

THE BULLETIN – Week 10, Term 3, 2025



For your diary

Week 10. Term 3

| Wednesday 24 September | - Last day of gymnastics for Years K-6 |
|------------------------|--|
| Thursday 25 September | Ricky Riots guitar lessonsCanteen is on today |
| Friday 26 September | No assembly today!Last day of Term 3!!! |

Week 1, Term 4

| Monday 13 October | |
|----------------------|---|
| Tuesday 14 October | First day of school for Term 4Ethics and Scripture |
| Wednesday 15 October | |
| Thursday 16 October | Ricky Riots guitar lessonsCanteen is on today |
| Friday 17 October | - Assembly today at 2.25pm – all welcome! |

Week 2, Term 4

| Monday 20 October | Public speaking network final at Ultimo PS – our representatives are Chloe (K), Malcolm (Yr 2), Boone (Yr 4), and Frida (Yr 6) |
|----------------------|--|
| Tuesday 21 October | First day of weekly swimming lessons at Sydney Uni for K-6 Ethics and Scripture |
| Wednesday 22 October | |

Coming Up

| Tuesday 14 October | - First day of Term 4 for all students (please note it's Tuesday not Monday) |
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FROM THE PRINCIPAL

Darlington is a place where Aboriginal children learned, played and celebrated their culture for thousands of years on this beautiful, natural land. As we learn, play and celebrate together here, we honour the Gadigal people of the Eora nation and pay our respects to elders both past, present and emerging.

After another very busy term, it is hard to believe that we are only a few days away from the end of Term 3 and the beginning of the spring school holidays.

Swimming: Students from Kindergarten to Year 6 will take part in weekly swimming lessons at Sydney University pool each Tuesday commencing in Week 2 of Term 4 and concluding in Week 8 of Term 4. New research by Australia's leading water safety authorities Royal Life Saving Society – Australia (RLSSA) and Surf Life Saving Australia (SLSA) reveals a tragic spike in drowning deaths over the past year. Australia recorded its highest-ever number of drowning deaths in the 12 months leading up to the 2025 National Drowning Report, with 357 fatalities, a 27% increase from the 10-year average. Our swimming program is not optional, and all students are expected to attend – it could save a life!!!

Permission notes were sent home last week for Term 4 swimming lessons.

Sydney East Regional Athletics: I am proud to acknowledge the outstanding efforts of our students who were selected to represent South Sydney at the Sydney East Carnival held at Olympic Park last week: Sage, Frida, Makeedi, Nina, Sharla, Rosa, Mac, Amalani, and Gaius. A special congratulations to Sage and Frida, who have now qualified for the State Carnival early next term. We wish them every success as they prepare to compete once again at Olympic Park.

Public Speaking: During Term 3 students in all classes were busy preparing and delivering speeches in front of their class. This was in preparation for the Marrickville and Port Jackson network MSMS&W public speaking competition. I am pleased to announce that the following students will represent Darlington in the final of this competition at Ultimo Public School on Monday 20 October - Chloe (K), Malcolm (Yr 2), Boone (Yr 4), and Frida (Yr 6). Well done to all of the students who participated and good luck to our above representatives.

Check In Assessments: Over the past few weeks, students in Years 4, 5 and 6 at Darlington Public School have taken part in the NSW Department of Education's Check-in Assessment for Reading and Numeracy. Year 6 students also completed an additional assessment in Writing. The Check-in Assessment is a short online test designed to give teachers up-to-date information about student learning. It helps us understand how students are progressing in key areas and where we can focus our teaching to support their growth. This is especially useful as we continue to build strong foundations in literacy and numeracy across all year levels. The data collected from these assessments is being used alongside our classroom observations and other assessments to ensure we are delivering targeted, evidence-based teaching that meets the needs of every student. It also helps us celebrate the progress our students have made so far this year. We are proud of the way our students approached the Check-in Assessments with focus and effort.

Updated Policies: I have attached the updated Darlington Public School Excursion Policy and Darlington Public School Communication Protocols for your information.

Thank you to the P&C: A very big thank you to the P&C on running their cake stall at Sydney Uni last Sunday and raising over \$1400. I would also like to thank the P&C for their generous support each year of our Stage 3 overnight excursion to Canberra or camp. Your support is very much appreciated.

