

# Ermo's News Term 3 - Week 10



As Term 3 comes to a close, I am proud to reflect on a term filled with learning, growth, and community spirit shared by our students, staff, and families.

One of the highlights this term was the Groove Nation dance sessions, culminating in our matinee and evening concerts. It was wonderful to see every class come together, full of confidence and joy. I hope you enjoyed the concerts as much as the teachers did!

This term has also been packed with other moments to celebrate. Our first-ever RoboCup competition saw one of our teams finish in 6th place, a fantastic effort for a debut! Our String Ensemble gave a beautiful performance at the Banksia Concert, and our debating and chess teams have been representing the school with great spirit.

A large number of students ran, threw, and jumped their personal bests at the Ryde Zone Athletics Carnival in Week 5. Six students went on to represent our school at the Regional Finals this week. Congratulations to Shiloh, Benji, Max, Heidi, Samiuella and Moses on this fantastic achievement!

Our Kindergarten students have been enjoying weekly gardening and cooking sessions as part of the Kitchen Garden program. Stage 3 students are looking forward to joining in Term 4. Additionally, twelve Stage 2 students proudly represented our school at the Kitchen Garden Expo, sharing details about our program, offering samples of our homegrown food, and taking part in a fun cook-off.

Academically, we continue to focus on improving outcomes for all students. This term, we received valuable feedback from our students specifically about writing, which is helping to guide our efforts to better support and encourage every child in their learning journey.

I want to acknowledge the incredible dedication of our staff, from classroom teachers and Learning and Support staff to our office team. Their hard work doesn't go unnoticed, and I feel lucky to work alongside such a caring and committed group.





## **Big Community News!**

We are excited to share that five new air conditioning units have now been installed in our school hall. This upgrade was made possible thanks to a generous \$50,000 contribution from our P&C and the wonderful support of our community through events like movie nights, pie drives, breakfasts, and school discos. Your support has made a real difference in improving our facilities and creating comfortable learning spaces for our students. Thank you!









As we head into the holidays, I hope everyone gets time to relax and enjoy special moments with family and friends. I look forward to seeing all our students back next term, ready for more learning adventures.

From Principal Narelle MacKenzie

























## **News from the Office**

## **Parent Calendar**

Keep up to date with all the events at school. This feature is available on the School Bytes app.

Click here for quick access to the calendar



## Sick Children

Feeling Sick? Best to Stay Home!
If your child is feeling under the weather, even with just a sniffle or a cough, it's best to keep them home to rest.

A day or two of recovery helps stop bugs from spreading and keeps everyone at school feeling their best.

Thank you for helping us keep our school community happy and healthy!



# **School Bytes - Parent Online Forms**

The following forms are now accessible through the School Bytes app, allowing parents to submit requests to the school electronically. You can find them under the "Forms" tile on the School Bytes dashboard.

- Student Transfer Notification
- WWCC Parent Volunteers Declaration
- Student Information Update
- Application for Extended Leave



## Compulsory school attendance

#### | Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

# What are my Legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age of 17 years. The Education Act 1990 requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the NSW Education and Standards Authority for home schooling.

Once enrolled, children are required to attend school each day it is open for students.

# The Importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

## What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)



Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

#### **Travel**

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An Application for Extended Leave may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.

## My child won't go to school what should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

# What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

 Application to the Children's Court – Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department may apply to the Children's Court for a Compulsory Schooling Order. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

## What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

#### **Working in Partnership**

The NSW Department of Education recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

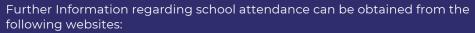
We look forward to working in partnership with you to support your child to fulfil their life opportunities.

## Days missed = years lost

A day here and there doesn't seem like much, but...



#### More information



#### Policy, information and brochures:

Please visit the Department of Education's Policy Library AND The Department's Attendance Matters Website

#### The school leaving age:

Please visit the Department of Education's Wellbeing and Learning website

#### Do you need an interpreter?

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on **131 450**. You will not be charged for this service.



# Kindy 2026 Enrolments

If you have a child or know a child that will be starting school in 2026, please have them either fill in the online enrolment form through the school website or contact the office for more information.





