



Hornsby Heights Public School

NEWSLETTER

Aim High



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TERM 1 WEEK 10

ISSUE 60

1 APRIL 2025

UPCOMING EVENTS



SCHOOL

Wednesday APR 9: Easter Hat

Parade at 2:15pm

Thursday APR 10: Canteen Special

Food Day

Friday APR 11: End of term



SPORT

Friday APR 4 & 11: No HZSS due to ground closures



DANCE

Wednesday APR 2: Dance ensemble rehearsal finished until Term 2 Week 1



P&C

Wednesday APR 2: Eco Garden working bee

SCHOOL CALENDAR LINK:

<https://hornsbyhts-p.schools.nsw.gov.au/school-calendar.html>



ABOVE: The new Year 6 shirts have arrived and don't they look amazing?

PRINCIPAL

THE IMPORTANCE OF READING

As we embark on another exciting term, I want to emphasise the vital role that reading plays in our children's lives. Reading not only enhances their literacy skills but also fosters creativity, critical thinking, and empathy. To cultivate a love for reading at home, I encourage you to set aside dedicated reading time each day, perhaps during bedtime or after school. Create a cosy reading nook where your child can explore books that spark their interest. Additionally, consider visiting your local library together to discover new titles. By prioritising reading in our daily routines, we empower our children to become lifelong learners and confident communicators.

Continued on Page 2.

"The rootsof education are bitter, but the fruit is sweet."

Aristotle

Anaphylaxis at Hornsby Heights PS

At our school, we have a small number of children who could have a potentially life threatening allergic reaction. They are found across our school from Kindergarten to Year 6.

How can parents help these children?

- Choose alternative sandwich spreads to peanut butter and Nutella. Inform your child that these foods can trigger an anaphylactic reaction.
- Reinforce the school's NO FOOD SHARING message.

School Duty Of Care

Please be aware that the school does not open until 8:40am. Students who arrive earlier than this need to be booked into Before School Care as the school's duty of care does not take place until 8:40am when there is a teacher on duty. The school closes also after the school bell goes and our playgrounds are not in use after this time.

Teacher Planning Days

This term, all teachers will have the opportunity to take half a day off class to focus on planning and developing teaching and learning programs for the upcoming term. This dedicated time will allow our educators to collaborate, and design engaging lessons that cater to the diverse needs of our students. We believe that investing in our teachers' professional growth ultimately benefits our students' learning experiences. Thank you for your continued support as we strive to provide the best education possible for our school community.

Staffing News

We would like to take a moment to share some wonderful news about Mrs Laura Rosier, who will be going on maternity leave at the end of this week as she prepares to welcome a new addition to her family. We are excited for her and wish her all the best during this special time. We will keep you updated on her return and look forward to welcoming her back after her leave. Mrs Rosier has not had a class this year and so no class will be affected by her leave. Mrs Rosier has been working with classrooms this term, particularly in K-2 with a focus on implementing our InitialLit program.

Mrs Susan Lundstrom is retiring from our school. Although she has been on leave for the past two years, she has made many contributions as a classroom teacher and EALD (English as an Additional Language or Dialect) teacher. Her dedication and support have positively impacted our students and staff. We want to thank her

for her time here and wish her all the best for her retirement. She will be missed by our school community!

Mrs Nicole Tudor, our Assistant Principal for Curriculum and Instruction (APCI), will be taking long service leave for the entirety of Term 2. During her absence, we are pleased to announce that Mrs Anna Medina will be stepping in as the relieving APCI from Mondays to Wednesdays. Mrs. Medina is already an APCI at another school and brings a wealth of experience to our team. For Thursdays and Fridays, Mrs Murrie, who is a well-known casual at our school and has a strong rapport with the KDT class, will be taking over. We are confident that both Mrs Medina and Mrs Murrie will provide excellent support during this time, ensuring a seamless transition for our students. Thank you for your understanding and support!

Year 6 Shirts

We are excited to announce the arrival of our new Year 6 shirts! These shirts have been designed to celebrate our Year 6 students as they embark on their final year of primary school. Featuring a design by Year 6 student Willow C., the shirts will not only foster school spirit but also create a sense of unity among the students. Year 6 students received their shirts today, and we encourage them to wear them proudly throughout the year.

PAX Behaviour Games – Beat the Timer and Granny Wacky Prizes

This year we have been introducing the PAX Behaviour Games at HHPS. PAX means peace, productivity, health and happiness, and is what the PAX Good Behaviour Game helps create and strengthen in each classroom. PAX GBG consists of proven behavioural strategies used daily by teachers with students. By the end of Term 2, students will have been taught the 10 "Kernels" that align with the 5 social emotional core competencies. Please see information on Beat the Timer and Granny Wacky Prizes later in the Newsletter.



By **KATRIN CORNELL**
Hornsby Heights Public School
PRINCIPAL



pax | Good Behavior Game

Granny's Wacky Prizes

- **Granny's Wacky Prizes** are used to reward the class for a job well done. These quick, fun group activities are far more rewarding than stickers or tangible items. Granny's Wacky Prizes teach students that working hard, working together, and making good decisions pays off for everyone.

Right away, Granny's Wacky Prizes will help students...

- Set and achieve their goals.
- Become more patient.
- Celebrate their own success as well as that of their classmates.

In the long run, Granny's Wacky Prizes help students...

- Make clear associations between cause and effect.
- Voluntarily work toward group success.
- Avoid impulsive or problematic choices.



