

# Forbes Public School Newsletter 12th March 2025 Term 1 Week 7



Lachlan Street FORBES NSW 2871

Fax: 02 6852 2534

Tel: 02 6852 1934

Website: www.forbes-p.schools.nsw.gov.au Email: forbes-p.school@det.nsw.edu.au



Dear Parents, Carers and Students

We've had an action-packed fortnight filled with outstanding achievements, exciting events, and fantastic community involvement. It's wonderful to see our students thriving both in and out of the classroom.

Congratulations to our Swimmers! A huge congratulations to all our students who competed at the Lachlan and Western swimming trials. Your dedication, sportsmanship, and hard work in the pool are truly commendable. We are incredibly proud of your efforts and achievements. Well, done!

While we are celebrating sporting achievements, another round of applause goes to our talented tennis players who participated in the Western tennis tryouts with more Forbes Public Students selected and to those students who challenged themselves at the Western Region Basketball tryouts. It's fantastic to see so many of our students challenging themselves and representing our school with pride. Keep up the great work!

Last week's Welcome BBQ was a fantastic event, bringing together our school community to celebrate the start of the year. Thank you to all the families who attended and to our staff for making the event so warm and welcoming. It was great to see so many friendly faces enjoying the afternoon and a BBQ dinner together.

Our Kinder Development Playgroup continues to be a wonderful initiative, supporting our youngest learners as they engage in developmental play. The enthusiasm and excitement from both children and parents have been incredible. We look forward to many more engaging sessions ahead!

Our students in Stage 1 are set to showcase great skill and teamwork at the Infants League Tag Shield in Parkes on Thursday. I am sure you will all do our school proud! Students will also have an amazing time at the Dream Cricket Day at Forbes High School on Friday, an event that promotes inclusive cricket opportunities for all abilities. I'm sure it will be a day full of fun, teamwork, and skill-building, and we thank the organisers for making this experience so enjoyable for our special education students.

As we move through the term, there are many more exciting opportunities ahead. Keep an eye on upcoming events and continue to support one another as we celebrate our students' achievements.

Thank you for your ongoing support and encouragement.

Warm regards,

Meg Staples - Principal

#### Whole School Assembly

Our next Whole School Assembly will be held on Friday, 21st March at 10am in the school hall. Class 5/6T will be presenting their item.

Everyone is invited to attend.

"Maintaining A Tradition of Excellence"

#### **Principal's Commendation Awards**

The following students will receive a Principal's Pen or Pencil

KA 5/6K

Xavier Green Shaun Gartner

**2D** Wyatt Coble

Sam Webb Billy Mayall

**3/4G** Georgie West

Macey Schrader Kaitlyn Rankmore

Fletcher Morrison Stella Morris
Vienna Simmons Nellie Collits
3/4M Lahni Schrader

Sophie Scott Lucy Webb

Telmen Oyunbold Nate Whitty

Isabel Teale Emma Currey

Dallas Colvin Will Rees

5/6A Xavier Wilcox

Rylee Nikolic Alia Zuliani Sadie Dooley Lucas Chen

Eden Flack Lola Quirk

Bailey Spice 2/6C

Lachie Manson Oliver Mellon

5/6T Erin Walmsley

Tilly Madge Emilie Buchanen

**K/6F** Kodan Jackson Kiara Usher Saxon Haynes

Aleeah Radburn

# Tuesday, 18th March Students are reminded to wear sun safe casual clothes to ensure uniforms are clean for school photos on Wednesday, 19th March

#### Stewart House Donation Drive 2025 94 Years caring for children

Envelopes will be sent home this term for the 2025 Stewart House Donation Drive.

Win a \$4000 holiday travel voucher.

- Place a \$2 coin or equivalent in the envelope.
- complete entry details on the back
- return it to school to be eligible to enter the draw

The draw will take place at Stewart House on Friday, 23rd May 2025 so please return your envelope to school by Wednesday, 7th May 2025.

#### Clean Up Australia Day

On Friday, February 28th, all students participated in Clean Up Australia Day, an event dedicated to keeping our environment clean and safe. Each student took part in the initiative, with everyone contributing to the cleanliness of our school.



#### **REMINDER**

2025 School Photo Day

#### **WEDNESDAY 19th MARCH**

Students are required to return their photo envelopes on photo day even if they are not ordering photos.

Sibling envelopes must be returned to the front office before photo day to enable us to plan ahead.

