



Forbes Public School Newsletter

4th July 2025

Term 2 Week 10



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What a Fortnight! Celebrating a Busy End to Term

The last fortnight has been packed with a wide range of enriching and memorable experiences for our students across all stages.

We were excited to welcome the *Healthy Harold* van to our school, bringing important lessons about health, safety and wellbeing. Students engaged in age-appropriate sessions focused on topics such as friendship, nutrition, and making safe choices — always a highlight and a valuable addition to our PDHPE program.

Stage 3 students had an unforgettable time on their excursion to Canberra. From exploring the nation's capital to the thrill of playing in the snow, the trip offered both educational insights and moments of joy that will be long remembered.

Our Infants' Athletics Carnival was a wonderful celebration of movement, teamwork and fun. Students gave it their all across the events, supported by a chorus of cheers from their peers, staff and families, followed by a sausage sizzle.

The Forbes Eisteddfod once again showcased the depth of talent in our school community. Students shone in choir, recitation and public speaking categories. A particular congratulations goes to our Learning Centre students, whose performance earned a winning result — a proud and well-deserved achievement.

We were also honoured to conclude the term with our *NAIDOC Week* celebrations. This important week allowed us to acknowledge and pay respect to the rich histories, cultures and achievements of Aboriginal and Torres Strait Islander peoples. Through storytelling, art, music and reflection, students gained a deeper understanding of First Nations perspectives, and the significance of engaging with and across different school communities.

Wishing everyone a restful break. We look forward to seeing students return on **Tuesday, 22nd July** for another exciting term of fun, learning and growth.



FPS Education Week

Monday, 4th August

8:30am-3:30pm Book Fair in our School Library

9:30am Book Fair Parade

10am-11am Open classrooms

11am-11:30am Picnic recess with family/carers and cake stall

As part of our school's celebration of Education Week we invite students to dress up as their favourite book character. Please remember school appropriate clothing and footwear.

**The following students will receive a
Principal's Pen or Pencil**

KJ

Aurora Maguire
Harry Duncan
Charlie McConnell
Wilder Welsh
Pip Thompson
Millie Olson-Pimm
Auri Zuliani
Darcy Bray
Layla Hodge
Dean Markham

1HM

Austin Byrnes
Willow Butler
Will Parslow-Smith
Frankie Morrison
Harriet Watson
Isabelle Wiegold
Tennyson Acker

1J

Zoe Webb
Xavier Green
Jayla Holmes
Lil Baxter
Islee Currey
Hudson Sutton
Charlie Cole
Millie Dang
Tyler Apps
Finn Anderson
Cruz Amor
Abbygail McDonald
Birdie Welsh
Maci McMahon
Tom Robb
Elkie Gunn
Isabelle Norris
Archie Adams

2MB

Arlie O'Connor

2R

Lilly Schrader
Jordan Fazldeen
Paige Taylor
Arlo Skinner
Abel Tuimaunei
Mac Parry
Harriet Watson
Shanelle Colvin
Jack Hazell
Percy Harrison
Jack Fuge
Levi Nicholson
Quinn Trotter

3/4M

Dallas Colvin
Telman Oyunbold
Emmett Burbage
Oliver Currey
Aislinn Baynham
Sophie Scott
Evie Sutton
Miles Turner

3/4G

Sonny Newcombe
Macey Schrader
Cheyse Hoy

3/4W

Nixon Scott
Lincoln Molloy
Phoebe Smith
Porter Collits
Sam Webb
Murphy Harrison
Dimity Dumbrell

5/6T

Declan Hurford

2/6C

Alan Rossiter

K/6M

Will Davis
Scarlett Bailey
Kyson Mcanulty
Olivia Markham
Darrius Work

2/6S

Chase Presnell
Oakley Cobcroft
Karym Mitchell
Cylis Mitchell
Kaiden Coleman

Debating FPS v FPS

On Wednesday 2nd July, our talented FPS debating teams went head to head in an exciting debate on the topic 'Primary school teachers should use lollies and chocolates as rewards in class'.

Both teams presented well-reasoned arguments, challenged each other with confidence and displayed outstanding teamwork and critical thinking.

