Doonside Technology High School

Newsletter

Term 2, 2025



Principals Message

Mr. Colin Campbell

As we approach the end of another successful school term, I wanted to take a moment to reflect on the incredible achievements and experiences that our students and staff have shared over the past few months. It has truly been a term filled with excitement, learning, and a strong sense of community.

This term, our school has been buzzing with the energy of various sporting competitions. From athletics to soccer, our students have demonstrated remarkable talent and sportsmanship. The enthusiasm and encouragement from our community during these events have created a fantastic atmosphere, and I want to congratulate all our athletes for their hard work and commitment to excellence.

In addition to our sporting events, we have had an array of excursions and school camps that have significantly enhanced our students' learning experiences.





- Principals Message
- This Term in TAS
- Extra Curricular Dance 2025
- Year 10 Leading With Heart In Term 2
- Building Respect and Inclusion
 Through "In League In Harmony"
- Pyjama Day
- Keeping Up With PDHPE
- What's Happening in Science
- The Sports Report
- Teachers Vs Students
- Representative Sports Report
- Knockout Sports Report
- The Sports Gala Day Report
- Sleep Well, Arrive Ready
- School Info & Dates For Your
 Calendar





Principals Message Cont.

From outdoor pursuits to team building activities, students faced their fears and supported one another, creating lasting memories and friendships. These experiences are vital in helping our students grow not just academically, but also socially and emotionally.

A standout event this term was our Pacifica Night, which celebrated the rich cultural heritage of our Pacific Islander students. The night was a vibrant showcase of traditional dance, music, and storytelling. Families enjoyed delicious food together, and the warm atmosphere was filled with laughter and pride. Our students performed beautifully, reflecting their dedication and the support of their families. This event not only highlighted the diversity within our school community but also reinforced the importance of cultural appreciation and inclusion. A huge thank you must go to Meta and Ms Tofa on their incredible commitment to our Doonside school community and making it a night to remember. Thank you to everyone who contributed to making this event a resounding success!

As we head into the holiday break, I want to extend my heartfelt gratitude to all students, parents, and staff for your hard work, dedication, and commitment to our school community. Each of you plays a vital role in creating a nurturing and supportive environment for our children to thrive.

Take this time to relax, recharge, and enjoy the time with family and friends.

Wishing you all a safe and happy holiday. I look forward to welcoming everyone back for another exciting term ahead!

Mr Campbell



This Term in TAS

It's been a dynamic and rewarding term across the TAS faculty, with students from all stages engaging in practical, hands-on learning that fosters creativity, problem-solving and industry-relevant skills. From cupcakes and cafés to go-karts and AI, our classrooms and workshops are buzzing with innovation.

Stage 4 - Years 7 & 8

Our Year 7 and 8 students have now commenced their second Technology Mandatory rotation and are diving into a wide range of engaging focus areas, including food and agriculture, digital technologies, textiles, woodwork, and engineering. These rotations allow students to explore different aspects of technology, helping them develop essential life skills and discover their own strengths and interests. In Mr Smith's textiles classes, students have been exploring the art of weaving, using colour, pattern and texture to create visually striking pieces. This hands-on process not only builds fine motor skills and patience but also introduces students to the cultural and historical significance of textile techniques. The enthusiasm in these practical lessons is infectious, with students proudly showcasing their growing skills and creativity.

Stage 5 - Years 9 & 10

Our Stage 5 students have been actively applying their knowledge in real-world contexts. Year 10 Food Technology students recently completed their Food Service and Catering assessment with Mrs Dickson, where they worked in teams to prepare and sell a selection of delicious and beautifully presented cupcakes. The pop-up cupcake stall was a great success, offering students experience in planning, time management, food safety, presentation, and customer service. It also gave them a taste of what it's like to work in the food industry, and many rose to the challenge with professionalism and pride.

Year 9 Food Technology students have been learning about food trends and nutrition by creating vibrant, nutrient-packed Buddha bowls. These colourful dishes allowed students to explore balanced eating while experimenting with textures, flavours, and modern plating techniques. The results were not only healthy but visually stunning—an excellent example of food as both fuel and art.

In Year 9 Engineering, students have been experimenting with different materials and techniques to build bridges, then testing their strength and durability with Mr Griffiths. This engaging project teaches the importance of design, precision, and structural integrity while encouraging creative problem-solving and teamwork.

Meanwhile, Metals students have been working closely with Mr Navarro on the highly anticipated go-kart project. From welding and cutting to assembling and testing, this task has captured students' imaginations and provided a meaningful way to apply their workshop skills in a challenging and collaborative build.

Stage 6 – Years 11 & 12

Senior TAS students continue to shine in both classroom and industry-style settings. Hospitality Cookery students have been involved in a number of external opportunities this term, including participating in YES Catering and attending the Rural Students Café event. These experiences provided a chance to develop and demonstrate their culinary and teamwork skills in real-world hospitality environments.

Both our Cookery and Food and Beverage classes proudly contributed to in-school catering events, most notably **Australia's Biggest Morning Tea**. Students planned, prepared, and served a delicious selection of sweet and savoury options to raise funds for cancer research. Events like these give students the opportunity to apply their skills in meaningful ways while building confidence and giving back to the community.



This Term in TAS

In addition, the Food and Beverage students have launched and are now managing the school café. This student-led initiative has seen them develop practical barista and service skills, maintain hygiene standards, and interact with staff and customers in a professional setting. The café has quickly become a lively and much-loved space within the school.

In Digital Technologies, students participated in a series of interactive workshops led by Mr Yu, exploring the exciting and fast-evolving world of artificial intelligence and robotics. These sessions allowed students to experiment with coding, automation, and machine learning, sparking curiosity about future career pathways and innovations shaping the world of tomorrow.

Over in Exploring Early Childhood, students have completed their first assessment task with Ms Fitzpatrick, producing a thoughtful and creative scrapbook titled "School Years." This reflective project helped students explore child development and education through the lens of creativity, communication and care—key principles for anyone considering a future in childcare or education.

