



ETTALONG  
PUBLIC SCHOOL

HOMENOTE

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Term 3 Week 6

25 August 2020

**DATES FOR YOUR DIARY**

Tues 25 Aug	ICAS English and Technology tests this week
Mon 31 Aug	ICAS Maths and Spelling tests this week
Thurs 3 Sept	Public Speaking finals

Dear Parents and Carers

I was absolutely thrilled at the success of our new COVID gate regulations that started last Friday. Thank you sincerely to everyone who enabled the new arrangements to run smoothly and ensured our youngest and most vulnerable students were able to exit efficiently and safely. Thank you also for enabling us to conduct our athletics events COVID style with no spectators. At the competitors only event, the children ran like the wind, in the wind! One of the funnier moments of the day was when a gust of wind blew all the result sheets across the oval and the children ran around gathering them. Not one sheet was lost and the recording teachers continued on as if nothing had happened. How fabulous are our students!

This week we celebrate and thank our non-teaching staff in what is known as SASS Week (School Administrative and Support Staff). These are those staff who work relentlessly behind the scenes in administrative, maintenance and student support roles to ensure our school runs efficiently and is a safe environment for everyone. And of course, our front office staff are kind and reassuring to all children who need to attend sick bay or require medication. We would be lost without our SASS staff.

Mrs Rosano is very excited about taking the reins in 4J whilst Mrs Jones takes maternity leave. We will definitely let you know when baby Jones arrives. It will be a lovely surprise for everyone because Polly Jones and her husband have chosen not to find out if the baby is a boy or a girl.

We have now been advised that any student who presents with cold-like symptoms must be sent home and a COVID test obtained. Students and staff having this test cannot return to school until a negative result is sighted by the school. Whilst this sounds inconvenient, it sure beats the alternative of possibly being infected with this horrendous virus.

Mrs Campbell, as relieving principal and Mr Penberthy, as relieving deputy principal will lead our school until the end of this term as I take some long service leave. I am extremely fortunate to have such a fabulous executive team who I know will continue to manage our school in a friendly, professional manner. I look forward to seeing the children again in Term Four.

Lynn Balfour  
Principal

### 3R's AWARDS

Class	Name	Class	Name
<b>KS</b>	Matilda P	<b>KM</b>	Malte G
	Jimmy J		Billy M
<b>KZ</b>	Sasha B-M	<b>1F</b>	Ivy L
	John G		William H
<b>1H</b>	William H	<b>1/2P</b>	Cailin P
	Ivy A		Imogen D
<b>1L</b>	Hunter P	<b>2C</b>	Navita H
	Bryah J		Klyde P
<b>2S</b>	Maeve O	<b>3S</b>	Harry H
	Cooper J		Harper M
<b>3J</b>	Nikita V R	<b>3T</b>	Lanietta J
	William H		Madison B
<b>4J</b>	Abi M	<b>4S</b>	Connor P
	Joey G		Jack M
<b>5B</b>	George C	<b>5J</b>	Reggae C-J
	Loveleen K		Finn M
<b>5L</b>	Tam J	<b>6H</b>	Elle W-L
	Samanpreet K		Tarana C
<b>6D</b>	Indiana E	<b>6R</b>	Lachlan G
	Dakota-rose R		Zara T
<b>K/6JS</b>	Jaxon N		

### PRINCIPAL'S AWARDS

Congratulations to these students who have been consistently demonstrating the 3Rs  
**Respect, Responsibility, Ready to Learn**



Blake M	1/2P
Flynn M	2S
Sawyer S	1/2P
Daisy H	KM
Ruby H	3/4R
Isla T	KM
Isaac J	3S
Lemuria J	5L
Lacie V-H	6H
Adam D	2C
Asher T	3S
Lara B-M	1L
Audrey V D N	4J
Cadence G	1/2P
Nayana W	2C
Gabe F	3S

### PLAYGROUND POSITIVE WINNER

Archie W 1/2P

### GENERAL INFORMATION

**Opportunity classes** located in government primary schools cater for academically gifted Year 5 and Year 6 students with high potential. These classes help students to learn by grouping them with students of similar ability, using specialised teaching methods and educational materials at the appropriate level. The date for this year's test has been announced as Wednesday 18 November and consists of multiple choice questions in English, Maths and General Ability. More information can be found on the Department of Education website.

### P & C NEWS

The P&C exec would like to extend a very big thank you to Mrs. Balfour and all the staff for their tireless efforts to keep all students safe and healthy during this time. It is a thankless and difficult job and we are grateful to you all.

In line with the latest directives from the Department of Education, all fundraising activities are currently on hold. Unfortunately this means that at this stage we are unable to offer the Father's Day stall or raffle but are looking at all possible avenues. As soon as we are able to provide further information we will update you and we thank you for your continued support and patience.

Please note that the uniform shop and canteen are unaffected and will continue to operate as they have been.

We are available at epspandc@gmail.com if you have any questions.

### CANTEEN NEWS

Pre orders for 120g sushi rolls that come frozen are available from Friday 28 August. Types available include Teriyaki Chicken, Tuna, Beef and Vegetarian. The cost is \$3.50 each.

