

COFFS HARBOUR HIGH SCHOOL

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QUALITY EDUCATION SINCE 1938

NEWSLETTER

TERM 2, WEEK 6

4 JUNE, 2024

FROM THE PRINCIPAL

We are now mid-term, Term 2, and I am happy to say that the school has been running smoothly. We started the term with students participating in the ANZAC services, march, and our own ANZAC assembly at school. It was great to be a part of our school delegation for the march and to also see several of our students participating in other organisations, such as the local cadet units. It was also good news that council reversed their decision regarding school use of the CEX stadium so that we were again able to use the venue to host our school athletics carnival. Our school does not have a full size oval and so without the use of this facility it would have been extremely difficult to manage an athletics carnival with so many students at a more open public venue.

Cold and Flu Season

I have included advice below regarding whooping cough following notification of student illness. It is a timely reminder that we are entering the winter cold and flu season, on top of the lingering COVID pandemic and the occasional outbreak of illnesses such as whooping cough. While we really want all of our students to attend school all of the time, this is only if they are well enough to do so. I would encourage students who are unwell, especially if they have cold or flu symptoms, to stay at home. This will both help the student to recover faster as well as help prevent the further spread of illness. We ask parents and carers to notify the school to explain your child's absence for our records. While I have no doubt that we will have days when we will have a number of staff absent once we progress further into the cold and flu season, I would note that we have so far been able to avoid any minimal supervision due to the way we have pre-employed additional staff as "in-built" relief for absent teachers. This means that it is most likely that any impact on student learning from teacher absences during winter months will be minimised.

School Photos

As an update for parents, school photos are in the process of being printed right now and we expect delivery in the next few weeks, prior to end of term.

Year 7 - 2025

For those parents with Year 6 students transitioning to high school next year, we have already planned a number of activities over the coming months to help familiarise Year 6 students with high school. We have had our peer support leaders out into primary schools supporting activities and events this term. We are also running a Year 6/7 inter-school trivia competition late this term. Moving into next term, there will be a number of visits to primary schools from our transition team and students, including our Year 6 Adviser – Mr Darby Pearce. We are also currently finalising our processes around the Year 7 E-Class, following parent, student and teacher interviews and survey feedback. We expect to advertise this early next term with information sessions outlining the purpose of the class and the application process, with applications due around mid-Term 3.

Peter South
PRINCIPAL

Whooping Cough

There has been a recent increase of whooping cough (pertussis) amongst primary-school-aged children and a modest increase in high schools.

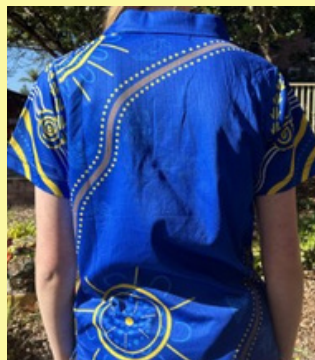
Coughing spreads the infection to others nearby. Whooping cough caught at school can spread to any younger brothers and sisters at home. Whooping cough can be especially dangerous for babies. Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. Older children may just have a cough that is persistent and is worse at night. The infection can occur even in fully-vaccinated children.

- Children with symptoms should see a GP.
- If your doctor diagnoses whooping cough, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.
- Whooping cough vaccines give good protection against infection but immunity fades. If your school-aged child has younger siblings, it's a good idea to check that they are up to date with their vaccines.

IMPORTANT DATES

17-21 June	Refugee Week
30 July	Year 10 into 11 Information Evening
1 August	EALD Parent Evening, Subject Selection
5-9 August	Naidoc Week
5 August	Year 10 into 11 Subject Selections Open
9 August	Naidoc Assembly P3
9 August	Vaccinations
12-16 August	Snow Trip
19 August	Year 8 into 9 Subject Selections Open
19-30 August	HSC Trials
26 August	Year 9 into 10 Subject Selections Open
2-11 September	Year 11 Final Exams
12 September	School Social
17 September	Parent Teacher Night
27 Sepetmeber	Year 12 Graduation

Introducing our new junior sports polo, beautifully designed by our talented students to represent the diverse cultures within our school community. These unique and vibrant polos are now available for purchase at the canteen for \$38. Don't miss out on owning a piece of our school's spirit and creativity!



Take action now to stop the access and supply of non-prescription vapes in Australia.

The Australian Government has presented new legislation to tackle the impact of e-cigarettes on young Australians, **however its approval is not yet certain.**

It will need the support of your local MP, Senators and school community.