The TAS faculty continues to offer vibrant, relevant and student-centred learning experiences. We are incredibly proud of the effort, enthusiasm, and achievement demonstrated by our students across all stages and look forward to what the rest of the term holds!



















DTHS Dance Ensemble

The Synergy Dance Group has worked tirelessly over almost two terms, rehearsing every Tuesday afternoon from 3:00 to 4:30pm to create a powerful and moving dance piece titled "Ravens Ascent." This original work explores the journey of young ravens as they emerge from the safety of their nest, learning to navigate the world on their own. Through expressive movement, the dancers embody the transition from dependence to independence, culminating in a symbolic final flight into the unknown. The performance was a stunning display of storytelling through dance, brought to life by the commitment, creativity, and teamwork of our talented students.

On Wednesday 18 June, the group had their dress rehearsal at the Evans Theatre in Penrith, where they had the opportunity to block their positions, adapt to the stage size, and bring their choreography to life on a professional stage for the first time. A huge thank you goes to Bay for driving the bus and getting the girls there safely. After returning to school, the dancers showed incredible dedication by making final adjustments to spacing, hair, and makeup. Special thanks to Kiara Kothari, Cherie Tudtud, and Marina Barbin-Holden who worked hard to design and cut out a stencil used to create striking face paint for a bird-like effect. Miss Atai kindly provided the tools to develop these stencils, and Emma from our L&S team who was instrumental in helping the girls get ready on the day and calming any pre-performance nerves. Our wonderful admin staff also deserve a big thank you for organising pizza for dinner, making sure the girls were well-fed before heading back out for the evening performance.





DTHS Dance Ensemble







That night, the girls took to the stage at the 7:30pm for the Synergy Dance Festival show, performing "Ravens Ascent" with grace, passion, and professionalism. Beyond their captivating performance, the students represented DTHS with pride, showing camaraderie by cheering on other schools and making new friends in the process. It was a truly uplifting and supportive atmosphere, and we were so grateful to the many parents and carers who attended and supported our dancers in person.



Then on the Friday, 20 June, the girls did it all again
— this time for the matinee show at 1:00pm.

Despite the huge week and early morning start, the dancers arrived with resilience and determination, once again presenting a breathtaking performance on stage. Their efforts were nothing short of outstanding,



and the dance truly came together in a way that made everyone proud.



DTHS Dance Ensemble







Looking ahead, the girls are excited to perform "Ravens Ascent" again in future opportunities such as eisteddfods, school assemblies, strength assemblies, or the end-of-year Art Beats showcase.

A heartfelt thank you goes out to everyone who made these performances possible — everyone who came to watch, to the students for their unwavering dedication, to the families and friends who encouraged and supported them, and to Mrs Maher for her tireless choreography, guidance, and for fostering such a strong and inclusive culture of dance at DTHS. We are already looking forward to seeing even more students join our dance ensemble next year!





STUDENTS PARTICIPANTS

Nellie-Anne Reid
Paige Seckold
Alexis Dalley
Pyper Nowland
Kiara Kothari
Cherie Tudtud
Jessica Moon
Marina Barbin-Holden
Ruby Lewis
Kiara Telford
Nevaeh-Jayne Collins



Year 10: Leading with Heart in Term 2!

Term 2 has continued to showcase the remarkable leadership, initiative, and talent of our Year 10 students, who have once again stepped up across a variety of school events and programs.

Kicking off the term, our Year 10 Leadership Team joined forces with Year 12 students to host a Federal Election Day BBQ and Bake Sale fundraiser. Thanks to their teamwork and the generosity of our community, students raised an impressive \$1121.50 to help subsidise the cost of their respective Year 12 formals. A special mention to the Year 10 team for preparing all the home-baked treats—from brownies and cupcakes to delicious slices—which were a hit with voters and visitors on the day!

In Week 2, students proudly celebrated Harmony Day, a vibrant occasion highlighting the rich cultural diversity of our school. It was heartwarming to see so many students dressed in traditional attire, representing their heritage with pride. At lunch, the Year 10 Leadership Team facilitated a popular bracelet-making stall, encouraging conversations around unity, belonging and cultural celebration.

Our Year 10 leaders are already looking ahead to their next major initiative—National Pyjama Day in Week 9. This event will raise awareness and funds for children in foster care, supporting the incredible work of The Pyjama Foundation. They are also beginning preparations for R U OK? Day in Term 3, aiming to foster a culture of mental health awareness and support among their peers.

It's also been another huge term of sporting achievement. Mia and Bin were named Age Champions at the Athletics Carnival, a fantastic recognition of their all-around athletic ability. Masani represented the school in Open Girls Netball, Nathan competed in the Under 15s Basketball team, Connor continued to shine in Futsal, and Esoufa, Jasmine and Jayden proudly represented our school at the Zone Cross Country. Their efforts and achievements are a testament to their hard work and commitment, both in training and competition.

Alongside their school commitments, many Year 10 students have also been actively exploring their future career pathways through TAFE-delivered courses and School-Based Apprenticeships and Traineeships (SBATs). It's been exciting to see students gain hands-on experience and qualifications in industries such as plumbing, carpentry, real estate, health, nursing, early childhood education, barbering, hair and beauty, and engineering. Their early commitment to developing real-world skills shows great initiative and sets a strong foundation for their post-school journeys.

With so many meaningful contributions already this year, we look forward to what's still to come. Whether it's leading initiatives, fundraising for worthy causes, celebrating culture, preparing for the future, or achieving in sport, our Year 10 students continue to demonstrate what it means to be resilient, empowered, and community-minded.

Well done on another fantastic term!

Warm regards, **Kimberley Twaddle** Year 10 Advisor















Building Respect and Inclusion Through"In League in Harmony"

Earlier this term, a group of our Year 10 students proudly participated in the *In League In Harmony program*—an initiative led by the NRL that promotes respect, inclusion, and social responsibility among young people.

