

Grays Point Public School

Bicycle/e-Bike Rider Safety

Our school encourages all students and their families to be safe active travellers. This guide outlines expectations for students as bicycle/e-bike riders when travelling to and from school.

Transport for NSW advises:

- children under 10 years of age should be actively supervised by an adult when riding a bicycle/e-bike
- children under 12 years of age should cycle in a safe place off the road, such as a footpath or bicycle/e-bike/e-bike path, and away from vehicles
- any person under 16 years of age can cycle on footpaths, as well as people over 16 if they are supervising bike riders under 12 years of age.
- children cycle away from busy roads
- riders must obey the bicycle/e-bike road rules. <https://roadsafety.transport.nsw.gov.au/stayingsafe/bicycle-riders/laws.html>

Parents and carers are responsible for:

- how their child travels to and from school
- maintaining their child's bicycle/e-bike. Bicycle/e-bikes must be safe and in working order, and by law must be fitted with a working brake and a bell.
- ensuring their child correctly wears an Australian Standards approved helmet when riding
- teaching their child the bicycle/e-bike road rules
- completing and returning the Parent/carers and child bicycle/e-bike rider safety agreement.

Students who ride bicycle/e-bikes to and from school are responsible for:

- completing the Parent/carers and child bicycle/e-bike rider safety agreement, issued by our school
- dismounting their bicycle/e-bike before entering school grounds
- using the school bicycle/e-bike entry and exit points via Grays Point Road gate 3 pedestrian entrance.
- walking bicycles/ e-bikes on school grounds
- storing the bicycle/e-bike in the bicycle/e-bike rack. Bicycle/e-bikes must be locked with a chain and padlock supplied by the bicycle/e-bike owner.

Bicycles and helmets are brought and stored at school at the owner's risk. **Bicycles/e-bikes and helmets are brought and stored at school at the owner's risk.**

There are only two types of permitted e-bikes:

1. Power-assisted pedal cycles
2. Electric power-assisted cycles

BUT they must be designed to be propelled primarily by the rider. They **cannot be propelled exclusively by the motor and cannot exceed 25km/h. Petrol-powered cycles are illegal on NSW roads.**

E-bikes will NOT be charged on school site and will be stored away from school structures.

Parents/carers will be notified if their child does not follow the school's safety guidelines and agreement. Students may be banned from bringing their bicycles/e-bikes onto school grounds if they breach these rules.

Narelle Betts Smith
Principal

Cathy Hill
P&C President



Grays Point Public School

Bicycle/e-Bike Rider Safety Agreement

I, _____ of class _____

- have read and discussed the school Bicycle/e-bike rider safety guidelines and agreement with my parents or carers
- understand the information provided
- will wear my helmet correctly when riding my bicycle/e-bike to and from school
- will keep my bicycle/e-bike well maintained
- will give way to all pedestrians on footpaths, crossings, and cycle paths
- will walk my bicycle/e-bike/e-bike across the road at safe places and pedestrian/traffic crossings
- will walk my bicycle/e-bike/e-bike on school grounds
- will secure my bicycle/e-bike/e-bike with a lock and chain in the bicycle/e-bike rack
- understand that the principal may stop me from bringing my bicycle/-ebike to school if I do not follow the rules
- bring my bicycle/e-bike and helmet to and from school at my own risk.

Student signature: _____

Parent/carers signature: _____

Date: _____

Parent/carers agreement

I approve my child (name) _____ of class _____ riding his/her bicycle to and from school.

- I have read and discussed the school's Bicycle rider/ e-bike safety guidelines and agreement with my child rider.
- My child will correctly wear an Australian Standards approved helmet when riding a bicycle/e-bike to and from school.
- I have reviewed the Guide to bicycle/e-bike maintenance and understand that it is my responsibility to keep the bicycle/e-bike well maintained and roadworthy.
- I have reviewed the Guide to correctly fitting a helmet and understand that it is my responsibility that my child wears their helmet correctly.
- I understand the principal may ban my child from bringing their bicycle/e-bikes onto school grounds if the school's rules are not followed.
- I understand that bicycles/ e-bikes and helmets are brought to school at the owner's risk.

Parent/carers signature: _____

Parent/carers name: _____

Date: _____

Please complete & return to the principal prior to the first time your child rides to school.