The audience was thoroughly engaged and it was clear that all students had prepared thoughtfully for the event.

Congratulations to the affirmative team, The Argu-Mentals, who claimed victory in a closely contested debate.

A big thank you to Miriam from The Arts Unit for adjudicating the event and providing valuable feedback. Both teams loved their sweet reward at the end, which felt like a fitting treat after such a lively and persuasive session.



Dancing Stars

Our talented primary dancers bravely battled nerves and embraced the excitement as they took to the stage for the very first time at the Western Dance Festival in Dubbo. Performing across both the afternoon and evening showcases, the group delivered a moving and dynamic piece that highlighted not only their skill and confidence, but also their resilience and school spirit.

The dance, titled "Get Back Up", was choreographed by renowned NSW DoE dance professional Jane Evans, and centred around the theme of recovery and renewal—drawing inspiration from the river in Forbes and the students' own journey of bouncing back and rebuilding on their newly refurbished site.

The performers wore striking blue tasselled pants, which enhanced their strong and mesmerising movements. With hair and makeup complete, the dancers took to the stage looking absolutely fabulous, delivering a vibrant and crowd-pleasing performance that left a lasting impression.

We are so proud of their efforts and the way they represented our school with pride and passion. We can't wait to showcase this dance to our school community in the coming months.



Forbes Preschool Visits FPS

On Wednesday 2nd July, Forbes Preschool visited our school for a delightful day of big school activities. The preschoolers engaged in a variety of activities, including a captivating story session, a creative craft project, and an energetic kinder gym session in the hall.

Our FPS students thoroughly enjoyed assisting the preschoolers, guiding them through each activity. This experience not only enriched the preschoolers' day but also provided our students with valuable opportunities to develop leadership and mentoring skills.



AWARDS, AWARDS, AWARDS

Congratulations to these students on receiving major awards at our whole school assembly held on Friday, 20th June.



Stella Morris
Blue & Gold Banner



Blue & Gold Banner



Will Rees
Blue & Gold Banner



Georgie West
Blue & Gold Banner



Fraser Wythes
Special Achievement



Grace Hogben
Special Achievement

2025 Forbes Eisteddfod

Eisteddfod Week began on Wednesday 18th June, with Mrs Prow's Primary Choir performing Arlington and Manly Ferry. Their beautiful rendition earned them a Highly Commended from the adjudicator.

Friday 20th, was a full day of performances, with students impressing the audience and adjudicator across several sections. The day began with our LC and 2/6C classes competing in the Special Needs section. An outstanding effort that saw our students take home first and second place trophies! The Year 2 Choir lit up the stage with joyful performances of Catch a Falling Star and Get Back Up Again, charming both the audience and the adjudicator.

At midday, our Stage 2 classes took part in the Choral Speaking section. They spoke clearly, confidently and with great expression, representing our school with pride and enthusiasm.

In the afternoon, students from both Stage 2 and Stage 3 participated in the Public Speaking and Recitation events. They presented their favourite poems and delivered speeches on topics of their choice, showcasing excellent communication skills and poise. Well done to all students involved, you should be incredibly proud of your efforts. Performing in front of an audience is a valuable life skill and you've taken another strong step in building your confidence and public speaking ability.



LC Assembly Item and Forbes Eisteddfod Performance

In Week 6, students from the LC presented their assembly item, 'The Rainbow Fish'. They had recently gained first place for performing it at the Cowra Eisteddfod.

Each student confidently entered the school hall in their colourful costume and was rewarded with gasps of surprise and expectation from the audience. Each student is to be commended for the effort they have put into making this item a success. The staff in the LC are so proud of them for the way they have learnt their lines and worked together to make The Rainbow Fish a success.

On Friday 20th June, the students performed in the Forbes Eisteddfod. The adjudicator gave a glowing report and awarded them first place. She commended the narrators, Braith and Violet, for their clear and confident reading and commented that each performer was given the opportunity to shine. Once again, the costumes were a highlight for the audience. It has been a real team effort and an experience that the students and staff will remember for a long time.