For Friday 28 August.

### SUPPORT NEWS

Last Wednesday the students in K6P and K6JS enjoyed the fun sport activities with K-2 students.



## EARLY STAGE ONE NEWS

Last week students from Kindergarten completed activities that were all about the sound 'ss' and 'ng'. In Mathematics we studied 3D shapes and we made towers and buildings using cubes, pyramids and rectangular prisms. In Visual Arts, the students mixed primary colours to make secondary colours and had fun experimenting with colours. It is lovely to see that this term many students in Kindergarten have received a Principal's Award for gaining two 3R certificates for showing Respect, Responsibility and being Ready to Learn. These children had the opportunity to celebrate with a pizza lunch with Mrs Balfour.



## STAGE ONE NEWS

Last week, Stage 1 enjoyed an afternoon of games and athletics activities. Despite the wind, students enjoyed captain ball, sack and relay races, three different Indigenous games and an obstacle course to name a few. 1L students were all smiles during Maths lessons and 2S loved the challenge of coding the BeeBots to navigate a simple course.



## STAGE TWO NEWS

The children in 4S have been learning how to use and make a map using a variety of techniques. They enjoyed the designing and building of their own environments using paddle pop sticks, blocks, mobilo and toilet rolls. They made shelters and fences for farm animals, dinosaurs and wild animals. The children made maps of their enclosures and worked in teams. A great deal of fun was had and the results were very pleasing.



## STAGE THREE NEWS

5B have been continuing to enter the world of Virtual Reality. They have been creating their own worlds and experiences online and then transferring it across to the Virtual Reality kits. During this session 5B showed all their skills and knowledge to the marvelous 1L. They were astounded by the worlds that they had all made.



## **PARENTING TIPS**

### **Fathering daughters**

5 practical tips for dads on how to be a great father.

A father's influence lasts a lifetime, and it is an important compliment to the mothering role. More and more research is confirming that a female's sense of worth as a woman, is commonly rooted in her experience with her father.

Fathers affect the lives of their daughters in intriguing ways. Including her academic and vocational path, her career success and financial well-being. The well-fathered daughter is also the most likely to have relationships with men that are emotionally intimate and fulfilling, and have better emotional and mental health.

Here are five tips to help you be a great father to your daughter.

#### **1. Make the connection**

One of the most natural ways a father can make a connection with his daughter is through purposeful physical affection. A hug, shoulder squeeze or a kiss on the cheek helps to create an emotional bond with daughters who desperately crave these displays of affection. This is great news for fathers, because if you can't find the words to say it then you have a second opportunity to show it through physical gestures. Studies have proven that physical touch makes us feel better both physiologically and psychologically. But children — especially daughters — need more than just everyday gestures given in passing. When a girl's need for affection is met by her father it has a protective measure on her future sexual relationships. When fathers can have a purposeful physical relationship with their daughters, which is done in a way that supports her feelings of safety and connection, it can also help to stress-proof them. When girls are given opportunities to be involved in physical play outside the house and in outdoor activities, they begin to understand the skill of risk-taking. Girls who are treated too softly and are not provided with opportunities to experience risk, are left in a vulnerable position.

#### **2. Invest in her**

As a father, you can appreciate your daughter for who she truly is. Help her to identify her unique qualities and value them. Avoid investing in who you think she should be. This can happen when fathers feel like they don't understand their daughters. Remember, this can happen easily as girls tend to morph into what is expected of them rather than excel towards who they truly are. Instead, do whatever it takes to try to understand her. Spend time together, share stories and experiences. Give her opportunities to show her true self, and this will strengthen the relationship. Be there and be engaged. Get off the bench and into the game, be enormously present and don't let anyone dull her spark

#### **3. Watch your language**

The language you use when talking to girls matters. Everything that is said can be taken very seriously and to heart by your daughter. Thoughts and comments are easily internalised, amplified and exaggerated. Differentiate being pretty from being beautiful. Prettiness is not a good thing to stay to a girl, even if she is. Being told she is pretty teaches her to start to trade on her looks and she will expect people to say that. Beauty and attractiveness are not pretty, and it is really important to differentiate those when talking with your daughter. Praise her for the values and characteristics she has which make her beautiful.

#### **4. Provide warmth**

Fathers need to find their softer side when dealing with their daughters, to help them open up and share and provide an emotionally safe place for them. When fathers are called upon to give corrections or direction, they can do this in a warm and loving manner that she will positively respond to. Offer your strength to your daughter in a different way than you would to a son.

#### **5. Be a positive male role model**

As a girl tries to figure out what men are like, the first one she watches is her father. He can be one very significant example of a man who is consistent, trustworthy, and sensitive to feelings, who places his family at a high priority in his schedule, who keeps his promises, and who invests his energies in the lives of those around him. As her father, you play a large role in showing your daughter what a proper, respectful male response sounds and feels like. Treat her mother and her sisters with the same respect. As a father, you have many choices about how to use your influence in a positive and empowering way.

Michael Grose Presentations.

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[www.parentingideas.com.au](http://www.parentingideas.com.au)