30 MAY 2025

FORSTER PUBLIC SCHOOL NEWSLETTER



Head St. Forster 2428

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DATES TO REMEMBER

3 June **Boys Zone Soccer Trials**

Girls Zone Soccer Trials

18 June School Athletics Carnival 8 years and over

19 June Infants Athletics Carnival

3 July Supported Learning Boccia

> 11 - 15 August Yr 6 Canberra Camp



Follow us on Facebook

UNIFORM ORDERS at

https://Fpspandc-

uniformshop.square.

site/

CANTEEN ORDERS at www.quickcliq.com.

Principal's Report - Mrs Alison Jenner

Dear Parents and Guardians,

As we enter Week 5 of Term 2, I want to take a moment to reflect on the recent natural flood disasters that have impacted our local area. Many families have faced significant challenges, including damage to homes and displacement. We recognise the emotional and physical toll these events have taken on our community. During this difficult time, our thoughts are with those affected, and we encourage anyone in need of support to reach out to our school's welfare team.

I would also like to extend my heartfelt gratitude to all community members for your patience and understanding while our school operated with minimal supervision and then moving to non-operational. Your support has been invaluable during these uncertain times and shows the strength and resilience of our community. It has allowed us to focus on ensuring the safety and well-being of our students and staff.

As the weather gets colder, please ensure that students have their school jumpers ready for the cooler months. Wearing school uniform, including jumpers, is important because it fosters a sense of belonging and pride within our school community. It also promotes equality among students, helping to reduce distractions so everyone can focus on their learning.

I am excited to share that our P&C has been working on new jumper designs for our students. We believe it's important to involve students in this process, and we have already gathered their feedback on the designs from student focus groups. In the coming weeks, we will also seek input from the wider community to gather your thoughts and suggestions. Your feedback is crucial as we aim to create uniforms that our students will be proud to wear.

I would like to take this opportunity to acknowledge Marcus Rowsell, who will be leaving us this week. We want to thank him for his support of our students during his time here. His contributions have positively impacted our school community, and we wish him the best in his future endeavours.

Regarding staffing updates, Tianne Buderus is currently relieving in the Principal position at Coopernook Public School for the remainder of Term 2. We wish Tianne well in her new role and look forward to her return. The Deputy Principal (Relieving) position, during this time, will be finalised shortly.

As we approach National Reconciliation Week 2025, it is important to recognise the significance of this celebration. The theme for Reconciliation Week 2025, "Bridging Now to Next." invites us to reflect on our shared history and work towards a better future. This is a time for all Australians to learn about our past, embrace the culture of Aboriginal and Torres Strait Islander peoples, and strive for a more inclusive future. Throughout the week, we will engage our students in activities that promote awareness and appreciation of Indigenous cultures. Safety . Respect . Personal Best I encourage families to discuss the importance of

reconciliation at home.



Lastly, I want to remind everyone about the importance of respectful communication within our school community. The School Community Charter emphasises that all members of our school deserve respect, and that unacceptable behaviour, such as aggressive language or actions, has no place here. Let's work together to maintain a positive and supportive atmosphere for everyone.

Thank you for your continued support and partnership as we move forward together. Let us stand united in our commitment to supporting one another and fostering a strong, inclusive community.

Warm regards,





Year 6 Canberra Excursion

11 - 15 August 2025

Final payments for the Canberra Excursion are due on the 30th June (Monday Week 10).

Payments can be made any time via the School Bytes Parent Portal, or over the counter at the school office.







Weeks 5 - 6
Positive Behaviour
for Learning focus...

PAX Leaders always follow staff instructions

GRIP Leadership Conference



Tuesday 20th May 2025 saw students visit Club Forster for the Grip Leadership conference. It was wild weather and they were accompanied by students from Pacific Palms and Tuncurry Public Schools.

The students had a day filled with fun activities encouraging them to gain an understanding of

- The Responsibilities of a Student Leader
- Leadership through Friendship
- New ideas to help others.

The students gained an understanding that

- leadership is not about status but how they can serve their community.
- having responsibilities are more than following rules but taking ownership for improving standards of themselves and others.

Students had opportunities to talk with students from other schools about their ideas of leadership, what they believe leadership to be and how various students in leadership roles assist within the school community.

It was a fun day filled with lots of opportunities to work with peers from both their own school and other local schools. Everyone participated in the sessions with a positive attitude and enthusiasm!

























Congratulations to our PBL Award winners for week 5. Thank you for upholding our school values of

SAFETY RESPECT PERSONAL BEST

Fortnightly Focus:

PAX Leaders always follow staff directions

This fortnight we are focusing on using Granny Wacky prizes as a way to recognise students that are being respectful and responsible in our classrooms.