3/4M Shine at Assembly

We are excited to tell you about the amazing experience 3/4M shared with the school at the week 8 assembly sharing their Eisteddfod items. The students performed two beautiful poems: "Very Early" by Karla Kuskin and "Rain" by Sigbjørn Obstfelder. They worked hard on choral speaking and did a fantastic job at our recent school assembly.

In "Very Early," they shared the lovely feeling of morning waking up, and "Rain" helped everyone feel the peacefulness of nature. The students used their voices and energy to make the poems come alive, and the audience loved it!

We are so proud of their performance and how well they worked together.

Assembly Awards

The following awards were presented at the school assembly held on Friday, 20th June.

KA	-	Nevaeh Greenaway	-	Fantastic effort in Writing
		Boston Graff	-	Demonstrating greater confidence when answering in class
KG	-	Quinn McAvoy	-	Fantastic effort counting collection in Maths
		Gloria Cran	-	Improvement and effort in Reading
KJ	-	Millie Olson-Pimm	-	Effort and improvement in Literacy lessons
		Charlie McConnell	-	Effort in building resilience skills
1HM	-	Rosie Gorman	-	Application in all areas
		Lawson Redfern	-	Working hard in Maths
1J	-	Archie Adams	-	Demonstrating a positive attitude towards learning
		Xavier Green	-	Trying his best in reading and writing
2MB	-	Lailani McGlashan	-	Demonstrating excellent reading skills
		Lex Townsend	-	Improved effort in persuasive writing
2R	-	Ava Hogan	-	Excellent persuasive texts
		Abel Tuimaunei	-	Great effort in Maths
3/4G	-	Jobe Sallaway	-	Making positive choices on the playground
		Maddison Churchill	-	A positive attitude towards learning
3/4M	-	Evie Sutton	-	Working hard in Mathematic lessons
		Sophie Scott	-	Being a kind and caring class member
3/4W	-	Kendall Chua	-	Always displaying a positive attitude to learning
		Immanuel Simpson	-	Settling in well at Forbes Public School
5/6K	-	Sativa Gavin	-	Working hard in Literacy groups
		Hallie Tomkinson	-	A positive attitude to learning
5/6P	-	Seth McDonald	-	Effort in his art projects
		Millie Hatch	-	Always ready to learn
5/6T	-	Harry Smith	-	Writing interesting story starters
		Ruby Lidster	-	Always working productively in class
2/6C	-	Saxon Haynes	-	Consistent effort in all areas

GEM Awards

Being mindful and in the moment at school

KA	-	Harper Rath	2MB	-	Jaxon Hoy	5/6K	-	Stella Morris
KG	-	Koa Towney	2R	-	Matilda West	5/6P	-	Nathaniel Baynham
KJ	-	Charlie McConnell	3/4G	-	Molly De Mamiel	5/6T	-	Jarrod Thornton
1HM	-	Lilah Horan	3/4M	-	Emmett Burbage	2/6C	-	Erin Walmsley
1J	-	Finn Anderson	3/4W	-	Sam Webb			

Safe Respectful Responsible



SPORTS REPORT

Western Touch Trials Success

On Monday 23rd June, four of our talented touch football players —Jack Bull, Leo Dwyer, Jack Pointon, and Declan Hurford—proudly represented the Lachlan team at the Western Touch Football Trials held in Dubbo.

We are thrilled to announce that Jack Bull, Leo Dwyer, and Jack Pointon have been selected to join the Western Touch Football team. This is a significant achievement, and we extend our congratulations to these students for their hard work and dedication.

The selected players will compete in the NSW State Championship in Dubbo from 19th to 21st August, representing the Western School Sport Association (SSA).

Well done to all our students for their commitment and sportsmanship.



Touch Football PSSA Knockout Gala Day

Our Forbes Public School boys' and girls' Touch Football teams travelled to Parkes to compete in the PSSA Knockout Gala Day. Each team played three games throughout the day, taking on opponents from Forbes North Public, a combined Bedgerebong Public team, Parkes Public (girls), and Condobolin Public (boys).

Both teams displayed outstanding teamwork, sportsmanship, and determination in every match. Their skills developed with each game, and they should be extremely proud of their efforts. A huge congratulations to our boys' team, who have progressed to the quarter finals!

