

COMO WEST CONNECTION POINT

by Felicity Preston, Principal

Congratulations to all our Public Speaking finalists and their efforts in yesterday's competition. It was a very tough one to adjudicate. Students showed imagination, creativity and quick-thinking during impromptu.

The champions of each stage were:

Early Stage 1- Nicolo Z

Stage 1- Tom S

Stage 2- Mila T

Stage 3- Holly M

Congratulations to the above student winners who will progress through to Zone and represent our school next week. Rosa S will represent Stage 3 as Holly will be absent.



Next Week

SRC sandcastle competition throughout the week.

Coming Up in the last week

Wacky Wednesday chocolate and bottle day.

Last day - whole school dress rehearsal for 75th Anniversary dance

In case you missed it:

Check out our 75th story in The Leader:

<https://www.theleader.com.au/story/9054459/como-west-public-schools-75th-anniversary-celebration/>



COMO WEST CONNECTION POINT

Sutherland Zone Athletics Carnival

As mentioned in last week's Connection Point, the Sutherland Zone Athletics Carnival was held last Thursday at Sylvania Athletics Track. Como West achieved outstanding results at the event. Notably, ten of our students qualified for the 100m finals, with three of them competing in the same race. Congratulations to Arlo W, Zach T, Jaime L, Mia P, Taleya M, Oliver B, Freddie H, Zoe M, Thea H, and Marley J-A for their excellent performances.

Several other students also performed exceptionally well in their individual events, narrowly missing out on qualification for the Sydney East competition. Pippa S placed 5th in shot put, Jaime L finished 5th in the 200m and 100m final, Rory B came 4th in discus, Jackson T secured 3rd place in high jump, Marley J-A finished 3rd in both the 800m and high jump, Mia P earned 3rd in the 800m, 4th in the 200m, and 5th in long jump, while Oliver B placed 4th in both high jump and long jump.

Como West proudly has nine students who have qualified for the Sydney East Athletics Championships next week. Their results are as follows:

- Zac T – 100m (2nd place)
- Freddie H – 100m (2nd place), 200m (2nd place), long jump (1st place), high jump (2nd place), shot put (2nd place)
- Kenta S – discus (2nd place), high jump (2nd place), long jump (2nd place)
- Zoe M – 100m (2nd place), discus (2nd place), senior relay (1st place)
- Jade H – senior relay (1st place)
- Thea H – discus (1st place), senior relay (1st place)
- Marley J-A – shot put (2nd place), senior relay (1st place)
- Zoe H – high jump (2nd place)
- Kai W – shot put (3rd place)

Congratulations to all the Como West competitors, and we wish you the best of luck at the Sydney East Championships!