN THIS ARTWORK.

THANK YOU TO MR YOUNG FOR CREATING OUR SERPENT'S INCREDIBLE HEAD AND TAIL!





BEE BOTS

STAGE 2 STUDENTS ENJOY LEARNING ABOOOOT POSITION IN MATHS USING THE BEE BOTS AND CODING.



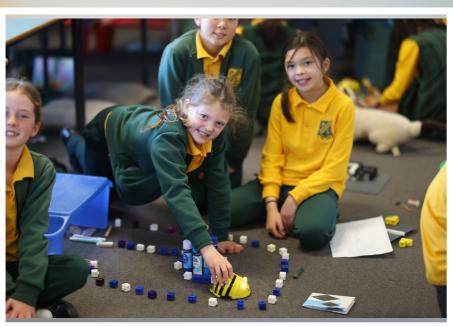














HORNSBY HEIGHTS
TERM 2
ZONE
CROSS

SS COUNTRY

By VANESSA SAKAJANI Hornsby Heights Public School SPORTS COORDINATOR

ornsby Heights 4th! Sensational effort from our HHPS Zone Cross Country representatives, their efforts resulting in HHPS placing 4th overall in Hornsby Zone. Congratulations to the following students with the following results at Zone:

Lillian B - 3rd place 10 yrs girls

Josh C - 2nd place 11 yrs boys

Beth C - 2nd place 11 yrs girls Eliza G - 4th place 12 yrs girls

The students above had some fantastic

results at the Sydney North Cross Country
Championships last Friday.

Amazing results amongst hundreds of other competitors across our Area.

SYDNEY NORTH

SCHOOLS SPORTS ASSOCIATION





REPRESENTATIVE SPORTS NEWS

SYDNEY NORTH TRIALS NEWS - TOUCH FOOTBALL

Sydney North Touch Football trials were held in Week 5 at the Central Coast. It was an amazing day of Touch footy, and out Combined Hornsby / Kuring-Gai Zone team played their best against very tough competition.

Congratulations to Max F of 5R who made it through to the final top 20, and only just missed out on the Sydney North Team. A fantastic effort from Max.

NSWPSSA CHAMPIONSHIP NEWS

Both the boys Rugby League and boys AFL NSWPSSA championships were held in Week 6. We had 2 Hornsby Heights students in both Sydney North teams.

Jayden L in 5W unfortunately broke his thumb the weekend before, so he cheered on his Sydney North team from the sidelines. Sydney North placed 2nd overall in the state. What a result.

Max F in 5R participated in the Sydney North boys AFL team.