ENGAGED
PROUD
SUCCESSFUL

# LOST WATER BOTTLES

Twinkle twinkle little star,
We have lost property near
and far,
If you all Put Your Name On It,
We could return it to you
But most things are unnamed
So we don't have a clue,
Twinkle twinkle little star
PLEASE put your name on it
Thank you
TAA TAA!

A poem by Mrs Put-your-name-on-it
(Mrs Cheng)

Please check the front office, in the wooden box seat for missing food and drink articles:)

9 ~ 9

# Kindergarten

#### **Kindergarten's Farmyard Adventure!**

This term, our kindergarten students had a moo-velous time at Golden Ridge Farm! They got up close and personal with the animals, milking a cow and bottle-feeding adorable baby goats. The children also had a blast holding fluffy baby chicks, ducks, and even a cuddly rabbit. It was a hands-on, heartwarming experience that allowed the students to explore farm life in the most exciting way!





#### A Scaly Visitor in Kindergarten!

This term, our kindergarten students had a scaly surprise when a bearded dragon visited the kindy classes! The children were fascinated as they learned all about this incredible reptile, its unique habits, and how to care for it. They got to observe the bearded dragon up close, even getting the chance to hold it carefully. It was an engaging and educational incursion that brought a little bit of the wild into the classroom!



















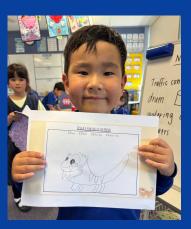




















#### Life Ed taught us:

- Recognise the importance of being safe online and offline
- Identify safe and unsafe situations online and trusted adults who can help
- Identify that different technologies are used for different purposes and enhance our lives
- Investigate strategies that promote healthy and safe use of technology

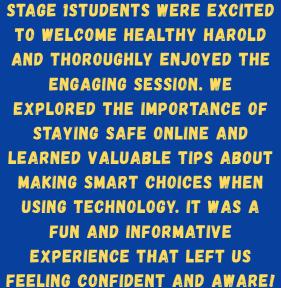
















#### Family activities

#### **NO TECH - TALK ZONES**

Create technology free zones within the house so family members can focus on being present and attentive when communicating.



As a family, take turns suggesting ways to stay safe online, bouncing ideas back and forth until they run out.

To extend learning, ask about kindness online, trusted adults for help, or different internet-accessing devices.



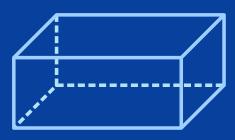








STAGE 1 STUDENTS HAVE BEEN BUSY EXPLORING EXCITING NEW LEARNING EXPERIENCES THIS TERM IN MATHEMATICS, THEY HAVE BEEN USING CENTIMETRE RULERS TO MEASURE AND COMPARE LENGTHS, DEVELOPING THEIR UNDERSTANDING OF ACCURATE MEASUREMENT. THEY'VE ALSO BEEN INVESTIGATING 3D SHAPES THROUGH FUN, HANDS-ON ACTIVITIES THAT ENCOURAGE PROBLEM-SOLVING AND TEAMWORK.





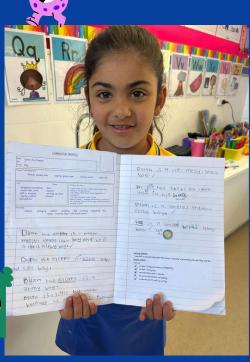




IN ENGLISH, STUDENTS HAVE BEEN
DIVING INTO THE COLOURFUL
CHARACTERS FROM THE WORLD'S
WORST CHILDREN, CREATING THEIR
OWN IMAGINATIVE CHARACTERS AND
WRITING DETAILED CHARACTER
DESCRIPTIONS TO BRING THEM TO LIFE.





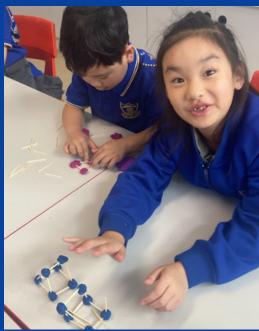
















STUDENTS HAVE BEEN TACKLING THE PREMIER'S SPORTING CHALLENGE HEAD ON BY ENTHUSIASTICALLY PARTICIPATING IN SPORTING CHALLENGES.



