



Forbes Public School Newsletter

12th September 2025

Term 3 Week 8



“Maintaining A Tradition of Excellence”



This fortnight has been and gone in the blink of an eye, with many exciting opportunities for students who have continued to showcase sportsmanship, effort and grit across all areas of the school day.

Congratulations to our Stage 2 Todd Woodbridge Cup team, who have made it through to the next round undefeated – a fantastic achievement! Thank you to Mrs Avis and Mrs Webb for facilitating the team and to Peter Clifton for his tremendous coaching efforts. A shout out must also go to Mrs Stitt for driving the students to weekly tennis training in the school bus.

Last week we celebrated SASS Appreciation Week, a special opportunity to recognise the incredible contribution of our School Administrative and Support Staff. We are truly grateful to have the expertise and support of our SASS Staff who make our school a better place.

A big thank you to everyone who attended and supported the P&C Community Father's Day BBQ – it was a wonderful way to bring community together. The bacon and egg rolls continue to be a big hit. Congratulations to Banjo Penney on winning the raffle.

Our primary students continue to enjoy combined sports each Friday with Forbes North Public School, and they especially value the involvement of the High School students who assist with umpiring and coaching. This inter-school initiative is something we hope to continue into the future.

This week, Mrs Avis and I have been in Newcastle visiting high-performing schools with a focus on Explicit Teaching. We look forward to bringing valuable insights to support our students' learning and best practice of teaching into the classrooms at FPS.

VISIT OUR DISPLAY AT THE FORBES SHOW



The following students will receive a Principal's Pen or Pencil

KA	1J
Shelby Newcombe	Jayla Holmes
2D	Tom Robb
Tommy Krakouer	Zoe Webb
Abby Teale	2MB
Maison Irwin-Gray	Layla Grace
Dom Colvin	Sophie Churchill
3/4W	Harlow Frogley
Nixon Scott	Scarlett Dunn
3/4M	Max Brown
Alice Gorman	Arlie O'Connor
Fraser Wythes	Hudson Scott
Cameron Cran	Mack Acheson
Audrey White	3/4G
Charlie Halls	Maddison Churchill
Emmett Burbage	Clara Skinner
Oliver Currey	5/6A
Piper Newman	Huxley Beard
Sophie Scott	Lachlan Manson
2/6S	5/6K
Oakley Cobcroft	Lexie Hoy
Chase Presnell	Georgie West
Cylis Mitchell	5/6T
Khurtsbold Zorig	Mitchell Gartner
Karym Mitchell	Ruby Lidster
Archer Sherritt	Violet Millerd
	Dusty Bennett

2R Assembly Item

2R presented a PowerPoint presentation about their recent excursion to Dubbo, where they visited the RFDS and the RFS. They shared photos and some of what they had learned about how technology in Emergency Services has evolved over time, and they finished with a very energetic rendition of the Penguin Dance.

Term Dates

Last day of Term 3—Friday 26th September

First day Term 4—Tuesday 14th October

Last day Term 4—Friday 19th December

Stage 3 Students on Local Radio

Three of our Stage 3 students had the exciting opportunity to represent Forbes Public School on our local radio station, Valley FM, this week.

Kaiden, Julian and Mitchell confidently shared a sports update, highlighting the many achievements and activities our students have been involved in. The students also spoke about recent school events and gave the community a sneak peek into the exciting activities that are coming up on the school calendar.

It was wonderful to see these students step into a new role, using their voices to keep our community informed and connected. They did an outstanding job showcasing the pride and spirit of our school, and we look forward to giving more students this fun opportunity next term.



Assembly Awards

The following awards were presented at the school assembly held on Friday, 29th August 2025.