What to wear—Summer Uniform and a BIG smile!!

#### **NSW PSSA Cricket Championships**

Leo Dwyer recently had the incredible honour of representing the Western NSW PSSA team at the NSW PSSA State Cricket Championships in Maitland. Over four action-packed days, 14 teams battled it out in a test of skill, endurance, and sportsmanship, with Western securing 8th place overall.

- Day 1 Western 10/138 lost to North Coast 9/139
- Day 2 Western 8/142 defeated Combined Independent Schools (CIS) 10/130
- Day 3 Western 9/114 edged out Northwest 9/112
- Day 4 Western 10/97 fell to Sydney West 6/98

Congratulations, Leo a fantastic achievement!



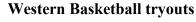
#### **AFL**



On Friday, 28th February AFL NSW/ACT conducted an exciting promotional visit to promote their after-school program. The event was a huge success, with all students actively participating and thoroughly enjoying the various games and activities organised by the AFL team.

The visit was designed to give students a taste of what to expect in the after-school program, helping them get excited about learning new skills and having fun through Australian rules football. The AFL team brought energy and enthusiasm, guiding the students through a variety of games that highlighted the key aspects of the sport, from ball handling to teamwork.

The AFL after-school program held at Forbes Public started last week.





On Wednesday, 5<sup>th</sup> March, 7 students travelled to Bathurst to try out for the Western PSSA basketball team. Although no one made the team, they had a wonderful day and gained some valuable experience.

Congratulations to the following students who tried out;

Madi West, Charlie DeMamiel, Harry Smith, Leo Dwyer, Arlie Gunn, Lucas Brakenridge and Darby Edgerton.



#### **Western PSSA Trials Update**

We are excited to announce that six of our talented students qualified to participate in the Western PSSA trials following their impressive performances at the Lachlan PSSA trials. This achievement is a testament to their hard work and dedication to the sport.

We are particularly proud to share that Ivy Skinner has successfully made the team, while Will Rees have been placed on the reserve list. Their commitment and effort have not gone unnoticed, and we look forward to seeing how they perform at this higher level of competition.

Congratulations to all our students for their achievements and sportsmanship representing our school!



#### **Assembly Awards**

The following awards were presented at the school assembly held on Friday, 21st February.

KA	-	Nevaeh Greenway	-	Showing kindness to others

Boston Graff - Always trying his best

KG - Harry Coulthurst - Applying himself in all areas of his learning

Eva Linsdell - A fantastic start to Kindergarten

KJ - Layla Hodge - Having a positive attitude towards learning

Charlie McConnell - Consistently following our PBL values

1J - Finn Anderson - A fantastic start to term 1

Archie Adams - Having a positive attitude towards learning

2D - Artie Spackman - An excellent start to Year 2

Elizah Redfern - An excellent start to Year 2

2MB - Leo Towney - Being a responsible role model for his peers

Scarlett Dunn - Working hard in handwriting

2R - Harriet Buchanen - Wonderful writing

Matilda West - Marvelous maths

3/4G - Jack Ball - Always being on task and ready to learn

Fletcher Morrison - Always having a positive attitude for learning

3/4M - Aislinn Baynham - Settling well into Forbes Public School

Jude Bray - Settling well into Forbes Public School

3/4W - Harrison McMahon - Always participating in class discussion

Amara Coleman - Building confidence in the classroom

5/6A - Riley Stephenson - Showing kindness to others

Lauren Coffee - Outstanding start to the year

5/6K - Georgie West - A positive attitude towards learning

Lahni Schrader - A positive approach to all subjects

5/6P - Nathaniel Baynham - A wonderful start to the year

Layla Phillips - Always being ready to learn

5/6T - Declan Hurford - A fantastic start to the year

Jakaylia Ware - Wonderful creativity during Art

2/6C - Kodan Jackson - Displaying enthusiastic attitude to all learning tasks

K/6F - Kiara Usher - Amazing work in spelling and Soundwaves

K/6HP - Hudson Armour - Working to the best of his ability

2/6S - Archer Sherritt - Excellent transition to 2/6S

## Term 1 Week 4 Assembly GEM Awards Displaying gratitude at school

KA	- Harper Rath	2R	- Abel Tuimaunei	5/6P	- Delta Steele
KG	- Banjo Penney	3/4G	- Zoe Stephenson	5/6T	- Charlie Acheson
KJ	- Blair Martin	3/4M	- Tilly Whitty	2/6C	- Noah Johansson
1J	- Xavier Green	3/4W	- Airlie Lennane	K/6F	- Aleeah Radburn
2D	- Willa Thornton	5/6A	- Eden Flack	K/6HP	- Lucas Hetherington
2MB	- Lailani McGlashan	5/6K	- Wyatt Coble	2/6S	- Laurence Gordon

#### **Assembly Awards**

The following awards were presented at the school assembly held on Friday, 7th March.