As the term comes to an end stage 2 have many accomplishments and great learning stories to share.

Over the last few weeks we have been busy getting prepared for the big Groove Nation dance concert, squeezing in an extra, special kitchen Garden lesson (which everybody loved - including the adults) and putting our brains together to create bridges out of recycled material. We are ending the term with an adventure to the beach to make us surf aware and then we're all putting up our feet for an enjoyable 2 weeks of rest before we enter the fourth and final term of the school year!



















**Testing our** strength with our knot tying skills we learnt from Karlie in Kitchen Garden















## Stage 2 Science Day

Stage 2 Science day was a day filled with imagination, creativity and science! The students created bridges and put their engineering skills to the test. They transformed recycled materials into wonders of the world and were able to show them off to their peers during the presentation in the hall. Special guests, Mrs MacKenzie, Miss Kim and Miss Lam joined to see their incredible creations.



























## **Year 3 Surf Awareness Excursion**

Year 3 had a fun-filled day in the sun at the beach learning all about surf safety! They practiced their surfing skills and even competed to see who could get the sandiest. We're so proud of our students for being respectful, responsible, and safe.















# Year 3 Surf Awareness Excursion





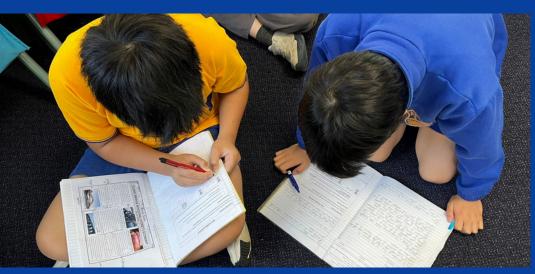




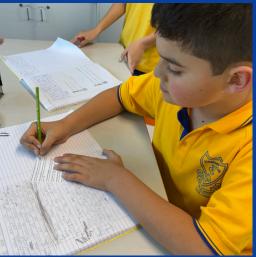




Stage 3 students have been working on their poetry and persuasive writing skills. They have been practicing how to give and receive feedback to improve their work. This has helped them become more confident writers and think carefully about their ideas.

















Stage 3 students have been actively participating in the Premier's Sporting Challenge, improving their fitness and enjoying healthy competition. Well done to all for their great effort and team spirit!













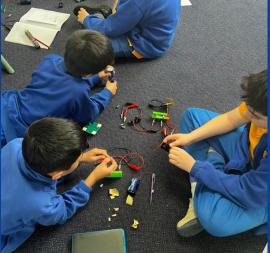






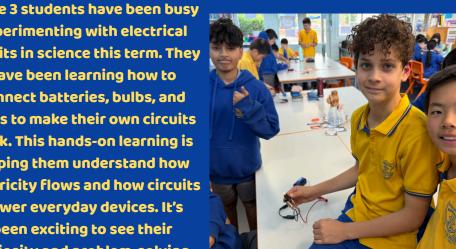








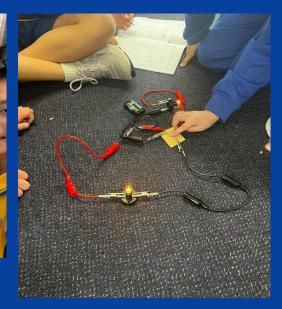


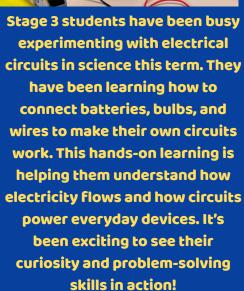












# **Healthy Harold Visit**









#### Life Ed taught us:

- · Understanding how to respect ourselves and others
- Identifying charactersitics of positive relationships
- Strategies to help maintain positive online and offline relationships
- How to recognise, react and report unwanted contact, nullying or predatory behaviours



#### Family activities

#### **ISET BOUNDARIES**

Set safe boundaries for devices to ensure visibility. (No phones or iPads/tablets in bedrooms, or behind closed doors).



