



2025
Term 3
Week 5

Fisher Road School
Newsletter

A Message From Our Principal

Staff and students have been doing an amazing job at navigating the rain and all the energy in the school! We cannot wait for some clear skies and to have a look at our new water play area that was installed in the holidays.

It seems that Influenza A has taken a back seat and now Covid is reappearing. Keep an eye out for symptoms. If your child presents with any cold and flu symptoms please keep them at home until they are well.

Executive staff have been working towards External Validation. The external validation process supports excellence in NSW public schools. Each year schools must complete and submit the School Excellence Framework Self-assessment Survey. The School Excellence cycle is underpinned by the School Excellence Framework (SEF) and supports all NSW public schools in the pursuit of excellence. Schools regularly self-assess against the SEF and once during the four-year School Excellence cycle, schools participate in an external validation of their self-assessment determination against each element.

External validation drives an evidence-informed approach and provides assurance to the school and the system that the school is using the descriptors of quality practice, as outlined in the SEF, to guide their strategic priorities.

External validation informs the development of a new School Excellence Plan (SEP) to ensure it is relevant and strategic, addressing the most appropriate future directions. Schools gain understanding, insights and feedback on their ongoing evaluative practice and progress to identify or further refine strategies to target identified areas for improvement.

The panel meeting for Fisher Road is on Tuesday the 9th September. Please come along to the next P & C meeting if you would like to find out some more.

Arianne McCombie



SAVE THE DATE !

Upcoming Dates to Remember

P&C Meeting-All Welcome

Wednesday 3rd September-7pm

School Disco

Friday 19th September 5-7pm

Last Day of School

Friday Friday 26th September

School Resumes

Tuesday 14th October

Family and Carers Workshop for LAMP use-District Office-72 Fisher Rd

Tuesday 28th October

For updates on these important dates, please be sure to check the school diary or Dojo regularly for reminders.

The School Concert

This year we will be changing things up a little. Instead of a concert, Fisher Road will be hosting a **Colour fun Run/Splash and Dash. We will have more information about this soon but, we are planning it for a lovely warm day in **Term 4**. Families will be asked to support their child with donations so they can win lots of **amazing prizes**.**



CLASS MP

This term, Class MP have had a wonderful time experiencing the story “We’re Going on a Bear Hunt” through a sensory story adventure! Using touch, smell, sound, visual effects, and movement, we brought each part of the story too life. This multi-sensory approach helps our students stay focused, engaged with the story and helps them to remember the story in a more meaningful way.

