

HERONS CREEK PUBLIC SCHOOL NEWSLETTER

TERM 3 WEEK 7

Monday 1st September 2025

Term 3

Date	Event
Tues 2 nd Sep	Yr 6 Peer Support session
Wed 3rd Sept	School Photo Day
Mon 8 th Sep	- Book Club orders due - Issue #6 - Canteen



School photos are on Wednesday!



If you haven't already done so, please ensure you return your child's envelope to the office by Wednesday (even if you are not ordering photos).

Online Payments – Parents can pay online before School Photography Day. An online order code is located on each students envelope.

Sibling Photos – the online ordering of sibling photos will be temporarily disabled one working day prior to photo day and re-open after all photo days are finalised. If you wish to pay for sibling photos with cash, please see Cianne in the office for an envelope.

If your child has both the older style shirt (with white) and the newer teal shirt, please ensure they **wear the newer style on photo day** – Thank you

[Place orders here](#)

SASS Week: 1st – 5th September



Celebrating the Heart of Our School: Honouring Our Dedicated School Administrative & Support Staff. At the core of our school community is a team of exceptional support staff whose dedication and hard work ensure the smooth running of our daily operations and create a nurturing environment for our students and staff alike. Today, we proudly recognise and celebrate the invaluable contributions of Cianne, Hannah, Peter (Mr B), Sally, Silvia, and Peter, whose commitment and passion go far beyond their job descriptions.

Cianne – Our School Administration Manager

Cianne is the backbone of our school's administration. From managing enrolments and coordinating communication between staff, students, and parents, to overseeing the complex scheduling of events and resources, her organisational skills are second to none. Cianne's calm and efficient approach means that the school office runs seamlessly every day. She often stays late to ensure all paperwork is complete and is always ready with a reassuring smile, providing a welcoming face for everyone who walks through our doors.

Hannah – Student Learning Support Officer

Hannah plays a crucial role in supporting students' learning and wellbeing. She works closely with teachers to implement tailored learning plans, assist with classroom activities, and provide one-on-one support to students who need extra help. Beyond her technical duties, Hannah's empathy and patience make a profound difference in the lives of our students, encouraging them to reach their full potential.

Peter (Mr B) – General Assistant

Peter, affectionately known as Mr B, is our go-to problem solver. Whether it's setting up classrooms, maintaining school facilities, or assisting with school events, Peter's versatility and readiness to lend a hand are invaluable. He consistently goes above and beyond, often arriving early or staying late to ensure everything is in place and functioning perfectly. His dedication ensures a safe, clean, and welcoming environment that enhances the learning experience for all.

Sally – Kitchen Garden Extraordinaire

Sally brings the garden to life with her passion and expertise. She manages our kitchen garden program, teaching students the value of growing their own food, sustainability, and healthy eating habits. Sally's creative approach turns gardening into an exciting hands-on learning adventure. She often stays after hours to tend the garden and prepare lessons, inspiring students and staff alike with her enthusiasm and commitment to environmental education.

Silvia – Wellbeing Officer

Silvia is the compassionate heart of our school's wellbeing support. She helps students navigate challenges both in and out of the classroom. Silvia's approachable nature and genuine care foster a safe space where students feel heard and supported. She also works closely with families and staff to develop wellbeing initiatives that promote a positive school culture, such as Well-being Wednesday and Feel Good Friday.

Peter – Cleaner

Peter's meticulous attention to cleanliness and hygiene ensures our school remains a healthy and pleasant place for everyone. His early morning and late-night efforts often go unnoticed, but they are vital in maintaining a safe environment. Peter's pride in his work and willingness to assist with any additional tasks make him an essential member of our school community, contributing significantly to the wellbeing of students and staff.

Each of these remarkable individuals brings unique skills, unwavering dedication, and a heartfelt commitment to our school. Their hard work often happens behind the scenes, but it is the foundation on which our vibrant school community is built. We extend our deepest gratitude to Cianne, Hannah, Peter (Mr B), Sally, Silvia, and Peter for their outstanding contributions. Your efforts do not go unnoticed, and we are truly fortunate to have you as part of our team. Thank you for everything you do to make our school a better place every day.



Canteen

Canteen will be next Monday – 8th September. Please return your order forms to the office by this Friday.

Our wonderful canteen ladies, Kerrie and Trish, would love to hear from our students! If you have any ideas or favourites you'd like to see added to the menu, please let them know.

Your feedback helps make the canteen a place everyone enjoys—so don't be shy, share your tasty suggestions using the link below!