KA	-	Angus Boon	-	Fantastic independent writing
		Boston Graff	-	Persevering with tasks that he finds difficult
KG	-	Delilah Rennick	-	Using details in her writing
		Banjo Penney	-	Fantastic effort in mathematics
KJ	-	Pip Thompson	-	Her fantastic effort in learning about o'clock time
		Ashton Sayers	-	Improvement in his reading fluency
1HM	-	Thomas Cogswell	-	Improvement in reading
		Will Parslow-Smith	-	Improvement in reading
1J	-	Reggie Mongoo	-	Fantastic effort in handwriting
		Islee Currey	-	Always applying herself to her learning
2D	-	Toby Bush	-	Being kind and respectful to peers
2MB	-	Bronte Sheldrick	-	Showing great effort and determination to improve her writing
		Chelsea Webb	-	Consistently applying herself to all tasks
2R	-	Bella Lang	-	Always trying her best
		Quinn Trotter	-	Approaching all tasks with confidence
3/4G	-	Molly De Mamiel	-	Improvement in asking for support with school work
		Clara Skinner	-	Consistently neat book work
3/4M	-	Wyatt Hearn	-	Participating in class discussion
		Fraser Wythes	-	Working hard in class
3/4W	-	Phoebe Smith	-	Outstanding effort in all classwork
		Madi West	-	Being an enthusiastic and kind class member
5/6A	-	Ninjin Oyunbold	-	Attention to detail in her art work
		Julian Butler	-	Improved effort in writing lessons
5/6K	-	Lucy Webb	-	Always displaying hard work and dedication to learning
		Lexie Hoy	-	Effort in Literacy Groups
5/6P	-	Ivy Skinner	-	Consistently putting 100% effort in all areas
		Cameron Webb	-	Making positive contributions to class discussions
5/6T	-	Hugh Halls	-	Being a respectful and responsible class member
		Mitchell Gartner	-	Outstanding attitude and positivity
2/6C	-	Noah Johansson	-	Consistent effort in all areas
K/6F	-	Kai-el Baxter	-	Effort and progress in literacy
2/6S	-	Oakley Cobcroft	-	Effort and progress in literacy

Term 3 Week 6 Assembly GEM Awards

Being mindful and in the moment at school

KA	-	Shelby Newcombe	2MB	-	Arlie O'Connor	5/6K	-	Billy Mayall
KG	-	Eva Linsdell	2R	-	Imogen Smith	5/6P	-	Lylah Burke
KJ	-	Harry Duncan	3/4G	-	Jack Ball	5/6T	-	Sylvie Coates
1HM	-	Eve Tattersall	3/4M	-	Edward Malcolm	2/6C	-	Kobee Withers
1J	-	Birdie Welsh	3/4W	-	Amara Coleman	K/6F	-	Chad Wiegold
2D	-	Becky Keat	5/6A	-	Huxley Beard			

Major Awards

Congratulations to the following students who received a major award at our last assembly on Friday, 29th August.



Nellie Collitts
Honour Award



Ruby Lidster
Blue & Gold Banner



Lucy Rout
Blue & Gold Banner



Lucy Webb
Blue & Gold Banner

Lachlan PSSA Athletics Results

After success at the Lachlan Carnival the following students will now progress to the Western Carnival in Dubbo on Friday, 19th September 2025.