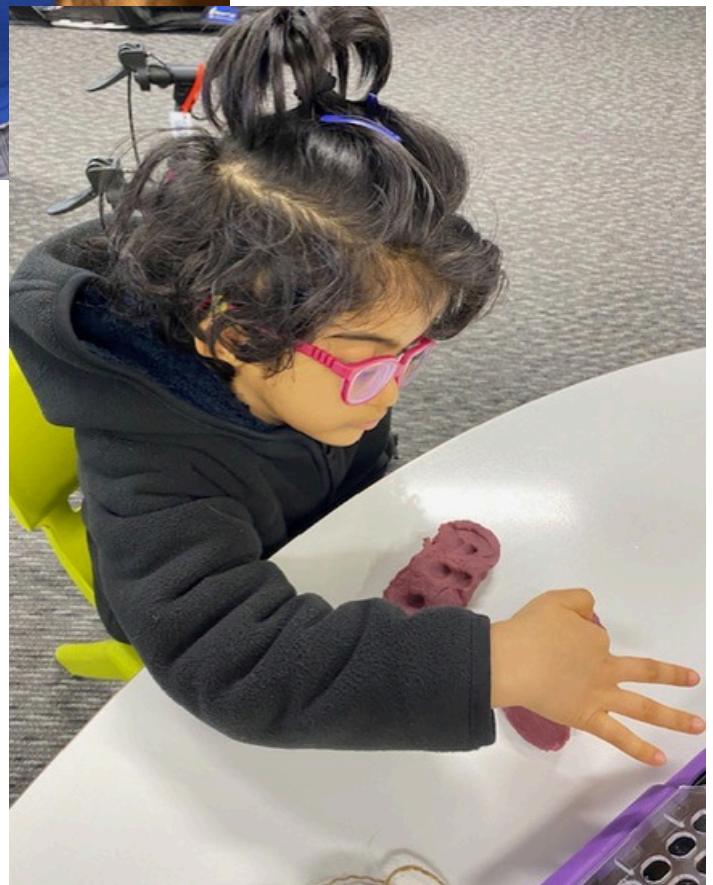
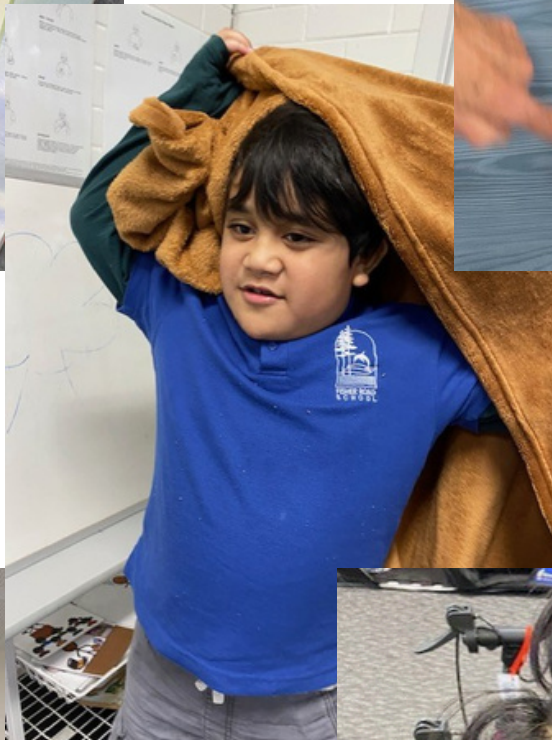
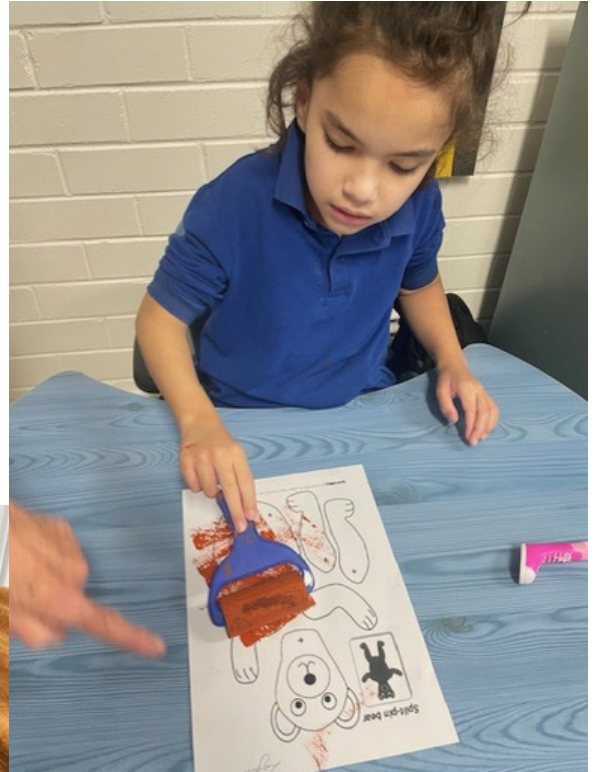
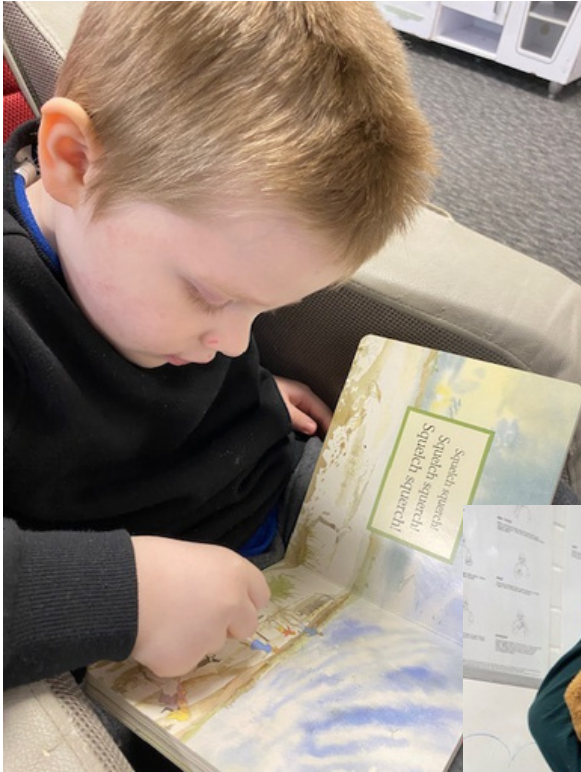
We had some enjoyable art sessions with students making their own binoculars and little Bears. Beau, Prishan and Shyna now pick up their binoculars independently and hold them to their eyes as if looking for that Bear in the story. Each student also roller-painted their own bear which we turned into split-pin figures. The students enjoy moving and playing with these bears whilst listening to the story.

Some students were hesitant to touch the “snow” (shaving cream) or the plastic grass strips, and that’s okay – everyone is encouraged to explore at their own pace. The water was a big hit! All students either enjoyed touching it or watching it swish around in the container. And the brown mud (playdough) was another popular sensory element with Logan, Zeb and Baxter.