Over the course of the program, students engaged in a series of workshops and practical activities focused on teamwork, cultural awareness, leadership and conflict resolution. Through honest conversations and interactive sessions, they reflected deeply on their own values and the impact of their actions within the school and wider community.

What stood out most was the maturity and enthusiasm with which our students embraced the program. Whether it was leading discussions, listening to others' perspectives, or working together to build inclusive environments, they showed true commitment to fostering a respectful and connected school culture.

A special congratulations goes to *Connor, Faith, Isabella, Lochlan, Mikaela, and Nathan*, who were selected as **NRL Youth Advocates**—a leadership opportunity that recognises young people across the country for their dedication to creating positive change in their communities. As Youth Advocates, these students will continue to represent their peers, contribute to future NRL community initiatives, and champion messages of equity and inclusion both within and beyond the school gates.

One of the highlights was the **League Tag Gala Day**, where students came together with peers from other schools to celebrate their learning and put their teamwork into action on the field. It was a day full of energy, connection, and pride in the journey they had shared.

We are incredibly proud of the way our students represented our school and themselves throughout the program. Their participation in In League In Harmony not only strengthened their leadership and communication skills but also reinforced their role in shaping a more inclusive, respectful, and harmonious school community.

Kimberley Twaddle

Year 10 Advisor





Building Respect and Inclusion Through "In League in Harmony"



















Snuggled Up for a Cause - Pyjama Day Success!

In Week 9, our school community swapped uniforms for flannelette sets and fuzzy socks as we proudly took part in **National Pyjama Day**—a fun and meaningful initiative to raise awareness and funds for children in foster care.

Led by our Year 10 Leadership Team, students and staff were encouraged to wear their cosiest pyjamas to school while making a gold coin donation in support of **The Pyjama Foundation**. This organisation provides vital support to some of Australia's most vulnerable children, helping to fund their **Love of Learning Program**, which connects children in care with volunteer mentors to improve literacy, numeracy, and life skills.

The day was full of warmth, both literally and figuratively. It was wonderful to see so many students and staff showing their support, dressed in cosy flannelette sets, robes, and matching PJs. Everyone joined in to show that small actions can make a big difference in the lives of others.

Thanks to the generosity of our school community, we were able to raise both funds and awareness for a truly worthy cause. A huge thank you to our Year 10 leaders for coordinating the day with energy and compassion, and to everyone who participated in creating a fun, inclusive and impactful event.

Pyjama Day was not only a chance to wear something a little different but also a moment for our students to show empathy, take action, and contribute to a brighter future for others.





















Keeping Up With PDHPE

Year 7 PDHPE

Year 7 students have gone digital to understand how their engagement with digital work can impact their social relationships and have a range of consequences. Working on their comprehension skills has been a priority with students engaging with a cautionary tale short film to reflect on the consequences of online behaviour. In physical education, students prepared for the athletics carnival by being the experts on the newly built turf soccer fields and developing their soccer skills. Finally, they have finished the term dancing in celebration of the upcoming school holidays.



Year 8 PDHPE



Year 8 students have navigated all types of relationships this term, exploring how the different types of relationships in our lives present a range of challenges. From friendship, to family and romantic partners- all contexts are explored to ensure our students are equipped with the skills to create, navigate and manage relationships. Year 8 transferred their Rugby League knowledge to a new oval sport in AFL and extended their skills by using hockey sticks in the slide hockey unit.

Year 9 PDHPE

Year 9 students extended their term 1 knowledge of relationships by exploring sexual health education. Students examined the importance of accurate health information and the range of support services that exist to help the community. Using their mature outlook and understanding of content knowledge, Year 9 scripted and recorded their own podcast episodes with the aim of providing evidence-based, accurate and age-appropriate information. In Physical Education, their strengths came to the forefront as they did a close examination of the skills and strategies of Oz Tag.





Keeping Up With PDHPE

Year 10 PDHPE

Year 10 students commenced their semester-long unit called "Tools for temptation", aimed to equip them with the skills and information necessary to navigate adolescence and risk-taking. This term began with a focus on drug use as students explored the range of drugs, their consequences and the concept of harm minimisation and its importance to public healthcare. In addition to the information, students have the opportunity to practice the refusal and assertiveness skills necessary to combat teenage risk-taking scenarios. Students loved exploring gymnastics- both rhythmic and artistic before engaging in a range of racquet sports to better understand the role that individual sports can play in lifelong physical activity.



PASS

Year 9 and 10 PASS students have explored the world of coaching in a school-developed module called "Put me in, coach!" Created as a taster course to the Certificate III VET Sports Coaching, this PASS unit has allowed students to understand the role of fundamental and specialised skills. Students have worked together to practice their coaching and have shown progress since the start of the term. This unit continues to build their skills over the beginning of next term, so stay tuned for news of our future coaches!

Stage 6

Stage 6 Sports Coaching

In Year 11 Sport Coaching, students have continued their focus on event management by successfully running a series of events. From specific athletics carnival events to whole tournaments, students understood first-hand the stress and joy that comes with running a sporting event. They also completed their Senior First Aid certificate, an essential qualification for any sporting coach. As Year 12 comes closer to the end of their Certificate III, they have levelled up, looking at progressing their coaching skills to be more specific and targeted working towards the aim of delivering 3x 30 minute sessions.





Keeping Up With PDHPE

Stage 6 SLR

Flowing on from Fitness, Sports Lifestyle and Recreation, students have been focused on the components of a balanced lifestyle as well as the consequences of imbalance. It is hoped that through this unit, students will be able to analyse their own health practices and improve their health. Students summarised their understanding in the creation of an information leaflet designed to inform students how to best care for themselves in the stressful time of stage 6.

Stage 6 CAFS

This term, our Year 11 Community and Family Studies (CAFS) students explored their second CORE-Families and Communities. Students explore family structure and communities and the roles that individuals adopt within each. Our Year 11 cohort is working hard on their critical analysis skills as they develop the skills of reviewing literature for the second assessment task.