Here are some questions you can ask your child about using Granny's Wacky Prizes:

1. What Granny's Wacky Prize did you get today? How did you get that prize?
2. What is your favorite Granny's Wacky Prize?
3. Do you have any ideas for some new Granny's Wacky Prizes?



Granny's Wacky Prizes use the **Premack Principle** to enhance positive reinforcement and brain activity through randomness and physical movement.



pax | Good Behavior Game

Beat the Timer

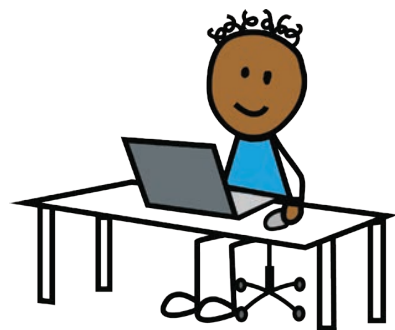
Beat the Timer is a tool designed to help students complete tasks quickly, efficiently, and safely. It provides a fun way to get things done without dawdling or bothering others, which can happen when activities drag on. This approach helps everyone get things done quickly and safely and helps everyone get along.

Right away, **Beat the Timer** will help students...

- Focus and stay on task longer.
- Be less distracted and follow directions more completely.
- Get along with classmates and have less “down time” at school.

In the long run, **Beat the Timer** helps students...

- Be able to focus and complete the task at hand without putting it off.
- Seek out and work hard at new and challenging opportunities.



Here are some questions you can ask your child about using **Beat the Timer**:

1. When did you get to play Beat the Timer today? Did you win?
2. What do you think you'll have to do to try to beat the timer next time?
3. When do you think we could play Beat the Timer at home?



Beat the Timer uses **reduced allocated time** to improve efficiency in completing tasks, while reducing conflict and unwanted behaviors.

I just wanted to let you know that I was awarded the “Most Outstanding Private Teacher: Brass or Percussion” award at the AMEB NSW Annual award ceremony on the weekend. This award is purely based on the results from last year’s AMEB exams, and hence is a direct result of the hard work that your children have put in for their exams. I have been in

the “top 5” teachers every year for the past few years, but this is the first time that I have been awarded the top award.

I just wanted to thank you all for supporting your child’s home practice and encouraging them to do their best. Even though I

don’t teach to receive trophies, it is always nice to be recognised!

Thanks again,
Dave



BAND PROGRAM

AWESOME WORK DAVE





**THEY
HAVE
ARRIVED!**



**THE NEW
YEAR 6
SHIRTS
ARE HERE**





STAGE 3

MENTAL HEALTH WORKSHOP

SOPHIE CROAN

Hornsby Heights Public School
ASSISTANT PRINCIPAL

On Wednesday 19 March, Stage 3 students participated in a one hour mental health workshop from Anchor Health called

Let's Talk:

Our presenter, Steve, focused on:

- Mental Health in Australia
- Prevention
- Early Intervention
- Identifying the signs & symptoms
- Reaching out to get or give support
- Self-care

This opportunity provided our students with a safe forum to engage, discuss and reflect on building mental health literacy.



NATIONAL YOUNG LEADERS DAY

SOPHIE CROAN

Hornsby Heights Public School
ASSISTANT PRINCIPAL

On Tuesday 25 March, our 14 Year 6 school leaders (captains, vice captains, prefects and senior house captains) attended the National Young Leaders Day at the International Convention Centre in Darling Harbour, accompanied by Mrs Croan and Mrs Tudor.

This annual event provides a wonderful opportunity for primary school students across NSW to hear from inspiring speakers who shared valuable insights on leadership through hard work, commitment, kindness, resilience and the importance of goal setting. Speakers included:

- Harries Carroll (Bondi Rescue)
- Emma McKeon (Olympic Swimmer)
- Catherine Laga-aia (playing the role of Moana in the upcoming Disney movie)

Our leaders were proud representatives of HHPS and enjoyed this action-packed day of interactive activities, inspiring videos, question times and speaker presentations.



INSIDE THE ICC



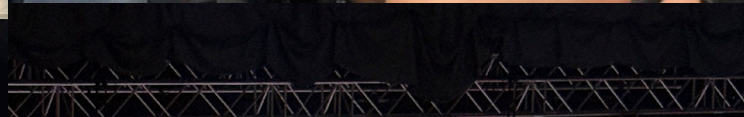
14 CAPTAINS & PREFECTS IN FRONT OF THE ICC