PBL Awards

Term 2 - Week 5

Kindergarten (ESI)



Lachlan K25

esse K22

1ia K24

Sonny

Stage 1



McKenzie 1/20



Saxon 1-2/21



Tania 2/18



Rue 2/16

Stage 2



Jack 3-4/7



Matilda 3-4/5



Vivienne 3-4/6



Harper 4-5/2

Stage 3



Owen 6/31



Ethan 6/31



Henry 6/31



Annabelle 6/29



Granny's Wacky Prizes are used to reward the class for a job well done. These quick, fun group activities are far more rewarding than stickers or tangible items. Granny's Wacky Prizes teach students that working hard, working together, and making good decisions pays off for everyone.

Right away, Granny's Wacky Prizes can help students...

- Set and achieve their goals
- Become more patient
- Celebrate their own success as well as that of their classmates

In the long run, Granny's Wacky Prizes help students...

- Make clear associations between cause and effect
- Voluntarily work toward group success
- Avoid impulsive or problematic choices







Here are some questions you can ask your child about using Granny's Wacky Prizes:

- 1. What Granny's Wacky Prize did you get today? How did you get that prize?
- 2. What is your favorite Granny's Wacky Prize?
- 3. Do you have any ideas for some new Granny's Wacky Prizes?



Granny's Wacky Prizes use the <u>Premack Principle</u> to enhance positive reinforcement and brain activity through randomness and physical movement.









Be sure to follow us on **Facebook**

Search for Forster Public School



We're here to support positive attendance habits.





Power Up with Breakfast

Eating a healthy breakfast kickstarts the day, giving you energy for physical activity and boosting focus, concentration, and memory - all important for

Breakfast is also a great time to get important nutrients. Here are some easy and healthy breakfast ideas:

- Mholegrain cereals like Weet-Bix, Cheerios, Sultana Bran, or porridge
- Wholegrain toast with avocado, tomato, or reduced-fat cheese
- f) Untoasted muesli with low-fat yoghurt
- Raisin toast
- f Fruit and veggie smoothies

In a rush? Try quick grab-and-go options like a tub of low-fat yoghurt, a piece of fruit, overnight oats, or dry cereal to snack on.

Even a small breakfast can help your child do their best at school!









Hunter New England Local Health District



Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.

NSW Department of Education

Communicating with our school



All contact with our school is to be consistent with the School Community Charter respecting that our staff are primarily engaged with the teaching and caring of our students.

By phone

Urgent matters

Urgent matters require an action or response

from staff on the same day, like:

- · your student's attendance
- · changes to arrangements that need to be communicated to your student
- · your student's health and wellbeing.

Non-urgent matters

Including:

- · requesting a meeting with our school staff
- · requesting information about an upcoming school
- · providing brief information to the school
- raising a concern.

What you can expect

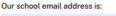
If necessary, you will need to leave a message with our office staff who will identify the best person to respond to your call, if needed. The response will happen by the end of the next school day.

Our school phone number is:

You are welcome to phone our school during school hours 8.30am - 3.30pm

By email





forster-p.school@det.nsw.edu.au

You can email us about non-urgent matters that do not require a same day response, like:

- · requesting a meeting with our school staff
- · requesting information about an upcoming school event
- · providing information to the school such as specialist reports
- raising a concern.

For matters that require an action or response from staff on the same day, please phone the school.

What you can expect

Emails will be:

- · read within 3 school days of receipt
- · acknowledged, if required
- assessed to decide what action is needed, including if a response is required
- monitored between Monday to Friday

8.30am - 3.30pm , during school terms only

· responded to by relevant staff only.

In person

How to contact our school

Parents are welcome to meet with our school staff.

- · We prefer you phone or email a request, briefly explaining the issues you wish to discuss. or if the staff member is available at the end of the
- school day, have a very brief meeting. Please understand they may have other duties to attend to.

You are welcome to bring a support person or advocate. with prior notice, to be present at any meeting.

What you can expect

- · respond to your request within 3 school days
- · discuss with you a mutually agreeable time to meet and agree on what will be discussed
- · decide who is best to meet with you.





School Community Charter



Collaborative, Respectful, Communication.

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

We treat each other respect

What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 – 2022.



Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- to be welcomed into our schools to work in partnership to promote student learning.
- communication from school staff will be timely, polite and
- professional relationships with school staff are based on transparency, honesty and mutual respect.
- to be treated fairly. Tolerance and understanding are promoted as we respect diversity.

prioritise the wellbeing of all students

behaviour

together with the school

Ensuring respectful learning environments for all members of NSW Public Schools communities.



ollaborative learning environme

all play

We work in partnership to promote

Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process: education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students.

Respectful communication is a right

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.

Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical pro-
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability
- Inappropriate and time wasting communication.



School Community Charter



