



# H O M E N O T E

Respect. Responsibility. Ready To Learn.

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## Term 1 Week 11

4 April 2023

### DATES FOR YOUR DIARY

23 March – 5 April	Life Education
Tuesday 4 April	Parent/Teacher Interviews – face-to-face – 3.10pm-5.50pm
Thursday 6 April	ANZAC service Easter Hat Parade – 1pm – parents welcome Last day of school for Term 1
Tuesday 25 April	ANZAC Day
Wednesday 26 April	Students return for Term 2 learning

Hello Parents and Carers

It is hard to believe that it is Week 11 and our last week of Term 1! It has been a term filled with some amazing achievements and opportunities. Our students are really showing their 3Rs across the school. Here are some examples, we see Respect in many ways including the way our Y6 students are leading Gettalong activities for their younger peers. We see Responsibility in our classrooms when our students, even in Kindergarten, take good care of their property and the property of others. Our students are consistently showing that they are Ready to Learn in all spaces across the school, including in the library. Our staff are reporting very positively that students are working well in the completion of this term's curriculum. We look forward to seeing what terrific achievements they will make throughout the rest of this year.

We are excited to share that Ethan, Nash, Koa and Petrea have made it through to the combined zone in rugby union. Best wishes to you all! Ethan (TRIALING TOMORROW 😊)



Tomorrow is the last day for the Life Education van, Harold and educators Michelle and Chris in our school. It has once again been a pleasure to host this program in our school. The messages shared about safety are so important and we thank Life Ed for the generosity they offer to our school. I just had to include some photos of pure delight from the visit with KL.



Last Friday we held our cross country carnival for years 2-6, while our students in Kindergarten and Y1 participated in a cross country obstacle event. As you can see by the smiles, a great time was had by all! Thank you to our amazing staff for all their organisation, including driving all the required equipment to the oval, setting all the activities up early at 7am at school and the oval. These great days don't happen without their efforts and the efforts of our wonderful volunteers. Thank you! Our students are so fortunate to have support like they do!



On ANZAC Day, Tuesday 25 April, if your children would like to participate, our school leaders will be marching from Deepwater Plaza to the Memorial Park for the 10.30am service. We will be gathering outside Gloria Jean's from 9.45am. If your child is joining us, please ensure that you are present throughout the service and that they are in full school uniform.

We look forward to seeing you if you can make it to see the creative hats made in classes on Thursday. The fun begins from 1.35pm. The parade will go ahead regardless of the weather. If it is fine, we will be outside in the 3-6 playground and if it is raining, we will be walking through the hall.

REPEAT: We have had a few Covid cases across the school. If you require any more RATs tests, please pop into our office as we have some available.

Have a great break and we look forward to seeing you on Wednesday April 26. Jodie Campbell Rel. Principal

## 3R's AWARDS

Class	Name	Class	Name
1KH	Lewis P	1H	Caiden A
1T	Ruby W	1/2A	Evie R-W
2M	Alice c	2CH	Mateo R
2S	Maddie K	K/6JG	Casey P-C

## POSITIVE WINNER

Beau M 3H	Playground Positive
Tahlia A 4S	Classroom Positive
Matthew R 3O	Attendance Hero


## PRINCIPAL'S AWARDS

Congratulations to these students who have been consistently demonstrating the 3Rs

Ella M	1H	Indi H	4B
Jax M	3/4A	Joel S	4S

**Respect, Responsibility, Ready to Learn**

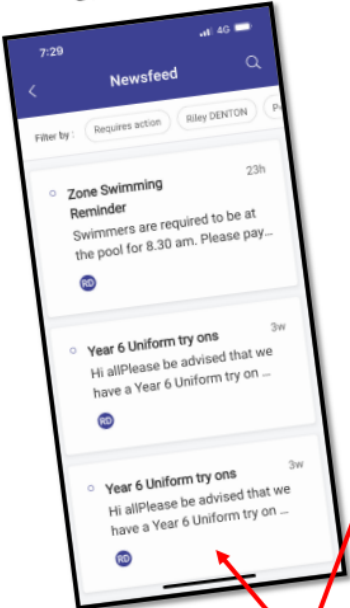




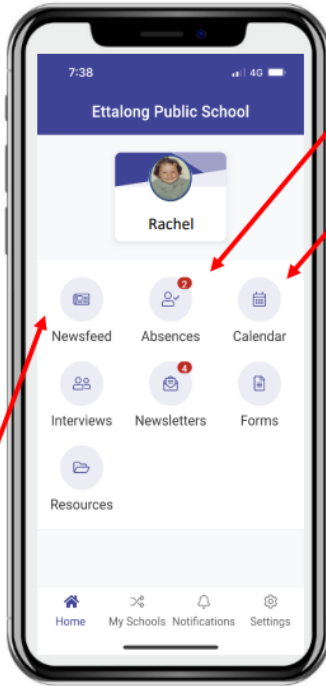
### Sentral Parent Portal

Download the app and sign up today!