KA - Ryder Kelly - Trying his best when learning letter sounds

Harper Rath - Always trying her best

KG - Tennessee Lennane - Working hard to learn letter sounds

Lincoln Rath - Trying his best in handwriting

KJ - Aurora Maguire - Trying her best in all areas

Wilder Welsh - Fantastic effort in learning the letter sounds

1HM - Reggie Anderson - Improvement in literacy

Amity Sammut - Improvement in reading

1J - Maci McMahon - Consistently following our PBL values

Hudson Sutton - Improvement in mathematics

2D - Kit Beard - Consistently sharing his thoughts and ideas

Isla Rath - Consistently trying her best in every aspect of school

2MB - Dash Gaffney - Always being a responsible and respectful role model

Jaxon Hoy - Trying his best to improve his handwriting

2R - Ava Hogan - Excellent problem solving in Maths

Lilly Schrader - Super sentence writing

3/4G - Angus Bembrick - Consistent effort in reading

Gigi Greig - Always being on task and giving her all

3/4M - Isabel Teale - Always trying her best in class

Oliver Currey - Writing a wonderful Narrative Plan

3/4W - Rosie Coates - Enthusiastic participation in class discussion

John Brown - Fantastic effort in narrative writing

5/6A - Jamaraki Ware - Sportsmanship and displaying empathy

Grace Fuge - Effort and persistence in all areas

5/6K - Jarryd Whittaker - Approaching every task with a positive attitude

Lily Ball - Always putting in 100%

5/6P - Max Hogben - Contributing to class discussions

Kallie Trainor - Giving everything a go with a positive attitude

5/6T - Primrose Walker - Brainstorming interesting narrative ideas

Hugh Halls - Having a positive attitude towards his learning

2/6C - Lauren Crotty - Fantastic work in maths lessons

K/6HP - Bentley Freshfield-Robb - Positively engaging in his learning 2/6S - Oakley Cobcroft - Increased enthusiasm for learning

#### Term 1 Week 6 Assembly GEM Awards—Empathy and Kindness at school

KA	- Aylah Cole	2R	- Imogen Smith	5/6P	- Austin Webb
KG	- Vivienne Tuimaunei	3/4G	- Clara Skinner	5/6T	- Jack Bull
KJ	- Auri Zuliani	3/4M	- Tilly Whitty	2/6C	- Saxon Haynes

1HM - Hudson Payne 3/4W - Sadie McConnell K/6F - Vinnie Wright
2D - Emmi Hodge 5/6A - Rylee Nikolic K/6HP - Octavia Morris

2MB - Lilly Schrader 5/6K - Lexie Hoy 2/6S - Oakley Cobcroft

# RESILIENCE PROJECT...

#### Gratitude

Working on gratitude helps us to be thankful and appreciate what we have in our lives, rather than focusing on what we don't have or what we want. When we practise being grateful, we start to scan the world to look for positives – this only takes 21 days! Practising gratitude every day increases our levels of energy, helps us to feel happier and more focused, determined and optimistic. It even helps us have a better sleep, lowers levels of anxiety and depression and we are less likely to get sick. So many benefits – let's all try to be grateful for the things and people in our lives every day!

#### Whole Family Activity:

Gratitude Scavenger Hunt

As a family create a scavenger hunt list of things that make you happy or you are grateful for, you can make your own list or use the examples below:

Something that makes you happy

Something you love to smell

Something you enjoy looking at

Something that is your favourite colour

Something you like in nature

Something that is useful for you

- Each member of the family uses the list, and has to find as many things as they can.
- You can hunt for things inside or outside, or both. You can hunt for real things, or you can also do this using magazines or pictures from the internet.
- After a set amount of time hunting, come back together, have a look at what each person collected and let them explain why they are grateful for each item.

#### **Family Habit Builder:**

Every night at dinner, have each person talk about their favourite thing about that day.