Year 12 CAFS are exploring Parenting and Caring and have considered the role of parents and carers and how this can look different in a range of contexts. Students are applying this understanding for their assessment by developing a hamper to support the needs of specific parents.

Stage 6 HMS/PDHPE

Year 11 are navigating the new course, finishing focus area one by completing their depth study. This indepth study required students to engage in a range of interview activities, examine the health of young people in Western Sydney and find creative solutions for students at Doonside Technology High School. Students are looking forward to exploring the focus area two next term. Year 12 students have been delving into all things sports medicine using contemporary case studies to explore injury prevention, management and rehabilitation across a range of athletes. For their assessment, they have adopted the role of local club managers to develop a series of guidelines to reduce the rate of injury in their community sporting club, all while refining and improving their writing capacity in the lead up to their Trial Examinations next term.





What's Happening in Science

Year 7 Science

This term, Year 7 students explored key concepts in Environmental Science. They learned about Australian ecosystems, food chains, food webs, sustainability, interdependence between organisms, the water cycle, the classification system, and biodiversity. Students had the opportunity to apply their learning by completing a research task on an Australian ecosystem of their choice.

In addition, students created models of the water cycle and engaged in hands-on learning by observing prepared slides under a microscope.

Year 8 Science

In Term 2, Year 8 students studied mixtures and the physical techniques used to separate them. These techniques included decantation, magnetic separation, chromatography, and crystallisation.













Year 9 Science

Year 9 students investigated the Atomic Model, including historical models of the atom, subatomic particles, atomic structure, and radioactive isotopes. They conducted flame test experiments and explored the concept of half-life through interactive M&M simulations. Throughout the term, students also developed their skills in graphing, data analysis, and safe laboratory practices.









Year 10 Science

This term, Year 10 students deepened their understanding of force and motion. They explored the physics behind driving, car crashes, and the importance of safety features in vehicles.

Students also took part in a taster lesson for senior science subjects to gain insight into the Preliminary and HSC science courses. The image below was captured during one of these sessions.



What's Happening in Science

Year 11 Biology

On Thursday, 12th June, Year 11 Biology students visited Taronga Zoo as part of their Depth Study Assessment Task. They heard from conservation experts and learned about the strategies used by zoos and conservation programs to protect vulnerable Australian species such as koalas, spotted quolls, echidnas, and greater bilbies.

Students represented the school with exemplary behaviour, engaged meaningfully with educators, and were given a special opportunity for exclusive animal encounters.









AVISTA STEM Show

On Monday, 16th June, students from Years 7–12 took part in the exciting AVISTA STEM Show, delivered by Fizzics Education and supported by the Department of Defence's School Pathways Program.

The show featured live demonstrations on flight, propulsion, robotics, and artificial intelligence, including an AI robot dog. Students explored real-world applications of STEM and learned about emerging careers in Australia's defence and technology industries.









Farm Upgrade

This term, the school farm received an exciting upgrade with the completion of a brand-new chicken coop. The coop is now home to four resident chickens, and students have been doing a fantastic job caring for them and collecting fresh eggs. It's been a wonderful hands-on learning experience for all involved.







What's Happening in Science

Farewell Mr James

We bid farewell to Mr James after seven and a half years of dedicated service to our school community. Mr James has been a valued member of staff, known for his professionalism, warmth, and unwavering support for students and colleagues alike.

Throughout his time here, Mr James has made a lasting impact—both in the classroom and beyond. His genuine care for students and passion for teaching have been evident in all that he does, and his presence has helped shape a positive and supportive learning environment.

Mr James is moving on to take up a new opportunity at another school, and while we are excited for him and the fresh challenges ahead, he will be deeply missed by staff and students alike. We thank Mr James for his many years of commitment and wish him all the very best for this next chapter.













Zone Cross Country

On Monday, 2nd June 2025, 40 students from Doonside Technology High School braved the course at Morreau Reserve, Rooty Hill, competing in the annual Colebee Zone Cross-Country Carnival. It was a fantastic day filled with determination, endurance, and team spirit.

We are proud to announce that 16 students have qualified for the Sydney West Cross-Country Carnival, to be held on 26th June. A special congratulations to our top performers:

- Zahra Calder 1st in Under 14 Girls
- Abbie Hinkley 2nd in Under 15 Girls
- Lilly Calder 1st in 17+ Girls
- Rane Tu 2nd in Under 14 Boys
- Mathew Ayoub 2nd in 17 Years Boys
- Majok Awan 3rd in 17 Years Boys
- Josh Guballa 1st in 18 Years Boys

We are especially proud to share that 7 of the 16 students progressing to Sydney West are from our Support Unit—a truly outstanding achievement that reflects the inclusive spirit and determination of our school community.

Best of luck to all our runners at Sydney West! You've already done DTHS proud!











Sydney West Cross Country

On Thursday, 26th June 2025, 14 students from Doonside Technology High School proudly represented the Colebee Zone at the Sydney West Cross-Country Carnival, held at the International Equestrian Centre.

Each student displayed incredible dedication, perseverance, and resilience as they tackled the challenging course. Their hard work and determination were evident in every stride, making the school community proud.

A special mention goes to our Support Unit, with 7 of the 14 competitors coming from this group—an amazing reflection of inclusion, effort, and school spirit.

We would also like to extend a big thank you to Mr Gerard, who stepped in to attend on the day in place of Mr Halavaka, providing fantastic support and encouragement to our runners.

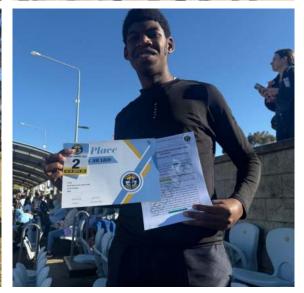
Well done to all involved—you've done DTHS proud once again!















DTHS Athletics Carnival

On Friday, 9th May 2025, Doonside Technology High School held its much-anticipated Annual Athletics Carnival at Blacktown International Sports Park. The day was filled with energy, colour, and fierce but friendly competition as students competed for personal bests, house points, and age champion titles.