Once you have registered – Call the school to request an access key



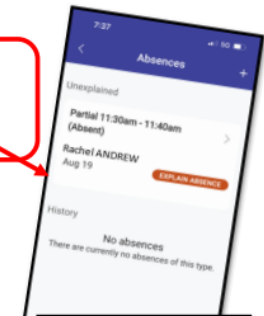
Stay up to date with the newsfeed reminders and information.



Find out what's happening at school ahead of time with the portal calendar.



Easily respond to your child's absence notifications when they have been away from



Easily be organised and send an absence notification ahead of time, if your child is going to be away from school.

## FROM THE DESKS OF OUR APC&Is

It's hard to believe that we're already at the end of Term 1. It's been such a busy term, but one thing we can say is just how impressed we are by the amazing learning that is happening across all our classrooms.

Both our students and staff have embraced the new changes happening as part of the current curriculum reforms and meeting with our staff last week as part of our Data and Planning Days was not only productive but inspiring to see staff engaged in collaborative discussion and planning to support the success and achievement of our students.

We're looking forward to keeping you informed next term with regular updates around what is happening in our classrooms. Earlier this term we sent out a survey about hosting an information session to update families on our curriculum changes in K-2. We were so excited to see such high levels of interest and we are looking forward to hosting this session next term on Thursday 4 May from 3pm-4pm in our school library, so please save the date.

Enjoy the holidays and we look forward to another great term of learning after the break.



## SUPPORT NEWS

During term 1, the students in K6R and K6A have enjoyed practicing and refining their amazing tennis skills, learning how to serve and strike the ball both forehand and backhand.



## EARLY STAGE ONE NEWS

KZ thoroughly enjoyed visiting Healthy Harold in the Life Education van last week! We learnt how to keep our bodies healthy and how to be a kind friend. Harold was very cheeky and he made us laugh a lot.



## STAGE ONE NEWS

Year 1 had an amazing time working up a sweat at our mini cross country this week! Students completed a novelty race through our school which consisted of hurdles, push ups, arm swings and even crawling through a tunnel onto the play equipment!



## STAGE TWO NEWS

This week 3O enjoyed their visit to the Life Education van to learn about "The Inside Story". Students learnt more about the function of body systems, the benefits of healthy eating and the importance of exercise. Students were even lucky enough to meet Healthy Harold himself!



## STAGE THREE NEWS

This week the boys from 6K graduated from the Top Blokes program. They have spent a morning a week this term learning about the elements that go into reaching their full potential as young men. These include looking after their bodies, their minds and their relationships and we couldn't be prouder of their commitment to the program. Well done boys.



### Headlice checks

There are two treatment options for head lice.

#### Mechanical removal

Mechanical removal involves applying normal hair conditioner to dry hair. After covering all of the hair with the conditioner untangle it using a normal comb and separate the hair into sections. Then use a fine long toothed metal lice comb to comb through the hair in sections. The conditioner doesn't kill the lice but it stuns them for about 20 minutes making it easier to remove them. The lice comb will remove nits (eggs) and the stunned lice. Wipe the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue. This method should be used every second day until none remain (usually about 7 to 10 days). This method is the preferred way to treat head lice because it is effective, does not contribute to insecticide resistance in head lice and also has a low risk of skin irritation. The mechanical removal method also helps manage head lice before they become established on the head. Keep a good head lice comb in the shower and every time your family washes their hair comb through with the lice comb. This makes sure the lice are caught before they lay too many eggs. If your children are old enough to wash their own hair encourage them to use the comb themselves. Or keep the comb handy to where you wash your children's hair and use it every time you wash their hair.

#### Chemical removal

If you choose to use a chemical treatment, remember to follow the instructions carefully. Don't be tempted to re-apply the same chemical treatment if it doesn't appear to be working. Instead change to another treatment that uses a different chemical compound or use the comb and conditioner method. You must repeat the treatment in 7 days to kill any newly hatched eggs. You will also need to use a lice comb to make sure the treatment is working. If you find dead lice the product has worked. If you find live lice, the treatment has not worked. When your child is free of lice and nits, remember to check regularly with a fine-toothed lice comb and conditioner. Early detection and treatment will prevent re-infestation of family members and classmates. Research suggests that bed linen, hats, clothing and furniture do not harbour or transmit lice or nits and that there is no benefit in washing them as a treatment option. Nits and lice only live on the human head. They quickly dehydrate and die if removed from the head.

\*This information is based on information provided on the NSW Health Nitbusters website.