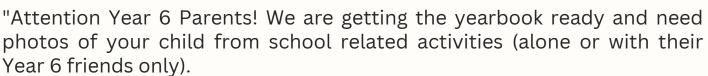
#### SAFE, SECURE SETTINGS

Revisit safety and security settings on your family's laptops, PCs, iPads/tablets, and phones to ensure your children are using and viewing apps, websites, videos and content that are safe and age-appropriate for their development.

Stage 3 loved meeting their old friend
Healthy Harold and learning how to Relate,
Respect & Connect!
Healthy Harold gave students tips on how to
grow relationships and be safe online.

# Year 6 Announcements

#### **YEAR 6 END OF YEAR BOOK INSTRUCTIONS:**



Please email to epsyr6book@gmail.com and name all photos in this format to help our volunteer parents stay organised. StudentFirstLastName\_Activity\_Year (ie. JoeSmith\_SportsCarnival\_Year2)"



# **Year 5 Announcements**

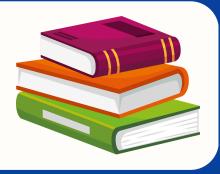
#### **2026 LEADERSHIP**



We are excited to announce that the leadership selection process for 2025 will begin in Week 3 Term 4. Communication regarding nominations and responsibilities for School Captain, Vice Captain, Prefects, House Captains, and Library Monitors will be shared with you and your child at that time. This is a wonderful opportunity for students to develop their leadership skills and contribute positively to our school community. We encourage all interested students to consider applying and look forward to supporting them throughout the process.



# Library



Thank you all for your hard work and exceptional behaviour during library lessons this term. Miss Naughton and Miss Corbett have noticed the difference- every please and thank you makes a difference  $\underline{e}$ 

Please make sure you take care of your library books during the school holidays and bring them back to school in term 4 in the same condition that you borrowed them in.



### HAVE YOU NOTICED A CHANGE IN THE LIBRARY?



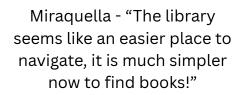
Miss Naughton has been working tirelessly to slowly sort through all our beautiful books. She is thoughtfully and lovingly reorganising our library section by section, to make finding the books we love easier for all of us.

THANKS MISS NAUGHTON, YOU ARE A SUPER STAR

ANOTHER SPECIAL SHOUTOUT TO OUR LIBRARY
MONITORS WHO DEDICATE A LOT OF THEIR
TIME TO TIDYING THE SHELVES AND SORTING
WE APPRECIATE YOUR HARD WORK.









Naomi - "I've never seen the library so neat before!" Jamie - "Yeah, it's never been this near before!"







# Father's Day Breakfast

























#### THANK YOU TO OUR P&C FOR HOSTING A WONDERFUL FATHER'S DAY BREAKFAST!

The students had a fantastic time hanging with their families and guardians during the Father's Day breakfast.

Thank you to our parent volunteers who helped keep the day run smoothly.

# GROOVE NATION CONCERT DANCING THROUGH THE DECADES





















# GROOVE NATION CONCERT DANCING THROUGH THE DECADES



















# GROOVE NATION CONCERT DANCING THROUGH THE DECADES











The staff loved surprising the school community with their secret groove nation dance.
They put in many hours of practice and were so excited to share it.

They really 'Danced the Night Away'!





# Ryde Zone Athletics



Ermington Public School students had some fantastic performances representing Ryde PSSA, with several personal bests achieved that highlight their hard work and dedication.

First up was Max from 6X in the discus. While his throw didn't quite reach orbit, he gave it a great effort. Next, Shiloh from 3K raced in the 100m, recording an amazing personal best time! Benji from 4/5J showed great enthusiasm in the high jump, clearing the first height and a few competitors, though he just missed getting his muscular calves over the bar.

Then we had our "human cannons," Heidi from 6C and Samiuella from 6/5T, who launched the shot put with all their might. Samiuella finished in fourth place and was named 1st reserve for the North Sydney team.