[Give your feedback here](#)



Book Club



Orders for issue #6 are due back soon.

If you would like to place an order please refer to the ways to pay on the last page of the catalogue.

Cash orders must be returned to school no later than Monday 8th September.

Wellbeing Wednesday

\$3.00 - Cup of noodles

- Chicken
- Beef
- Oriental
- Hot & Spicy



Feel Good Friday

\$2.00 - Toasties

- Cheese
- Baked Beans
- Spaghetti



Invitation: Mentally Fit Parenting in a Digital World – Free Online Webinar

Dear Parents and Carers,

We're excited to invite you to a special online event:

Mentally Fit Parenting in a Digital World

 Date: Tuesday, 9th September

 Time: 7:00 – 8:00 pm

 Online via Zoom

 Register: <https://events.humanitix.com/mentally-fit-parenting-in-a-digital-world>



[Register](https://events.humanitix.com/mentally-fit-parenting-in-a-digital-world)

This free webinar is designed especially for parents, carers, and teachers who are also parents. The session will provide practical tools and strategies to help families thrive in today's ever-connected world, focusing on building mental fitness and creating stronger connections at home.

We encourage you to join us for this valuable opportunity to support your family's wellbeing.

Please feel free to share this invitation with others you feel would be interested.

Warm regards,

Georgia Brown

Senior Program Manager

Gotcha4Life Foundation

www.gotcha4life.org

Gotcha4Life Foundation is a registered charity with the Australian Charities and Not-for-profits Commission.

What is the final question of the HCPS Canteen Menu Suggestions form requesting?
Hint: you can find the link in this newsletter



Be Safe, Be Responsible, Be Respectful and Work as a Team

Royal Life Saving – Project Elevate

We are excited to announce that our students will have the opportunity to participate in the Royal Life Saving Program, Project Elevate, during Term 4. This important program focuses on water safety and lifesaving skills to help keep our students safe.

Please note that participation requires online registration and completion of a pre-program survey. Further information about the program and the registration/survey links will be emailed to parents this week. An activity permission will also be in Sentral.

Thank you for your support in helping us provide this valuable learning experience.



Grab & go snacks

Everyday snacks are an important part of the lunchbox.

Keep snacks bite-size and easy to eat so your kids can have lots of time to play! Here are a few ideas:

- Choose snack sized vegetables that are ready to eat like baby cucumbers, snow peas and cherry tomatoes
- Choose everyday snacks that are easy to eat like wholegrain crackers, air popped popcorn, cut up fruit or reduced-fat yoghurt tubs/pouches
- Some kids may be put off by foods that are squashed. Store easily squished items like strawberries and grapes in containers. Remember to make sure the lids are easy to open!



Cherry tomatoes



Snow peas



Reduced-fat yoghurt



Air popped popcorn



Fruit cup in natural juice

COMMUNITY NOTICES

**COULD YOU
FOSTER ME?**

WE NEED YOUR HELP

"Help a child find their Path, with Pathfinders"



Foster Carers needed now

Pathfinders' foster care team is urgently seeking new or existing foster carers to provide full-time or short-term care for children aged 0-17 across the Mid North Coast and regional NSW.

Considering becoming a carer?

Our friendly team are ready to answer your questions. Whether you're looking to start the process of becoming a registered carer or just wanting more information, our team can help.

 **1800 314 199**

 **fostering@pathfinders.ngo**

 **www.pathfinders.ngo**



Download our free information pack

Two trial nights in September for children to try all things Little Athletics, before club competition commencing in October (at the start of term 4).



WANT YOUR KIDS OUTDOORS, ACTIVE AND HAVING FUN THIS SUMMER?

enjoy Wednesday afternoons with your family by the river at

CAMDEN HAVEN LITTLE ATHLETICS



**THE 2025-2026 SEASON WILL COMMENCE WITH TWO TRIAL NIGHTS:
WEDNESDAY 17TH & 24TH OF SEPTEMBER FROM 4:30PM - 6:30PM**

SEASON REGISTRATIONS:
TINY TOTS (4-5 Y): \$110 U6 - U17: \$130

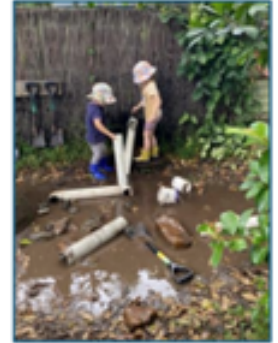
REGISTER HERE:
<https://www.revolutionise.com.au/camdenlaa>

FOR MORE INFO OR TO VIEW OUR INFO BOOKLET

 **CAMDEN HAVEN LITTLE ATHLETICS**  **CHLA2443@GMAIL.COM**



COMMUNITY NOTICES



Kendall Community Preschool



Enrol now for 2026

Children aged 3-5 years

We pride ourselves in connection to community, our sustainable practices and nature-based play and learning, advocating for children's voices in shared curriculum decisions, building secure and respectful relationships, and preparing children for school and the wider world.