These activities aren’t just fun – they also support sensory development, language learning, and emotional engagement. We’re so proud of how each student has participated in their own unique way.

Maria, Genevieve, Virginia and Mandy

CLASS MP



CLASS SL

In Class SL, we have been enjoying our studies about the past - looking at pictures of when we were babies. Even the staff have got involved sharing baby pictures of themselves from many, many years ago. The students love looking at these pictures and discussing the differences between babies, children and adults.

We have also been learning about our great city and the Northern Beaches in Literacy. We are so lucky to have the beach, a beautiful harbour, ferry services and the Opera House all in one location. Maybe you can take a trip on the Manly ferry one weekend to see the sights we have been talking about.

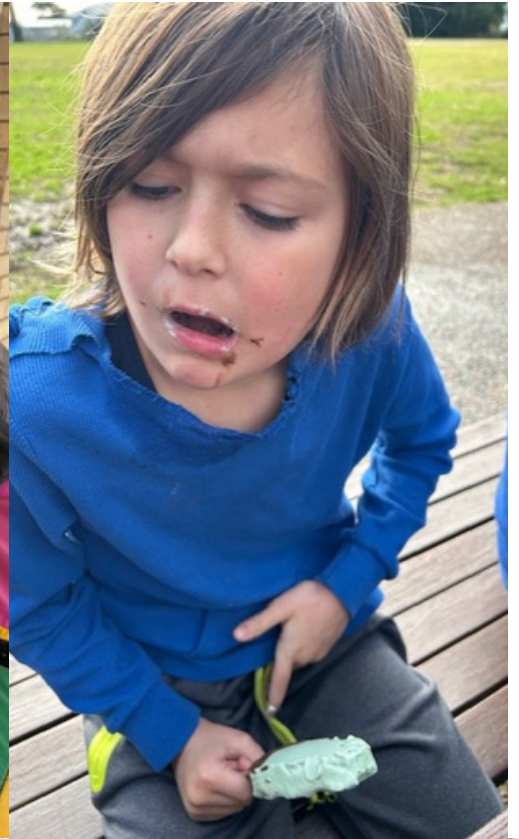
Last week we had Rykka visit for another performance of Aboriginal music and dance. Rykka is truly amazing and the low, earthy tones, and vibrations, of the didgeridoo have such a calming effect on some of our students. They always enjoy dancing like a kangaroo or emu.

Our Community Access outings to the Collaroy Plateau IGA and park are going well. We are learning to use appropriate language when in the supermarket to buy a treat. We then drive up to the park to eat and play. Unfortunately, the weather is not always on our side but we make the most of it.

At the end of this term, we are hoping to visit the Kindy class at Shore Preparatory School. We have been sharing videos, stories and songs with two of their Kindy classes and now we are planning to have morning tea and 'playtime' with them at Shore at the end of the term. Stay tuned for more information.

Sandy, Anat and Sue Miles

CLASS SL



CLASS KF

Did someone say Term 3?

Wow - time really does fly when you're having fun!

This term, our focus has been The Body. Students have been busy creating life-sized versions of themselves by tracing around their bodies, making hand and foot prints, and printing their heads. Keep an eye out in our classroom for the six "extra people" now hanging proudly on our walls!

Each Thursday, we've been heading out on our excursion to Gymnastics - and it has been a highlight for everyone! The students have loved swinging on ropes, bouncing on trampolines, tackling tricky obstacle courses, and diving into the foam pits. It's 45 minutes of non-stop fun and energy!

**Fran, Kari, Lauren and Andrea for
Integration**

CLASS KF



CLASS CR

We've had a great start to Term 3 and are continuing to enjoy our weekly programs, including Swimming, Cooking, Community Access and the Engine Room. We're also focusing on developing our communication skills—learning to express our needs and wants—as well as building independence during our daily routines.

