



GOULBURN EAST PUBLIC SCHOOL NEWSLETTER

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Respect

Term 3

Responsibility

14 August 2025

Resilience

Week 4

TERM 3

Monday 18 August

Responsible Pet Ownership
(K to Yr 2 students)

Netball NSW Primary Schools
Cup (Stage 3 students)

Thank you to everyone who
supported Jeans for Genes
Day last Thursday.

We raised \$205.70



Stage 3 Lawn Bowls

On Sunday 3rd August, some of our Stage 3 students took part in the **Let's Play Bowls 'inter-school' Primary Competition** at Goulburn Railway Bowling Club. We were fortunate that the weather held out long enough to play out our games. All students had an amazing time and showed great sportsmanship on the day. A big thank you to the Goulburn High School students who came along, and the parents for their support. A special shout out to Cheryl Corby who volunteered her time to train the students in the weeks leading up to the competition.

Mr Dickson



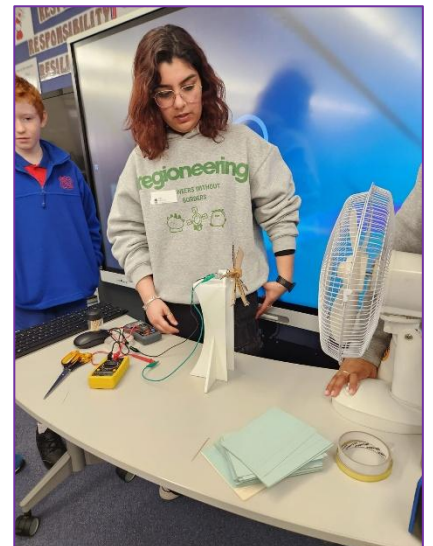
Engineers Without Borders

On Friday 1st August we had students from The University of Sydney visit Years 3-6 as a part of the Engineers Without Borders Program which delivers learning modules to young people throughout Australia in metro and regional areas. The workshops introduce students to the challenges faced by engineers through hands-on workshops that focus on:

- What is a socio-technical engineer?
- What problems do communities living in challenging environments face?
- How do engineers solve these problems?

Our students participated in the 'Renewable Wind' workshop that focused on the application of wind turbine technology and its role in producing a sustainable and renewable energy supply. Students completed hand-on activities to develop their own efficient wind turbine.

Mr Dickson, Mrs Martin & Mrs Woolley



100 Days in Kindergarten

Age is Just a Number: Our 100-Day Celebration!

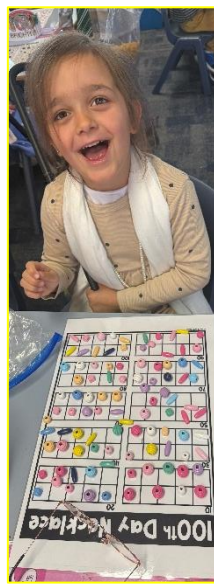
This week, we marked a significant milestone in our kindergarten journey—100 days of learning and growing together! Our students embraced the theme with enthusiasm, arriving at school dressed as adorable 100-year-old grannies and grandpas, bringing smiles and laughter to our classroom.

The day was packed with a variety of engaging and fun activities that not only celebrated this special occasion but also reinforced important skills in a playful way. Students enjoyed making colourful fruit loop necklaces, which encouraged their creativity and fine motor skills. One of the highlights of the day involved building cup towers with 100 cups. The students worked collaboratively, using their problem-solving skills and teamwork to see how tall they could stack their towers. The classroom was filled with laughter and cheers as they reached new heights!

Overall, our 100 Days of Kindergarten celebration was a day filled with joy, learning, and laughter. We are so proud of our young learners and look forward to many more milestones in the school year ahead!

Here's to the next 100 days of discovery and fun! Mrs Pattison





Message from Mrs Cribb

Congratulations to Kindergarten on **100** Days of school! An exciting day full of fun was held last week to celebrate this important milestone. Thank you to Mrs Pattison for being the sensational leader of this happy band of learners!

Please join us for our NAIDOC assembly which will be held next Thursday 21st August at 1pm. This special assembly will bring together a range of shared learning from across the school.

Thank you to all students who have represented our school recently in major events. Students at the District Athletics, Lawn Bowls, GCOPS Concerts, Sydney Opera House Choral Concert and the Quota Public Speaking Competition have all demonstrated outstanding commitment and enthusiasm, representing East with pride and maturity.

Since the last newsletter, it has been Primary Principal's Day and Public Education Week. For me personally and professionally, it is a time to reflect on our school community - the committed staff I have the pleasure to work with every day, the amazing students that I get to spend each day with in the playground and classroom, and the valued partnerships we have with our families. Together we make Goulburn East Public School the special place it is, and I am incredibly proud to be its principal.