Guide to bicycle maintenance: Eight-point **safety-check**

Feature	What are you checking for?	Maintained	Needs fixing
Bell or horn	rings or sounds clearly and loudly	☐	☐
Brakes	when brakes are applied, bike wheel does not rotate	☐	☐
Brake pads	pads are not worn down	☐	☐
Chain	be well oiled and not sag	☐	☐
White front reflector	is secure and clean	☐	☐
Red rear reflector	is secure and clean	☐	☐
Tyres	- firm tyres - tread not worn and no canvas showing - no bulges or cuts	☐	☐
Yellow wheel and pedal reflectors	is secure and clean	☐	☐

Source: Adapted from [Safety Town](#)

What is the right size of bicycle/ e-bike?

The right sized bicycle/e-bike:

- is comfortable for the rider
- allows for the arms to be slightly bent as the body leans slightly forward holding the handlebars
- has controls within reach
- allows the rider's feet to just touch the ground when the rider is sitting on the seat
- allows the rider to straddle the crossbar with both feet flat on the ground.
- has a level seat.

What is required by law?

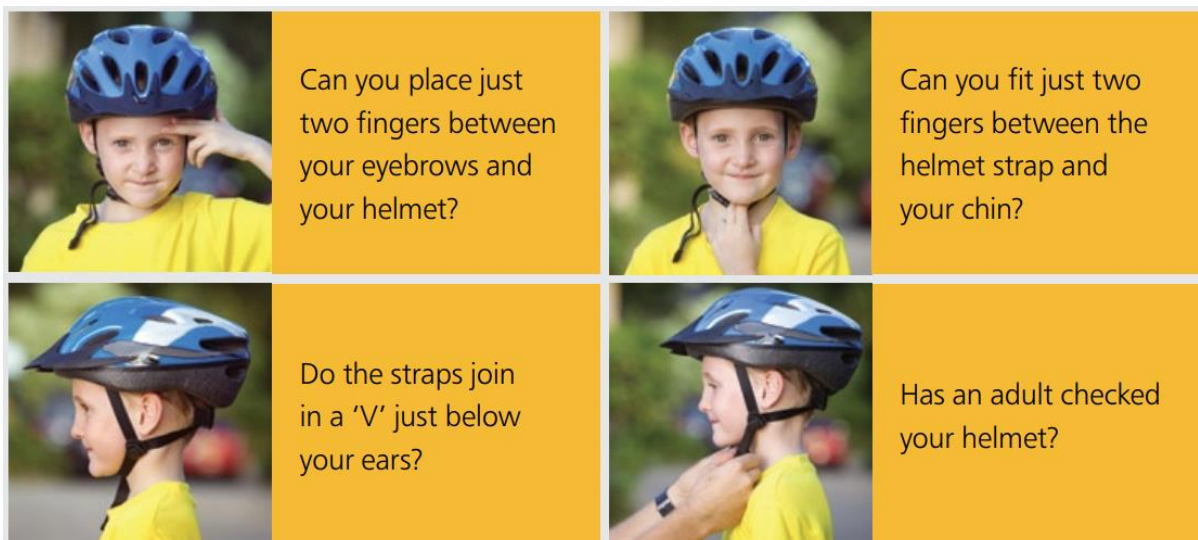
A bicycle/e-bike must be fitted with:

- a working horn or bell
- at least one working brake
- and display a flashing or steady white light on the front, a flashing or steady red rear light, and a red rear reflector if ridden at night or during hazardous weather conditions.

E-bikes must meet [Transport for NSW's requirements](#)

Guide to correctly fitting a helmet

Always wear a helmet when you ride



Source: NSW Centre for Road Safety, Transport for NSW

More information is available from:

Department of Education

- Riding to and from school <https://education.nsw.gov.au/teaching-and-learning/curriculum/road-safety-education/safe-travel/riding>
- Vulnerabilities of children as road users <https://education.nsw.gov.au/teaching-and-learning/curriculum/road-safety-education/safe-travel#Vulnerabilities1>

Transport for NSW

- [Information for parents and carers about safety on wheels](#) – The law and safety advice for bicycles, foot scooters, skateboards and rollerblades (pdf)
- Helmets and safety gear <https://roadsafety.transport.nsw.gov.au/stayingsafe/bicycle-riders/helmets-gear.html>
- NSW road rules, bicycle laws and penalties in NSW <https://roadsafety.transport.nsw.gov.au/stayingsafe/bicycle-riders/laws.html>
- Safe riding <https://roadsafety.transport.nsw.gov.au/stayingsafe/bicycle-riders/safe-riding.html>