



# Canteen Menu

## Breakfast

|  |             |
|--|-------------|
| Cereal with Milk (skim) .....              | \$3.00      |
| Raisin Toast .....                         | \$2.50      |
| Toast with Spread .....                    | From \$1.50 |
| Toasted Sandwiches .....                   | From \$4.00 |
| Breaky Wrap (bacon, egg, hash brown) ..... | \$7.00      |
| Bacon egg Burger .....                     | \$6.50      |
| Hash Brown .....                           | \$2.50      |
| Banana Bread Toasted .....                 | \$5.50      |
| Croissants (toasted) - Cheese Tomato ..... | \$5.50      |
| Ham and Cheese .....                       | \$6.00      |
| Ham Cheese Tomato .....                    | \$6.50      |
| Manoush Pizza - Oregano .....              | \$5.50      |
| Cheese .....                               | \$6.50      |
| Meat .....                                 | \$7.50      |

## Sandwiches

|  |        |
|--|--------|
| Cheese and Salad Sandwich .....                                      | \$5.50 |
| Chicken Sandwich .....   | \$5.50 |
| Ham & Cheese Sandwich .....  | \$5.00 |
| Turkey Cranberry Sandwich .....                                      | \$5.00 |
| Tuna Sandwich .....  | \$5.50 |
| Curried Egg Sandwich .....   | \$5.00 |
| Salami Sandwich .....  | \$5.00 |
| Build your own sandwich (Flexischools or before school over counter) |        |

## Wraps

|  |        |
|--|--------|
| Middle Eastern Falafel Wrap .....                                | \$7.50 |
| Gourmet Chicken Salad Wrap .....                                 | \$7.50 |
| Chicken Caesar Wrap .....  | \$8.00 |
| Lebanese Kafta Wrap .....  | \$8.00 |
| Chicken Tabouli Hommus Wrap .....                                | \$8.00 |
| Build your own wrap (Flexischools or before school over counter) |        |

## Fresh Rolls/Focaccias

|                                       |        |
|---------------------------------------|--------|
| Sweet Chilli Chicken Roll .....       | \$7.50 |
| Cheese & Salad Roll .....             | \$7.00 |
| Antipasto Focaccia .....              | \$8.00 |
| Chicken Tabouli Hommus Focaccia ..... | \$8.50 |
| Chicken Avocado Focaccia .....        | \$8.50 |



## Salads

|                            |                       |
|----------------------------|-----------------------|
| Falafel Salad .....        | (L) \$7.50 (S) \$5.50 |
| Chicken Caesar Salad ..... | (L) \$7.50 (S) \$5.50 |
| Thai Beef Salad .....      | (L) \$8.00            |
| Greek Salad .....          | (L) \$7.50 (S) \$5.50 |

Build your own Salad (Flexischools or before school over counter)

Additional Salads available Daily

## Hot Food

|                                   |                    |
|-----------------------------------|--------------------|
| Fish Burger .....                 | \$7.00             |
| Chicken Breast Burger .....       | \$7.00             |
| Spicy Chicken Burger .....        | \$7.50             |
| Beef Burger .....                 | \$7.50             |
| Cheese Burger .....               | \$6.50             |
| Deluxe Burgers .....              | \$8.50             |
| Gourmet Sausage Roll .....        | \$5.00             |
| Gourmet Lean Beef Pie .....       | \$5.00 (GF) \$7.00 |
| Gourmet Spinach & Feta Roll ..... | \$5.50             |
| Garlic Bread .....                | \$3.50             |

Additional Specials available Daily check specials board / Flexischools

## Hot Cups

|                              |        |
|------------------------------|--------|
| Chicken Breast Nuggets ..... | \$5.50 |
| Chicken Goujons .....        | \$5.50 |
| Oven Baked Wedges .....      | \$5.50 |
| Oven Baked Chips .....       | \$5.00 |
| Spring Rolls .....           | \$5.00 |
| Noodle Cups .....            | \$4.00 |
| Spicy Wings (cup) .....      | \$5.50 |

## Snacks/Drinks

|  |             |
|--|-------------|
| Fresh Fruit Salad .....                  | \$5.50      |
| Yoghurt & Muesli Bowl .....              | \$5.50      |
| Fresh Fruit Pieces .....                 | \$1.50      |
| Light Assorted Muffins .....             | From \$3.50 |
| Canteen Approved Chips .....             | From \$2.50 |
| Spring Water .....                       | \$3.00      |
| Juice Bomb (Sparkling fruit Juice) ..... | \$4.00      |
| 100% fruit juice box .....               | \$2.50      |
| Flavoured Milk .....                     | From \$3.50 |
| Gatorade .....                           | \$5.50      |

Additional Gluten free options available via Flexischools