EMMA MCKEON - MEETING



CATHERINE LAGA-AIA



EMMA MCKEON - GUEST SPEAKER



CATHERINE LAGA-AIA - GUEST SPEAKER



HARRIES CARROLL MEETING



CLASS 1/2L AT WORK

HORNSBY HEIGHTS PS

WITH MS LOVE





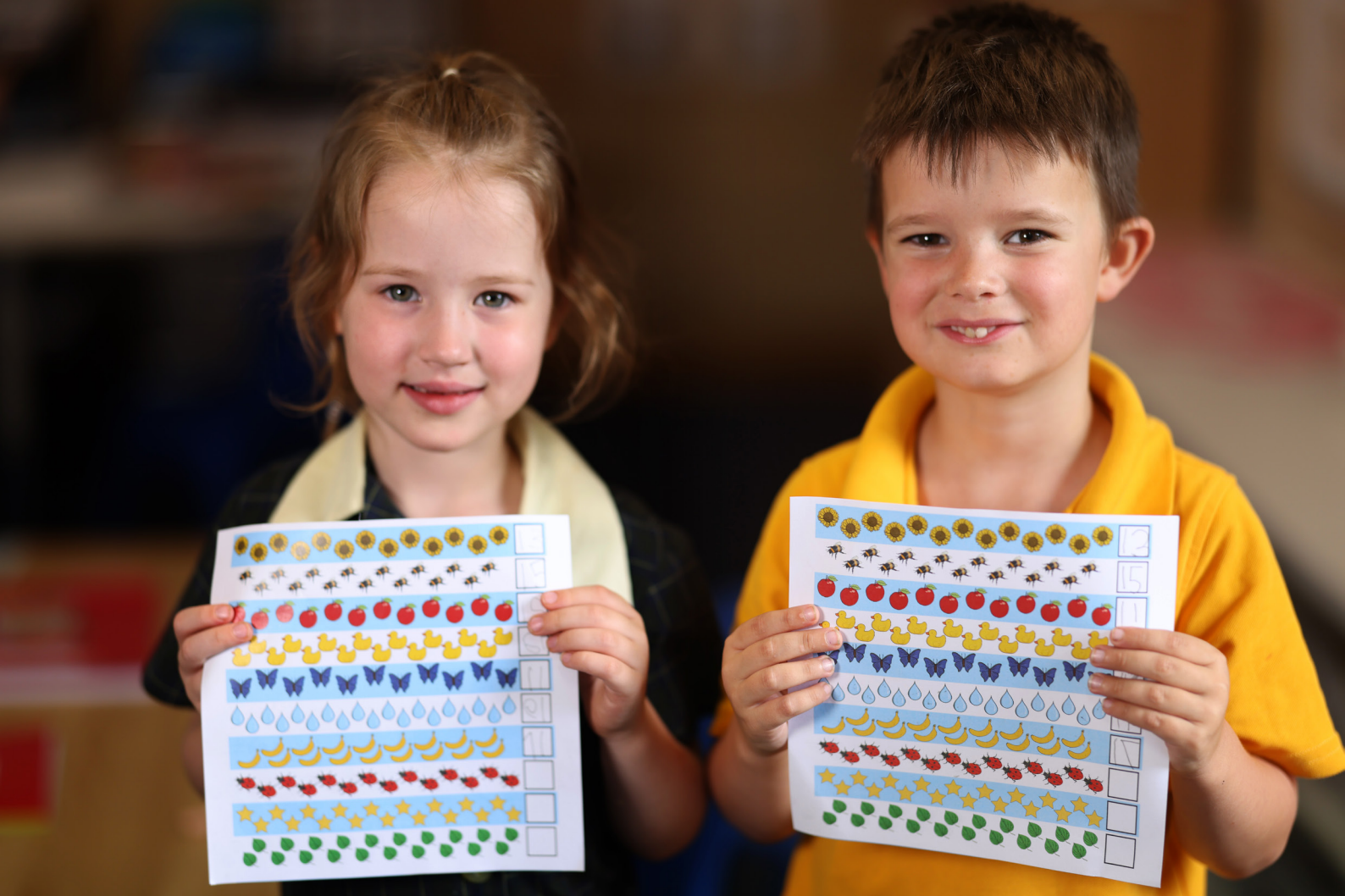


KC

Miss Chatburn







ANZAC DAY CEREMONY

Our ANZAC Day Ceremony will be held Friday 4 April via Zoom. This will be run by our School Captains and will feature a guest speaker for the Commemorative Address. The Zoom session will be open from 12.00pm. You can access the event via the link below.

ZOOM

<https://nsweducation.zoom.us/j/62865508351?pwd=fCag6qQBHP7yk7SQLVXz7riarJjXai.1>

KINDERGARTEN

INFORMATION

- 2026 -

*Starting school is such an exciting time.
We are looking forward to being part of
this journey with you!*

MINI SHOWCASE AND SCHOOL TOUR FOR PARENTS/CARERS & 2026 STUDENTS

*Tuesday 23 September
2025 9:30am - 11:00am in
the School Hall*

Come along to see and hear about some of the programs we have on offer and take part in a school tour led by our senior students.

PARENT INFORMATION EVENING IN THE SCHOOL HALL

*Thursday 23 October 2025
6:00pm*

This is an introduction to Hornsby Heights Public School and information on preparation for school. Meet the Principal and the current Kindergarten Team!

KINDERGARTEN ORIENTATION VISITS & SCHOOL TOUR

*Tuesday 18 November and
Tuesday 25 November
2025 from 9:30am to
11:00am*

Children visit Kindergarten classrooms and participate in various activities. All enrolment paperwork must be provided to be eligible to attend. Further information regarding these sessions will be provided at the Parent Information Evening (please note these sessions are for the children only). It is important that children attend both Orientation Day sessions to support the transition to school.

PRINCIPAL: Katrin Cornell
ASSISTANT PRINCIPAL: Debbie Dunn
ASSISTANT PRINCIPAL Curriculum and Instruction: Nicole Tudor



Top Nutrition = Top Marks

Welcome to SWAP IT!

SWAP IT supports you to make informed choices about your child's health and wellbeing. Good nutrition leads to greater wellbeing for your child and can even have a positive impact on how well they do in class.

One swap from a sometimes food to an everyday food can make a big difference.