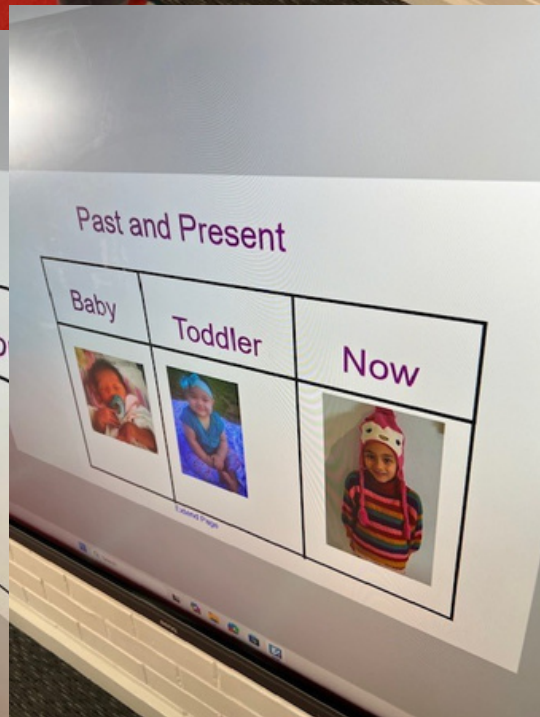
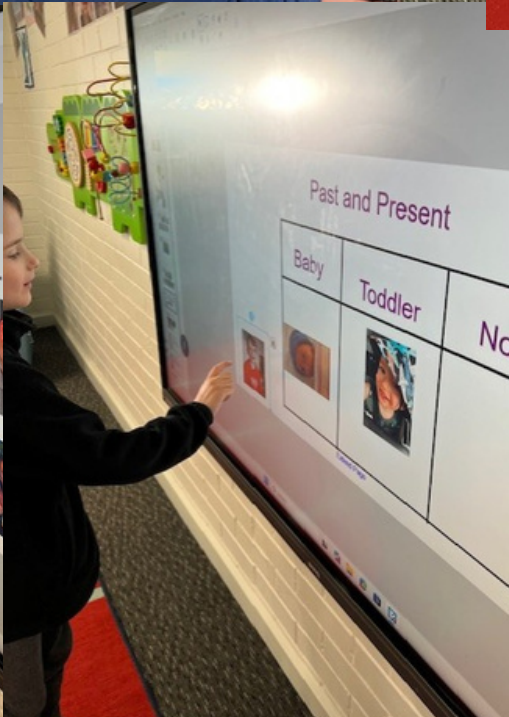
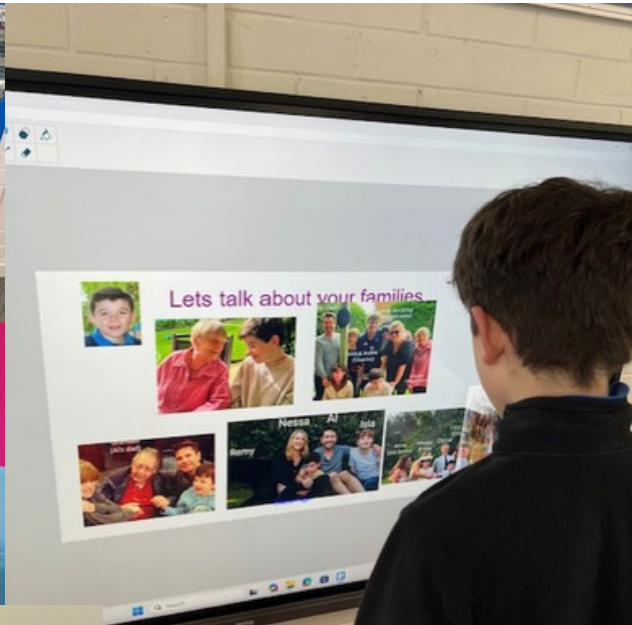
Our History topic this term is Me and My Family, which has been both exciting and engaging for everyone. Students have the chance to listen to songs and stories about different types of families and explore their own family through photographs. They've been identifying and naming family members, and pointing them out in pictures.

As part of our learning, students have created a range of fun and meaningful crafts, including a picture frame for a family photo and a scrapbook filled with their favourite family pictures. We've also been learning about the concepts of Past and Present by sorting photos of themselves as a baby, toddler, and as they are now.

We're looking forward to continuing this wonderful program and creating even more lovely artwork together.

Chris, Gen, Elodie & Lynn

CLASS CR



CLASS LH

This term Class LH has started to explore the importance of recycling as part of our English theme 'My Community, My World'. We are looking at the recycling symbols on products, the different lid colours of rubbish bins and we are learning to match our rubbish to the right bin. We have even managed to get creative and replicate the Opera house, using unwanted paper plates!

On Thursdays this term, the boys go to Manly Warringah Gymnastics in Cromer, which has been lots of fun so far. It has been wonderful to see the boys, sharing the trampolines and bouncing themselves into the foam pit. The obstacle course is always fun and challenges everyone to balance as they walk along the wooden beam or ladder. It has been great to see some of the boys having a go at swinging on the rope and trying to use their muscles to hold on tight. I think Thursdays may be our new favorite day of the week!!

Lainie & John

CLASS LH



CLASS LB

Welcome to term 3! What a fabulous year it has been so far. We are so proud of how hard our students have been working towards achieving their personal goals. Their enthusiasm and dedication has been wonderful to see. This term, we will continue to build on students' existing skills whilst introducing new and exciting learning opportunities. Our focus for this semester is 'My community, My world', where students will explore their connection to the world around them through a range of engaging and hands-on activities.

