DENMAN PUBLIC SCHOOL

NEWSLETTER

13TH JUNE, 2025

WEEK 7, TERM 2

PRINCIPAL'S AWARD

Congratulations to our Week 7 Principal Award recipients. Well done to Kolby & Ryder.





YOU CAN DO IT AWARDS



CONNIE CONFIDENCE

Ivy - Growing confidence in all aspects of school life, resulting in growth in Key Learning Areas.



PETE PERSEVERANCE

Seth - Displaying an increased and disciplined approach to his learning. Trying his very best in all areas.



OSCAR ORGANISATION

Sadie - Demonstrating exceptional organisation each and every day at school. Sadie is always ready to learn, and to support others... even Miss Biles!



GABBY GET-ALONG

Eden - Consistently engaging in positive interactions with her peers, in and out of the classroom.



RICKY RESILIENCE

Cooper P - Demonstrating outstanding resilience and sportsmanship at the Athletics Carnival, representing his sporting house proudly. A great role model to other students!





FRIEND DAY! A FUN DAY CELEBRATING FRIENDSHIP WITH OUR INFANTS STUDENTS.



























Friend Day!



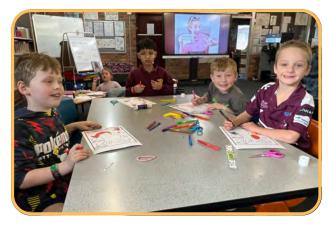


















Friend Day!

































K/1

Sienna - Kindergarten

Sienna created a beautiful parrot during our 'Friend Day' activities. She took her time to carefully colour, cut and glue all her pieces together.

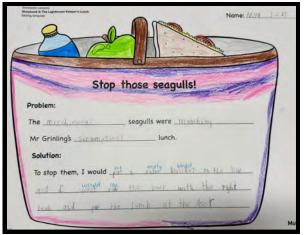




Year 1 Mia

After reading "The Lighthouse Keeper's Lunch", Year I were tasked with creating an alternative ending to the story using a writing prompt. Mia did a wonderful job of choosing a suitable verb and 2 adjectives from our word bank to compete the opening sentence. She then used her imagination to independently write a possible alternative ending to the story. Well done Mia!







Year 2 Toby

During literacy groups, students work with a teacher to read and complete comprehension questions. Toby displayed organisation and initiative to help his peers. He eagerly shared his ideas and worked efficiently to complete the task. Well done Toby!





Year 3 Ayla

Ayla displayed excellent effort at the Athletics Carnival, participating in all events with enthusiasm and perseverance.

Great work Ayla!









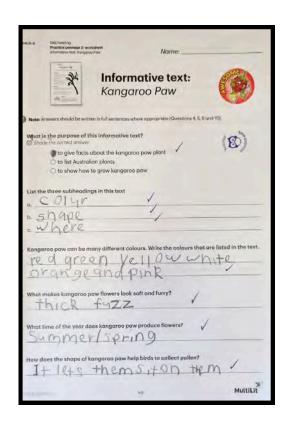


Year 4

William

Year 4 have been learning about using dialogue in different contexts. Will enjoyed being creative with his dialogue amongst some fighter pilots. Great work Will!



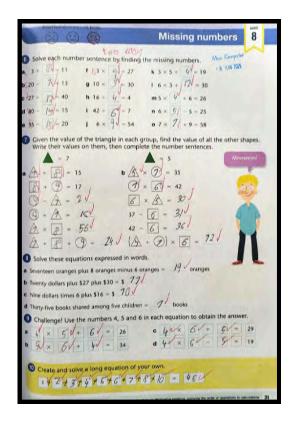


Year 5 Dexter

Year 5 worked on using the inverse operation and working backwards to find missing numbers in math this week.

Dexter demonstrated his knowledge of this by quickly computing the missing number and then completing his work. Well done Dexter!





Year 6

Jayden

Jayden demonstrated an outstanding effort in all events at the Athletics Carnival last week - even committing to wearing his house coloured tutu throughout all events!

Nice work Jayden!!











OPENING HOURS 2025!
FRIDAY MORNINGS
8.30 - 9.00AM
OR ORDER ON MYSCHOOLCONNECT



STEP INTO THE DES

HALL OF FAME

COME DRESSED AS YOUR FAVOURITE FAMOUS PERSON



Sun safe hat, shoulders covered and enclosed shoes.





TERM 2	
Friday 13/6	Year 3 assembly - no item. Star Struck excursion @Newcastle
Tuesday 17/6	SRC Out Of Uniform - Hall of Fame Day
Wednesday 18/6	Spelling Bee - Stage Finals
Thursday 19/6	Stage 1 - Denman Museum Excursion
Friday 20/6	Year 2 assembly
Tuesday 24/6	Denman Library Visit - Year 1 Bush Tucker presentation
Wednesday 25/6	Muswellbrook HS visit - Year 5
Thursday 26/6	Premier's Debating Challenge @Aberdeen PS

SAVE THE DATE

FRIDAY 4/7/2025 (WEEK 10)

K/1 ASSEMBLY

(K/1 & Gold/Silver/Bronze Badges)

LAST DAY OF TERM





Have a conversation using these 4 steps



How are you travelling?

You don't seem yourself lately – want to talk about it?

Ask R U OK?



I'm here to listen if you want to talk more.

Listen

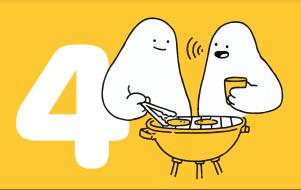
Have you been feeling this way for a while?



What do you think is a first step that might help you?

Have you spoken to your doctor about this?





Just wanted to check in and see how you're doing? Have things improved for you since our last chat?

