COMO WEST CONNECTION POINT

by Felicity Preston, Principal

Term 2 Week 4

This week our stunning Year 6 students had their photo day and Stage 2 had their First Fleet Digital Incursion.

Unfortunately the Zone Cross Country was postponed and is rescheduled for next week.

On Wednesday, Thea H, Jade H, Fern S, Zoe M, Oliver B, Freddie H, Blaze K and Finnegan D attended the Sutherland/ Engadine Zone Touch Football trials at Kareela. The conditions were extremely wet and soggy but the Como West representatives did our school very proud. They all displayed excellent skill and sportsmanship. Congratulations to Freddie and Oliver who were successful in gaining a place in the boys' zone team. They will compete at the Sydney East (trial) championship on 16 June. Good luck Freddie and Ollie!

Create South NSW Education is a program offered by the Department of Education that provides opportunities for gifted and talented students to engage in a creative, collaborative and immersive experience, culminating in a performance that showcases their talents. Over 600 students auditioned across six art forms. Well done to all of our students who auditioned. Congratulations to our students who were successful in their audition:

Choir: Kiah H Drama: Holly M

Band: Zoey W, Kenta S, Bronte T

Dance: Victoria S, Jade H, Emersyn L, Makynzie H

Next Week

- Tuesday Coins for CF- Cystic Fibrosis FUNdraiser. NON UNIFORM DAY WEAR RED AND CRAZY HAIR
- Tuesday rescheduled Zone Cross country



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You can also scan to donate directly to the Sydney Children's Hospital Foundation CWPS fundraiser event



Wear red clothes





May is Cystic Fibrosis awareness month. Cystic Fibrosis (CF) is the most common life limiting genetic condition in Australian children. Every four days a baby is born with Cystic Fibrosis. Treatment for the condition is relentless, but essential, to slow the progression of lung and other organ damage.

On Tuesday the 27th of May, we are holding a Coins for CF fundraiser to raise money to support the Cystic Fibrosis Clinic at the Children's Hospital Westmead. This cause is very close to our hearts at CWPS as we have a current student, Zach Tate, who would like us to be aware that he and other past students have Cystic Fibrosis. We thank Zach's mum, Holly Robins, for suggesting and helping to organise this fundraiser.

Students can donate coins all week to fill their class bucket and on Tuesday, we will hold a class coin competition to see which class can make the longest line on the basketball court with their donated coins. The event will be a non-uniform day and students can wear red clothes and dress up with crazy hair.

A CWPS event donation page through the Sydney Children's Hospital Foundation has also been set up and donations can be made directly to the Cystic Fibrosis Clinic by following the link below:

https://www.schf.org.au/fundraisers/hollyrobins/como-west-public-school-cystic-fibrosis-clinic-fundraiser

All donations will directly benefit CWPS children past and present, and many others who attend the Cystic Fibrosis Clinic at the Children's Hospital Westmead. Without fundraising, the level of care the clinic provides would not be met.

Other ways you can show support are:

BUILD AWARENESS: For children with CF, awareness and acceptance are highly valued. They strive to decrease any differences between themselves and their friends and work hard to minimise the effects of illness and missed school. You can build awareness by talking to your child about CF - hearing the words Cystic Fibrosis and understanding what it means, supports the students with CF in our school.

HELP LIMIT CROSS INFECTION: Viruses such as the flu, colds and gastro can have more serious effects on a child with CF. To limit the spread of illness and show consideration for the health and well being of others, please do not send your child to school if they are sick. Teach and encourage good hand hygiene practices, including effective hand washing and coughing/sneezing into the elbow. Good hand hygiene is the single most important measure in reducing the risk of cross infection, as well as the risk of spreading other infections, such as colds and flus.

Here are some links to helpful videos for kids and adults:

- · Cystic Fibrosis at school
- · Getting Nosey about CF with Oli and Nush
- CF Smart Good Clean Hands

Thank you to our wonderful CWPS community for your support and generosity - every little bit helps!