

HERONS CREEK PUBLIC SCHOOL NEWSLETTER

TERM 3 WEEK 8

Monday 8th September 2025

Term 3

Date	Event
Tues 9th Sept	- Mrs C & Miss Browne will be offsite attending Professional Learning - Mentally Fit Parenting in a Digital World – Free Online Webinar (see pg 4 of newsletter for registration details)
Wed 10th Sept	Mrs C & Miss Browne will be offsite attending Professional Learning
Thurs 11th Sept	Mrs C & Miss Browne will be offsite attending Professional Learning
Fri 12 th Sept	Sporting Schools Taekwondo sessions begin
Fri 19 th Sept	Sporting Schools Taekwondo sessions begin
Mon 22 nd Sept	- Canteen - Concert Band performance
Fri 26 th Sept	- Sporting Schools Taekwondo sessions begin - Library Van - return only - Last day of Term 3



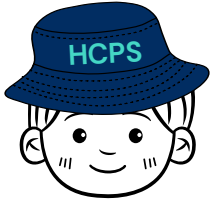
Term 4

Date	Event
Tues 14 th Oct	First day of Term 4 for students
Wed 29 th Oct	You are a Doughnut @ the Glasshouse (Years 3-6)

Be Safe, Be Responsible, Be Respectful and Work as a Team

School Hats

Please ensure your child has their school hat each day and that it is clearly labelled with their name. If you need to purchase a new school hat, please see Cianne in the office. If a student does not have their school hat, they must remain undercover during break times and will not be able to participate in games on the oval. Due to hygiene reasons, students can no longer borrow spare hats.



There is still an unclaimed school hat that was left behind on our Connecting to Country excursion last term. Please see Cianne in the office if it is yours.

Online Safety for Kids

We all want our children to be safe when learning and playing online. eSafety Commissioner provides information and tools to parents and carers to help keep children safe online.

Children can learn, explore, play and make friends online. But there can be risks. Your child might accidentally see upsetting content, be contacted by strangers or experience bullying. Here are some easy things you can do to help keep children safe online.

Talk about online safety as a family: Let your child know they can always come to you if something happens online that makes them feel scared or upset.

Set up family rules together: As a family, you can choose some easy rules to help keep everyone safe online. You can include things like where devices can be used, what games and apps your children can use, and how much time can be spent online. Most devices and apps have features to set limits on how they are used.

Know where to get help: If you need help with an online issue and you are not sure what to do, talk about it with someone you trust, like a friend or a teacher at your child's school. You can also speak to someone at [1300 1300 52](https://www.1300130052.org.au/) | [Parent Line NSW](https://www.parentline.nsw.gov.au/) for help with parenting challenges.



Book Club

Cash orders for issue #6 were due back to the office today.

If you would still like to place an order, you can do so online via [Book Club LOOP](#) for parents until the 12th September.



Important Bushfire Season Notice – Starting 1 October 2025

As we approach the upcoming bushfire season, Herons Creek Public School would like to remind our community of important safety procedures in place.

Herons Creek Public School is classified as a Category 1 school. This means that when the NSW Rural Fire Service (RFS) declares a Catastrophic Fire Danger rating for our area, the Department of Education will direct Category 1 schools to proactively temporarily cease school operations for the following day to ensure the safety of all students and staff.

In the event of an evacuation, our designated off-site evacuation point is Camden Haven High School. Please ensure your family is aware of this location and the procedures that may be followed during a bushfire emergency.

We encourage all families to stay informed by monitoring RFS warnings and communications from the school as the bushfire season progresses. Your safety is our highest priority. Thank you for your cooperation and support in keeping our school community safe.

Canteen

Our wonderful canteen ladies, Kerrie and Trish, would love to hear from our students! If you have any ideas or favourites you'd like to see added to the menu, please let them know.

Your feedback helps make the canteen a place everyone enjoys—so don't be shy, share your tasty suggestions using the link below! Feedback link closes on the 12th Sept.

[Give your feedback here](#)



Be Safe, Be Responsible, Be Respectful and Work as a Team

Invitation: Mentally Fit Parenting in a Digital World – Free Online Webinar

Dear Parents and Carers,

We're excited to invite you to a special online event:

Mentally Fit Parenting in a Digital World

 Date: Tuesday, 9th September

 Time: 7:00 – 8:00 pm

 Online via Zoom

 Register: <https://events.humanitix.com/mentally-fit-parenting-in-a-digital-world>



[Register](https://events.humanitix.com/mentally-fit-parenting-in-a-digital-world)

This free webinar is designed especially for parents, carers, and teachers who are also parents. The session will provide practical tools and strategies to help families thrive in today's ever-connected world, focusing on building mental fitness and creating stronger connections at home.