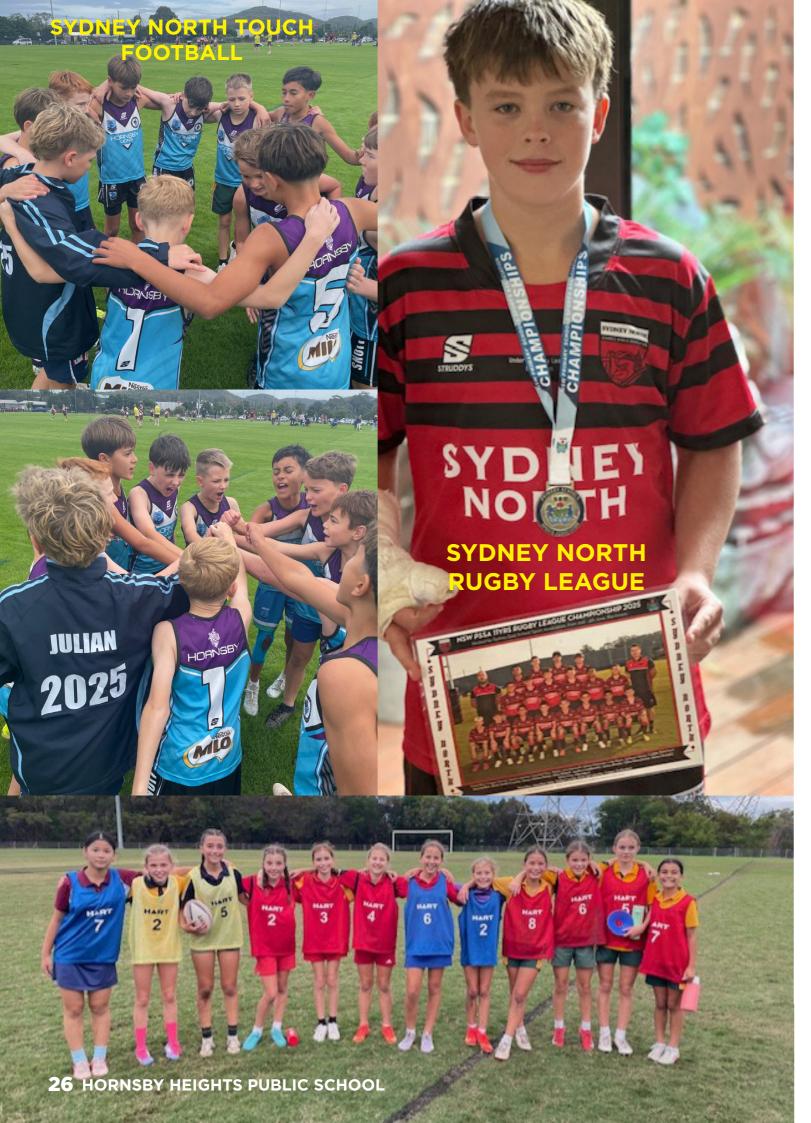
They had a fantastic 3-day competition and placed 3rd overall.

These are inspiring results from our students. Go Hornsby

Heights!

FACING PAGE: Max F in 5R participated in the Sydney North boys AFL team.





Winter HZSS 2025 ~ Players of the week

Week 6 - Results

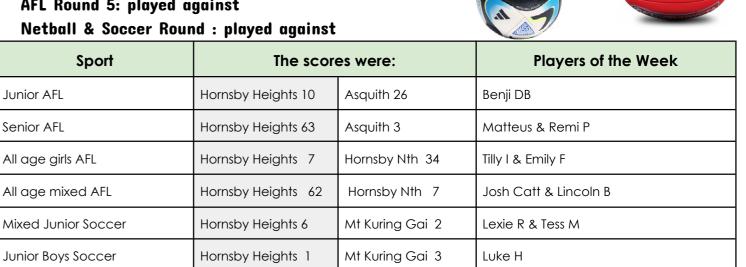
AFL Round 5: played against

Senior Girls Soccer

Senior Boys Soccer

Junior mixed Netball

Senior Mixed Netball



Mt Kuring Gai 1

Mt Kuring Gai 0

Mt Kuring Gai 2

Mt Kuring Gai 23

Sloane W

Jack M & Lyla B

Leo L

Week 7 - Results

AFL round: played against Hornsby South & Turramurra Netball & Soccer round : played against Wideview

Hornsby Heights 5

Hornsby Heights 8

Hornsby Heights 14

Hornsby Heights 2

Sport	The scores were:		Players of the Week
Junior AFL	Hornsby Heights 25	Hornsby Sth 6	Ollie T & Liam S
Senior AFL	Hornsby Heights 54	Hornsby Sth 7	Max F & Ryan D
All age girls AFL	Hornsby Heights 20	Turramurra 21	Estella F & Annabel S
All age mixed AFL	Hornsby Heights 44	Turramurra 34	Ming & Liam I
Mixed Junior Soccer	Hornsby Heights 1	Wideview 1	Ariana F & Pippa L
Junior Boys Soccer	Hornsby Heights 1	Wideview 1	Whole Team
Senior Girls Soccer	Hornsby Heights 1	Wideview 1	Ava T & Aria S
Senior Boys Soccer	Hornsby Heights 3	Wideview 0	Raf Z
Junior mixed Netball	Hornsby Heights 3	Wideview 2	Jack M and Imogen S
Senior Mixed Netball	Hornsby Heights 12	Wideview 4	Lola K and Elizabeth W





I LOVED ...