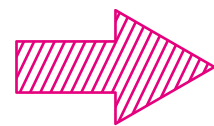
Here are some great ideas you can swap today:

- Cake to scone.
- Chips to popcorn.
- Juice to plain milk.

**SWAP
FROM**



Chocolate cake



**SWAP
TO**



Fruit scone

You will receive weekly tips and ideas about healthy swaps you can make!

For more tips on making a swap visit: www.swapit.net.au/swaps

WHAT ARE **EVERYDAY** AND **SOMETIMES** FOODS

EVERYDAY FOODS:

Provide your child with the nutrition they need to grow and develop.

Foods to eat every day include: Vegetables, fruits, dairy (and dairy alternatives), wholegrain breads and cereals, and meat (and other sources of protein).



SOMETIMES FOODS:

Provide energy, but do not provide the nutrients your child needs to grow and develop. They also contain high amounts of fat, added sugar and/or salt.



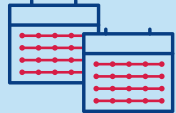
Why attendance matters

When your child misses school they miss important opportunities to:

-  Learn
-  Make friends
-  Build skills through fun

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...	they miss weeks per year	and years over their school life
1 day per fortnight 	4 weeks 	Over 1 year missed
1 day per week 	8 weeks 	Over 2.5 years missed



THE RESILIENCE PROJECT™

Parent & Carer Hub

When supporting your children's mental health, we know the best outcomes happen when we **work together** and **practise**.

Head over to our **Parent & Carer Hub** to learn more about the **evidence-based strategies** being taught in the classroom, so you can enhance their impact at home. You'll find activities you can practice to support your family's wellbeing.



[Click here](#) or scan this QR code to learn more about our **Parent & Carer Hub**.



To learn more about The Resilience project, head to:



The Resilience Project



The Resilience Project



theresilienceproject.com.au

SYDNEY
NORTH
NEWS



By **VANESSA SAKAJANI**
Hornsby Heights Public School
SPORTS COORDINATOR

Swimming superstar Isla Z. is attending the Sydney North Swimming championships today at Sydney Olympic Park. We wish her good luck as she races against others in our Area.

Congratulations to Parker N. who has made it through to the Sydney North trials for boys Softball.



Unpacking the new PDHPE syllabus – with Mrs Sakajani

The aim of PDHPE K-6 is to empower students with the essential knowledge, understanding, skills, values and attitudes to promote wellbeing and lead a safe, active and healthy life.



The learning experiences in PDHPE provide students with a range of self-management and interpersonal skills to promote and advocate for the health and wellbeing of themselves and others.

Rationale

The evidence

The syllabus for PDHPE K-6 (2024) is based on evidence highlighting that:

- the development of self-management and interpersonal skills support success in learning (Opstoel et al. 2019)

What we do at HHPS to support this:

- The Resilience Project
- UR Strong program
- Healthy Harold van visits
- Cyber Safety courses
- Taking ownership of belongings and actions
- Explicit teaching of self-management skills in PE in Yrs K-2
- Yr 3-6 PE focus every term on different self-management skills
- Social light: opportunities to interact outside of school and make connections

What you can do at home to support this:

- TRP GEM cards at home to promote emotional literacy
- TRP- engage in parent modules
- Use 'U R Strong' language
- Pinpoint at home the use of great interpersonal skills
- Encourage and support independence at home - give kids a go at things without taking over
- Develop routines
- Enrol students into sports programs to experience winning and losing
- Have conversations about what a good sport looks like
- Strategies for morning routines with less devices
- Play board games and make sure your child loses sometimes. Model how to win/lose



A big congratulations to Beth Cochrane, who recently competed at the State Little Athletics Championships, representing Northern Districts Little Athletics Club. She raced in the 1100m

Racewalk event and achieved an incredible result, finishing in 2nd place with a time of 5 minutes and 29 seconds!

Well done, Beth!

ECO GARDEN UPDATE

THE ECO GARDENERS



By **LAUREN GIAQUINTO**
Hornsby Heights Public School
TEACHER

Next committee meeting:

The Committee meets once a term via Zoom. The next meeting will be held on Monday 12th May at 7pm. For Zoom details or if you would like to find out more, please contact Julie at ecogardenhyps@gmail.com. All welcome to attend!

The Eco Garden Committee is always looking for additional helpers and welcomes all families to be involved in any capacity.

A couple of times a term the Eco Garden is open for school families to come and do some gardening and light maintenance. If you are interested in helping us out (even just for half an hour!) please wear enclosed shoes, a hat and, if possible, bring along your gardening gloves. No gardening experience required! See below for the 2 dates this term (please note the change of date of the 2nd session).

- **NEW Date - Wednesday 2nd April from 2-3:10pm** - the perfect way to kill the time while waiting to pick up your kids! Please meet Wendy in the garden once you have been to the office and signed in as a volunteer.



DO YOU....