We are really looking forward to seeing what the rest of the term brings and watching class LB continue to grow and thrive.

Laura and Jenny

CLASS LB



CLASS AB

We're thrilled to welcome everyone back for an exciting Semester 3! To start, we'd like to warmly welcome Flora to Class AB. Flora is our new SLSO who will be with us on Mondays, and we're very excited to spend more time with her throughout the year. She's already making a positive impact in the classroom, and we're delighted to have her on board.

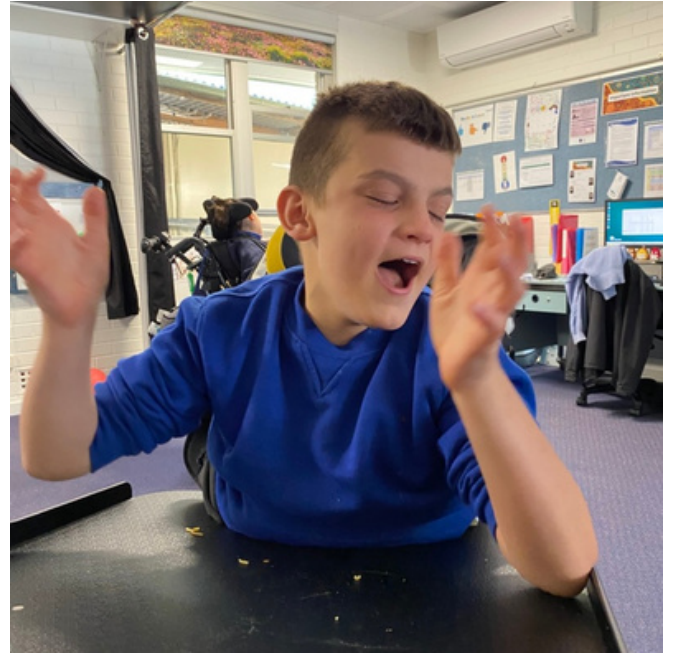
Earlier this term, our students had the wonderful opportunity to experience Troubie, an inspiring Indigenous performance filled with beautiful songs and stories. The students truly enjoyed engaging with the performance, which helped foster meaningful connections with Indigenous culture and history.

This semester, we're also excited to introduce two new programs: Our World and Community and All About Me. These programs are designed to help students explore their surroundings and themselves through interactive activities and creative art projects.

We can't wait to see all the amazing work and growth this semester will bring!

Ashley, Jen, and Flora

CLASS AB



CLASS SH

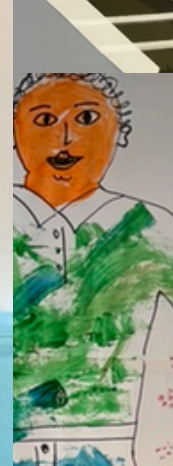
Thank you to everyone who met with us to discuss your child's goals. These conversations are so valuable as they give us a deeper understanding of each student's interests and home life, helping us to provide the best support at school. By working together, we can continue to help our students grow in independence and confidence.

This semester's goals are now in place. Some are ongoing from Semester 1 and moving into the next stage of learning, while others are brand-new focus areas. For our senior students, there is a particular emphasis on preparing for life beyond school. Several Year 12 students will begin attending their post-school programs on certain days to help ensure a smooth and confident transition next year.

We're looking forward to a term full of learning and growth but most of all to have plenty of fun and just be happy!

**Warm Regards,
Takeko & Alena**

CLASS SH



CLASS MG

This Term, for Community Access we have changed where we buy lunch, we now go to the Chicken Shop at Collaroy Plateau, followed by Jamieson Park to eat our hot chips, although the birds and ducks would love some too. The students are encouraged to ask for what they want, pay and to wait for their food to be cooked. A great community experience that they have enjoyed immensely.

For Engine Room we have re-introduced an obstacle course with 4 stations, each requiring the students to perform a challenging physical task. So lots of energy is used. A 2 minute timer is used to help with persisting at the tasks, i.e. riding the exercise bike, using gloves to hit the punching bag, using a basketball to bounce, throw and kick.

For cooking we have been exploring new foods, textures and tastes, using foods that are sweet and savoury and making yummy drinks, what do we like or not like? it is OK if we don't like something, but great that we tried.

We have been exploring Aboriginal and TSI culture for art, using various mediums, we have created wonderful masterpieces using red, black yellow and white colours, enjoying dot painting and collages. Our art work was complimented with an Aboriginal performance at school by Rykka, an Indigenous local, and our students really enjoyed having their faces and arms painted.