We encourage you to join us for this valuable opportunity to support your family's wellbeing.

Please feel free to share this invitation with others you feel would be interested.

Warm regards,
Georgia Brown
Senior Program Manager
Gotcha4Life Foundation

What category is Herons Creek Public School classified as in relation to Bush Fire?
In the event of an evacuation, where is our designated off-site evacuation point?



Be Safe, Be Responsible, Be Respectful and Work as a Team

Royal Life Saving – Project Elevate

Our students will have the opportunity to participate in the Royal Life Saving Program, Project Elevate, during Term 4. This important program focuses on water safety and lifesaving skills to help keep our students safe.

Please note that participation requires online registration and completion of a pre-program survey. Information about the program and the registration/survey link were emailed to parents & carers last week – Wed 3rd Sept. An activity permission is also available in Sentral.

We encourage you to complete the registration and survey asap. Please note that parents of all students are requested to participate in the survey (not just those of yr 2 students). If you have any questions, please do not hesitate to reach out to staff.



Don't miss a thing, don't be behind,
Sentral's updates keep you aligned.

Why do some parents never miss a thing?
Because with Sentral, they know what to bring!

From events to notes, it's all in sight,
Check it regularly—and you'll get it right!

When there's a note or task to do,
Sentral's there to guide you through.

Respond, reply, don't delay,
With Sentral you can be prepared for everyday!

COMMUNITY NOTICES

**COULD YOU
FOSTER ME?**

WE NEED YOUR HELP

"Help a child find their Path, with Pathfinders"



Foster Carers needed now

Pathfinders' foster care team is urgently seeking new or existing foster carers to provide full-time or short-term care for children aged 0-17 across the Mid North Coast and regional NSW.

Considering becoming a carer?

Our friendly team are ready to answer your questions. Whether you're looking to start the process of becoming a registered carer or just wanting more information, our team can help.

 **1800 314 199**

 **fostering@pathfinders.ngo**

 **www.pathfinders.ngo**



Download our free information pack

Two trial nights in September for children to try all things Little Athletics, before club competition commencing in October (at the start of term 4).



WANT YOUR KIDS OUTDOORS, ACTIVE AND HAVING FUN THIS SUMMER?

enjoy Wednesday afternoons with your family by the river at

CAMDEN HAVEN LITTLE ATHLETICS



**THE 2025-2026 SEASON WILL COMMENCE WITH TWO TRIAL NIGHTS:
WEDNESDAY 17TH & 24TH OF SEPTEMBER FROM 4:30PM - 6:30PM**

SEASON REGISTRATIONS:
TINY TOTS (4-5 Y): \$110 U6 - U17: \$130

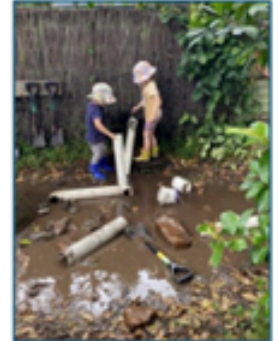
REGISTER HERE:
<https://www.revolutionise.com.au/camdenlaa>

FOR MORE INFO OR TO VIEW OUR INFO BOOKLET

 **CAMDEN HAVEN LITTLE ATHLETICS**  **CHLA2443@GMAIL.COM**



COMMUNITY NOTICES



Kendall Community Preschool



Enrol now for 2026

Children aged 3-5 years

We pride ourselves in connection to community, our sustainable practices and nature-based play and learning, advocating for children's voices in shared curriculum decisions, building secure and respectful relationships, and preparing children for school and the wider world.

PreLit



We now offer preschoolers in the year prior to school, participation in our PreLit program presented by trained educators.



Please contact us to arrange a visit and for further information.

Email: kendallpreschool@bigpond.com Website: kendallpreschool.org.au Phone 65594555.

Our orientation day will be hosted in November for newly enrolled children.

COMMUNITY NOTICES

• Camden Haven Anglican Church Presents •

**Saturday
13 Sep 2025
7am to 1pm**

All monies raised goes to supporting Youth and mission activities , both local and abroad.