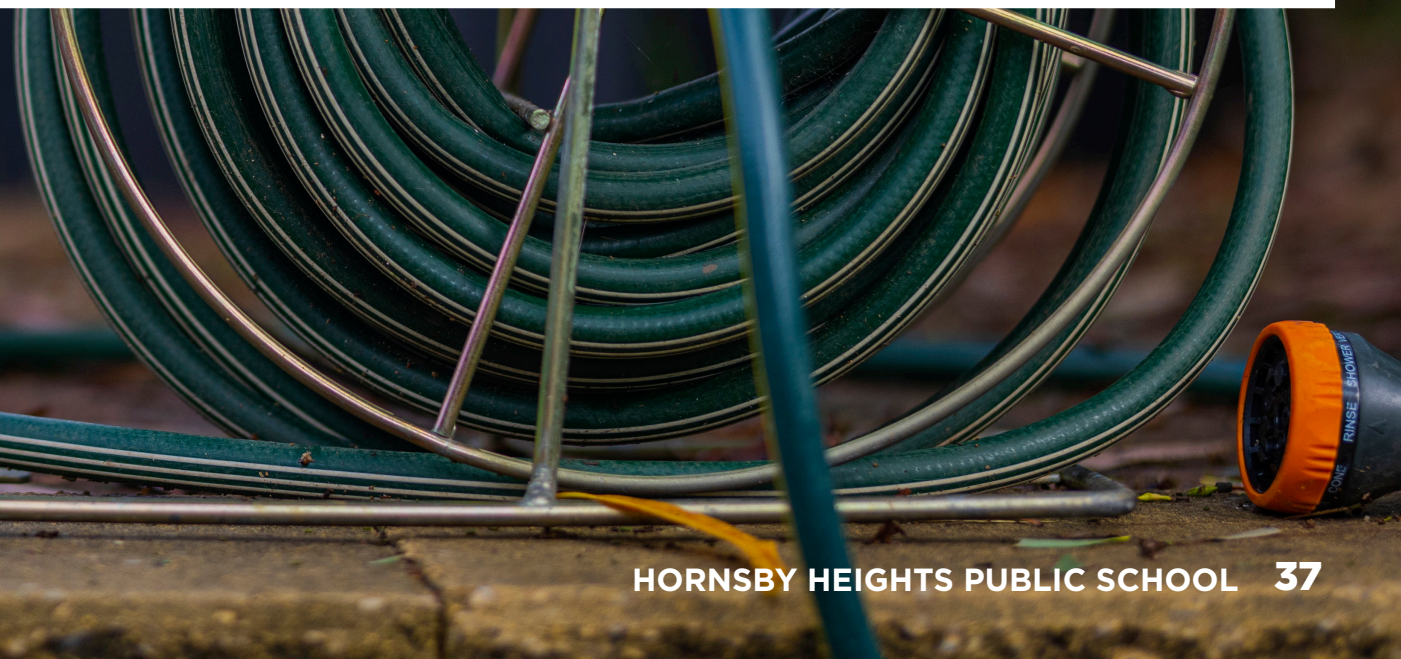
- ENJOY GARDENING?
- HAVE HALF AN HOUR TO SPARE?
- WANT TO HELP OUT OUR AMAZING SCHOOL?

THE ECO GARDEN NEEDS YOU!



- ✱ Come down to the Eco Garden to help with some light gardening on:
 - **Saturday 15th March from 2-4pm** (kids must be accompanied by an adult)
 - **CHANGE OF DATE - Now Wednesday 2nd April from 2-3pm** (a great way to help out while waiting to pick up your kids! Please sign in at the office)
- ✱ **MORE INFO**
See the HHPS Newsletter
or contact Julie at ecogardenhyps@gmail.com







3 Expectations

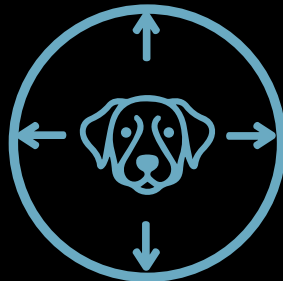
It's easy as 1,2,3 to help our Well-being Dog to learn to relax.

1

Hi!

We say hello to
the person,
not the dog!

2

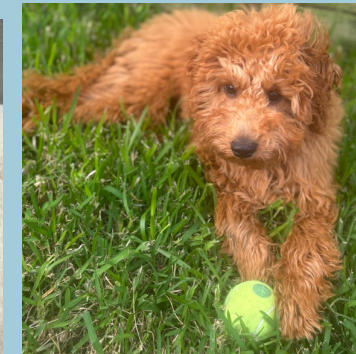
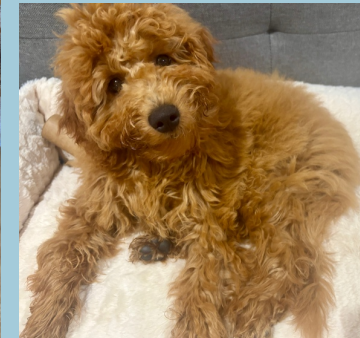


We give lots of
space when we
pass the dog!

3



We keep moving
(we don't stand
around
and stare).



An update from Poppy

I am nearly 6 months old already! I'm getting bigger each day (not too big – I'm still a small puppy) and I'm getting to go and explore lots of different places such as the beach, outdoor markets, Bunnings, and cafes (I LOVE having a pup cup as a treat).

Things I like:

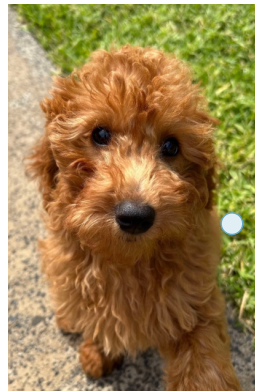
- Playing with my toys (my favourite is my tug rope)
- Eating boiled eggs
- Ice cubes – I love playing with them and crunching on them!
- Waking Miss Ridley up very early in the morning
- Stealing socks and running away with them
- Meeting new people
- Having playdates with my best friend, Glenny (there's a picture of us together at the top!)
- Digging holes in the sand at the beach
- Playing in my tunnel
- Watching The Lion King – it's my favourite movie!