Congratulations to all our students for their participation and sportsmanship throughout the day.

A special shout-out to our Age Champions, whose outstanding efforts earned them top honours in their divisions: -

- 12 Years: Melody Simpson & Sitaliki Eukaliti
- 13 Years: Norah Ho & Mabil Mabil
- 14 Years: Pyper Nowland & Ali Rahimi
- 15 Years: Iyla Jowaheer & Ibrahim Kerdi
- 16 Years: Mia Davies & Binjamin Jehani
- 17+ Years: Ayen Nyuar & Josh Guballa

This year's carnival also saw an impressive 13 new records broken, with the standout performance going to Josh Guballa, who soared to 1.8m in the 17+ Boys High Jump—the highest jump on record for our school!

The house competition was as competitive as ever, with Crawford House taking out the win with a total of 1,622 points, followed by Bruce (1,285), Wallace (1,003), and Stuart (852).

A huge thank you to all staff, student helpers, and supporters who made the day such a success. We look forward to seeing even more incredible performances in next year's carnival!





















Zone Athletics Carnival

On Friday, 13th June 2025, nearly 50 students from Doonside Technology High School proudly represented our school at the Colebee Zone Athletics Carnival, held at Blacktown International Sports Park. The day was packed with energy, determination, and impressive performances across a range of track and field events.

We are especially proud of our Support Unit, which had an incredible 8 students competing—an outstanding display of inclusion and school spirit.

A huge thank you also goes to our 10 Sports Coaching students, who assisted throughout the day with professionalism and pride. Their leadership and support helped ensure the smooth running of the event and were a credit to the school.

While final results are yet to be confirmed, we are hopeful for a strong progression rate to the Sydney West Athletics Carnival in August.

Well done to all our athletes and helpers — and best of luck to those aiming for the next level!









Teachers VS Students

Week 2: Soccer (Harmony Day)

Doonside Technology High School celebrated Harmony Day 2025 with culture, community, and competition, headlined by the much-loved Teachers vs Students Soccer Match. This year's event was even more special as it marked the official opening of our brand-new synthetic soccer pitch!

The match was a true spectacle. The students took an early lead, putting the teachers under serious pressure. But the staff squad showed resilience, and in the final minutes of the second half, they managed to level the score, forcing the game into a tense penalty shootout.

With both teams trading goals in a thrilling back-and-forth, it finally came down to a crucial miss from the students, crowning the teachers as the 2025 champions in front of a roaring crowd.

A huge shout-out to Principal Colin Campbell, who not only played in the match but was also the driving force behind the installation of the stunning new pitch. His commitment to student engagement and school pride continues to leave a lasting impact on the DTHS community.

Well done to all involved in an unforgettable day celebrating harmony, diversity, and the power of sport!











NSWCHS GIRLS VOLLEYBALL CHAMPIONSHIP

Doonside Technology High School's Ayen Nyuar recently represented her region at the prestigious NSWCHSSA Volleyball Championships, showcasing not only her skill and determination but also her leadership as team captain in her final year of high school.

Facing some of the toughest competition in the state, Ayen rose to the challenge, guiding her team through each hard-fought match with confidence and composure. Every game tested their limits, but under Ayen's leadership, the team dug deep and played with heart, fighting for every point.

Against all odds, the team progressed to the finals, a moment that left them both nervous and incredibly proud. "We honestly didn't think we'd make it that far," Ayen said. "To be there felt like a privilege."

For Ayen, the tournament marked the culmination of her school volleyball journey—a powerful and emotional finish to her time representing DTHS. "I loved the whole experience," she shared. "Being captain in my last year made it even more special."

Ayen's performance, leadership, and spirit have left a lasting impression on her teammates and the school community. She has truly set the standard for future DTHS athletes.

Stemming from her success this year in Volleyball, Ayen recently returned from competing in Korea. Feel free to read about her success in this article - https://m.sports.naver.com/volleyball/article/396/0000712397





CHS GIRLS RUGBY 7'S COMPETITION

Doonside Technology High School's Timaleti Lawaniyasana has once again done her school proud, representing the Sydney West Under 18s Girls Rugby 7s Team for the third consecutive year—a remarkable achievement that speaks to her dedication, skill, and passion for the sport.

The NSWCHSSA Rugby 7s Championships, held from Tuesday, 13th to Thursday, 15th May 2025 in Newcastle, were marked by challenging wet weather conditions, making for a tough and physical three days of competition. Despite the elements, Timaleti and her team pushed through with resilience and determination, ultimately securing a well-earned bronze medal.

As a Year 12 student, this tournament marks Timaleti's final appearance in the Sydney West side, closing out a memorable chapter in her school sporting career. Her consistent selection over the past three years is a testament to her talent and commitment, and she leaves a lasting legacy for younger players to follow.

Congratulations, Timaleti, on an incredible run—you've made the DTHS community incredibly proud!





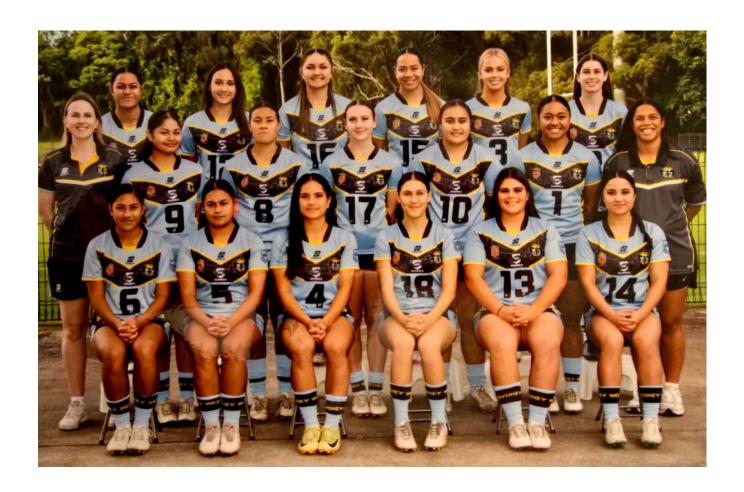
NSWCHSSA GIRLS RUGBY LEAGUE COMPETITION

From Monday, 26th to Wednesday, 28th May 2025, Marleya Eleknana proudly represented Doonside Technology High School and the Sydney West U18 Girls Rugby League Team at the NSWCHSSA Rugby League Championships.

