

Forbes Public School Newsletter

20th June 2025

Term 2 Week 8



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Celebrating Student Achievement Across Sport, the Arts, and Wellbeing!

What an incredible couple of weeks it's been for our students, with achievements and participation across a wide range of areas worth celebrating!

A huge congratulations to our school tennis team, who are now officially Western Region Champions! This is an outstanding accomplishment and a testament to the team's hard work, skill and sportsmanship.

Our talented dance group also shone brightly, delivering an exceptional performance at the Western Region Dance Festival last night. Their creativity, teamwork, and confidence on stage made us all proud. Well done dancers, and a huge thank you to the staff and parent helpers who enabled such a wonderful opportunity for our students!

We would also like to acknowledge all of our students who competed at the Western Cross-Country Carnival. Representing the school at this level is an achievement in itself, and we commend your determination and spirit.

This week also saw the excitement of the Schools Netball Cup held in Forbes, with over 300 students participating from both primary and high school settings our Stage 2 and Stage 3 teams playing with heart and competitiveness throughout the day. It was wonderful to see our students supporting each other and showcasing their skills on the court.

A big well done to all students participating in the Forbes Eisteddfod. Whether on stage, or supporting peers, your involvement in the performing arts is something to be truly proud of.

Last week, primary and infants students had the opportunity to take part in the High Potential and Gifted Education (HPGE) days, which were filled with engaging, hands-on learning experiences designed to challenge and extend their thinking. It was fantastic to see students embracing new ideas, collaborating creatively, and stretching themselves across a range of exciting activities.

Looking ahead, we're excited to welcome Healthy Harold to our school next week. Harold's visit is always a highlight and a valuable part of our PDHPE and wellbeing program, supporting students in making safe and healthy choices.

Well done to all students involved in recent events – your effort, enthusiasm, and commitment continue to make our school community proud!



"Maintaining A Tradition of Excellence"

Commendation Awards

The following students will receive a
Principal's Pen or Pencil

KA	Gigi Greig
Reggie Kelly	Fletcher Morrison
Nevaeh Greenaway	Clara Skinner
Samantha Cogswell	Jobe Sallaway
Huxley Radburn	Olivia Gamble
Oakleigh Staines	Grace Hogben
Frankie Henley-Bennet	Jack Ball
Shelby Newcombe	Lainee Currey
Boston Graff	Ebony Ambachtsheer
1HM	Mollie Flick
Dustin Tarrant	5/6A
Iva Nicholson	Abby Lee
Reggie Anderson	Lauren Coffee
Rosie Gorman	5/6K
Lola Simpson	Kaitlyn Rankmore
2MB	2/6C
Liddia Mcanulty	Erin Walmsley
Max Brown	Saxon Haynes
3/4M	Jett Smith
Tilly Whitty	K/6HP
Arlo Jones	Braith Reid
3/4G	K/6F
Ava Sinclair	Vinnie Wright
Molly De Mamiel	2/6S
Bryce Wilcox	Laurence Gordon



Scholastic
BOOK FAIR
2025

Book discounts Amazing titles to choose from

Every dollar equals resources for our school

SAVE THE DATE & LOCATION!

Monday
4th August 2025
Forbes Public School
Library 8.30am - 3.30pm



EUGOWRA COMMUNITY CHILDRENS CENTRE PRESENTS

TRIVIA NIGHT

PRIZES | AUCTION | RAFFLE

\$1000 CASH PRIZE

SAT 02 AUG

Doors Open 6pm
6:30pm Start
Showground Pavillion

PRE ORDER:
GRAZING BOXES
SLIDER BOXES

\$160 PER TABLE
MAX 8 PEOPLE

BAR AVAILABLE

SCAN QR CODE TO PURCHASE YOUR TABLE AND ANY BOXES YOU WOULD LIKE

Life Education Van

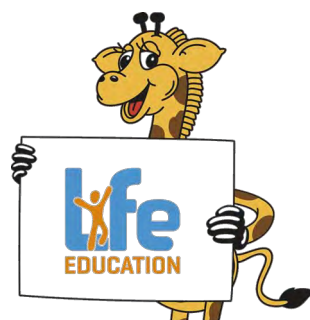
The Life Education Van will be visiting our school next week from Monday, 23rd June to Wednesday, 2nd July 2025.