Max from 6X returned to the stadium as the weather changed, with the wind picking up and temperatures dropping. Despite running into a headwind, he showed great composure, wisely bailing out on two approaches before he gave himself clearance for take-off and clearing the bar, achieving a personal best and finishing equal first on height cleared (third on countback). This was enough to secure a place on the North Sydney team.

Well done to all our competitors, and we wish Max the very best at the next event!

# **Good News Stories**



We are excited to announce that Ermington Public School has won second place in the Eastwood Shopping Centre's "Back Your School" initiaive. The \$1000 prize money will go directly back into suppporting our students. Thank you to the incredible support of our parents, families, and community members who rallied behind us.

Ermington Public School + DJ Bop Til You Drop



FRIDAY 24<sup>TH</sup> OCTOBER
FROM 4:00PM





Wear neon or white and really glow!

on My School Connect → Event

Face Painting | Hair Braiding | Games | Ice Blocks | Sausage Sizzle | Lolly Shop | Glow Accessories + MORE!

K-2 disco 5 - 6:15pm | Year 3-6 disco 6:30 - 8pm



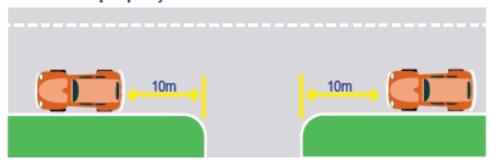
To volunteer at this P&C event, please scan -> or <u>CLICK HERE</u> to go to SignUp



# **Parking Rules**

Please park safely and legally on the streets around your school. Park legally so you do not incur parking fines and demerit points. Council's Parking Enforcement Officers and NSW Police enforce parking regulations around schools. If you park contrary to the road rules you will be fined!

### You cannot stop or park your vehicle:



Within 10m of an intersecting road at an intersection without traffic lights (20m with traffic lights), unless a sign states you can park there (see image at left).

> PENALTIES & DEMERIT POINTS APPLY

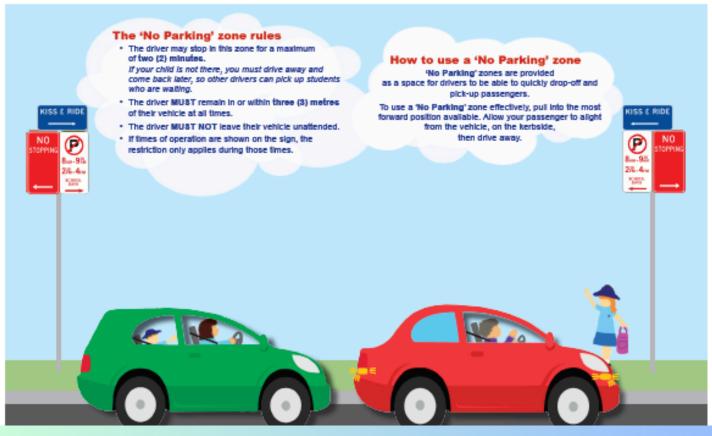
You must park in the same direction of travel and parallel and as close to the kerb as possible.



You can NOT park across driveways or pedestrian kerb ramps. A vehicle can be parked up to the wings on the driveways or ramp (see image)

> PENALTIES & DEMERIT POINTS APPLY

# **'No Parking' Zone Rules**



We kindly remind all parents and guardians that are dropping students off, to be mindful that parking across driveways is a fineable offense. Driveway accessibility is required at all times. We encourage use of our 'Kiss and Drop' section on Winbourne Rd to avoid parking congestion and ensure a speedy collection of your children.

Thank you

# **Advertising in Ermo Highlights**

The school often publishes information on behalf of community groups — parents need to decide on the appropriateness of activities involving their child. It is the responsibility of each parent to research the bona fides of any organisation in which you wish for your child to be involved. The school accepts no responsibility with regard to advertisements placed in the newsletter. Parents and guardians should make their own decision.





BOOK 3 DAYS & GET THE 4TH FREE

\$83.50 PER DAY



TO REGISTER!