SPRING FESTIVAL

Raising support for youth and mission - local and abroad

**Kids Activities • Food • Cakes
Plants • Crafts • Books • Games
Garage Sale • Live Music**

2 Mission Terrace, Lakewood
T: 6559 5036 • E: info@havenanglican.com
www.havenanglican.com

COMMUNITY NOTICES

People First Allied Health
"Care Tailored To You"



- Support Coordination (Level 2 & Level 3)
- Recovery Coaching
- Psychology
- Physiotherapy
- Occupational Therapy
- Speech Pathology
- Positive Behaviour Support
- Education and Training



 **Interested?**
Email us at
info@peoplefirstalliedhealth.com.au
to express your interest or find out more.

Let's build safer, more supportive communities together.

 www.peoplefirstalliedhealth.com.au
Call us on 1300 850 407

We are dedicated to providing personalised care to help you achieve your goals and improve your well-being.

People First Allied Health – Supporting you with care that's tailored to your unique needs.

Contact us today!

Email referrals to:

info@peoplefirstalliedhealth.com.au

Call us on 1300 850 407



Click here for [Referral Form](#)

 Hello from People First Allied Health!

We're excited to let you know that we now have immediate availability to support NDIS participants with a range of allied health services — with fast turnaround times and a simple referral process.

 Now Available:

- Functional Capacity Assessments (FCAs)
- ➤ Quick report turnaround: 2–3 weeks
- Psychology Services
- ➤ Assessments & ongoing therapy sessions
- Speech Pathology
- ➤ Assessments & therapy sessions for all ages
- Support Coordination (Level 2 & 3)
- ➤ Immediate openings
-  Serving Self-Managed and Plan-Managed NDIS participants

 Why Choose Us?

✓ No long waitlists

✓ Fast, high-quality reports – ideal for plan reviews & funding applications

✓ Friendly and experienced team

✓ Easy referral process

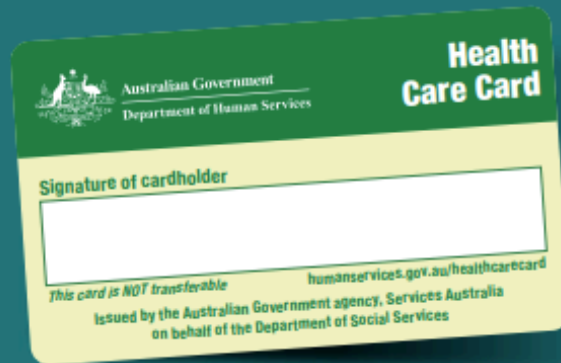
 How to Refer:

1. Complete the referral form (attached)
2. Email to:
info@peoplefirstalliedhealth.com.au
3. We'll contact the participant directly to get started

COMMUNITY NOTICES



Saver Plus delivered by The Smith Family — starting the savings journey now so you can reap \$500 in matched savings by July, ready to cover school excursions, laptops, and other education costs



Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



1300 610 355 saverplus.org.au



TSP 25

COMMUNITY NOTICES

OFFICIAL LAUNCH

free live
stream

MONDAY 8 SEPTEMBER
11.30AM - 12PM

Launch of National Child Protection Week



 Australian Government
Department of Social Services



**2025 NATIONAL CHILD
PROTECTION WEEK**

NAPCAN

WEBINAR SERIES

free live
stream

TUESDAY 9 SEPTEMBER
11.30AM - 12.45PM

Unpacking Netflix's Adolescence: building healthier masculinities in today's online world



 Australian Government
Department of Social Services



**2025 NATIONAL CHILD
PROTECTION WEEK**

NAPCAN

[Register at napcan.org.au](https://napcan.org.au)

WEBINAR SERIES

free live
stream

AIFS x NAPCAN

WEDS 10 SEPTEMBER
1PM - 2PM

Preventing childhood emotional abuse: Prioritising action



 Australian Government
Department of Social Services



**2025 NATIONAL CHILD
PROTECTION WEEK**

NAPCAN

WEBINAR SERIES

free live
stream

Anglicare x NAPCAN

WEDNESDAY 22 OCTOBER
11.30AM - 12.45PM

What Children Tell Us: Listening, Trusting, and Taking Action



 Australian Government
Department of Social Services



**2025 NATIONAL CHILD
PROTECTION WEEK**

NAPCAN