The Life Education Van is a valuable addition to our Personal Development, Health and Physical Education lessons across the school, and it is strongly encouraged that all students attend.

If you have not yet paid the \$8 for your child to attend payments can be sent to the office in an envelope labelled with your child's name and class, paid in person by cash or eftpos or via our Sentral Parent Portal.

Healthy Harold Merchandise can only be ordered online this year.

A list of merchandise with instructions on how to order was sent out in the last newsletter or use the QR code below.



AWARDS, AWARDS, AWARDS

Congratulations to these students who were presented with major awards at our whole school assembly on Friday, 6th June.



Shaun Gartner
Blue & Gold Banner



Blue & Gold Banner



Sadie Dooley
Blue & Gold Banner



Porter Collits
Special Achievement



Murphy Harrison
Special Achievement

Premier's Debating Challenge

On Thursday, 12th June Forbes Public School's debating teams travelled to Forbes North Public School to compete in the first round of the Premier's Debating Challenge.

Both teams performed exceptionally well in their very first debate. One team secured a well-deserved win, while the other impressed the adjudicators with excellent arguments and developing rebuttal skills, narrowly missing out on victory.

The next round will see our two Forbes Public teams go head-to-head in Week 10. We wish them all the best!



HPGE Days

On Thursday, 12th June (Infants) and Friday, 13th June (Primary) our whole school participated in HPGE taster days. HPGE (High Potential Gifted Education) allows students to extend their interests and learning at school.

We had 5 different areas for the students to explore and shine in.

Cooking – Cutting up various fruits to make kebabs

Cross Fit

Clay work – Making a piece of art using clay

Digital Art

Woodwork - Making a drink coaster

All the students enjoyed the day and a huge thank you must go out to Sarah Hodge for volunteering her time to showcase her love and expertise in artwork with clay.

Also, Woolworths Forbes kindly donated all the fruit for the children to enjoy in cooking.

We look forward to having more of these days in the future.

Assembly Awards

The following awards were presented at the school assembly held on Friday, 23rd May.

KA	-	Trace Gaffney	-	Improvement in Reading
		Frankie Henley-Bennett	-	Great work in Reading
KG	-	Jake Wren	-	Fantastic work in Maths with friends of 10
		Eva Linsdell	-	Fantastic work in Maths with friends of 10
KJ	-	Dean Markham	-	Demonstrating a positive attitude in Literacy groups
		Amelia Dunn	-	Her creativity and talent shown in her artworks
1HM	-	Iva Nicholson	-	Consistent effort in all areas
		Eve Tattersall	-	Application in all areas
1J	-	Tyler Apps	-	Sharing his creative ideas in comprehension
		Abbygail McDonald	-	Fantastic effort with her writing
2D	-	Maddie Olson-Pimm	-	A great start at Forbes Public School
		Freddie Scott	-	Excellent research for a literacy task
2MB	-	Layla Grace	-	Showing great effort at the athletics carnival
		Hudson Scott	-	Showing great effort and enthusiasm at the carnival
2R	-	Jack Fuge	-	confidently contributing to class discussions
		Mac Parry	-	Using excellent strategies in Maths
3/4G	-	Vienna Simmons	-	Growing engagement in class
		Ava Sinclair	-	Growing confidence in class
3/4M	-	Ruby Ridley	-	Working hard in writing lessons
		Arlo Jones	-	Being a kind and caring class member
3/4W	-	Zach Dunford	-	Improvement in Soundwaves lessons
		Charlie Constable	-	Increased participation in class discussions
5/6A	-	Harry Rosser	-	Improved work ethic
		Caitlyn Eagles	-	Effort and application
5/6K	-	Kaitlyn Rankmore	-	Having a positive attitude towards learning
		Lucas Chen	-	Working hard in all areas
5/6P	-	Austin Webb	-	Taking on feedback to improve his work
		Penny Gordon	-	Incredible persuasive writing
5/6T	-	Lucy Rout	-	Always maintaining a positive attitude
		Emmett Hearn	-	Demonstrating respect and kindness
2/6C	-	Emilie Buckanen	-	Terrific effort in Writing
K/6F	-	Aleeah Radburn	-	Fantastic creativity in show art
K/6HP	-	Bentley Freshfield-Robb	-	Being attentive and hard working in Maths

