



ETTALONG
PUBLIC SCHOOL

HOMENOTE

KARINGI ST ETTALONG BEACH NSW 2257

02 4341 3655

| www.ettalongps.nsw.edu.au

Term 3 Week 3

4 August 2020

DATES FOR YOUR DIARY

Mon 3 Aug	Education Week – 'A Stage a Day' online
Thurs 6 Aug	Kindergarten 2021 online Open Day information avail on EPS website

Dear Parents and Carers

This week is Education Week, 2020 style. Not quite the celebration we would have liked or expected but we are always proud to celebrate public education at its best. NSW has a variety of education institutions but there is only one that offers high calibre assistance to all students regardless of race, beliefs or abilities and that is public education. Nothing makes me prouder than to see your children, our students, strive for success through participation in academia, sport or the arts. Here at Ettalong PS we provide a myriad of opportunities for children to learn in a safe environment using the most up to date resources. Whilst we are not permitted to open our school to visitors this Education Week, we encourage you to view our highlights on the FaceBook page where we have presented 'A Stage a Day.'

Breakfast Club resumed last week on Thursdays and Fridays only. These are the mornings when a number of our Year Six students contribute to our school's helpful and caring reputation of assisting others. Healthy breakfast food is available to any students who wish to pop into the hall from 8.30am on Thursdays and Fridays. We are extremely grateful to Bakers Delight at Woy Woy for their continued generous donations.

Also disrupted to due COVID19 restrictions is our school's Athletics Carnival. We will do our very best to provide opportunities for our athletic students to demonstrate their prowess and possibly progress to the Zone Carnival which will be held under strict conditions at Mingara. Our school will hold qualifying events for participating students only and those who achieve zone level nominations will be invited to attend the Zone Carnival, later this term. I'm sure you will understand that all events will be strictly for participating students and school staff only.

This week we were also due to hold our Open Day for prospective Kindergarten students in 2021. This also cannot go ahead but our Community Liaison Officer, Corinne is happy to liaise with new parents and provide any information required. If you know of anyone planning to enrol at our school next year, please ask them to do so as soon as they are able so we can make the best plans possible to assist them. We have added a new tab to our school's website for our new parents to view.

Congratulations to the twenty two students who I had the privilege of sharing a pizza lunch with last Thursday. These children consistently demonstrate our 3R's of Respect, Responsibility and Ready To Learn.

I would like to take this opportunity to say thank you and best wishes to one of our long-time volunteers who has decided to 'hang up her boots'. Pat McMahon has been a volunteer at our school for at least eleven years, listening to children read and serving in our Breakfast Club and for this, we are very grateful. Pat was always friendly, helpful and reliable and we were extremely lucky to have such a lovely lady helping our students and teachers.

Lynn Balfour

Principal

3R's AWARDS

Class	Name	Class	Name
KS	Ziggy S	KT	Bentley B
	Maddie B		Oscar R
KZ	Mercedes S	KM	Ryan S
	Ellie M		Chilli R
1H	Kade B	1F	Cali R
	Tanisha A		Emma M
1L	Violet M	1/2P	Cadence G
	Tyneek W		Blake M
2S	Brandon B	2C	Nayana W
	Petrea A		Savannah L
3/4R	Pearl H-McL	3S	Anabelle C-A
	Cooper W		Amelia-Rose M
3J	Harry A-S	3T	Ava B-M
	Henry C		Kynan S
4J	Riley H		Violet O
	Zierrah A		Macklyn R
5B	Byron H-R	5J	Sophie W
	Acacia B		Leila T
5L	Chloe S	6H	Kylana C-J
	Nicholas S		Lacie V H
6D	Ruby L	6R	Nat D
	Kevin W		Kayden-James F
K/6M	Cobey D	K/6JS	Casey C-P
	Charles B		

PRINCIPAL'S AWARDS

Congratulations to these students who have been consistently demonstrating the 3Rs

Respect, Responsibility, Ready to Learn



Kai D	1L
Lucas W	2S
Scarlett A-S	5J
Pip J	1L
Cash T-K	2C
Annalise C	1F
Beau M	KS
Jennifer G	4S
Trinity T	4S

PLAYGROUND POSITIVE WINNER

Skyla W KM



GENERAL INFORMATION

SOCIAL DISTANCING

Please be reminded to be respectful of COVID19 social distancing. Classrooms, close proximity to classrooms and upstairs areas are only open to students and staff. Please drop your child at the school gate and arrange to meet them at this same place in the afternoon. In our attempts to ensure the safety of our school community, the school playground and climbing equipment is not available for use after school hours. Thank you for your understanding as we all do our best to remain safe and healthy.

