



# FIGTREE PUBLIC SCHOOL CANTEEN MENU JULY 2024



*Lunch orders to be placed via the Spriggy app before 8am*

## HOT FOOD - to be ordered as a lunch order in Spriggy

Lasagne	\$ 3.50
Mac & Cheese	\$ 3.50
Twista Pasta	\$ 3.50
Chicken Fingers (order x 3 or 6)	50c each
Chicken Tender Wrap (multigrain) variations on Spriggy	\$ 3.50
Meat Pie	\$ 3.00
Sausage Roll	\$ 3.00
Ham & Pineapple Pizza Muffin (1/2 wholemeal english muffin)	\$ 1.50
Cheese Pizza Slab	\$ 3.50
Cheese Toastie (wholemeal)	\$ 3.00
Ham & Cheese Toastie (wholemeal)	\$ 3.00
Ham, Cheese & Tomato Toastie (wholemeal)	\$ 3.50
Vegemite & Cheese Toastie (wholemeal)	\$ 3.00
Fresh Corn on the Cob (knob of butter)	\$ 0.80
Tomato Sauce	\$ 0.20

## SANDWICHES - all made on wholemeal bread

Ham & Salad - variations on Spriggy	\$ 3.50
Cheese & Salad - variations on Spriggy	\$ 3.50
Cheese	\$ 3.00
Ham & Cheese	\$ 3.50
Ham, Cheese & Tomato	\$ 3.50
Ham	\$ 3.00
Vegemite	\$ 2.00
Vegemite & Cheese	\$ 2.00
Jam	\$ 2.00

## DRINKS - tokens are put in the lunch order bag to redeem at the canteen

Water	\$ 1.00
Glee Sparkling Fruit Juice	\$ 2.00
(Blackcurrant, Tropical, Bubblegum Grape, Sours Watermelon)	
Flavoured Low-Fat Milk	\$ 2.00
(Chocolate, Strawberry)	
Juice Poppers	\$ 1.50
(Apple, Orange, Apple & Blackcurrant)	

## FROZEN SNACKS - tokens are put in the lunch order bag to redeem

Moosies (Chocolate)	\$ 1.50
Frozen Twisted Yoghurt	\$ 2.00
(Chocolate/Vanilla, Strawberry/Vanilla, Caramel/Vanilla)	
Juicies Frozen (Lemonade, Tropical)	\$ 1.00
Berri Quelch Frozen Fruit Sticks (Tropical & Berry Assorted)	\$ 0.80

## SNACKS - subject to availability

Custard Cups (choice to sprinkle Milo on top)	\$ 0.80
SPC Mango Flavoured Jelly Cups with Diced Peaches	\$ 1.50
Red Rock Deli - Sea Salt Crisps	\$ 1.00
Grainwaves - Sour Cream & Chives	\$ 1.00
Cheese Pizza Muffin (wholemeal)	\$ 1.00
Baked Bean & Cheese Mini Jaffles (wholemeal)	\$ 0.50
Fruit Cups (seasonal varieties)	\$ 1.00

## GLUTEN FREE - offered when GF students at FPS

GF Mac & Cheese	\$ 3.50
GF Nuggets (7 per serve)	\$ 3.50

*If you would like to volunteer in the canteen, please email [figtreepublicpandc@gmail.com](mailto:figtreepublicpandc@gmail.com)*