Over the course of the competition, the team faced tough opposition, losing their first game, drawing the second 10–10, and finishing strong with a convincing 20–6 win in their final match. Marleya stood out for her outstanding defensive performance, consistently making strong tackles and showing incredible grit on the field.

Although she narrowly missed out on NSW selection, Marleya's talent did not go unnoticed. On the morning of Day 2, she received an exciting email from none other than the South Sydney Rabbitohs, who were present at the championships. Impressed by her efforts, they offered her a spot in both their 2026 Tarsha Gale Cup and Women's Harvey Norman Premiership squads — locking her in early for a bright future in the game!

Congratulations, Marleya! Your dedication and determination continue to make DTHS proud.





NATIONAL INCLUSION TOUCH CARNIVAL

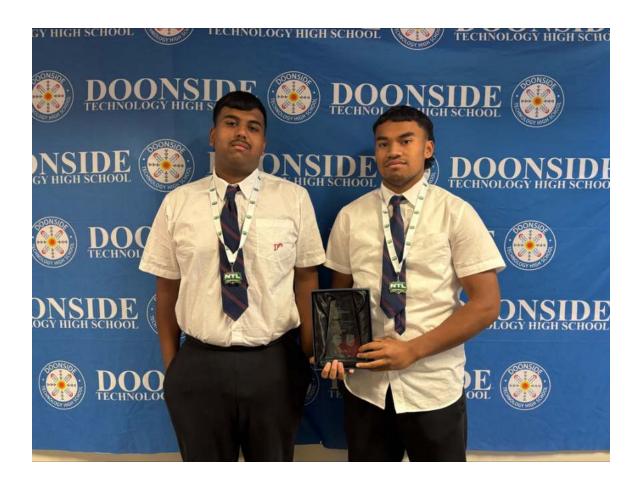
Ethan, Ben, Mayank, and Heze recently represented Doonside Technology High School with pride and passion at the National Touch Football Carnival, held at CEX Stadium in Coffs Harbour. Competing in the All Abilities division—a category that promotes inclusive opportunities for individuals with intellectual and/or physical impairments—the boys showcased not only their impressive skills but also true sportsmanship and determination.

Ben had the honour of representing Team Tasmania and played a crucial role in their journey to becoming National Champions in the Tier 2 All Abilities division—an outstanding achievement!

Meanwhile, Ethan, Mayank, and Heze delivered strong performances throughout the tournament, making it all the way to the grand final. Their commitment, teamwork, and resilience were on full display and truly commendable.

A special congratulations goes to Heze, who was awarded the Greg Brown Medal for Best and Fairest Player representing the Sydney Scorpions. This prestigious accolade recognises not only his athletic ability but also his leadership and sportsmanship on and off the field.

Well done to all four students—you have made the DTHS community extremely proud!





Knockout Sports Report

OPEN BOYS SOCCER - Game 3

The Doonside Technology High School Open Boys Knockout Soccer Team has had an outstanding run this season, showcasing remarkable skill, sportsmanship, and team unity on the field. Impressively, many of the players had never played soccer competitively before, making their progress all the more commendable.

Through resilience, dedication, and a growing passion for the game, the team advanced to the third round of the competition—a fantastic achievement for such a newly formed squad. Their first two wins, both played on home turf, were bolstered by the enthusiastic support of peers and staff, who cheered the boys on as they delivered some memorable goals.

Although the team's journey ended in the third round, the match was a celebration of how far they had come. Playing together again felt like a win in itself, reflecting the strong camaraderie and positive spirit that defined their season.

From a coaching perspective, this journey was not only a highlight of the year but also a privilege to be a part of. The boys have set a strong foundation for future success, and we look forward to seeing their continued growth both on and off the field.

COACH: Miss Takache





Knockout Sports Report

U15's BOYS BASKETBALL - Game 1

On Term 2, Week 5, Tuesday 27th May, the U/15s Basketball Team from Doonside Technology High School played against Evans High School. The wind was blowing fiercely and cold, cutting through our warm-ups and numbing our hands before the game even began. From the moment we saw the opposing team, it was clear we had a physical mismatch — their 6'3" centre towered over our players, and they had a few other big bodies that intimidated our smaller team.

The first quarter didn't go our way. Their centre easily broke through our defence in the paint, scoring at will. Something had to change. A timeout was called, and the coach instructed the team to switch to a box-and-one defence — four players collapsed into the paint to shut it down, with just one player guarding the perimeter. The change was immediately effective. Their centre struggled to score for the rest of the game, and we began to regain control.

Another key adjustment was to stop shooting three-pointers. The wind made long-range shots unreliable, and the cold made it difficult to feel the ball. Instead, we focused on closer shots and smarter plays.

As the game progressed, our point guard and ace, Ryzyd, began to carve through their defence with confidence. His plays were phenomenal, constantly creating momentum for our side. Strong screens were set by the team, opening up space and opportunities. Special mention to Ryzyd and Nathan for their incredible endurance — both players practically played the entire game without a break. One of the best moments came when Will scored a basket, sending our school supporters into a loud cheer. It was a tough match under even tougher conditions, but our team showed heart, adaptability, and grit.

In the end, we came out on top with a 36–28 victory. The opposing team played well, but Ryzyd's leadership and energy carried us through. A big thank you to Isaac for refereeing the game and to Mrs Awad for organising all the bits and pieces behind the scenes that made it possible.

COACH: Mr Bueno & Isaac Asuncion

U15's BOYS BASKETBALL - Game 1

The girls did an amazing job against Winamalee HS and played with a lot of determination and grit. Unfortunately, we lost by 1 goal as the final score was 23-22. This current team has been playing knockout netball since Year 7, and they should be proud of progressing this far in the competition.