Check in



Learn more at ruok.org.au

How to stay connected and ask R U OK? any day

Start by asking, 'are you OK?'

No, I'm not OK.

Yes, I'm fine.

But your gut says they're not:

Dig a bit deeper:

"What's been happening?"

"It's just that you don't seem to be your usual self lately."

"Have you been feeling this way for a while?"

"I'm always here if you want to chat."

"I'm ready to listen if you want to talk."

"Is there someone else you'd rather talk to?"

Listen with an open mind

Encourage action and offer support

"How can I help?"

"Have you thought about seeing your doctor?"

"What would help take the pressure off?"

Make time to check in

"Let's chat again next week."





ACTIVITIES ON THE DAY

- WELCOME TO COUNTRY & SMOKING CEREMONY
- KOORIOKE
- FREE ABORIGINAL FOOD TASTING
- FREE ACTIVITIES— FACE PAINTING, REPTILE SHOW, RIDES
- FREE SAUSAGE SANDWICH
- FOOD AVAILABLE TO PURCHASE FROM FOOD VANS
- ABORIGINAL AND TORRES STRAIT ISLANDER DANCERS
- MARKET STALLS & SERVICE PROVIDERS

PROUDLY SPONSORED BY:







WANARUAH NAIDOC FAMILY FUN DAY

SUNDAY 13TH
JULY 2025
10:00AM-2:00PM
VICTORIA PARK
MUSWELLBROOK





Sandwich filling inspiration

Sandwiches are a great everyday lunch option! Looking for inspiration to try some new sandwich fillings? Why not try:

- Bulk out the sandwich with vegetables. Try using carrot, tomato, lettuce, baby spinach, avocado, beetroot or cucumber.
- Try using leftover lean meats, boiled eggs, reduced fat cheese, BBQ chicken (skin removed), canned fish, turkey, roast vegetables, falafel or tofu to switch-up fillings!
- Swap your spreads! Instead
 of butter or margarine try
 cream cheese, cottage
 cheese, avocado, hummus or
 tzatziki.



Find more ideas at: www.swapit.net.au





Disability Advocacy NSW supports students with disability to get a fair go.

We stand beside students, parents and carers to help with rights, sort out issues and be fully included in their school community.



Provide you with information about your child or young person's rights at school



Help you to communicate effectively with the school



Help you to understand the options available for your child or young person



Help you request extra support for your child or young person



Increase opportunities for self-advocacy



Upskill you with knowledge about reasonable adjustments, the access request process and individual earning plans.

How to get support

To find out how we can help you please get in touch with your local disability advocacy team:

Get support www.da.org.au Call 1300 365 085 Email: hunter@da.org.au



Do parents have questions about their child's behaviours and wellbeing?

The Raising Healthy Minds app is a FREE, personalised pocket resource to help parents raise confident, resilient children.

Co-designed with parents and experts and funded by the Australian Government, the app offers a mix of quick-read articles, videos and animations designed to support children's social and emotional wellbeing from birth to age 12.



Download the app from Google Play or the App Store.







Find out more about Raising Healthy Minds at raisingchildren.net.au/rhm



Thank you for spreading the word about the Raising Healthy Minds app

We have created some assets to help you promote the app. These can be used in email communications, on your website or social media channels.

Assets:

- social media tiles
- animation introducing the app https://vimeo.com/832161559
- email copy
- use the hashtag #raisinghealthyminds

Copy:

The Raising Healthy Minds app is a free, personalised, pocket resource to help parents and carers raise confident, resilient children.

Co-designed with parents and experts and funded by the Australian Government, Raising Healthy Minds aims to support children's social and emotional wellbeing.

As an evidence-based tool, you can confidently recommend Raising Healthy Minds to your community of families to ensure they receive information from a trustworthy, reliable source. Helping parents and carers to navigate children's emotions and behaviours, increase understanding of neurodiversity and mental health and identify when to seek professional support.

Raising Healthy Minds provides accessible, easy-to-understand information and helpful tips for parents and carers of all backgrounds and abilities.

Ensure families in your community are equipped with the tools they need to engage in a positive approach to parenting.

Download the free app now from Google Play or the App Store or go to raisingchildren.net.au/rhm

Questions?

For more information or to request other collateral please email hello@raisinghealthyminds.net.au



Raising Healthy Minds is an initiative of Raising Children Network









Do you love stop-motion animation films like The Nightmare Before Christmas and Wallace and Gromit? Ever wondered how to make your own?

Stop Motion Workshop Muswellbrook Library Community Room

Wednesday July 9th

Session 1 9:30am-11:30am ages 5-9 Session 2 1pm-3pm ages 10-13

Led by award-winning VIVID Sydney animators, Jelena Sinik and Nicolette Axiak!

This event is supported by the Blue Heeler Film Festival.

Snacks will be provided

BYO tablet or phone if able.

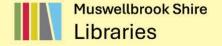
Bookings required to attend

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Call Muswellbrook Library on 6543 1913

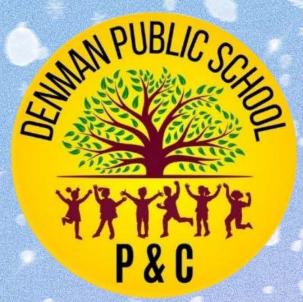




FIND OUT MORE







WINTER RAFFLE

Tickets \$5 each

3 Chances to win a 6x4 trailer load of firewood, split and delivered to you. Each trailer load also has 2 bags of kindling

Drawn on 3rd July at the Denman Public School Naidoc Ceremony. All proceeds to support the students of Denman Public School

Visit: https://www.raffletix.com.au/?ref=43g4m or scan the QR code to purchase