Have a great week

Charmian Cribb



Ideas to add more vegetables

It can be tricky to think of new ways to add vegetables to the lunchbox. Here are some of our favourite tips:

- Pack raw vegetables with a dip or some cheese. Why not try tzatziki or tomato salsa?
- Cook extra vegetables the night before and store them in the fridge ready to be added to the lunchbox. Our favourites include homemade sweet potato wedges or corn cobs.
- Use chickpeas, beans or lentils in your child's lunchbox. Why not try some vegetarian koftas?



Dion Drummond Incursion

On Thursday 31st July, we had the privilege of welcoming performer Dion Drummond to Goulburn East. Dion is one of Australia's most experienced Indigenous performers, covering both Mainland and Islander culture as a dancer, singer and storyteller. He spoke to our students about Torres Strait Islander culture and history and showed us instruments and clothing that had been made from natural materials. All students had the opportunity to perform several dances, with selected students dancing on stage with Dion.



Opera House Choir 2025





Be BOLD. Be KIND. SPEAK UP.



Students from Yrs 1-6 joined the Kids Helpline's Largest Anti-Bullying Lesson yesterday. After the session each class discussed what they had heard and chose three key points from their discussion.

1/2M

- Bullying is NOT OK, when you see it happening do something about it
- STAND UP – tell a trusted adult, STAND OUT – use strong words and speak out
- Not all bullying you can see. Some is hidden eg: online bullying or spreading stories

1/2T

- There is a big difference between being bullied and having a disagreement or a 'mean moment' with a friend
- It is never our fault if we are bullied
- We need to stand out by being brave when witnessing bullying behaviour

3/4J

- Treat everyone with kindness – the way you want to be treated
- Don't just tell one adult – tell parents, teachers and everyone to help stop bullying behaviour
- If you see bullying behaviour at Goulburn East; stay calm, interrupt the behaviour, remove yourself, offer support (RUOK?) and tell the teacher

3/4M

- There are three types of bullying: social, verbal and physical
- If you feel bullied or see someone being bullied, speak to a teacher or trusted adult
- Follow up after knowing someone has been bullied and check in with them later as it can make a difference

5/6D

- Stand up and call out bullying behaviour when we see it occur
- Be a trusted person that younger students can speak to if they are worried about telling a teacher
- Educate people who do the bullying so that they understand what they are doing and its impact on others



ASPIRE OSHC

Goulburn West

Before & After School Care



About us

ASPIRE OSHC provide high quality care and education to school aged children at Goulburn West.

We aim to provide a fun and creative age appropriate program based on the "My Time, Our Place" National Framework for school aged children.

ASPIRE OSHC provide Before and After school care programs and Vacation Care. These programs develop and nurture children's minds.

ASPIRE OSHC promotes a healthy lifestyle through various activities for children to discover, learn and play.

We create healthy habits by providing nutritional foods and a variety of opportunities to participate in active play.

Session Times

(MONDAY-FRIDAY)

BEFORE SCHOOL: 6:30am - 9:00am

AFTER SCHOOL: 3:00pm - 6:00pm

VACATION CARE: 7:00am - 6:00pm

Session Fees for 2025

(Fees are before Childcare Subsidy Charges)

Before School Care:

Permanent: \$28 Casual: \$31

After School Care:

Permanent: \$33 Casual: \$36

**Vacation Care: \$85 centre days,
\$95 incursions/excursions**

ENROL NOW

[https://www.owna.com.au/enrol.aspx?
c=aspireoshcgoulburnwe](https://www.owna.com.au/enrol.aspx?c=aspireoshcgoulburnwe)

Contact Us

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Managers: Cloey



Bus Service Available

<https://www.aspire-oshc.com.au/>

Free workshop

1 Day Autism Workshop for Parents and Carers Goulburn, NSW



Scan the
QR code or
[click here](#)
to register



This workshop is for parents, full time carers and grandparents.



Tuesday
23 September, 2025
9:15am to 3:00pm



Goulburn Race Club
Racecourse Drive
GOULBURN NSW 2580

Morning tea and a light lunch will be provided



Interpreters available upon request

During the workshop you will learn about:

- The diversity of autism
- Sensory processing
- Working together with your child's school.

Learn more about autism and ways to strengthen the partnership between home and school.

For more information or to register visit:

 www.positivepartnerships.com.au/PC

 rramjan@positivepartnerships.com.au



0447 537 039



Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



1300 610 355

saverplus.org.au



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