COACHES: Miss Govender





BUCKLEY SHIELD U14 BOYS

It was a hard task from the beginning for the boys. To start the day, we had 11 players versus Erskine Park. It was a close game in the end, the boys put in and turned up for each other, but fatigue due to a lack of numbers for us and a stacked opposition bench ensured Erskine Park the win.

Our second game against Plumpton had the same result as the first game. Very close on the scoreboard. The boys never gave up and earned the opposition's respect for being resilient and never giving up.

Our last game was a mirror image of the first 2 games. The boys contended and engaged in the game. It was a numbers game for us, but we were very proud of the boys for rallying together and continuing to play even though the odds were against us.

Special mention to Andre and Poasi for holding it down in our middles. They set up a good platform for us to follow.

Captain Courageous, Terrence, who could've been mistaken for a prop the way he was tackling opposition props. His organisation at halftime on offence gave us momentum up the field. Way to lead the team, Terrence. Trey Thomas was a close second to Terrence. Trey's cover defence was a massive part in our team staying close on the scoreboard.

Definitely bittersweet knowing the boys, if we had a full squad, could've made finals. Hopefully, next time we'll have a full squad so we can showcase our true potential on the field.

COACHES: Meta Tusini & Mrs Maher





7/8 WANDERERS CUP BOYS

The Year 7/8 soccer team proudly represented DTHS at the Wanderers Soccer Cup, demonstrating excellence, teamwork, and our core school values throughout the day. Guided by their dedicated Year 11 sports leaders, Riley and Alfred, the team faced tough competition with determination and resilience. Standout performances included impressive goals from Mading and TJ, solid defensive efforts by Jaiden and Ali, and crucial saves from Kaelan Smith-Rix, all backed by the energy and promise of our talented Year 7 players. The boys rose to the challenge against eventual winners Plumpton, scoring some spectacular goals and showcasing great potential. This is definitely a team to watch and build upon in future competitions.

COACHES: Mr McMahon





7/8 WANDERERS CUP GIRLS

The Year 7/8 Wanderers Girls Soccer Team, a newly formed and spirited group at DTHS, took to the field with enthusiasm, courage, and a shared determination to represent their school with pride. Despite many of the players having little to no prior soccer experience, the girls approached the tournament with heart and high hopes, embracing every moment, from the thrill of victory to the challenges of defeat and even the setback of injury, with resilience and unity. Throughout the day, they proudly embodied the DTHS core values of teamwork, excellence, and perseverance. The team opened with a hard-fought 1-1 draw against a tough opponent, showing great composure and teamwork. This was followed by two narrow losses against very strong sides, but the girls never let their heads drop and continued to fight for every ball. Marie and Kaliah led the attack with confidence, scoring goals and creating key opportunities, while Zahra anchored the defence with strength and composure, clearing every threat with determination. Hayley's relentless pursuit of the ball showed her tenacity and grit, and Norah's energy and dedication to a sport completely new to her were truly inspiring. Zyra adapted her volleyball reflexes to deliver crucial saves in goal, and Samantha showed incredible natural ability up front, coming heartbreakingly close with a shot that struck the post. Bianca's athleticism and tireless movement across the field proved invaluable, covering ground with ease and supporting her teammates at every turn. Together, these girls turned individual sporting strengths into a united team effort, laying the foundation for a promising future. With such passion and potential on display, this team is one to celebrate and support as they continue to grow in confidence and skill in the seasons ahead.

COACHES: Mr McMahon & Mrs Vishnu



OPEN BOYS FUTSAL

The Open's Boys Futsal team showed remarkable resilience and unity during our Gala Day. They came away with 2 wins, 1 draw, and 1 loss, but what they should be most proud of is their humility. Led by Majok Awan and Matthew Ringland's example, the team showed fierce determination coupled with respect for their teammates and officials. The boys should hold their heads high and be proud of their efforts!

COACHES: Mr Gerard

OPEN GIRLS FUTSAL

On Tuesday, 11th June, Doonside Technology High School's Open Girls Futsal Team competed in the Penrith Gala Day, taking on strong competition in a high-energy tournament.

Despite facing a challenging day with tough losses, the team demonstrated outstanding resilience, teamwork, and determination from start to finish. What made their performance even more commendable was the fact that 6 out of the 9 players were from Year 8, competing in an open-age division against much older and more experienced teams.

The girls held their heads high and gave every match their all, showing courage well beyond their years. They represented DTHS with pride and set a strong foundation for future success in the sport.

Well done to all the players for their effort, spirit, and sportsmanship on the day!

COACHES: Mrs Awad





AFL NSW/ACT SECONDARY SCHOOLS INCLUSION CARNIVAL

Students from our Support Unit proudly represented our school at the recent AFL Inclusion Gala Day. Doonside THS fielded two teams—Junior and Senior—and both displayed incredible teamwork, resilience, and school pride as they battled their way to the grand finals.

The teams demonstrated a strong sense of unity and purpose, playing not just for themselves but for their entire school community. Their determination and sportsmanship stood out throughout the competition.

A special mention goes to Haydan Hawkins-McLean for his standout leadership, guiding his team to a grand final victory. Supporting this effort were the sharp-shooting Ben Wise, who proved to be a goal-scoring machine, and Jackson Keaton, whose debut in defence was nothing short of outstanding, making crucial saves that helped secure the win. A big thank you to AFL NSWACT and Sports 4 All for running the event.

Congratulations to all students involved—you've made Doonside proud!

COACHES: Mr Marques, Adrienne Stojanovic & Isaac Asuncion





NSW DEC BOCCIA INCLUSION CARNIVAL

On Thursday, 20th June, our support unit students—Natalie Palani, Ben Bellamy, Luke Perich, Jayden Edwards, Emma Logali, Tiana Ektoros, and Aleec Tulba—represented Doonside Technology High School at the School Sport Unit Boccia Competition held at Blacktown Leisure Centre, Stanhope Gardens. Our team competed with great enthusiasm and teamwork, finishing 7th in their pool. Special congratulations go to Natalie Palani for scoring two bonus points on the day, significantly contributing to her team's performance.