Chelsea Webb

8yrs 100m

Molly Demamiel

9yrs 100m

Sophie Scott

10yrs 100m

8-10yrs 200m

Jnr Girl Relay

Macey Schrader

10yrs 100m

Jnr Girl Relay

Charlie Demamiel

11yrs 100m

Snr Girl Relay

11yrs Long jump

Tonarah Cran

11yrs 200m

Snr Girl Relay

Madi West

Jnr Girl Relay

8-10yrs High jump

8-10yrs Shot put

8-10yrs Discus

Mollie Flick

Jnr Girl Relay

Sadie Dooley

Snr Girl Relay

Georgie West

Snr Girl Relay

11yrs High jump

Ava Sinclair

8-10yrs Long jump

Jakaylia Ware

11yrs Shot put

Gracie Robbins

11yrs 800m

Mac Parry

8yrs 100m

Jobe Sallaway

9yrs 100m

8-10yrs High jump

8-10yrs Long jump

Ari Hogan

11yrs 100m

11yrs 200m

Snr boy Relay

Jack Pointon

11yrs 100m

Snr boy Relay

11yrs High jump

11yrs Long jump

11yrs Shot Put

Bailey Spice

11yrs Shot put

Arlie Gunn

12yrs 100m

12yrs 200m

Snr boy Relay

Jamaraki Ware

12yrs 100m

12yrs 200m

Snr boys Relay

12-13yrs High jump

12-13yrs Long jump

12-13yrs Discus

Nathaniel Baynham

100m MC

200m MC

Long jump MC

Shot put MC

Cylis Mitchell

13yrs 100m

Hugh Halls

11 yrs 800m

11yrs 1500m

Will Rees

11yrs 800M

Jack Bull

12-13yrs 800m

12-13yrs 1500m

Fletcher Morrison

8-10yrs Shot put

8-10yrs Discus

Dallas Colvin

8-10yrs Shot put

Xavier Wilcox

12-13yrs Shot put

Lucas Chen

11yrs Discus

Leo Dwyer

12-13yrs Discus

Girls Cricket

The FPS Girls Cricket Team recently played their first game against a strong Orange Public School side. The girls showed tremendous sportsmanship and were consistently encouraging towards each other throughout the match, demonstrating great team spirit and resilience.

Despite their best efforts, FPS was outclassed by a well-polished opponent. Orange Public School displayed phenomenal bowling skills, delivering balls with precision and speed which proved challenging for our batters.

Our final score was 10/39, while Orange Public School reached 0/40, securing their win. Although the result was not in our favour, our girls should be proud of their determination, positive attitude, and the valuable experience gained from competing at this level.

A special thank you to Tim West who umpired the cricket match and to all the parents who helped with travel arrangements, your support is greatly appreciated!



Todd Woodbridge Cup Tennis

The FPS Stage 2 Todd Woodbridge Cup team had an absolutely fantastic day at the regional playoffs. Facing off against schools from Bathurst, Orange, Cowra, and Parkes, they dominated every match and emerged as the regional champions. They battled through a thrilling semi-final against Orange Public School and then clinched the title by defeating Grenfell



Public School in the final. Now, the team is gearing up to compete in the State Finals at Sydney Olympic Park this November. Their dedication and

hard work has truly paid off. Adding to the excitement, Tennis Australia staff were on hand, and Sam Webb proudly received an individual passion award. Our students showed exceptional sportsmanship throughout the day – a big congratulations to the entire team on their outstanding achievement!



PSSA AFL Knockout

On Wednesday 3rd September, the Forbes Public School AFL team took on Griffith South Public School in the PSSA AFL Knockout round of 16.

It was a tough start for the FPS team, with Griffith South racing to an early lead in the first quarter. The second quarter saw Griffith South extend that lead further. However, our players showed great determination in the third quarter, kicking two important goals to stay in the contest.

The final quarter was a hard-fought battle, with both teams finding it difficult to score. Despite the score our team never gave up, showing resilience, teamwork, and a fantastic attitude right until the final siren.

All players should be proud of their efforts and the way they represented our school.

Well done Team!







SNAPSHOT

@ Forbes High School



Mathematics

Year 10 Mathematics students learned about trigonometry's real-world applications. They built clinometers to measure angles of elevation and calculated the heights of nearby buildings. This hands-on approach helped them understand practical uses of trigonometry and prepared them for more complex challenges ahead.



Industrial Technology - Metal

Stage 5 IT-Metal students are busy constructing their own BBQ plates, learning to cut and form metal using hand tools, bench shears, the metalcraft twisting tool, and jigs. They're also gaining hands-on experience with MIG (GMAW) welding, developing their practical skills in metalwork.



Biology

Year 11 Biology students recently conducted a fish dissection to examine the structure and function of fish gills. This practical activity focused on understanding how gills facilitate gas exchange, enabling fish to extract oxygen from water essential for their survival, in alignment with their Biology curriculum outcomes.



Health and Movement Science

Year 11 HMS students visited Rise Physiotherapy to explore topics such as technology, accessibility, and the essential qualities of physiotherapists. This activity supports their Focus Area One study on "Health in an Australian and Global Context" and will assist the students in their current depth study.



