Term 4 Week 2

20 October 2020

DATES FOR YOUR DIARY			
Tues 13 Oct – 16 Nov	Online applications for Selective High School open for Y7 2022 (complete online)		
Tues 20 Oct	School Photos		
Thurs 22 Oct	School Photos (continued)		
Fri 30 Oct	Day for Daniel Stranger Awareness Day		
Fri 6 Nov	2021 Leadership applications close		
Mon 9 – Fri 13 Nov	NAIDOC Week		

#### **Dear Parents and Carers**

School photos were taken today (COVID style) and I thank you for ensuring all children were looking their best. Family photos will be taken this Thursday. I think we are all tired of the need for COVID adjustments but compared to the rest of the world, we are extremely fortunate and in no place to complain! Remember that our school doesn't handle any money for the photographers. AdvancedLife Photography handles all financial transactions for school photographs.

For our current Year 5 students who will be in Year 7 2022, the Selective High School application process is now open until November 16, 2020. All applications must be completed online and information has now been sent home with Year 5 students. Further information can also be found on the Department of Education website.

Online ordering for school lunches is proving to be very popular, especially as we continue to conform to the COVID restrictions of no parents on site. Our canteen is open five days per week for recess and lunch and has again been recognised as a successful 'healthy canteen.' Thank you for supporting our canteen that in turn, supports our children. Thank you also to your P&C committee who spent many hours researching online ordering and have now brought it to fruition. Uniform sales can also be completed online in the same manner as canteen sales.

Students starting school in Kindergarten next year will be given the opportunity to attend HeadStart sessions in November. Our wonderful yellow HeadStart t-shirts are available for purchase online for our new little students to wear on HeadStart days or any other days for that matter! They can even be used as a 'back up' during the year, if needed. We are excited to meet our new young students and make them feel welcome at our fabulous school.

Our Year Six students will be able to have a Year Six farewell this year, even though it will be a little different to the usual format but we will endeavour to make sure it is most enjoyable for them. Our Year Six teachers are very keen to give the children a worthy farewell considering the disruption to their final year.

On Friday Oct 30 we will support the Day for Daniel initiative of the Daniel Morcombe Foundation, which is supported by the Australian Federal Police through the National Missing Persons Coordination Centre. The main objective of 'Day for Daniel' is to raise awareness of child safety. Students are invited to wear red clothing on this day, in just under two weeks' time.

Lynn Balfour

Principal

# **3R's AWARDS**

Class	Name	Class	Name
KS	Quade W	KT	Logan T
KZ	Mercedes S	KM	Jasper J
1H	Ben H	1F	Dakota T
1L	Hunter P	1/2P	Imogen D
<b>2S</b>	Lucas W	2C	San F
3/4R	Charlie M	3S	Tyden T
3J	Mason H	3T	Ava R
4J	Jaxon H-M	48	Jyrone W
5B	Chloe C	5J	Cooper B
	Hailey H-M	5L	Mikaelee C
6H	Kylana C-J	6R	Harry R
6D	Ami G		

### PRINCIPAL'S AWARDS

Congratulations to these students who have been consistently demonstrating the 3Rs

#### Respect, Responsibility, Ready to Learn

Huey D-C	KM
Jax M	KT
Brooklyn M	1L
Arabella D	3T
Olivia G	3S

Ben H	3S
Haedyn E	3J
Jasper S	5L
Brae G	5J

### **PLAYGROUND POSITIVE WINNER**

Charlie C	4J

### **GENERAL INFORMATION**

**ICAS Dig Tech** 

**English ICAS** 

Credit

Riley H top 24.1 Credit Ava B-M top 23.1

Sarah B top 26.1

Credit Charlie M top 32.1

Merit Ava B-M top 43.1

Merit Sarah B top 43.1

# P & C NEWS

The P&C would like to say thank you to the parents who are supporting our online ordering system for the uniform shop. It is going great guns! We also launched online ordering for our canteen last week so if you haven't joined up with My School Connect yet, please download the app to your phone or go to www.myschoolconnect.com.au to join and get lunches sorted! Did you know that you can pre-order for the week in one quick online transaction! A very big thank you must go to Mrs. Lynch for her dedication to our canteen and her patience with implementing and navigating this new system!