Things I dislike:

- Going to sleep when it's bedtime
- Having a bath
- Returning the ball to Miss Ridley – I make her come and get it instead
- Very loud and sudden noises
- Putting my toys in my toy box – I prefer to scatter them all around the house

I can't wait to meet everyone in Term 2!

Essential Learnings – Term 1 Week 10



Please read this fortnight's essential learnings and talk about them with your child/children.

These are very important to help me feel safe and relaxed when I come to work at HHPS.

Stress Signs in Dogs

- We need to notice when Poppy is showing signs of feeling stressed.

Level 1 (Blue Zone)	Level 2 (Yellow Zone)	Level 3 (Red Zone)
• Yawning • Lip licking • Looking away • Turning away	• Panting • Shaking • Showing the whites of her eyes • Tense body • Closed mouth	• Low growling • Showing her teeth

- When Poppy is stressed, we need to give her lots of space and keep the environment quiet.

Showing Teeth

- Dogs are different to humans. If Poppy shows her teeth this does not mean she is smiling. It means she is stressed and needs some space.

Barking and Growling

- Dogs bark or growl to tell us something. They might be scared, excited or happy
- Poppy loves to growl when playing with her toys. This doesn't mean she is angry.



GUIDE DOGS

Students in Years 3 - 6 were lucky enough to have a few special visitors at their morning assembly lines on Thursday last week. Sarah, a Kindy parent here at HHPS, and her guide dog, Zali (along with Karlee and her guide dog, Isla) spoke to the students about the role of guide dogs and how we behave around them.

Sarah explained that guide dogs are working dogs so when we see Sarah and Zali at school, it is important not to distract Zali from her important work. We don't approach Zali and we don't pat her.

We are grateful to Sarah and Zali for helping us understand the significance of guide dogs and the importance of respecting their work.

P&C MEETING

**This WEDNESDAY 2nd April.
7pm in the teacher's staffroom.**

(enter via the doors near lost property)

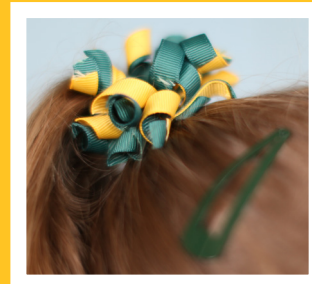
ALL WELCOME!

If your child enjoyed the school disco last Friday and you'd like to be involved with future events - come on by!

We look forward to seeing you there!

Summer Uniform

HORNSBY HEIGHTS PUBLIC SCHOOL



Girls

- Bottle green/navy/yellow plaid check dress
- Bottle green culottes and gold polo shirt
- Bottle green jacket, sloppy joe or jumper
- White short socks (socks must be visible)
- Black school shoes

Boys

- Gold short sleeve polo shirt
- Grey shorts
- Grey short socks with green/gold band
- Bottle green jacket, sloppy joe or jumper
- Black school shoes

Sports Uniform

HORNSBY HEIGHTS PUBLIC SCHOOL



Girls

- Bottle green shorts
- Polo shirt in house colour
- Sports shoes and white socks
- Green track pants (in winter)

Boys

- Bottle green shorts
- Polo shirt in house colour
- Sports shoes and white socks
- Green track pants (in winter)

Asquith Boys High School and Asquith Girls High School upgrade

Planning update | March 2025

Investing in our schools

As part of the NSW Government's plan to rebuild public education, the 2024-25 Budget is delivering record education funding, including \$8.9 billion for new and upgraded schools. This targeted investment will ensure growing communities get access to a world-class public education.

Project overview

From 2026, Asquith Boys High School and Asquith Girls High School will transition to become 2 standalone co-educational Years 7–12 high schools accepting Years 7, 9 and 11 from 2026 and all cohorts from 2027.

This follows comprehensive community consultation undertaken by the NSW Department of Education in the Hornsby-Berowra surrounding area school communities.

A project to upgrade the schools to ensure they are fit-for-purpose is now in planning. The project will deliver upgraded facilities including adjustments to the schools' IT and administration systems, new signage and specialist classrooms, as well as toilet and changeroom facilities.

We will share more information with the local community as the project progresses.

Progress summary

The department has been working closely with the schools' leadership teams to develop early designs for the project to ensure the right school facilities are designed for each school community.

A Project Reference Group (PRG) has been established for the project and includes representatives from the Department of Education, school Principals, the Director Educational Leadership, planners, and design professionals.

The role of the PRG in the planning phase is to make recommendations and provide key information from an operational, educational and logistics perspective, to ensure the needs of the schools can best be met within the scope of the project.

Next steps

Designs for the upgrade will be progressed and shared with the community as they are further developed.