P & C NEWS

We would like to thank everyone for their patience during this time and we are trying to do what we can, given the restrictions imposed. Future fundraisers are in the pipeline and we will advise when and if they can proceed. Volunteers for these will be greatly appreciated as always.

Please keep a look out for our upcoming Father's Day raffle. If any of our families own a business and would like to donate to our prizes and promote their businesses it would most welcome.

The uniform shop, Zippies will continue to be contactless during Term 3, so please continue to send orders via the office and let us know via email if there are any queries.

The next P&C meeting will be held at 9.15am at Ettalong Diggers on 12th August. In line with 'the new normal' we are limited to numbers allowed so please RSVP as soon as possible to epsbandc@gmail.com if you would like to attend. There is still a vacant position on the executive team, Vice President. Expressions of interest to please email epsbandc@gmail.com.au

SUPPORT NEWS

K/6M have been practising their technique for discus and shot put for the field events, for the athletics training that occurs on Friday for sport.



EARLY STAGE ONE NEWS

Kindergarten have had a wonderful time this week learning our new dance 'The Hokey Pokey'. It has helped us remember right and left while having fun at the same time. To help us learn about the letter 'j', KZ really enjoyed eating jelly! We have learnt that ordinals help us know the order of things and we have practised them up to 20th! Kindergarten children are so clever at following the 3R's. Some of us have already received two 3R awards and have received a Principal's award!



How special!

STAGE ONE NEWS

Students have loved using the new Stage 1 laptops to publish their work while learning how to use different software programs. Students put their investigating skills to good use during STEM activities, problem solving in teams using trial and error, before evaluating their work. Stage 1 is currently learning a range of Indigenous games and team sports such as captain and tunnel ball during sport sessions.



STAGE TWO NEWS

Stage 2 has begun 'Interest Afternoons' where they participate in a variety of learning experiences including Creative Arts, social games and athletics. In STEM, students were given a problem to solve; they had to create a robotic hand that was strong enough to pick up a cup. They were provided with cardboard, straws and string. As you can see, students are well on their way to finding a solution to the problem and testing their inventions.



STAGE THREE NEWS

In Geography, 6R is learning about Indigenous groups around the world and the role of art in their cultures. This week, we incorporated this knowledge in our visual arts lesson and discussed the importance of Uluru to Aboriginal people, as well as the origin of dot painting.



Headlice checks

There are two treatment options for head lice

Mechanical removal

Mechanical removal involves applying normal hair conditioner to dry hair. After covering all of the hair with the conditioner untangle it using a normal comb and separate the hair into sections. Then use a fine long toothed metal lice comb to comb through the hair in sections. The conditioner doesn't kill the lice but it stuns them for about 20 minutes making it easier to remove them. The lice comb will remove nits (eggs) and the stunned lice. Wipe the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue. This method should be used every second day until none remain (usually about 7 to 10 days).

This method is the preferred way to treat head lice because it is effective, does not contribute to insecticide resistance in head lice and also has a low risk of skin irritation.

The mechanical removal method also helps manage head lice before they become established on the head. Keep a good head lice comb in the shower and every time your family washes their hair comb through with the lice comb. This makes sure the lice are caught before they lay too many eggs.

If your children are old enough to wash their own hair encourage them to use the comb themselves. Or keep the comb handy to where you wash your children's hair and use it every time you wash their hair.

Chemical removal

If you choose to use a chemical treatment, remember to follow the instructions carefully. Don't be tempted to re-apply the same chemical treatment if it doesn't appear to be working. Instead change to another treatment that uses a different chemical compound or use the comb and conditioner method. You must repeat the treatment in 7 days to kill any newly hatched eggs. You will also need to use a lice comb to make sure the treatment is working.

If you find dead lice the product has worked. If you find live lice, the treatment has not worked.

When your child is free of lice and nits, remember to check regularly with a fine toothed lice comb and conditioner. Early detection and treatment will prevent re-infestation of family members and classmates.

Research suggests that bed linen, hats, clothing and furniture do not harbour or transmit lice or nits and that there is no benefit in washing them as a treatment option. Nits and lice only live on the human head. They quickly dehydrate and die if removed from the head.

*This information is based on information provided on the NSW Health Nitbusters website.