**SCAN HERE** 

REFER A FRIEND AND GET

**10% DISCOUNT** 







ELS Hall Park, Kent Rd, North Ryde



Free activities for children up to 12 years at the Parliament of NSW

# Friday 10 October 9.30am – 3pm

Visit Australia's oldest Parliament, step inside history and get creative in workshops and role plays.

- Visit our heritage rooms
- Make craft animals and objects
- Play music and draw with Blak Douglas
- Have your say in a committee role play
- Learn how to vote
- Enjoy live music and more...





## FREE ENTRY

Activities 9.30am to 3pm

### LOCATION

Parliament of New South Wales, 6 Macquarie Street Opposite Martin Place

The public café will be open.



P: (02)92302047or

E: dps.education@parliament.nsw.gov.au



# FREE PARENT SEMINAR

Screen Management



This engaging and practical seminar is for parents who are keen to learn some strategies around screen management for their primary school aged child.

This seminar will cover:

- The advantages and disadvantages of screen use
- Recommended screentime byage
- Strategies for supporting healthy screen time use

Where: Online, via Zoom

When: Tuesday, 14th October

Time: 6-7pm Cost: Free

Register here



https://forms.office.com/r/fjymdrkAiA

Contact: SallyHodges e:sallyho@ransw.orq.au







Mini Maxi Wednesday Playgroup 15 October to 10 December (9 weeks)

Wednesdays: 10:00am to 12:00pm

Mini Maxi Friday Playgroup 17 October to 12 December (9 weeks)

Fridays: 10:00am to 12:00pm

DADS&bubs
Saturday Playgroup

18 October to 13 December

(8 weeks)

Saturdays: 9:30am to 11:00am

Registerfor Playgroupsvia QR code



01

https://bit.ly/ 2Zlo5jV

**Tuning in to Kids** 

21 October to 18 November (5 weeks)

Tuesdays: 10:00am to 12:00pm Limited childcare available

Webinar: The Power of Play (Online)

4 November

Tuesday: 7:00 pm to 8:30 pm

Webinar: Calming the Sibling Storm: 'Practical Strategies for smoother sibling relationships' (Online)

11 November

Tuesday: 7:00pm to 8:30pm

Registerfor Programsvia QR code



Or

https://bit.ly/ 3ai0dZh



Bookings open 10 September 2025 https://thenortherncentre.org.au/



# Parenting Program & Playgroup Overview

# Mini Maxi Supported Playgroup – Wednesdays

9-week program for parents/carers of children under 5 years old. Mini Maxi Supported Playgroup aims to reduce social isolation and connect families to the community they live in. Mini Maxi also supports parents with information and guidance about issues they may be experiencing with parenting.

### Mini Maxi Supported Playgroup – Fridays

9-week program for parents/carers of children under 5 years old. Maxi Supported Playgroup aims to reduce social isolation and connect families to the community they live in. Mini Maxi also supports parents with information and guidance about issues they may be experiencing with parenting.

### **DADS'Nbubs Playgroup – Saturdays**

Dad's/Carers come and enjoy a relaxed welcoming space just for you and your child. An 8-week program designed to provide opportunities for dads/carers and their children 0-5 years old to explore the importance of play, build on their parenting skills and enable parents/carers to develop social networks and connections.

## **Tuning in to Kids - Tuesdays**

5-week program for parents of 4 to 10 year olds. Focuses on the emotional connection between parents and children. Aims to teach parents emotion coaching skills, to help their child understand and manage their emotions, as well as improving communication and parent-child relationship. Help develop your child's social skills and manage frustrations and conflict, thus increasing positive behaviours.

### **Webinar: The Power of Play – Online**

Play is a vital tool for your child's emotional, cognitive, and social development. Discover how play can boost learning, strengthen parent-child bonds, and nurture resilience. This engaging session offers insights, strategies, and fun, age-appropriate play ideas to help you support your child's growth. Whether you're a new parent or simply looking to refresh your parenting toolkit, this webinar is for you!