- getting gentle pats and strokes from Kindy students
- discovering the Eco Garden
- spending time in K 6 classrooms
- how students remembered to pick up their rubbish so I don't accidentally swallow something that could harm me



understanding that I am still a puppy so I need to be introduced to my job at HHPS slowly and gradually. I will be working one day a week until I am a bit older and will visit as many classrooms and meet as many students as I can safely manage each Thursday.







STUDENT COMMUNITY ACHIEVENIENT HORNSBY HEIGHTS

HUGO GAINS FIRST PLACE

On the weekend Hugo D in Year 6 and one of our School Prefects, competed in the 5km Kuring-gai Chase Fun Run, an allabilities running event. Hugo completed the 5km in 25 mins, earning him first place in the SO Athlete division!

Hugo completed weeks of training in order to complete the 5 km run. He and his brother Remy also ran an orange juice stall out the front of their house on a Saturday afternoon, to boost Hugo's fundraising efforts. With the help of generous sponsors, Hugo was able to raise over \$800, which was an amazing effort. He was named as the top fundraiser for the event, out of 700 registered participants!

All money raised goes towards Special Olympics Australia, a global movement using the power of sport to build a more inclusive world for people with intellectual disability and/or autism.

We are so proud of Hugo!





EDUCATION WEEK OPEN DAY

SAVE THE DATE

TUESDAY AUGUST 5 2025





KINDERGARTEN

INFORMATION - 2026 -

Starting school is such an exciting time. We are looking forward to being part of this journey with you!

MINI SHOWCASE AND **SCHOOL TOUR FOR PARENTS/CARERS & 2026 STUDENTS**

Tuesday 23 September 2025 9:30am - 11:00am in the School Hall

Come along to see and hear about some of the programs we have on offer and take part in a school tour led by our senior students.

PARENT INFORMATION **EVENING IN THE** SCHOOL HALL

Thursday 23 October 2025

This is an introduction to Hornsby Heights Public School and information on preparation for school. Meet the Principal and the current Kindergarten Team!

KINDERGARTEN ORIENTATION VISITS & SCHOOL TOUR

Tuesday 18 November and Tuesday 25 November 2025 from 9:30am to 11:00am

Children visit Kindergarten classrooms and participate in various activities. All enrolment paperwork must be provided to be eligible to attend. Further information regarding these sessions will be provided at the Parent Information Evening (please note these sessions are for the children only). It is important that children attend both Orientation Day sessions school.

MEDIATEAM YEAR FIVE



Elizabeth



Remy



Samuel



Sophie 5R



Kaiden M 5W



Lomah B 5W



Lucy G 5W



Jonah 5W





Lucy S 5W



Elise S 5W



Eloise 5W



Melis 5W



Timothy H 5C



Winter Uniform

HORNSBY HEIGHTS PUBLIC SCHOOL

Sports Uniform HORNSBY HEIGHTS PUBLIC SCHOOL



















Girls

- Bottle green/navy/gold plaid tunic with long sleeved gold polo shirt
- Green bootleg pants with gold long sleeve polo shirt
- Bottle green jacket with school emblem
- White socks or bottle green tights
- Black school shoes

Boys

- · Long sleeved gold polo shirt
- Grey gabardine long pants
- Bottle green jacket, sloppy joe or jumper
- Grey short socks with green/ gold band
- Black school shoes

Girls

- Bottle green shorts
- Polo shirt in house colour
- Sports shoes and white socks
- Green track pants (in winter)

Boys

- Bottle green shorts
- Polo shirt in house colour
- Sports shoes and white socks
- Green track pants (in winter)



LEARN, PLAY & GROW AT PCYC THIS JULY!



Book 3 Days and Get the 4th Free! Active and Creative Kids vouchers accepted.