#### **Visiting Show**

NED's Resiliency Ride visiting show will again be coming to our school on Thursday 20<sup>th</sup> March. We are looking forward to welcoming the NED performers back to FPS with students enjoying the entertainment during past visits. NED stands for -

Never give up,

Encourage others and

**D**o your best

The 45-minute performance uses storytelling, magic, humour and yoyo tricks to teach students about Focus and Persistence, Kindness and Shared Learning and Diligence and Excellence which complement the key messages of our current wellbeing programs at FPS. While there is no cost for attending this show, there is an option to purchase merchandise (yo-yo's) which you will see in the order form attached to this newsletter.

\* Order forms with payment must be returned to Mrs MacGregor by Thursday 20th March, Yoyo orders will be sent home Friday 21st and are for at home use only!

#### Forbes Public School Shines at Western PSSA Swimming Carnival

Forbes Public School's swimming team made a huge splash at the Western Region PSSA Swimming Carnival, with 27 qualifiers competing against 721 of the best swimmers across the region, which stretches from Lithgow in the east to Bourke and Cobar in the West.

An incredible 22 swimmers achieved personal best (PB) times, demonstrating the hard work and dedication they've put into their training. Many of our younger swimmers also put in fantastic efforts, gaining valuable experience at the regional level. Congratulations to all competitors for their outstanding performances, and best of luck to those heading to the NSW PSSA State Championships!

Your dedication, sportsmanship, and team spirit continue to make Forbes Public School proud!

#### **Outstanding Individual Performances**

With 34 individual events on the program, our swimmers delivered exceptional results, securing podium finishes in 14 events and earning places at this years prestigious NSW All Primary School State Championships (PSSA) Competition that includes Public, Catholic and Independent schools, in April.

#### **State Championship Qualifiers**



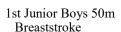
#### Ruby Ridley

2nd Junior Girls 50m Butterfly



#### Miles Turner

2nd 10Yr Boys 50m Freestyle



1st Junior Boys 50m Backstroke

2nd Junior Boys 200m Individual Medley

#### Leo Dwyer

2nd Open Boys 100m Freestyle

1st Senior Boys 50m Backstroke

2nd Senior Boys 50m Butterfly

3rd Senior Boys 200m Individual Medley

Relay Teams bound for State Championships

Ruby Ridley, Madi West, Zoe Stephenson, Mollie Flick

3rd Junior Girls Relay Team

Cheyse Hoy, Sam Webb, Fletcher Morrison, Miles Turner

3rd Junior Boys Relay Team

Jamaraki Ware, Jack Pointon,

Arlie Gunn, Leo Dwyer

1st Senior Boys Relay Team



#### **Jack Pointon**

1st 11Yr Boys 50m Freestyle

1st 11Yr Boys 50m Breaststroke

1st 11Yr Boys 50m Backstroke

2nd 11Yr Boys 50m Butterfly



#### Jamaraki Ware

1st 12Yr Boys 50m Freestyle (This was one of the most exciting races of the day, with only 0.42 seconds separating 1st to 4th place!)











**NED's Resiliency Ride** is visiting our school! The assembly is filled with storytelling, humor, illusions and amazing yo-yo tricks where our kids learn the hidden message in NED's name:

Never give up

**E**ncourage others

Do your best®

Do you want to learn to yo? A yo-yo is both a learning tool and a tangible reminder of NED's message. While learning to yo, children will make mistakes, try again and improve.

#### Our school yo-yo sale

Our school received this assembly at no-cost because another school paid-it-forward to us. We want to help pay-it-forward too, and you can help by purchasing a NED-messaged yo-yo.

SALE DATES: \_\_\_\_\_\_ TIME: \_\_\_\_\_

ADDITIONAL DETAILS:



#### Yo-yo designs and colors may vary.

Make cheques payable to our school. Prices include tax (where applicable).

#### STUDENT ORDER FORM:

# CLASSIC YOS Learn the basics of yo-yoing with assorted fixed axel yo-yos.



**SUPER SPINNERS** 

Great for basic and intermediate tricks.

With a strong throw, these auto-return yo-yos 'sleep' at the end of the string & then come back to you automatically.





SPECIALTY SELECTION AU\$ 25



#### REPLACEMENT STRING PACK

Ten assorted strings to change color or replace a worn out yo-yo string.