Sarah and Alana

CLASS MG



CLASS TH

This term our class has been busy learning about money and developing important life skills. We have explored coins and notes, their values, and how to place them in order. To put these skills into practice, the boys have been taking part in our shopping program. Each week, they follow a visual shopping list, collect items from the supermarket shelves and refrigerators, scan them at the self-service checkout, and even use a credit card to pay. It has been wonderful to see their independence grow as they work together, stay as a group, and take responsibility for their own shopping tasks.

The food we purchase is then used in our cooking program, giving the boys the chance to experience the whole process, from planning and shopping, through to preparing and enjoying the food together. This makes their learning both practical and meaningful.

We have also been learning about public and private spaces and labelling body parts. While most of the boys are confident in identifying body parts, understanding the difference between public and private spaces continues to be an important focus for our class.

Another exciting addition to our timetable this term has been music therapy, which the boys are thoroughly enjoying. We also had the opportunity to attend Troubie, an Aboriginal performance held at school, which was a wonderful cultural experience for everyone.

As part of Education Week, we were delighted to welcome families into our classroom. They had the chance to see the wonderful work our students do each day, from our roll call session and morning exercise program through to their academic work. It was a fantastic opportunity for families to gain an insight into their child's learning and to celebrate their amazing work, effort, and skills.

It has been a busy and rewarding start to the term, with lots of opportunities for new learning alongside our regular classroom programs.

Trish and Ebony

CLASS TH



CLASS MJ

Welcome to Term 3!

It's been a chilly and wet start to the term, but that hasn't dampened our spirits! We've had a fantastic beginning to Term 3, filled with fun, learning, and lots of exciting activities.

To celebrate Education Week, we welcomed some very special visitors—our wonderful relatives. They joined us in the classroom to help make delicious canteen meatballs and joined in a friendly game of Bocchia. It was a fantastic way to share a glimpse of our learning and to build community.

This semester, we're lucky to have weekly music therapy sessions with Anita. The students have absolutely loved exploring different instruments and using the microphone to express themselves—there's been lots of rhythm, smiles, and laughter.

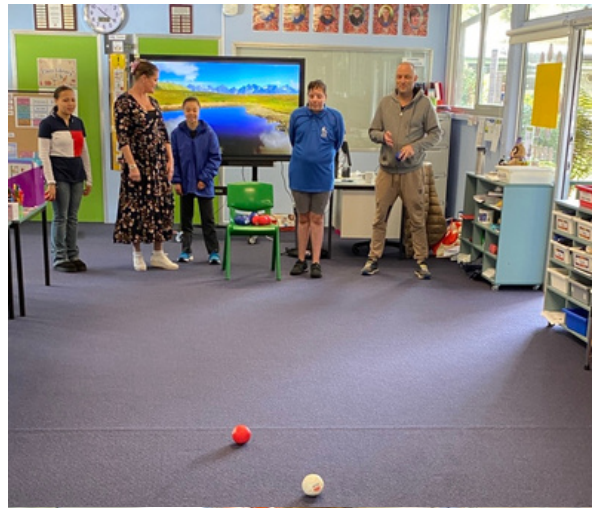
In Science, we're diving into cause and effect through hands-on experiments. Right now, we're working on building a volcano—and we can't wait to see it erupt soon!

Last week, we were treated to a visit from Rykka from the Troubie Performance Company. As always, his performance was a hit with our students and brought lots of energy and excitement to the day.

What a wonderful start to the term—it's shaping up to be a memorable one!

Megan, Virginia, Sue, Deb and Lynn 😂

CLASS MJ



Can you guess who the following teachers/SLSOs are?

As part of our HSIE studies about the past, we have been looking at baby/child pictures of students, prompting the staff to join in. We have been discussing the different stages of human development - what features babies generally have compared to when we are older.



Answers at the end of newsletter

A reminder

If your child is sick at home

From time to time your child may get sick. If they display any of the following symptoms, they should stay at home and see a doctor:

- a fever of 38°C or above
- vomiting or diarrhoea
- cough or respiratory symptoms
- cold or flu symptoms
- rashes of an unknown origin.

<https://education.nsw.gov.au/schooling/parents-and-carers/going-to-school/getting-ready-for-school/starting-primary-school/health-and-wellbeing/allergies-and-asthma#:~:text=If%20they%20display%20any%20of,cough%20or%20respiratory%20symptoms>

COMMUNICATION TEAM



COMMUNICATION TEAM

Save the Date

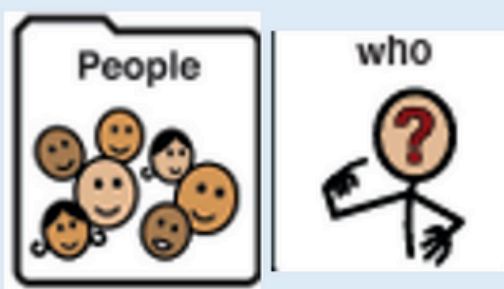
LAMP Workshop

**Tue 28th October - at 72 Fisher Rd,
Dee Why**

Core Word – WHO



Point dominant index finger, palm facing body. Move hand in small forward circles.