# Webinar: Calming the Sibling Storm: "Practical Strategies for smoother sibling relationships" – Online

Discover how to foster positive sibling relationships and turn conflicts into opportunities for growth. This webinar will provide practical tools to help you manage sibling rivalry, reduce tension, and create an environment of mutual respect and cooperation. Learn how to support your children in building lifelong bonds, learning to problem solve and building meaningful connections with their siblings.

For further details contact us on 9334 0111 or connect@tncinc.org.au.







Celebrating 40 Years









9.00am – 8.30pm EASTWOOD



# RYDE.EVENTS/GSF

**GOLD SPONSOR** 



SILVER SPONSORS























ENTER NOW













DESIGN YOUR OWN STICKER COMPETITION



FOR MORE INFORMATION SCAN THE QR CODE OR VISIT RYDE.EVENTS/GSFCOMPS

**GOLD SPONSOR** 



**SILVER SPONSORS** 















The Northern Sydney Local Health
District's School Years team have
partnered with WayAhead to offer a free
Transition to High School webinar for
parents and carers of children in Years 5
and 6. This session aims to support
families in preparing for a smooth and
confident start to high school.
The webinar will cover topics including
how anxiety develops, the cycle of
anxiety, adolescence-specific challenges,
and practical strategies to support your
child. The session also includes helpful
resources and a Q&A to address your
questions directly.

# **Register Now!**

Wednesday, 22nd October



7.15-8:30pm

Partnered with:







# Ermington Public School



DATES WEDNESDAYS 3.00 - 4.00pm

9 weeks

starting October 22 nd

AGES Kindy - year 6

PRICE \$156

register

https://sports-x.com.au/sydney/basketball-x-school-programs/





DATES THURSDAYS 3.00-4.00pm

9 weeks

starting October 23rd

AGES Kindy - year 6

PRICE \$156

register https://sports-x.com.au/sydney/soccerx-school-programs/

It's all about the kids having the most fun possible and seeing them smiling all throughout every single of our sessions:)

@sportsxco





FREE EXTRAS available on YouTube



contact
Chrisd@sports-x.com
0445 994 894

# TUNING IN TO KIDS-ONLINE

Connecting withyour kidsthroughemotionally intelligent parenting.



Emotional intelligence isn't rocket science. It's a set of skills that can be learnt.

People whoare emotionally intelligent have better life outcomes. And kids who growup withemotionally intelligent parents are happier and healthier.

Tuning in toKids teaches you how to help your children grow their emotional intelligence.

Buildskillstosupport your child:

- Understand their emotions
- Communicate in a way that builds relationships
- Relatebetter with others when em otions run high
- · Identifyand accept their feelings and build self-care and problem-solving skills.

Freeonlineprogram for families.





Where: Online, via Zoom

When: Weekly, 23<sup>rd</sup> Oct-27 <sup>th</sup> Nov,11am-1pm

Cost: Free

REGISTER



https://forms.office.com/r/w LSSJP2kj7

Contact:

Sally Hodges e: sallyho@ransw.org.au PLEASE BOOK EARLY-



Get creative using design, code and logic to build your own games!



Wednesday 22 Oct - 10 Dec 3:00PM - 4:15PM



**Ermington Public School** 



Years 2 - 6

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Get in touch at hello@codecamp.com.au

# TAKING STEPS ON YOUR FAMILY'S WELLBEING JOURNEY PARENTING TEENAGERS IN A MULTICULTURAL CONTEXT

English
Thursday 23
October 2025
6:30 - 8:00pm



Parenting teenagers (kids over 12 years old) in multicultural families brings unique challenges but also rewarding opportunities for growth.