Well done to all students for their excellent sportsmanship, positive attitude, and strong team spirit. We are proud of your efforts!



COACHES: Mrs Kumar & Vicki Da Silva

NSW SOFTBALL SECONDARY SCHOOLS INCLUSION SHIELD

Softball NSW recently hosted its fourth annual Inclusion Softball Challenge, uniting Year 7 and 8 Support Unit students from Doonside Technology High School and our close friends at Chifley College Bidwill Campus.

Throughout the day, our students demonstrated not only impressive skill but also remarkable resilience and adaptability in response to changes in the schedule and playing conditions, ultimately securing a well-earned victory. The event was a true celebration of sportsmanship, teamwork, and community spirit, all while promoting our school's core values and championing inclusive sport for people with a disability. Standout performances included strong on-field leadership from Muhammad Marey, outstanding pitching by Zion Te Atua, and a powerful home run from our dynamic new recruit, Norman Tukuafu.

We extend our heartfelt thanks to all student helpers from both Bidwill and Doonside, the dedicated parents and supporters, the Sports 4 All team, and most importantly, the incredible staff at Softball NSW for organising and hosting yet another outstanding event.

Together, we continue to build a more inclusive sporting community — one pitch at a time.

COACHES: Mrs Kumar & Vicki Da Silva



Sleep Well, Arrive Ready

Let's Level Up in Term 3!

As we head into Term 3, it's the perfect time to reset, recharge and refocus, especially when it comes to your sleep and school attendance.

In 2025 so far, we have seen small gains in the number of students attending more regularly, with 40.2% of students attending school at least 90% of the time in Term 2, compared to 38.6% in Term 1. While this is a step in the right direction, overall attendance has slightly dipped, from 78.2% in Term 1 to 76.8% in Term 2. Now is the time to turn that trend around.

One of the key habits that affects attendance and punctuality is **sleep hygiene**. Tired students are more likely to arrive late, feel unmotivated, or miss school altogether. That's why next term, we are encouraging all students to set two simple but powerful goals:

- Prioritise 8–10 hours of quality sleep each night
- Be on time, every day

The attached "**Snooze Smarter**" poster offers practical strategies to build better sleep habits, from putting your phone down before bed to creating a calm sleep environment and sticking to a consistent bedtime, even on weekends. These small changes can have a huge impact on your energy, mood, memory and learning.

We'd also like to give a big shout-out to our **Attendance Champions of the Week**, who have demonstrated commitment, consistency, and improvement:

- Isaac Onate (Year 8) maintaining 100% attendance
- Sienna Magno-Lees (Year 10) significant improvement in attendance
- Joshua Tomkins (Year 7) maintaining 100% attendance
- Shriya Kapoor (Year 10) maintaining 100% attendance
- Zoey Peckham-McKinnon (Year 11) significant improvement in attendance
- Amar Mand (Year 9) maintaining 100% attendance
- Sameer Hussaini (Year 12) significant improvement in attendance

Well done to these students, your efforts are noticed and celebrated!

Let's all make Term 3 our best yet by showing up, staying rested, and being ready to learn. Whether you are aiming to improve your attendance or maintain the great habits you've built, remember: **every day counts.**

If you need support building a better routine or getting to school on time, do not hesitate to speak with your Year Advisor, the Wellbeing Team, or a trusted teacher—we are here to help.

Kimberley Twaddle

Attendance Coordinator



J ZZ

Snooze Smarter, Not Longer

A Student's Guide to Good Sleep Hygiene

THE IMPORTANCE OF SLEEP HYGIENE:

Did you know? Poor sleep habits can affect your mood, memory, focus, energy, and even your attendance at school.

If you're often late, tired, or skipping school because you're exhausted, you're not alone. The good news? You can turn it around by following these simple sleep hygiene tips.

Why It Matters

- Lack of sleep makes it harder to concentrate and remember things.
- Tired students are more likely to miss school or arrive late.
- A regular sleep routine can improve your mental health and energy levels.

Quick Fact:

 Teens need more sleep than adults around 8 to 10 hours a night. Sleeping in on weekends doesn't "make up" for lost sleep!

Try This:

- Challenge: Stick to a regular sleep schedule for 7 days.
- Goal: Sleep and wake at the same time —even on Saturday!

SLEEP HYGIENE CHECKLIST:

Set a Consistent Sleep Schedule

- ☐ Go to bed and wake up at the same time every day—even on weekends.
- ☐ Aim for 8-10 hours of sleep every night.

Create a Sleep-Friendly Environment

Keep your bedroom cool, dark, and quiet.
 Use your bed only for sleep (not for gaming or scrolling).

Unplug Before Bed

- □ Turn off devices at least 30–60 minutes before sleep.
- Avoid TikTok, YouTube, or Netflix marathons at night.

Wind Down and Relax

- □ Do a calming activity like reading or deep breathing before bed.
- Avoid caffeine, energy drinks, or heavy snacks in the evening.

Be Smart During the Day

- ☐ Get outside and move your body—sunlight helps your sleep cycle.
- ☐ Try not to nap for more than 20 minutes during the day.



School **Information**

Stay Connected with DTHS



highschool



Doonside Technology High School



Address:

Power Street, DOONSIDE NSW 2767

Phone:

(02) 9622 2463

Website:

https://doonside-h.schools.nsw.gov.au/

Email:

doonside-h.school@det.nsw.edu.au

Office Hours:

Monday - Friday (Excl. School Holidays) 8:00am - 3:30pm

Dates for your Calendar

Friday 4th July 2025, Week 10 - Last Day of Term 2 2025 Monday 21st July 2025, Week 1 - Staff Development Day Tuesday 22nd July 2025, Week 1 - First day of Term 2 (All Students Return) Week A