**BEDGERABONG
COMMUNITY
PRESENTS**

TRIVIA NIGHT



17TH OCTOBER 2025

7.30pm @

Bedgerabong Hall

**\$10 per person- cash at the door
FUN & GAMES**

BYO nibbles and refreshments

MARK IT IN YOUR CALENDAR

**Teams of 8-10
people**





PsychSolutions

health & wellbeing

BEHAVIOUR SUPPORT PRACTITIONERS

At PsychSolutions, our Behaviour Support Practitioners provide personalised and evidence-based support to children, young people, and adults across Orange, Bathurst, and surrounding towns (in-person and via telehealth).



What We Do

We work alongside families, schools, and service providers to develop practical behaviour support plans that are:

- Strengths-based
- Person-centred
- Trauma-informed
- Focused on long-term outcomes
- Our practitioners are skilled in supporting people with complex needs, including those connected with the NDIS

Areas of Support

We provide assessment and intervention for:

- Aggression and oppositionality
- School refusal and absconding
- Inappropriate sexualised behaviours
- Self-harm and other risk behaviours
- Substance use and dependencies

Referrals

For future clients client please contact your closest clinic.

WHO WE WORK WITH

CHILDREN & YOUNG PEOPLE

NDIS PARTICIPANTS

NEURODIVERGENT INDIVIDUALS

PEOPLE WITH DISABILITY OR MENTAL HEALTH NEEDS

YOUNG PEOPLE IN (OR LEAVING) OUT-OF-HOME CARE

DUBBO



DUBBO@MTPSYCHSOLUTIONS.NET.AU

(02) 6882 7551

ORANGE



ADMIN@MTPSYCHSOLUTIONS.NET.AU

(02) 6360 3551

BATHURST



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**FORBES JUNIOR CRICKET
REGISTRATION NIGHT
FRIDAY 19TH SEPTEMBER -
6PM
BOTANICAL GARDENS**

Blasters, 10's, 12's, 14's and 17's

REGISTER TO WIN A PACEMAN

BOWLING MACHINE +

FIRST 60 REGOS GET A FREE

TRAINING GIFT



PRIZES

**BIGGEST
HIT
COMP**

**SAUSAGE
SIZZLE**

**CATCHING
COMP**



FREE Online Parenting Programs

Do you want to help your child manage strong feelings like worry, frustration and anger?

Do you want to better understand your child's behaviour?

Meet other parents and carers and talk about your strengths and challenges together.



What is Circle of Security®?

An evidence-based program to help parents better understand and meet children's emotional needs.

Best suited for parents/carers of children aged

1-6 yrs although beneficial for all ages.

www.circleofsecurityinternational.com

What is Tuning in to Kids®?

An evidenced based, emotion focused parenting course that helps parents/carers to recognise, understand and manage their children's emotions.

Best suited for parents/carers of children aged 3-12 yrs.

www.tuningintokids.org.au/parents

Who is it for?

Parents/carers living in the following NSW LGAs: *Cabonne, Cootamundra-Gundagai, Dubbo, Forbes, Gunnedah, Snowy Valleys, Glen Ines Severn, Snowy Monaro*

Where?

Online via Zoom. Access to stable internet, a computer/device, and a private space will be required.

When?

Tuning in to Kids: 10am – 12 pm, Wed 22nd Oct to 3rd Dec (weekly 2hr sessions for 7 wks)

Circle of Security: 10am-12pm, Wed 15th Oct to 3rd Dec (weekly 2 hr sessions for 8 wks)

Book now:

Email or call our team to register your interest. community.recovery@royalfarwest.org.au or (02) 8622 6808

"I am so incredibly grateful for this course!"

"I couldn't be more thankful for my learning and the strategies that are making an amazing difference with both my boys" - Parent

Funded by the Australian and NSW Government



Funded under the Disaster Ready Fund – an Australian Government initiative. This program currently receives funding from the Australian Government and the NSW Government.



Youth CONNECT

A yellow smiley face icon with a simple black outline and a wide, curved mouth, positioned to the right of the word 'Youth'.

Youth Services

Inflatables

BBQ & Food Vans

**TUESDAY
30 SEPTEMBER
FORBES SKATEPARK
12PM - 3PM**



*For more information contact Council's Community
Relations Officer on community@forbes.nsw.gov.au or 02
6850 2300*