GEM Awards Displaying Gratitude at School

KA	-	Reggie Kelly	2MB	-	Leo Towney	5/6K	-	Will Rees
KG	-	Vivienne Tuimaunei	2R	-	Shanelle Colvin	5/6P	-	Ivy Skinner
KJ	-	Layla Hodge	3/4G	-	Finley Butler	5/6T	-	Cruze Hill
1HM	-	Harriet Watson	3/4M	-	Charlie Halls	2/6C	-	Kruize Spencer
1J	-	Isabelle Norris	3/4W	-	Phoebe Smith	K/6F	-	Kiara Usher
2D	-	Kit Beard	5/6A	-	Brilee Olney	K/6HP	-	Shriya Budathoki

Sport Report

AFL

On Monday, 26th May our boys and girls AFL teams travelled to Orange for the Paul Kelly Cup Central West Final Gala Day.

The girls played two matches, starting with a loss to Assumption Catholic College. They bounced back in their second game, defeating St John's Catholic School despite wet conditions. A scheduled third place final was unfortunately cancelled due to the weather.

The boys competed in four matches, winning their first three convincingly. Their final match against St Mary's Catholic School from Dubbo turned into a championship showdown. The boys dominated much of the game, but scoring difficulties in the weather kept St Mary's close. In a tense second half, St Mary's kicked a late goal to win by just three points.

Both teams displayed remarkable sportsmanship and determination throughout the day. [Congratulations](#) to our players for their hard work!

Western Cross Country

On Wednesday 11th June, 13 Forbes Public school students travelled to Orange to compete in the Western Cross-Country event. The weather was cold to say the least and the students all participated well and showed wonderful sportsmanship.

Congratulations to Claudia Carstairs and Hugh Halls for making it through to the State championship to be held on Tuesday, 22nd July at the Sydney International Equestrian Centre.



Tennis Update

We are excited to share that Forbes Public School recently competed against Tottenham Central School in the Western Final of our tennis tournament on Tuesday, 17th June. The atmosphere was electric as our students took to the court, demonstrating not only their skills but also their teamwork and dedication.

Every player contributed to the match, and it was a true team effort that led to our success. The game was thrilling and even came down to a tie breaker, which kept everyone on the edge of their seats. The determination and resilience shown by our students in such a high-pressure situation were commendable, and it ultimately paid off as our team emerged victorious!

This win is a testament to the hard work and commitment that our players have put into their training. We would like to extend our heartfelt congratulations to each member of the team for their outstanding performance, as well as to our coaches and supporters for their encouragement and guidance throughout the season.

As we celebrate this achievement, we are now eagerly awaiting news of our next match. We will keep everyone updated with details as they come in. In the meantime, let's continue to support our team and cheer them on as they strive for further success in the tournament!

Go Forbes Public School



Sport Report cont.

PSSA Boys Basketball

On Friday 13th June, the senior boys played round 2 in the PSSA Basketball competition against Blayney. Blayney was a great team, and we were successful in winning the match 30-12. The boys played well as a team and showed wonderful skills on the day.

A huge thankyou must go out to Mel West and Hannah DeMamiel for umpiring the game.

Our next round will be played against West Wyalong in the near future here in Forbes.