**YO-YO HOLSTER** 

Keep track of your yo and have it ready to go. Attach it to your belt loop or backpack (yo-yo not included).

	AU\$	17
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	EMED	

Name: _			
Teacher:			

For more yo-yo fun and to learn tricks, check out: **NEDkids.com** 



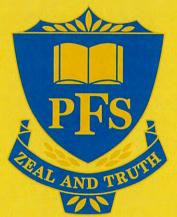
Yo-yo designs and colors may vary.

Prices include tax (where applicable).

IIEM	PRICE	GII.	SUBTUTAL
String Pack	AU\$6		
Holster	AU\$12		
Classic Yo	AU\$15		
Super Spinner	AU\$20		
Specialty Yo	AU\$25		

**TOTAL DUE** 

CLIBTOTAL



# Forbes Public School

Maintaining a Tradition of Excellence

# Taking Enrolments for 2026

PLEASE CALL OUR SCHOOL OR DROP IN FOR MORE INFORMATION
YOU CAN PICK UP A TRANSITION INFORMATION PAMPHLET FROM OUR SCHOOL OR
YOUR CHILD'S EARLY CHILDHOOD LEARNING CENTRE



Enrol online



**Lachlan Street Forbes** 





forbes-p.school@det.nsw.edu.au



4

Tuesday 1st April

12:30pm-2:30pm

Mabel Green Park- Scrivener Street

Come along and join us for a sausage sizzle



Pop-up Service Day Celebrating Harmony Week Where everyone belongs

Tuesday 18th March

12:30pm-2:30pm

Jenny Murphy Park

Come along and join us for a sausage sizzle

# Tuning Kids XX **Enhance** Your Skills

**Online via Teams** 6 sessions weekly, beginning 12th March 2025 10am-12pm

12th March 12.30-2.30pm 19th March 26th March 2nd April 9th April 12.30-2.30pm 16th April





For More Information Jess 6863 5426 jelliott@ccwf.org.au Amy 6883 4609 aedwards@ccwf.org.au



€ 1800 067 067 @ ccwf.org.au





Learn how to be better at:

- · talking with your child
- · understanding your child
- · helping your child manage their emotions
- · preventing behaviour problems in your child
- · teaching your child to deal with conflict.

Online via Teams 6 sessions weekly, beginning 12th March 2025 10am-12pm

#### **Enroll Now!**

For More Information

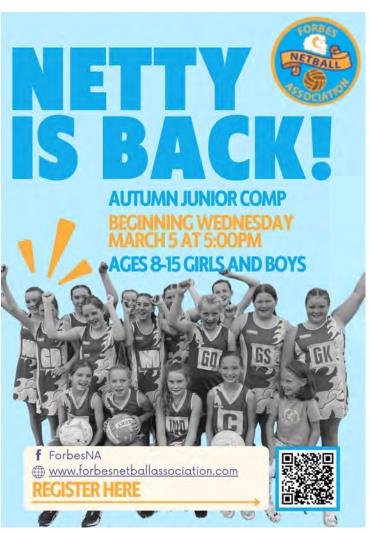
Jess 6863 5426 jelliott@ccwf.org.au Amy 6883 4609 aedwards@ccwf.org.au



**Free** 



1800 067 067 ⊕ ccwf.org.au





FORBES NETBALL ASSOCIATION IS CALLING FOR ANY PLAYERS WISHING TO FURTHER THEIR **NETBALL SKILLS IN OUR DEVELOPMENT TEAMS!** 

- . 11'S DEV 9-11 YEAR OLDS MIXED
- 14'S DEV 13-14 YEAR OLDS MIXED

12'S - REGISTER YOUR INTEREST AND WE WILL PLACE YOU IN THE APPROPRIATE TEAM.

YOU WILL COMPETE AT REGIONAL CARNIVALS THROUGHOUT THE 2025 SEASON AND ATTEND WEEKLY TUESDAY TRAINING SESSIONS BEGINNING TUESDAY 25TH FEB 6.30-7.30PM AT THE COURTS.