PreLit



We now offer preschoolers in the year prior to school, participation in our PreLit program presented by trained educators.



Please contact us to arrange a visit and for further information.

Email: kendallpreschool@bigpond.com Website: kendallpreschool.org.au Phone 65594555.

Our orientation day will be hosted in November for newly enrolled children.

COMMUNITY NOTICES

• Camden Haven Anglican Church Presents •

**Saturday
13 Sep 2025
7am to 1pm**

All monies raised goes to supporting Youth and mission activities , both local and abroad.

SPRING FESTIVAL

Raising support for youth and mission - local and abroad

**Kids Activities • Food • Cakes
Plants • Crafts • Books • Games
Garage Sale • Live Music**

2 Mission Terrace, Lakewood
T: 6559 5036 • E: info@havenanglican.com
www.havenanglican.com

COMMUNITY NOTICES

You Are A Doughnut was due to perform at the Glasshouse in May 2025, however due to major weather events the production was unable to go ahead. We have fortunately been able to reschedule this event, and in addition to our education shows, have been able to secure a general public afternoon performance.

YOU ARE A DOUGHNUT

Tuesday 28 October, 5pm

Website Link – [You Are A Doughnut – Glasshouse Port Macquarie](#)

Show Trailor – <https://youtu.be/mb8NoXhOEKO>

**** Herons Creek PS has tickets booked for the students in the Primary class for Wed 29th Oct****

You Are A Doughnut

Tuesday 28 October, 5pm

FAMILY FUN

BOOK NOW:

02 6581 8888 | glasshouse.org.au



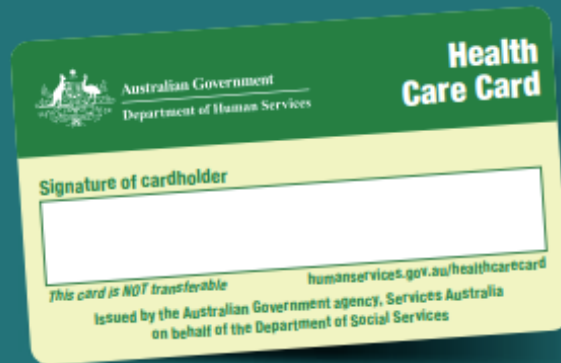
GLASSHOUSE PORT MACQUARIE



COMMUNITY NOTICES



Saver Plus delivered by The Smith Family — starting the savings journey now so you can reap \$500 in matched savings by July, ready to cover school excursions, laptops, and other education costs



Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



1300 610 355 saverplus.org.au



TSP 25

COMMUNITY NOTICES

OFFICIAL LAUNCH

free live stream

MONDAY 8 SEPTEMBER
11.30AM - 12PM

Launch of National Child Protection Week



 Australian Government
Department of Social Services



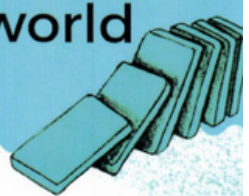
2025 NATIONAL CHILD
PROTECTION WEEK

WEBINAR SERIES

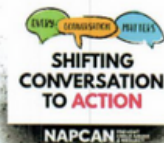
free live stream

TUESDAY 9 SEPTEMBER
11.30AM - 12.45PM

Unpacking Netflix's Adolescence: building healthier masculinities in today's online world



 Australian Government
Department of Social Services



2025 NATIONAL CHILD
PROTECTION WEEK

[Register at napcan.org.au](https://napcan.org.au)

WEBINAR SERIES

free live stream

AIFS x NAPCAN

WEDS 10 SEPTEMBER
1PM - 2PM

Preventing childhood emotional abuse: Prioritising action



 Australian Government
Department of Social Services



2025 NATIONAL CHILD
PROTECTION WEEK

WEBINAR SERIES

free live stream

Anglicare x NAPCAN

WEDNESDAY 22 OCTOBER
11.30AM - 12.45PM

What Children Tell Us: Listening, Trusting, and Taking Action



 Australian Government
Department of Social Services



2025 NATIONAL CHILD
PROTECTION WEEK