Netball Schools Cup

On Monday, the Stage 2 and Stage 3 netball teams proudly represented Forbes Public School at the Netball Schools Cup. Both teams played multiple games throughout the day, showing incredible determination, skill, and sportsmanship. Well done to the stage 2 team on being undefeated throughout their 6 games. Their outstanding teamwork and positive attitude were evident on and off the court, with students encouraging one another and giving their best in every match.

We were also very proud and excited for our Stage 3 team making it through to the finals. Unfortunately losing by 4 points to St Mary's Wellington. It was a fun and rewarding day, filled with great competition and plenty of smiles. Well done to all players for their fantastic efforts and for representing the school with pride and a big thank you to our parents who came to cheer on the teams or help umpire the games.





HPGE Fun!



STAY TUNED

COMING

SOON

Term 3 Ahead...

JULY

- Monday 21st - Staff Development Day
- Tuesday 22nd - Students Return, 2R and 2D Parent/Teacher Interviews
- Wednesday 23rd - State Cross Country - Sydney
- Thursday 24th- Premier's Debating Challenge - Round 2
- Friday 25th - School PSSA Netball Knock Out
- Tuesday 29th - Horse Riding - Young
- Wednesday 30th - Junior AECG - Connecting to Country

AUGUST

- Friday 1st - School PSSA Soccer Knock Out, 3/4G Assembly 10am
- Monday 4th - Education Week - Book Fair, Open Classrooms, Book Fair Parade, Picnic Recess
- Wednesday 6th - Stage 1 Excursion, Touch Football Gala Day - Parkes
- Thursday 7th - Premier's Debating Challenge - Round 3
- Friday 8th - Visiting Show - Didgeribone
- Monday 11th - Bullying No Way day
- Tuesday 12th - Horse Riding - Young
- Thursday 14th - Bullying No Way activities
- Friday 15th - 3/4W Assembly 10am, Special Education Ten Pin Bowl Team - Orange
- Wednesday 20th - Musica Viva
- Friday 22nd - Lachlan Athletics - Parkes
- Tuesday 26th - Horse Riding - Young, Prep 4 Big School starts (Tues, Wed, Thurs)
- Friday 29th - 2D Assembly 10am

SEPT

- Tuesday 2nd - Horse Riding - Young
- Thursday 4th - Fathers Day Breakfast (TBC)
- Tuesday 9th - Horse Riding - Young
- Wednesday 10th - BTTB Stage 3 Engagement Day
- Thursday 11th - RU OK Day
- Friday 12th - 2MB Assembly 10am
- Thursday 18th - Fathering Project
- Friday 19th - Western Athletics - Dubbo
- Tuesday 23rd - Horse Riding - Young
- Thursday 25th - Prep 4 Big School finishes
- Friday 26th - PBL Reward Day (TBC), Last day of Term 3



Hi Families,

This week in our Emotional Literacy lesson, we practised identifying various emotions and utilised picture books to build our understanding that each emotion serves as a form of communication.

Working on our emotional literacy skills provides us with opportunities to enhance our understanding and expression of various emotions. As we improve our emotional literacy skills, we can better recognise our own feelings and enhance our ability to manage them. This equips us to navigate diverse experiences, including handling conflicts, forming friendships, coping with challenging circumstances, and maintaining resilience when faced with change.

TRY IT AT HOME FAMILY ACTIVITY: **FEELINGS CHARADES**

YOU WILL NEED:

- Time together as a family.

WHAT TO DO:

- Sit around the dinner table as a family.
- Take turns to make a 'feelings face'. For example, a sad face, an angry face, an excited face, etc. You can also use body language, such as moving your hands or jumping up and down to show excitement.
- Invite other family members to guess the feeling.
- When the feeling is correctly identified, have a family discussion about a time when you felt that emotion.

Family Emotional Literacy habit builder:

Around the dinner table, ask everyone to share a feeling they experienced during the day. Discuss how they managed that feeling, then explore and share strategies that could be used when encountering similar emotions.