A very special thank you goes to Miss Danielle McManus from Forbes North Public School for her excellent organisation and coordination of the event. We're also incredibly grateful to our amazing Forbes Public School P&C for running the canteen, and to all the parents who made the trip to Parkes to support our teams.

Infants Athletics Carnival

On Friday 27th June Kindergarten, Year 1 and Year 2 students took part in the Infants Athletics Carnival. Students enjoyed participating in high jump, long jump, shot put, hurdles, tunnel ball, frisbee and rocket throwers. Students had a wonderful day. Thank you to all of the parents and carers who came along to watch.

Brian palmer shield

On Friday 20th June, the Stage 3 Rugby Union team went to the Orange Emus home ground to compete in the Brian Palmer Shield competition.

We played four games during the day. In the first we got a win against Calare Public School. After another great team effort from FPS we came through with another win against Bletchington in our second game.

A short lunch break might have worked against us as after our two great wins we lost our third game against a very strong Orange Public team. We thought that was the end of our day but we had one last game against Orange Small Schools which we sadly lost.

At the end of the day we all had an amazing time as a team and finished on a high when for a team reward our amazing bus driver Mr Webb took us to McDonalds for post game snack!

Stage 3 Canberra Excursion

Last week, Stage 3 students set off on an unforgettable three-day excursion to Canberra and the Snowy Mountains. With bags packed and excited chatter in the air, we boarded the bus bright and early at 6am, ready for an action-packed adventure.

Day 1 took us straight into the heart of democracy, where we explored the Museum of Australian Democracy and learned about Australia's political history and how everyday Australians have shaped change over time. We then visited the Australian War Memorial, reflecting on the stories and sacrifices of those who have served. After a driving tour of the embassies, we headed to the Australian Institute of Sport, where we were inspired by the facilities and stories of elite Australian athletes. That evening, we travelled to Berridale to settle into our accommodation, have dinner and get fitted for our snow gear—exhausted but excited for the days ahead.

On **Day 2**, we began with a visit to the Snowy Hydro Discovery Centre. Students enjoyed an immersive theatre experience and tackled the Knowledge Quest to learn about hydroelectricity and renewable energy. The highlight of the day was our time at Perisher, where we experienced the snow firsthand—throwing snowballs, building snowmen and playing in the crisp alpine air. That night, we enjoyed a lively trivia competition, with “The Stinkers” taking out the win!

Day 3 was another early start as we headed back to Canberra to round out our trip. We explored Questacon, sparking our curiosity through hands-on science exhibits, before heading to Parliament House. There, students participated in a tour and took part in a mock session where they created and debated their own bill. We finished the day with a well-earned ice cream and one last stop in Yass for dinner. Despite a minor bus issue on the way home, spirits remained high and we arrived back just in time for bed.

This excursion was a fantastic opportunity to deepen students' understanding of Australian history, government, science and sport—all while creating memories to last a lifetime.









Online Parenting Group

Online parenting groups are for parents & carers who would like to:

- Understand their child's emotional world by learning to read their emotional needs
- Support their child's ability to successfully manage emotions
- Improve communication and strengthen the bond with their child
- Better understand their child's behaviour and learn new parenting approaches



We are offering two programs: Circle of Security and Tuning in to Kids.

What is Circle of Security® ?

The Circle of Security (CoS) Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened. It is best suited for parents/carers of children aged 1-5 yrs although can be beneficial for all parents/carers.

What is Tuning in to Kids® ?

Tuning in to Kids (TIK) is an evidenced based, emotion-focused parenting course that supports Parents & carers to recognise, understand and manage their own and their children's emotions. It is best suited for parents/carers of children aged 3-12 yrs.

Who is it for?

We are delivering TIK & CoS as part of our Community Recovery Service which covers the following LGAs in NSW: **Cabonne, Cootamundra-Gundagai, Dubbo, Forbes, Gunnedah, Snowy Valleys, Glen Ines, Severn and Snowy Monaro.**

Where?

Groups will take place online via Zoom. Access to stable internet, a computer/device, and a private space will be required.