This online Zoom webinar will help you:

- Recognise the signs of distress in your teens
- Communicate with your teens with empathy
- Understand your signs of stress as a parent
- Build resilience and strengthen connections within your family



SCAN THE QR CODE TO REGISTER

"Empowering parents to take steps to navigate the teen years with confidence, connection, and compassion"

For more information, contact Elise Taylor at elise.taylor@health.nsw.gov.au

This webinar is a Mental Health Month Initiative coordinated in partnership with:











# TAKING STEPS ON YOUR FAMILY'S WELLBEING JOURNEY

# PARENTING TEENAGERS IN A MULTICULTURAL CONTEXT

Language
Options
Avaible on
these Dates



Tibetan Thursday 16 October 2025 6:30 - 8:00pm

Mandarin Wednesday 22 October 2025 6:30 - 8:00pm



For more information, contact Tenzin Ngadol at tenzin.ngadol@health .nsw.gov.au



For more information, contact Jian Hua at jianh@ransw.org.au

Cantonese Tuesday 28 October 2025 6:30 - 8:00pm Korean Wednesday 29 October 2025 6:30 - 8:00pm

For more information, contact Jian Hua at jianh@ransw.org.au



For more information, contact Jisun (Sunny) Kim at jisunk@ransw.org.au



SCAN THE QR CODE TO REGISTER FOR A SPECIFIC LANGUAGE CLASS



# Representative Boccia Tournament 2025

The NSW School Sport Unit Representative Boccia Tournament is being held again in 2025. Students may trial for one of ten regional teams in August to gain selection for the state tournament in Sydney.

The tournament will be conducted in three divisions: Physical (ramper), Physical (thrower/ kicker) and Open. Students must have a formal sporting classification to trial.

The SSU Representative Boccia Tournament provides to an opportunity for talented players to represent their region and test themselves in a competitive environment.



# **State Tournament:**

Quay Centre, Sydney Olympic Park Wednesday 29 and Thursday 30 October 2025.



Scan the QR code for more details including trial dates, eligible impairments, formal sporting classification and registration details.

Alternatively, you can visit:

https://app.education.nsw.gov.au/sport/disability-and-inclusion/representative-tournaments

If you have any questions for the Disability Inclusion Officers, please contact them via email <a href="mailto:lnclusiveSchoolSport@det.nsw.edu.au">lnclusiveSchoolSport@det.nsw.edu.au</a> or call them on 9508 5534.





# Melrose Park Public School and Community Fundraiser

Join us for our annual charityfundraising event featuring a

night of food, drinks, and entertainment. Participate in our charity golf event at Ryde-Parramatta Golf Club, open to pros, amateurs, and first-time golfers.

Ryde-Parramatta Golf Club

Thursday 30 October I Registration from 9 am

Thursday 30 October | Registration from 9 am Golf from 11 am | drinks and dinner from 5:30 pm

# **TICKET PRICES**

Four players - golf and dinner \$600

Single player - golf and dinner \$150

Single player - golf only Dinner \$100

only - per person \$85



Register and buy your tickets today

Proudly Supported by







# Melrose Park Public School and Community Fundraiser

Ryde-Parramatta GolfClub
Thursday 30 October | Registration from 9 am
Golf from 11 am | drinks and dinner from 5:30 pm

An exclusive partnership opportunity to promote your company within the local community!

We are excited to present an exclusive partnership opportunity. Join us on Thursday, October 30, at Ryde-Parrmatta Golf Club for a day of golf followed by a fundraising dinner with enter tainm ent.

Don't miss the opportunity to show your commitment to supporting the local community while also enjoying a dinner, a game of golf and good company!

# Community Sponsorship | \$1,800

- A team of four players to compete in the Melrose Park Community Cup Golf Day, including the use of 2 carts Breakfast is provided before teeing off
- Four tickets to the fundraising dinner
- Exclusive hole signage
- Opportunity to showcase marketing material throughout the event
- Social media posts and opportunities

# Non-play Sponsorship | \$1,250

- A perfect opportunity to support the local school if you are unable to attend
- Exclusive hole signage
- Opportunity to showcase marketing material throughout the event
- Social media posts and opportunities

Proudly Supported by



"[in] **reading**, while you're getting that intense experience, you're gaining **literacy skills**, which make such a **difference** to **every aspect** of your **life**."

— Andy Griffiths, authorofthe *Treehouse* series



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SAVE
THE
DATE
TERM 4



# Vear 6 Canberra Camp

24th-26th NOVEMBER 2025





Year 6 are off
to camp!
Keep an eye
out for
upcoming
details and
notes