FOR FURTHER INFORMATION OR TO REGISTER INTEREST CONTACT ROBYN 0407 235 326 OR EMAIL TNRKENNY@EXEMAIL.COM.AU

f ForbesNA

m www.forbesnetballassociation.com



#### COME AND JOIN OUR AUTUMN COMPETITIONS!

WEDNESDAY EVENINGS MARCH 5TH- JUNE 4TH 2025 (EXCLUDING SCHOOL HOLIDAYS)



- JUNIOR COMP 5:00PM 8-15 YEARS GIRLS AND BOYS
- WOMENS COMP 6:30PM 13 YEARS+
- MIXED ADULTS COMP (PLEASE CONTACT FNA IF INTERESTED)
- \$400 TEAM REGO FOR ADULTS, \$20 PER PLAYER FOR JUNIORS
- SPONSORS FOR TEAMS WELCOMED!!

f ForbesNA

www.forbesnetballassociation.com



**REGISTER HERE** 







Forbes Shire Council is pleased to present

THEME:

"I am \_\_\_\_\_.

The state of the state

We are the future, and the future is now."

#### To enter:

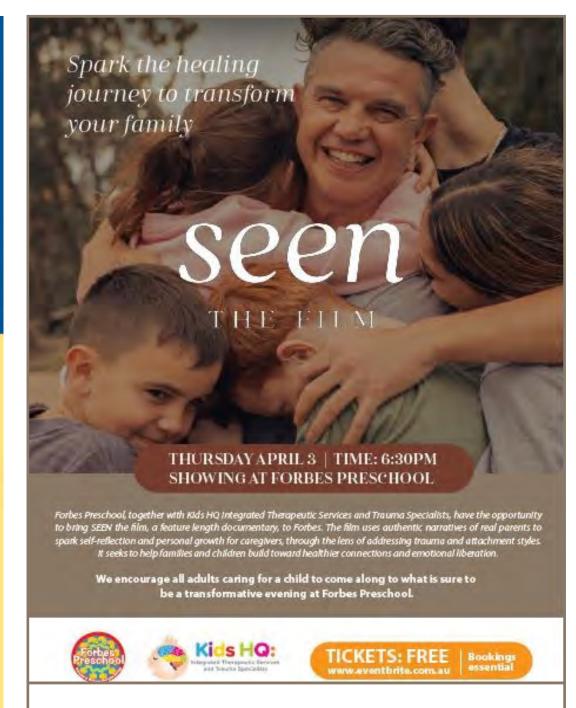
Submit a painting, any medium drawing, photo, or collage that represents the theme by Thursday 17th April 2025 to Town Hall, by close of business.

> Age Categories: 5-10 yrs, 11-14 yrs, 15-18 yrs, 19-24 yrs. A winner will be picked per age group.

> > Gallery Open Day, Town Hall Thursday 24th April 2025 10am - 4pm Refreshments provided

Entries are open to children and young people up to 24 yrs of age. All artworks will be displayed at our Council Gallery Open Night.

For more information contact youth@forbes.nsw.gov.au or 6850 2300



Trailer link: https://youtu.be/bZPQXpw6kT0

Get your tickets here: https://www.eventbrite.com.au/e/1260321087299/?aff=oddtdtcreator

### **Community Strategic Plan**

(Phase Two - What we have heard!)







Help us choose the top 5 priorities now!





Scan the QR code to tell us your choices



Lake Burrendong Sport and Recreation Centre

# FAMILY VELKEND GETAWAY







#### Come and create wonderful memories for your family with a weekend of fun-filled activities and adventure at Lake Burrendong Sport & Recreation Centre.

Wrangle the kids, pick up the grandparents and enjoy an active weekend outing with the whole family! Enjoy the facilities at our Centre such as the tennis courts, 25m swimming pool, sports hall, bushwalking tracks or try your luck with land-based fishing.

If you like a challenge and want get out of your comfort zone, some of our facilitated camp activities will also be on offer at various times across the weekend.

Children under 5 are free to attend but cannot participate in facilitated activities and must be supervised by an adult.

When: Saturday 12th April 2025 from 9am – Sunday 13th April 2025 3.00pm

#### Accommodation

- · Basic dormitory style rooms with ensuite and air conditioning.
- Sleeps 10 people, single bunk style beds. One room per family!
- · BYO linen/pillows/towels



Book now:



#### Inclusions

- · One night accommodation
- · Full use of Centre facilities\*
- Optional facilitated program activities
- Full catering for entire weekend#
- \* No boat launching
- # Dietary requirements can be accommodated

#### **Registration Details**

#### \$116.50 per family member

Register all family members using the registration link to secure your booking.

Closing date: 31st March 2025, places are limited!



**CLOSING 15 MARCH 2025**