We would love to see what you are doing at home. Please share some photos or let your child's teacher know what you have enjoyed.





Online Parenting Group

Online parenting groups are for parents & carers who would like to:

- Understand their child's emotional world by learning to read their emotional needs
- Support their child's ability to successfully manage emotions
- Improve communication and strengthen the bond with their child
- Better understand their child's behaviour and learn new parenting approaches



We are offering two programs: Circle of Security and Tuning in to Kids.

What is Circle of Security® ?

The Circle of Security (CoS) Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened. It is best suited for parents/carers of children aged 1-5 yrs although can be beneficial for all parents/carers.

What is Tuning in to Kids® ?

Tuning in to Kids (TIK) is an evidenced based, emotion-focused parenting course that supports Parents & carers to recognise, understand and manage their own and their children's emotions. It is best suited for parents/carers of children aged 3-12 yrs.

Who is it for?

We are delivering TIK & CoS as part of our Community Recovery Service which covers the following LGAs in NSW: **Cabonne, Cootamundra-Gundagai, Dubbo, Forbes, Gunnedah, Snowy Valleys, Glen Ines, Severn and Snowy Monaro.**

Where?

Groups will take place online via Zoom. Access to stable internet, a computer/device, and a private space will be required.

When?

Pending numbers, we usually offer a group each school term.

For School Term 3, 2025 our groups will happen at the following times – please choose one:

Circle of Security®:

Tuesday Mornings 10am-12pm

Starting 29th July 2025 & running for 8 weeks until 16th September 2025

Tuning in to Kids®:

Wednesday Evenings 7:45pm-9:15pm

Starting 30th July 2025 & running for 6 weeks until 3rd September 2025

"I am so incredibly grateful for this course!"

I couldn't be more thankful for my learning and the strategies that are making an amazing difference with both my boys" - Parent

Next steps:

Our groups are free to join. If you are interested please contact our team by Wed 2nd July 2025 (or as soon as possible following).

Email community.recovery@royalfarwest.org.au or call (02) 8622 6808

Funded by the Australian and NSW Government



Funded under the Disaster Ready Fund – an Australian Government initiative. This program currently receives funding from the Australian Government and the NSW Government.

Forbes Evening CWA Branch

Presents The
Winter Walk in . . .



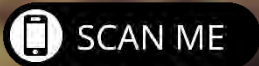
Soup Kitchen

On Wednesday, 2 July 2025 at 12.30pm

Come and enjoy @ The CWA Rooms,

Lachlan Street, Forbes

Soup and a Roll \$5.00 per bowl.



School Holiday Robotics Workshops

Parkes: Wednesday 16 July 2025

WELL provides engaging and fun activities for school children using **LEGO Spike Essential** and **LEGO Spike Prime** robotics kits and Chromebook computers with Scratch Junior and Scratch coding.

Suitable for children both with or without experience using LEGO robotics.

Junior Robotics (Yr 2 to 5)

9.30am – 11.30am \$40

Work in pairs using LEGO Spike Essential robotics to create and code robots in a range of fun scenarios.

Robo Battle (Yr 5 to 10)

12.30pm – 3.00pm \$45

Work in pairs or on your own to design and build the best battling robot using LEGO Spike Prime robotics. Robots will take part in a round-robin competition. *Will your robot be the last one standing?*

Venue:

Marramarra Makerspace
Parkes Library and Cultural Centre
25 Bogan St Parkes 2870

Book online at:

<https://www.trybooking.com/DCJWA>

www.westernenrichment.com.au



NRL COMMUNITY SCRUM

Join former NRL legends Bryson Goodwin & Dale Finucan for an evening of mental health education and awareness at our State of Mind Scrum event!

This interactive panel discussion and workshop will bring together mental health professionals, rugby league personalities, and community leaders to discuss a range of important topics related to mental health and wellbeing.

WHEN: Tues 24th June **WHERE:** Forbes RLFC - Spooner Oval

TIME: 6:45pm - 7:45pm with nibbles

