



Gorokan High School
Year 12 Assessment Schedule 2025-2026
Health and Movement Science

Task number	Task 1	Task 2	Task 3	Task 4	
Name of Task	Core 1 – Research Findings and Extended Response	Core 2 – Case Study Report and Extended Response	Depth Study – Sports Injury	Trial HSC Examination	
Timing	Term 4, Week 9	Term 2, Week 4	Term 3, Week 1	Examination Period	
Outcomes assessed	HM-12-02, HM-12-06, HM-12-10	HM-12-04, HM-12-05, HM-12-06, HM-12-07, HM-12-09	HM-12-04, HM-12-09, HM-12-10	All Assessable Outcomes	
Components	Task Weighting %				
Knowledge and understanding of course content	10	5	5	20	40
Skills in critical thinking, research, analysis and communicating	20	15	15	10	60
Total %	30	20	20	30	100

Course Outcomes:

HM-12-01 analyses the health status of Australians at a national and international level

HM-12-02 examines how technology and data can achieve better health for all Australians

HM-12-03 evaluates how the Sustainable Development Goals can be used to improve the health of a community

HM-12-04 investigates factors that impact movement and performance

HM-12-05 analyses individual and group training programs to improve performance

HM-12-06 Analysis: critically analyses the relationships and implications of health and movement concepts

HM-12-07 Communication: communicates health and movement concepts using modes appropriate to a range of audiences and contexts

HM-12-08 Creative thinking: generates and assesses new ideas that are meaningful and relevant to health and movement contexts

HM-12-09 Problem-solving: proposes and evaluates solutions to complex health and movement issues

HM-12-10 Research: analyses a range of sources to make conclusions and judgements about health and movement concepts