As you know, Covid has greatly restricted our fundraising this year. We are in the process of planning a major Christmas raffle! This will be our only fundraising opportunity this year so please support us and our fabulous school! If you have a business that you would like to promote, please donate some prizes. If you have friends or family who would like some exposure for their business, please encourage them to donate as well. We really want this Christmas raffle to be amazing and we are raising money for much needed cooling in our school hall.

As always we are available at epspandc@gmail.com if you have any comments, queries or suggestions.

# **CANTEEN NEWS**

Price rise: Hot dogs \$3.50

New item: Glee drinks 5 stars cost \$2.50. Sparkling fruit juice, Rockin' Raspberry, Blackcurrant Burst and Tropical. These are replacing Chill J for the time being.

Finger buns are no longer available.

Please check the price list which is green, as there are a few changes. Online ordering is coming along with just a few hiccups.

Let's all enjoy the last term for 2020

### **SUPPORT NEWS**

K6P have enjoyed learning fun facts about snails. We explored the garden looking for snails. Then four slippery, slimy snails came into our room to visit for a day. We investigated how they moved through the leaves and curled up in their shells. We also created beautiful artwork about snails.











### **EARLY STAGE ONE NEWS**

We are so happy to be back at school and have loved getting back into routine and playing with our friends. This week we focused on the sounds that make a, as in ay, ai, or a-e as in cake.

We have been learning how to add and subtract using counters and teddy bears. On the Smartboard, we did some skip counting using a numberline. We hope you like our sunsafe pictures. It's so important to wear a hat and put sunscreen on to protect our skin when the sun is out.









# **STAGE ONE NEWS**

Year 1 and 2 students are learning road, sun and water safety and the importance of eating a balanced diet in class this term. Two students from 2C were winners of the Surf Life Saving colouring in competition and received their prize (a drink bottle) at Friday's Stage 1 merit award assembly. Last week's STEM activity in 1/2P was to design, create, test and evaluate a paper airplane that could transport a plastic Maths teddy bear 1.5 metres without it falling out.







#### **STAGE TWO NEWS**

Year 4 students are participating in STEM activities and creating a maze using paddle pop sticks, the students swapped groups and used counters to travel through the maze and find their way to the other side.



### **STAGE THREE NEWS**

Last Friday our Senior Netball Team played in the PSSA Gala Day at Lemon Grove Courts. All team members played beautifully and with perfect sportsmanship throughout each game. EPS won six games, lost one and drew another to finish third place over all. Well done girls!









## **Headlice checks**

#### There are two treatment options for head lice

#### **Mechanical removal**

Mechanical removal involves applying normal hair conditioner to dry hair. After covering all of the hair with the conditioner untangle it using a normal comb and separate the hair into sections. Then use a fine long toothed metal lice comb to comb through the hair in sections. The conditioner doesn't kill the lice but it stuns them for about 20 minutes making it easier to remove them. The lice comb will remove nits (eggs) and the stunned lice. Wipe the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue. This method should be used every second day until none remain (usually about 7 to 10 days).

This method is the preferred way to treat head lice because it is effective, does not contribute to insecticide resistance in head lice and also has a low risk of skin irritation.

The mechanical removal method also helps manage head lice before they become established on the head. Keep a good head lice comb in the shower and every time your family washes their hair comb through with the lice comb. This makes sure the lice are caught before they lay too many eggs.

If your children are old enough to wash their own hair encourage them to use the comb themselves. Or keep the comb handy to where you wash your children's hair and use it every time you wash their hair.

#### **Chemical removal**

If you choose to use a chemical treatment, remember to follow the instructions carefully. Don't be tempted to re-apply the same chemical treatment if it doesn't appear to be working. Instead change to another treatment that uses a different chemical compound or use the comb and conditioner method. You must repeat the treatment in 7 days to kill any newly hatched eggs. You will also need to use a lice comb to make sure the treatment is working.

If you find dead lice the product has worked. If you find live lice, the treatment has not worked.

When your child is free of lice and nits, remember to check regularly with a fine toothed lice comb and conditioner. Early detection and treatment will prevent re-infestation of family members and classmates.

Research suggests that bed linen, hats, clothing and furniture do not harbour or transmit lice or nits and that there is no benefit in washing them as a treatment option. Nits and lice only live on the human head. They quickly dehydrate and die if removed from the head.

\*This information is based on information provided on the NSW Health Nitbusters website.