Is your child leaving DPS in 2026? We have already begun our planning for 2026, including staff and student allocations. In order to plan effectively we rely on the information you provide. If your child will not be returning to Darlington Public School next year, please email the school office as soon as possible at darlington-p.school@det.nsw.edu.au to advise us of your child's name and current class, and the school they will be attending in 2026. *Please note: If your child is currently in Year 6 you do not need to send this email.*

As we move towards the break, I want to thank our dedicated staff, supportive families, and wonderful students for making Term 3 such a success. I wish everyone a safe, relaxing, and joyful holiday, and I look forward to all that Term 4 will bring.

Michelle McCormack Principal



FROM THE SCHOOL - A Good Night's Sleep

At school we often talk about the importance of reading every day, staying active, and eating well — but one of the most important factors in a child's ability to learn and thrive is often overlooked: sleep. Research shows that primary-aged children need between 9–11 hours of sleep each night to be wellrested.

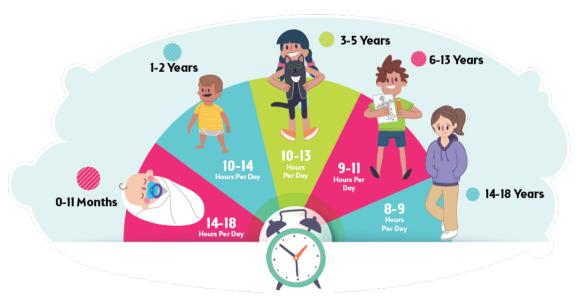
Sleep is when the brain processes new information, stores memories, and prepares for the challenges of the next day. Without enough quality rest, students can find it harder to concentrate, manage their emotions, and perform at their best academically.

In the classroom, we can usually tell when a child is tired. They may find it difficult to stay focused, feel more frustrated, or struggle to retain what they have learned.

A consistent bedtime routine at home helps enormously. Simple steps such as turning off screens at least an hour before bed, reading a story together, and keeping to regular sleep and wake-up times all support healthy sleep habits.

Getting enough sleep doesn't just help with learning. It also improves children's mood, strengthens their immune system, and gives them the energy to enjoy sport, play, and family time.

As we head into the holidays, it's a great time to reset routines and ensure children are getting the rest they need. By prioritising sleep, we give our students the best chance to succeed both at school and beyond.





FROM THE SCHOOL - Kindergarten 2026

Kindergarten 2026 Orientation Sessions

Orientation session 1: Wednesday 5 Nov, 9.30am - 10.30am

Orientation session 2: Wednesday 12 Nov, 9.30am - 10.30am

Orientation session 3: Wednesday 19 Nov, 9.30am - 11am

Orientation session 4: Wednesday 26 Nov, 9.30am - 11am



- Language and speech disorders in children
- Curriculum Reform: Changes to how we teach English and maths
- Best Start Kindergarten Assessment 2026







First Day of School Tips: READ LOTS OF

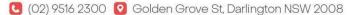
- Request many different books from your local library about the first day of school.
- Put them into your reading rotation & read many times over the summer.
 - Bonus: You'll get lots of snuggles & make good memories together!
- Use the situations in the books as a starting point for conversations about what your little one can expect at school.



SLEEP ROUTINE

- Move bedtime up a little bit each week until you're at the ideal bedtime at least a week before school starts.
- Start getting your little one up at the regular school time about a week before school starts.
- Get into a good nightly routine that helps them unwind after a busy day.
- Enjoy reading & cuddling together before bed.















DID YOU KNOW? We have a **Return & Earn** bin! Drop your bottles and cans in the bins provided any time. You'll be helping raise money for P&C projects that benefit our kids and the school. Every little bit helps!



FROM THE COMMUNITY – Term 4 Art Classes













2025 Enrolment Darlington Term with Early Bird Promotion **Student Name:** Student Year: 3to4:15pm **EVERY** ART MON (1 hour 15 minutes) School Name: CLASS Payment Method (Select One) Online Payment Bendigo Bank Name: STAR HOUSE ART After Earlybird AND MUSIC COLLEGE Promotion, BSB: 633 000 , AC: 153 925 193 By Cash \$25 / 1 Lesson \$250/1TERM STAR HOUSE ART AND MUSIC COLLEGE www.starhouseartandmusiccollege.com starhouseartandmusiccollege@hotmail.com Principal Grace Choi STAR HOUSE



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