

HERONS CREEK PUBLIC SCHOOL NEWSLETTER

TERM 3 WEEK 4

Monday 11th August 2025

Term 3

Date	Event
Mon 11 th Aug	Canteen
Thurs 21 st Aug	Library Van Visit
Fri 22 nd Aug	Pyjama Day - Stewart House fund raiser
Wed 3rd Sept	School Photo Day



Thank You for Joining Us for Education Week!

We want to express our gratitude to the families who visited our primary class on Friday for Education Week. We hope you enjoyed seeing your child's project work and watching some of their experiments, as they truly loved having you here with them.

Your support makes a big difference in their learning journey!

Who was impressed with the demonstration of our Primary classroom headphones?



Be Safe, Be Responsible, Be Respectful and Work as a Team

Stewart House – Pyjama Day



On Friday 22nd August 2025, we will be participating in the first-ever Stewart House Pyjama Day!

It's a fun way for students to ditch their uniforms for PJs, all while helping other kids who desperately need a break.

By participating in Pyjama Day, our school community can help continue this vital work, giving kids a safe place to rest, heal, learn and build brighter futures.

If your child would like to participate, please make sure they wear underwear & clean pyjamas, wear their school shoes and bring a gold coin donation.

It is not compulsory, so if they prefer not to join in, they can wear their school uniform as usual.

We look forward to a cosy and fun day!



Wellbeing Wednesday & Feel Good Friday

Running low on lunch supplies or can't find anything your kids want to eat?

No worries!

On Wednesday and Friday mornings, students can visit our Wellbeing Officer, Silvia at the canteen between 8:45am and 8:55am to place and pay for their lunch order. Options include noodles or a toastie.

Wellbeing Wednesday	Feel Good Friday
<u>\$3.00 - Cup of noodles</u> • Chicken • Beef • Oriental • Hot & Spicy 	<u>\$2.00 - Toasties</u> • Cheese • Baked Beans • Spaghetti 

At Herons Creek Public School, we are committed to creating a safe, supportive, and engaging learning environment for all our students. To further this commitment, we have partnered with Life Skills Group to implement the Life Skills GO program.

This evidence-based, online platform is designed to nurture the social, emotional, and physical development of your child, equipping them to thrive both in school and in life.

It involves the students checking in regularly in class with their teachers, using a digital check in tool. Our decision to adopt Life Skills GO is driven by the need to implement trauma-informed practices that enhance student engagement, improve classroom behaviour, and boost learning achievement.

By doing so, we aim to create a positive classroom environment that leads to better attendance rates, fosters a safe and supportive atmosphere, and ensures that every student feels secure, valued, and capable of academic success.

This initiative is not just about immediate outcomes but about building a resilient and thriving school community where all students can reach their full potential.

We believe that by investing in the well-being of our students, we are laying the foundation for their future success. It will take time for this to be well integrated into our school routine, we thank you for your ongoing support whilst we do so.



Our school photos are scheduled for Wednesday, September 3rd (week 7).

All students have received their photo envelopes that contain essential information, including a unique code that is required for online ordering of photos. Please ensure to keep the envelope in a safe place as **all photo envelopes must be returned to the school by the day of the photos (even if you decide not to purchase photographs).**

Sibling photos can also be ordered and paid for online. If you wish to pay with cash, you will need to collect a siblings envelope from the school office

[Place orders here](#)

Envelopes can be returned to the office for safe keeping as soon as you have placed your order.



Ideas to add more vegetables

It can be tricky to think of new ways to add vegetables to the lunchbox. Here are some of our favourite tips:

- Pack raw vegetables with a dip or some cheese. Why not try tzatziki or tomato salsa?
- Cook extra vegetables the night before and store them in the fridge ready to be added to the lunchbox. Our favourites include homemade sweet potato wedges or corn cobs.
- Use chickpeas, beans or lentils in your child's lunchbox. Why not try some vegetarian koftas?



Travelling Australia or Overseas?

If you are..



DISTANCE EDUCATION



Travelling for 10 weeks or more - up to 1 school year (200 Days), then stay enrolled with your current school, whilst accessing learning and attending through Distance Education.

Learning Together!

The New South Wales Department of education has a Public School Service to be there on the journey with you and your children.



NORTH EAST PUBLIC SCHOOL OF DISTANCE EDUCATION

We provide learning designs for students on the move. The programs are personalised to suit your child's learning needs, your supervision & management of the learning and your travelling context & environment.



North East Public School of Distance Education | School Street | PORT MACQUARIE NSW 2444



I can be cracked, made, told, and played.
What am I?

COMMUNITY NOTICES

Two trial nights in September for children to try all things Little Athletics, before club competition commencing in October (at the start of term 4).



**WANT YOUR KIDS OUTDOORS, ACTIVE
AND HAVING FUN THIS SUMMER?**

*enjoy Wednesday afternoons with
your family by the river at*

CAMDEN HAVEN LITTLE ATHLETICS



**THE 2025-2026 SEASON WILL COMMENCE WITH TWO TRIAL NIGHTS:
WEDNESDAY 17TH & 24TH OF SEPTEMBER FROM 4:30PM - 6:30PM**

SEASON REGISTRATIONS:
TINY TOTS (4-5 Y): \$110 U6 - U17: \$130

REGISTER HERE:
<https://www.revolutionise.com.au/camdenlac>

FOR MORE INFO OR TO VIEW OUR INFO BOOKLET

 **CAMDEN HAVEN
LITTLE ATHLETICS**

 **CHLA2443@GMAIL.COM**



COMMUNITY NOTICES

People First Allied Health
“Care Tailored To You”



- Support Coordination (Level 2 & Level 3)
- Recovery Coaching
- Psychology
- Physiotherapy
- Occupational Therapy
- Speech Pathology
- Positive Behaviour Support
- Education and Training



✉ Interested?

Email us at
info@peoplefirstalliedhealth.com.au
to express your interest or find out more.

Let's build safer, more supportive communities together.

www.peoplefirstalliedhealth.com.au
Call us on 1300 850 407

We are dedicated to providing personalised care to help you achieve your goals and improve your well-being.

People First Allied Health – Supporting you with care that's tailored to your unique needs.

Contact us today!

Email referrals to:

info@peoplefirstalliedhealth.com.au

Call us on 1300 850 407



COMMUNITY NOTICES



Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



1300 610 355 saverplus.org.au



Do you have a pensioner concession card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



1300 610 355 saverplus.org.au



Get up to \$500 for education costs

Achieve a savings goal for 10 months, and **ANZ will match it up to \$500.**

To be eligible, you need to meet these requirements:



18 years or older



A regular income (you or your partner)



Attend free online financial education workshops



Are studying yourself or have a child at school, or starting next year



Current Health Care or Pensioner Concession Card



Saverplus.org.au
1300 610 355



Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in partnership with The Smith Family and Berry Street. It is funded by ANZ and Department of Social Services.