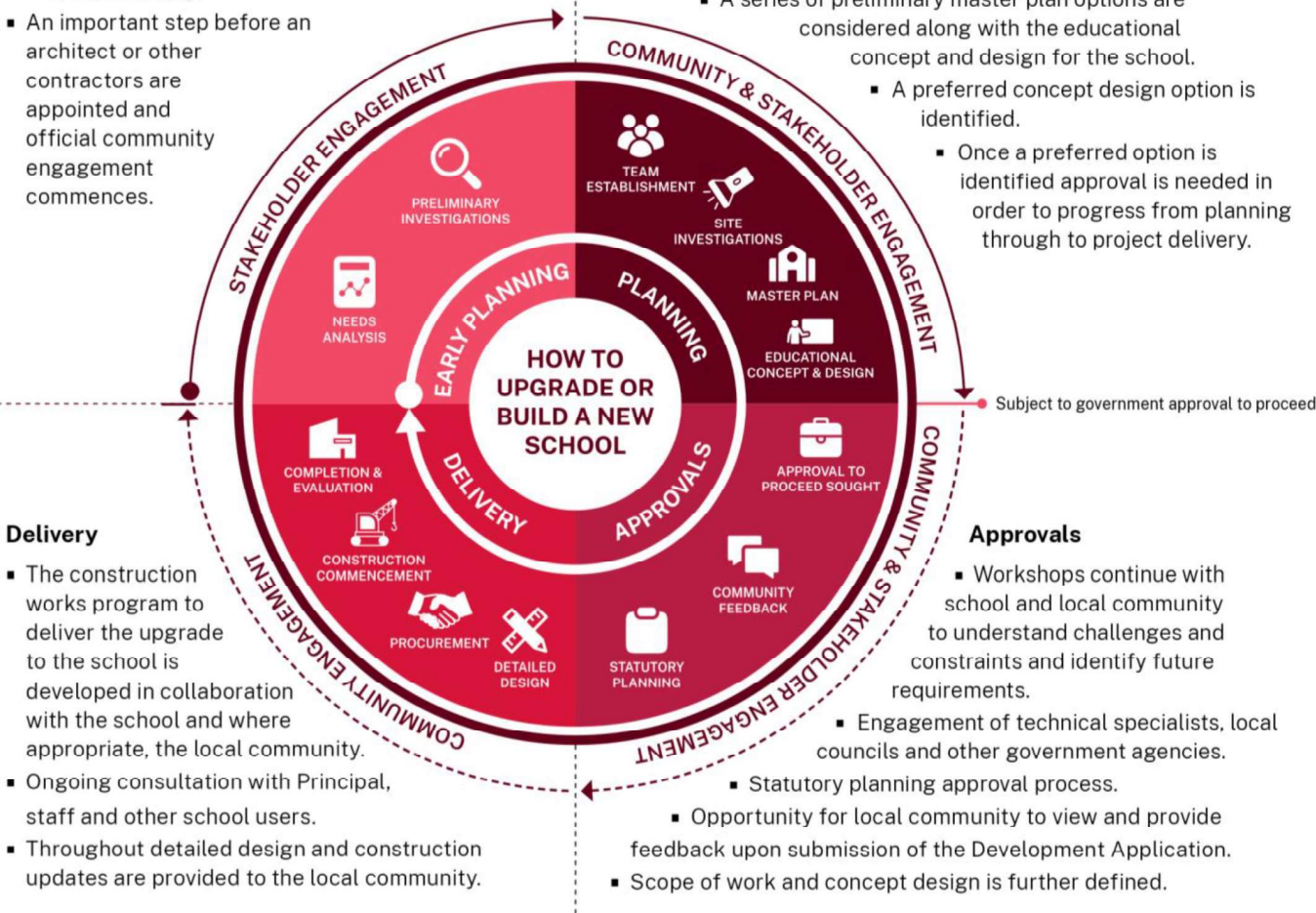
This project is in the early planning stage. The information below takes you through the journey of upgrading or building a new school.

Early planning

- Consideration and studies of demographic trends, education requirements, the condition of the existing school buildings, catchment boundaries, heritage requirements, transport links and partnership opportunities.
- Doing so means that we:
 - consider the needs of the local area now and into the future.
 - ensure the right school is designed for the community.
- An important step before an architect or other contractors are appointed and official community engagement commences.

Planning

- Consultants such as architects and project managers are appointed.
- Investigation and review of site and development of master plan options.
- Master planning considers options for the general size, shape and form of buildings for a specific school site.
- A Project Reference Group (PRG) is established.
- Operational, educational and service delivery factors are understood and considered by the PRG.
 - A series of preliminary master plan options are considered along with the educational concept and design for the school.
 - A preferred concept design option is identified.
 - Once a preferred option is identified approval is needed in order to progress from planning through to project delivery.



Delivery

- The construction works program to deliver the upgrade to the school is developed in collaboration with the school and where appropriate, the local community.
- Ongoing consultation with Principal, staff and other school users.
- Throughout detailed design and construction updates are provided to the local community.

Approvals

- Workshops continue with school and local community to understand challenges and constraints and identify future requirements.
- Engagement of technical specialists, local councils and other government agencies.
- Statutory planning approval process.
- Opportunity for local community to view and provide feedback upon submission of the Development Application.
- Scope of work and concept design is further defined.

Frequently asked questions

1. What is the school intake area?

The new 2026 local intake area has been uploaded to School Finder. This can be accessed at schoolfinder.education.nsw.gov.au/.

Students in the local intake area for the below primary schools will feed into the currently named Asquith Boys High School:

- Hornsby Heights Public School
- Hornsby North Public School
- Hornsby South Public School
- Mount Colah Public School.

Students in the local intake area for the below primary schools will feed into the currently named Asquith Girls High School:

- Asquith Public School
- Mount Kuring-gai Public School
- Berowra Public School
- Brooklyn Public School
- Cowan Public School
- Wideview Public School.