When?

Pending numbers, we usually offer a group each school term.

For School Term 3, 2025 our groups will happen at the following times – please choose one:

Circle of Security®:

Tuesday Mornings 10am-12pm

Starting 29th July 2025 & running for 8 weeks until 16th September 2025

Tuning in to Kids®:

Wednesday Evenings 7:45pm-9:15pm

Starting 30th July 2025 & running for 6 weeks until 3rd September 2025

"I am so incredibly grateful for this course!"

I couldn't be more thankful for my learning and the strategies that are making an amazing difference with both my boys" - Parent

Next steps:

Our groups are free to join. If you are interested please contact our team by Wed 2nd July 2025 (or as soon as possible following).

Email community.recovery@royalfarwest.org.au or call (02) 8622 6808

Funded by the Australian and NSW Government



Funded under the Disaster Ready Fund – an Australian Government initiative. This program currently receives funding from the Australian Government and the NSW Government.

Become a foster carer. Make a lifelong difference.



Lifestyle Solutions



Children and young people across Australia who cannot live with their families urgently need foster carers. If you think you could give a child or young person a safe, nurturing place in your home, temporarily or permanently, read on.

What is foster care?

Foster care provides a stable, caring environment for children and young people when they cannot live with their own families. This may be due to abuse or neglect, or a family crisis such as illness or homelessness.

The children we support are full of love, character and passion. They need your help to achieve all their goals.

Children and young people may need care for a short time or permanent, long-term care. Some children need respite foster care, for example, for one weekend per month.

Types of foster care

Foster care is not necessarily permanent and long-term.

We need a range of carers to provide:

- **interim or restoration care** - supporting children who will eventually go back and live with their families or who need temporary care until permanent foster care has been found
- **emergency or short-term care** - caring for children for a short time, usually for up to three months
- **respite care** - one-off or planned periodic care for a child, for example, for one weekend a month, to provide respite for permanent foster carers or family members
- **long-term care** - permanent long-term foster care for a child until they are 18-years- old where restoration, guardianship or adoption don't support their needs.

About foster carers

Foster carers and their families can be the most important people in the lives of children and young people.



You could be a foster carer if you can:

- provide a safe and nurturing home environment that considers the child's background, care needs and culture
- help ensure the child and their family can build positive, healthy and safe relationships

- have the time, commitment and patience to support a child who may have experienced trauma and is separated from family.

Lifestyle Solutions' foster carers are:

- from a diverse range of backgrounds
- interesting and compassionate people with a range of talents and strengths to care for children and young people who have varied backgrounds, personalities and interests.

You can be:

- a male and female couple
- a same sex couple
- a single person with or without children
- of any age from 18-years-old to mature-aged
- working or not working
- from any cultural background.
- You and your family are settled, with no financial, housing or critical health issues
- You and your partner have decided it's time to care for children and you share similar goals
- You've had fertility issues but have decided to discontinue treatment and care for a child instead
- Your own children are grown, and you still want to care for children
- As a single adult, you have the resources to care for a child and do not have conflicting commitments such as a job that requires a lot of travel
- you're not experiencing a personal crisis such as homelessness, divorce, critical financial hardship or illness, or the recent death of a partner or child.

What are the benefits?



Lifestyle Solutions is 100% committed to supporting you to feel confident, capable and informed. We provide:

- **a non-taxable foster care allowance** that varies according to the type of care provided and the child's individual needs
- **comprehensive free training**
- **24/7 on-call support** for emergency situations
- **links to state fostering associations** and access to fostering forums
- **Peer support** and contact with other carers in your area
- **a dedicated Carer Services Officer** to give you professional and practical support

Each child has a dedicated Case Manager and, often, a clinician. These people support the child's placement and long-term goals, and support you regarding the child's individual needs.

Make a lifelong difference in the life of a child or young person

Lifestyle Solutions urgently needs all types of foster carers across Australia. If you think you could become a foster carer, please get in touch for a confidential discussion and more information.

Call 1800 634 748 or make an [online enquiry](#) and someone will contact you. www.lifestylesolutions.org.au