



COPMANHURST PUBLIC SCHOOL

Newsletter,

Thursday May 29th, 2025



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Principal's report

Clarence District Soccer trials

Congratulations to Jaylon and Callan who represented our school at the Clarence District Soccer trials last Friday. Both boys played with determination and displayed fine sportsmanship and skills.

Touch Football

Lyla is today in Coffs Harbour at the MNC Touch Football trials. Best of luck to Lyla!

Mid North Coast Cross Country

Goodluck wishes to Alexis, Frankie, Morgan, Albie, Logan, Callan, Addison and Lyla who are representing our school tomorrow at the Mid North Coast Cross Country event at Woolgoolga. We are proud of your achievements and wish you all the best. We know you will represent Copmanhurst PS proudly.

Whole-school netball coaching

Thanks to a successful Sporting Schools Grant, all students from Kindergarten to Year 6 will participate in netball coaching on Thursdays from today for four consecutive weeks. Students will participate in class groups during the day. A qualified netball coach from the Grafton Netball Association will visit our school to deliver these lessons.

The Long Way Home Short Stories Competition

Students in Years 1-6 have been brainstorming what it means to have a 'Heart of Gold'. We have explored idioms, talked about having a heart of gold in small communities like Copmanhurst, people in our lives with hearts of gold, and our animals too. Students have been keen writers for the topic and this short story writing competition. Teachers are looking forward to submitting the stories by the end of the week to the competition organisers.

Athletics Carnival

Next Friday, 6th June, is the Combined Copmanhurst and Baryulgil Athletics Carnival. We would have liked to have been out practising more in the last few weeks, but the wet weather has made this difficult. Nonetheless, our grounds are still looking good, have been marked out for the track and field events and students are beginning to get a feel for the events. We would love to see parents and family members join us to cheer on the kids on the day. Bring some loose change for a sausage sizzle and the cake stall which is being organised by our fabulous P & C. Donations of cakes, biscuits and slices will be appreciated on the day, and helpers to sell cakes on the day would be appreciated too.

Kind regards,

Ashli

SCHOOL NEWS

CANTEEN: TERM 2

2nd June – Clare & Chrissy

9th June – Public Holiday

16th June – Jess

23rd June – Vashti

30th June – Help needed

COMING EVENTS – TERM 2

Friday 30th May – Mid North Coast Cross Country at Wiigulga Sports Complex, Solitary Islands Way, Woolgoolga

Friday 6th June – Combined Copmanhurst PS & Baryulgil PS Athletics Carnival

Thursday 19th June – Small School's Athletics Carnival

CVIAV CLARENCE VALLEY INDIGENOUS ART AWARD 2025



**ENTRIES
NOW OPEN UNTIL FRIDAY
27 JUNE**
EXHIBITION ON SHOW
SATURDAY 26 JULY – SUNDAY 14 SEPTEMBER

Acquisitive Award \$5,000 | Emerging Artist Prize \$1,000 | Youth Prize Art Pack \$250

GRAFTON REGIONAL GALLERY - To enter visit graftongallery.nsw.gov.au

GRAFTON
REGIONAL
GALLERY

clarence
valley region

NSW

YULGILBAR

Image: Aneka Kapean Unlitted, 2022, digital illustration



**Australian
Red Cross
First Aid**

Community-led
Resilience Teams
(CRTs)



First Aid Training - Copmanhurst

Supporting community-led resilience

Red Cross is offering free First Aid training to Community-led Resilience Team members in communities at risk of flooding and other emergency events. Develop skills and improve safety by enrolling in a Red Cross First Aid course delivered by an accredited First Aid trainer. Participants will learn skills to cope with accidents and injury from both a physical and mental health and wellbeing perspective. On completion of the course, participants receive a Statement of Attainment in "Provide First Aid (HLTAID01)".

First Aid Training Topics:

- Basic Life Support (DRSABCD)
- Perform CPR
- Breathing emergencies
- Allergic reaction / Anaphylaxis
- Cardiac emergencies
- Severe bleeding and wound care
- Fractures and dislocations
- Shock management
- Envenomation
- Wellbeing, mental health support and assistance
- Environmental impacts
- Reporting
- Recovery and Resilience
- Legal requirements

redcross.org.au/learn



When: Wednesday 18th June
9am-3.30pm

Where: Copmanhurst Hall,
61 Grafton Street, Copmanhurst

Cost: Free — Bookings Essential

Register: Register your interest
via the QR code, if you need
some help please call Jasmin on
0417 690 511

Catering: Please advise any
dietary requirements by 16th
June.

[f AustralianRedCross](https://www.facebook.com/AustralianRedCross)

[@ redcrossau](https://www.instagram.com/redcrossau)

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