After School Care

Contact

Support Society

If you would like to attend After School Care either short or long term

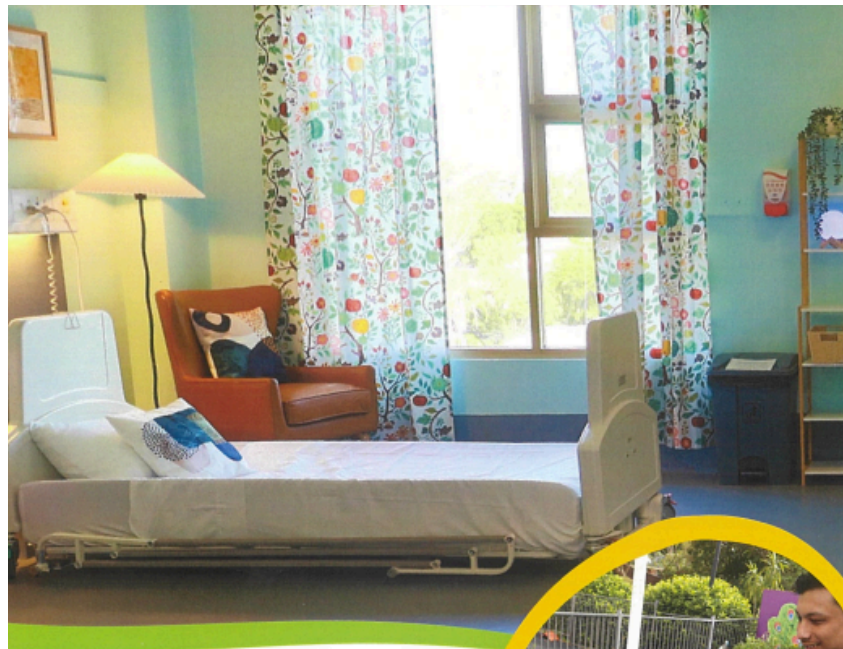
Please contact Olivia O'Donnell

Telephone

**0416 089 940 or
7238 8390**

Email

olivia@supportsocietyaus.com.au



Contact Information



Location

8 Perry Street, Dundas Valley



Phone

(02) 8877 3400



Email

admin@allowah.org.au



Supported Independent Living

Thrive, Enjoy, Achieve & Make Friends with Allowah



Learn More About Our Weekend Program



Every child, teen, and young adult deserves the best care.

Let Allowah be a part of your journey.



Meeting Your Needs at Every Age

For Kids & Teens:

- ✓ School Holiday Programs
- ✓ Weekend & After School Care
- ✓ Early Intervention Support

For Young Adults:

- ✓ **Leisure and Life Skills:** Community engagement, social activities & life skills.
- ✓ **Supported Independent Living:**



FUN AND FRIENDS

WEEKEND PROGRAM ACTIVITY GUIDE

Registered NDIS Provider with 24/7 on-site nursing and medical support.

allowah.org.au



AUSTRALIAN DOCTORS ORCHESTRA

NEW WORLD

The Australian Doctors Orchestra PRESENTS

Dvorak: Symphony No. 9 in E minor "From the New World"

Gershwin: Piano Concerto in F



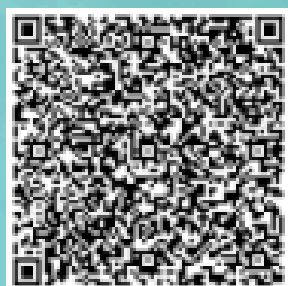
Conductor - **Nicholas Milton**

Featuring Soloist - **Simon Tedeschi**

**SUNDAY
12TH OCTOBER 2025
2:00PM**



**THE CONCOURSE
CHATSWOOD
409 VICTORIA AVE**



Purchase tickets at:
www.theconcourse.com.au
From \$35.00



All proceeds benefit BDSRA Australia



WHAT IS BATTEN DISEASE

Batten disease is a group of rare, inherited neurodegenerative disorders that primarily affect children. Most children are born healthy and reach early developmental milestones until symptoms begin to appear.

As the disease progresses, children experience seizures, vision loss, cognitive and motor decline, and eventually lose the ability to walk, talk, and eat. It is the most common form of childhood dementia, and tragically, there is currently no cure.

ABOUT BDSRA AUSTRALIA

BDSRA Australia is the leading national charity supporting children and families affected by Batten disease. For over 30 years, we have been:

- Supporting families with vital resources and care
- Funding and driving medical research
- Raising awareness to shine a light on this devastating disease

We receive no government funding and rely entirely on the generosity of individuals, communities, and events like this one.