2. When will the transition take place?

In 2026, Years 7, 9 and 11 will be co-educational as aligned with the school's new catchment areas. New students enrolling in Years 8 and 10 in 2026 will join either Asquith Girls High School or Asquith Boys High School as per the school's current single-sex designation and transfer to their local school in 2027. Families will be supported to ensure a smooth and cost-free transition in these cases. In 2027, each school will be fully co-educational for Years 7-12.

3. Will students who were enrolled prior to 2026 be required to move schools?

No student who attends either Asquith Girls High School or Asquith Boys High School in 2025 will be required to change schools. While it is expected that most students will transition to their "local" site, a process will be established to enable students, where necessary, to remain at their current school site.

4. What will the schools be called?

A consultation process following departmental guidelines will take place with students, parents and staff, and the local AECG and elders, to determine the new name for both schools. Consultation will begin in Term 1.

In line with the department's policy, the school community will also be consulted on issues such as uniform, logo and other important aspects of the school.

More information



You can find more information about the project at edu.nsw.link/AsquithBGHS-upgrade or by scanning the QR code.

If you have any questions about this project, you can contact School Infrastructure during business hours on the contact details below.

Email: schoolinfrastructure@det.nsw.edu.au
Phone: 1300 482 651
schoolinfrastructure.nsw.gov.au



Parent/Carer workshops

Positive Partnerships Parent/Carer workshops provide the opportunity for participants to learn and share with and from other parents and carers of school-aged children on the autism spectrum.

The workshops are designed to help you understand your young person and foster productive school, family and community relationships.

Participants can access the following workshop types:

- 1 day (in person)
- 2 days (in person)
- Online sessions (covering a variety of topics)



Free to attend

Topics explored include:

Diversity of autism

- examines parent's knowledge of autism and how autism directly impacts their child at home and school
- investigates a range of practical strategies to use at home and school to improve learning outcomes

Working together

- examines ways for parents to strengthen partnerships between home, school and community
- increases awareness of support and services for families and how they can be accessed
- explores ways parents can advocate more effectively for their child's needs
- helps parents develop a plan for moving forward

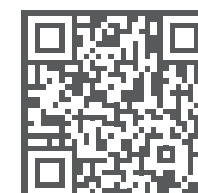
Understanding sensory processing

- explores sensory processing and the different ways children on the autism spectrum can be impacted by sensory needs
- identifies strategies that can be used to help manage and support children experiencing sensory processing issues

Understanding behaviour

(only offered at our 2-day workshop)

- examines the function/purpose of behaviours
- recognising that understanding behaviour is the key to supporting children on the autism spectrum
- explore tools and strategies to understand and respond helpfully to our young people



Scan the QR code for more information about our workshops and resources.

“

Such supportive and knowledgeable presenters - I feel much more engaged and informed about Autism and where I am better equipped to help my child(ren)! Thank you so much for the opportunity to attend this informative workshop.

(Sandgate Qld - 2 day PC)

”

www.positivepartnerships.com.au

This initiative is funded by the Australian Government Department of Education through the Helping Children with Autism package. The views expressed within this program do not necessarily represent the views of the Australian Government or the Australian Government Department of Education.

Go4Fun Online

Free 10-week family healthy lifestyle program for NSW primary school-aged children.

Your family's health goals, your way.

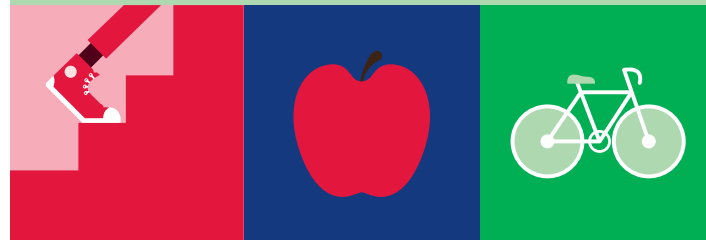
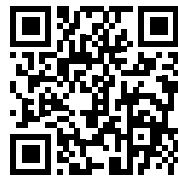
Join now



go4funonline.com.au



1800 780 900



GIRL GUIDES MEETS NEAR YOU

Would you like your daughter to develop her leadership skills? Learn to work in a team and build confidence and friendships?

Be aware of giving back to the community?

Learn practical skills? Be environmentally aware?

Then Girl Guides may be where she belongs



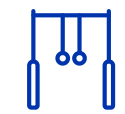
Waitara Girl Guides

waitarajg@girlguides-nswactnt.org.au



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at Flower Power

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APRIL

MONDAY 14 – THURSDAY 17
TUESDAY 22 – THURSDAY 24

ONE CLASS PER DAY!
EXCLUDES PUBLIC HOLIDAYS & WEEKENDS



Kids of all ages must be accompanied by an adult. No bookings required, however large groups are encouraged to call your local store.
For more information go to flowerpower.com.au

OPEN DAY



GIRL GUIDES AUSTRALIA NSW ACT NT

Mt Colah Girl Guides

Why do Girl Guides exist? Because Girls do
What does that mean? Come to our open day to find out!

-  Tuesday 8th April, 5:45-7:15pm
-  All ages & families welcome
All children visiting must be accompanied by an adult
-  Mt Colah Guide & Scout Hall
Pierre Close, Mt Colah
-  Can't make it but want to find out more?
Contact: MtColahDM@girlguides-nswactnt.org.au or
visit www.girlguides-nswactnt.org.au

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SKILL DEVELOPMENT
SHAPE LEADERS OF TOMORROW
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