## Students of the Week Weeks 7 and 8



Florence Pitt and Connor Gidley-Baird



Lenny Baker and Bailey Baker



Anna Cwach and April Grundy



Dungowan's 'Fab 5' photo and achievements for athletics in the Northern Daily Leader.
What a wonderful achievement!





# Dungowan Public School Newsletter





Week 9 Term 3

Thursday, 14th September, 2023

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#### Principal's Message

Our school gardens have sprung to life with the warmer weather upon us. Our students have been busily working in the garden each morning with some keen volunteers wanting to give up their lunch play to water and weed. Students enjoyed fresh lettuce on their sandwiches for last Fridays' lunches. We are looking forward to tasting the carrots, cucumber, tomatoes and beetroots next term. Any donations of manure fertiliser, mulch or soil would be greatly appreciated.

#### Webinar for Preventing online sexual exploitation

A webinar to inform parents about Online Sexual Exploitation will be held on Thursday, 14 September 5.30-6.30pm. It outlines the role of the ACCCE, current and emerging trends for young people, the response of the ACCCE and what parents and carers need to know. The link has been sent.

#### Check-In

This week our Year 6 students completed Check-in assessments in reading, numeracy and writing. These are mapped to the NSW Syllabuses and Learning Progressions. The assessment can supplement existing school practices to identify how students are performing in literacy and numeracy and to help teachers tailor their teaching more specifically to student needs to inform teachers of student needs.

#### Bush Fire Drill

We have invited the Rural Fire Brigade to visit our school on Monday, 18th September to revise Bush Fire Drills and general fire safety. With the fire season upon us, it is a good time for everyone to update their fire plans.

#### **Obstacle Course**

As a fun way of finishing the school Term, the SRC are organising an "obstacle course" on the school oval. The idea was suggested by Cooper Lilliebridge and was supported by the majority of students. The SRC are designing a course where teams have to navigate a series of different activities. A detailed note will be sent out shortly

#### **Dungowan School 150 years**

Dungowan School will be celebrating 150 years in 2024. A Facebook page has been set up-Dungowan memories. If you would like to be part of the organising committee or receive enquiries about the celebration please join the Facebook group or contact the school.

#### P&C Meeting

There will be a P&C Meeting in the School Library after the end of term assembly on Thursday, 21st September. The purpose of the meeting is to discuss the upcoming Prawn and Chicken night next term. We look forward to seeing everyone there.

Coffs Harbour Excursion

Thank you to those parents who have returned their EOI's regarding the whole school excursion to Coffs Harbour next term. We will need definite numbers of the students and parents who wish to go as soon as possible to finalise accommodation and costs. **Book Fair** 

Our annual Book Fair will held on Friday, 20th October. Students will be given the opportunity to select their Presentation Day book which the P&C kindly donates. Parents and community members are welcome to attend the Book Fair and purchase from a beautiful selection of books. It's a good opportunity to do some early Christmas shopping with a percentage of book sales going back to the school. Currabubula Sports Day

Students from our school will be travelling to Currabubula on Friday, 15th September for a fun day of sports and games with 6 other schools. A permission note has been sent out along with a lunch order for those wishing to buy their lunch on the day.

#### End of Term Assembly

Our end of Term assembly will be held on Thursday, 21st September at 9.30am. Students will be performing a variety of musical items and will be receiving merit awards. All parents and community members are invited to attend. Visitors are asked to bring a plate for morning tea.

#### Dates For Your Diary

Library Day—Friday Sport Day—Thursday

> Term 3 Week 9

Friday, 15th September Currabubula Sports Day

Week 10

Thursday, 21st September End of Term assembly

P&C Meeting

Friday, 22nd September
Obstacle Course
Last day of Term 3

Term 4 Week 1

Monday, 9th October Students return

Week 2

Friday, 20th October Book Fair

Week 3

State Athletics Homebush

Week 7 Monday, 20th to Wednesday 22nd November

Whole school excursion Coffs Harbour

Week 8

Monday, 27th November School Captain voting

Thursday, 30th November
Presentation Day
Friday, 1st December

Year 6 Farewell Last day for Headstart

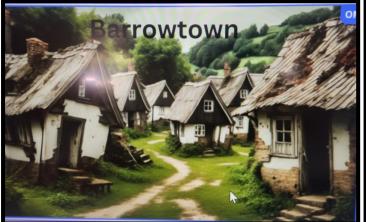
Weeks 9 and 10
Swimming at Scully Park
Pool.

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## **CANVA Story Telling**







Milo patted the books. She was very fond of them. That year the mayor had banned all books. Suddenly, she heard a crack. She turned the corner enthusiastically, and what she saw blew her mind.

Students have been working on using ICT to support their descriptive writing skills. They can't wait to show you more at the Assembly on Thursday Week 10.

## Vegie Gardens















### Sandwich filling inspiration

Sandwiches are a great everyday lunch option! Looking for inspiration to try some new sandwich fillings? Try these!

- Bulk out the sandwich with vegetables. Try
  using carrot, tomato, lettuce, baby spinach,
  avocado, beetroot, cucumber or pineapple
  as the bulk of the sandwich.
- Try using leftover lean meats, boiled eggs, reduced fat cheese, BBQ chicken (skin removed), canned fish, turkey, roast vegetables, falafel or tofu to switch-up fillings!
- Swap your spreads! Instead of butter or margarine try cream cheese, cottage cheese, avocado, hummus or tzatziki.