YOUR SUPPORT IS LIFE-CHANGING

You can help us continue this critical work in a number of ways:

- Donate - Every gift, large or small, makes a difference
- Spread the Word - Participate in our campaigns and share our story
- Volunteer - Join our passionate team and be part of something meaningful.

Together, we can bring hope to families living with Batten disease.

To learn more or get involved, visit
www.bdsraaustralia.org
or scan the QR code to donate today.



LOVE. HOPE. CURE.

Children's Respite Activities Calendar

Term 3

21 July – 28 September 2025

- Afternoon club (3pm - 8pm, incl school pick-up)
- Shorter overnight stays (3pm - 9am)
- 24-hour overnight stays
- Individual support (3 hours minimum)



1300 888 378

ask@cerebralpalsy.org.au

cerebralpalsy.org.au



Themes and Activities

MONDAY	I look after myself Activities may include making pasta, creating a veggie patch, doing dressing skills games or learning time management.
TUESDAY	I express myself To support your self-expression, we'll offer a wide range of activities such as dance and music activities, visual artwork, finger painting activities, music therapy or role playing.
WEDNESDAY	I explore my community Have fun exploring your local community by going out for picnic at Curl Curl, exploring Little Manly or going to the movies.
THURSDAY	I am active We'll support you in sport and exercise, play mini-Olympic games, obstacle courses, dance and movement.
FRIDAY	I can make a difference Let's explore what difference you would like to make in this world! We can facilitate a discussion group, help you set up a community project or writing for others, just to name a few.
SATURDAY & SUNDAY	I have fun and connect The weekends are all about having fun and connecting with yourself, others and the wider community. Enjoy activities such as exploring Sydney, Taronga Zoo, the local markets and the NSW Art Gallery.

SAVE THE DATE

DREAM NIGHT
@ TARONGA



SAVE THE DATE
THURSDAY 4TH DECEMBER
2025

We look forward to having another
awesome night with you all!



Photo by Sarah Hillier Photograph



What can you expect for your child on term 03/2025?

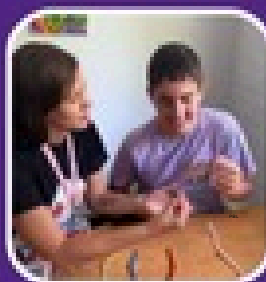
Lots of FUN and learning activities...

Luz Programs:

- ☑ Early Intervention/Playgroup
- ☑ After School
- ☑ Weekend Program
- ☑ School Holiday Program
- ☑ School Leavers



CENTRE BASED
INDIVIDUAL SUPPORT 1:1



Extra Curricular Activities:

- ☑ Brazilian Jiu-Jitsu Class
- ☑ Music Therapy
- ☑ Sandwich Club
- ☑ Capoeira

Contact us for more
information:

02 80654284

www.luzallabilities.com.au

Kind Regards,



Fernanda Casalotti

Client Relations Assistant

CLIENT RELATIONS



02 80654284 | 0421252897



www.luzallabilities.com.au



5 Sera Street, Lane Cove, NSW 2066

Birthday News

Happy Birthday Seldon



Birthday News

Happy Birthday Riley S



Birthday News

Happy Birthday Ruby



Birthday News

Happy Birthday Shyna



Birthday News

Happy Birthday Austin



Birthday News

Happy Birthday Jackson E



From the Office

SCHOOL UNIFORMS

A reminder you can purchase the Royal blue long and short sleeved school shirts from Instyle Workwear -Dee Why, they can add the emblem or you can purchase shirts from eg Target - (long sleeve polo shirts \$8 - short sleeve \$6.00), then have the emblem sewn on by Instyle Workwear. Students can wear grey shorts or long trousers - Students can purchase dresses & skorts through Pickles School Wear 9905 2711. These are the same uniform as Balgowlah North Public School.

<https://www.picklesschoolwear.com/school/balgowlah-north-public-school>

Alternatively - blue or grey shorts or skorts from most department stores.

ANSWERS

1. Takeko

2. Alena

3. Chris

Why attendance matters

When your child misses school they miss important opportunities to...



Learn

education.nsw.gov.au



Make friends



Build skills through fun



Minutes lost = days lost per year

A couple of minutes here and there doesn't seem like much, but...

When your child misses just...

they miss days per year

5 mins
per day



=

3 days



30 mins
per day



=

18 days



Patterns of lateness
can have a serious
impact on your child's
education.

education.nsw.gov.au

ACKNOWLEDGEMENT OF COUNTRY

Fisher Road School acknowledges
the
Gaimaragal people of the
Eora Nation
and the traditional custodians of
the land
in which we learn and
pay respect to
Elders past and present.