Vapes are highly addictive. Since 2013, vaping use has grown across almost every age group.

- 1 in 7 Australians aged 14-17 are current vapers.
- Young Australians who vape are around 3 times more likely to smoke cigarettes compared to young Australians who have never vaped.

Take action now by emailing your local representative using our simple form.

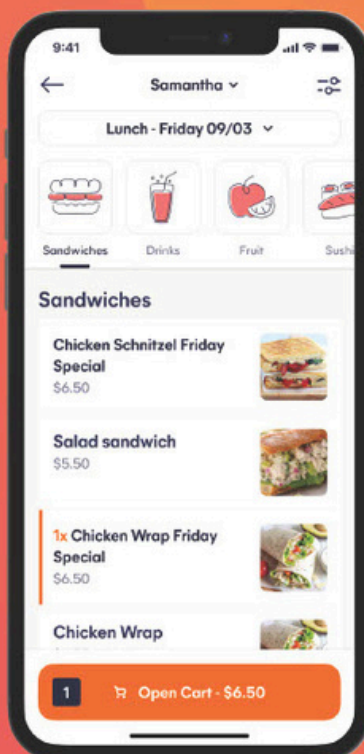


bit.ly/takeactiononvaping

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ABORIGINAL PROGRAMS

Kobe Turner Jarret (Year 8) was one of the five winners of the One Mob NAIDOC design competition. This artwork reflects the 2024 NAIDOC theme “Keep the Fire Burning! Blak Loud and Proud. The photos are of Kobe receiving his prize from the One-Mob radio crew.



You can preorrderr this deadly shirt [here](#) !

Let's Hang It Art Competition

Congratulations to Year 7 Coffs Harbour High School student Chloe McRae who has been selected as a finalist for the 2024 Let's Hang It Art Competition. Chloe is one of 60 finalists in the 2024 University of New England School Acquisitive Art Prize. This is an amazing achievement given there were 553 art entries this year from 46 schools. Chloe's work will be exhibited and the New England Regional Art Museum (NERAM) in Armidale and the exhibition will be on display from Friday the 26th of July until Sunday 11 August 2024. What a fantastic achievement!



Alex Carr
CAPA TEACHER



Australian Geography Competition

Our school has held this year's national competition over two days at the end of May. The knowledge and skill based test has changed with new technology. It is now completely online and had a greater variety of question types, which made it easier for students to complete. It also allowed them to better demonstrate their understanding of Geography, although one participant pointed out the mapping questions were "still a bit tricky". While many of the students who chose to compete are also in our junior school enrichment classes, a few just really enjoy the subject and wanted to see where they ranked compared to others across the country. Next year we hope even more students will be involved. The results will be released later in the year.



Ray Pobjoy
HSIE TEACHER

Picasso Cows Program

The Picasso Cows program, a Dairy Australia initiative, has been implemented in over 1,000 schools since 2008. It is exciting that our application last year was successful, and this term we took delivery of a blank, almost life-sized fibreglass cow that students have begun to design and decorate as they learn about the Australian dairy industry. The students have chosen the Farm to Plate option as their inquiry theme. Students and teachers will also create a learning journal documenting the roll out of the program and showcase the students' learning and engagement.



The Year 9 and 10 Agriculture students have been making great progress already. They ran a school-wide competition to name the cow. After receiving over sixty entries, we are pleased to announce that they chose "Moona Lisa" as the name for our cow, which will take up residence at the school farm upon completion.



Amanda Joyce
SCIENCE TEACHER

Sport Report

2024 has started with a bang in terms of CHS Sport. Many students have been out representing Coffs Harbour High School and trialing for MNC and NC teams.

Volleyball

Opens Volleyball was first up and CHHS sent a boys team and girls team, under the coaching expertise of Mr Myles and Ms Kay respectively. While our teams did not progress to the next round, we had Media Khalaf and Melad Khalaf earning MNC Team selection.

Media and Melad then went to Port Macquarie on Monday but were unable to make the NC Team. Well done Melad and Media.

Touch Football

Our 15s Touch Football players also got the chance to play for CHHS and trial for the MNC teams last week. Harley Teale, Archie Lane, Layci Teale and Savannah Stephens caught the eye of the selectors and were picked in the MNC teams which travelled to Goonellabah on Valentine's Day. Congratulations to Savannah Stephens who was selected in the NC 15s Girls Touch Team which played in the State Championships in Mudgee on 3rd and 4th of April.

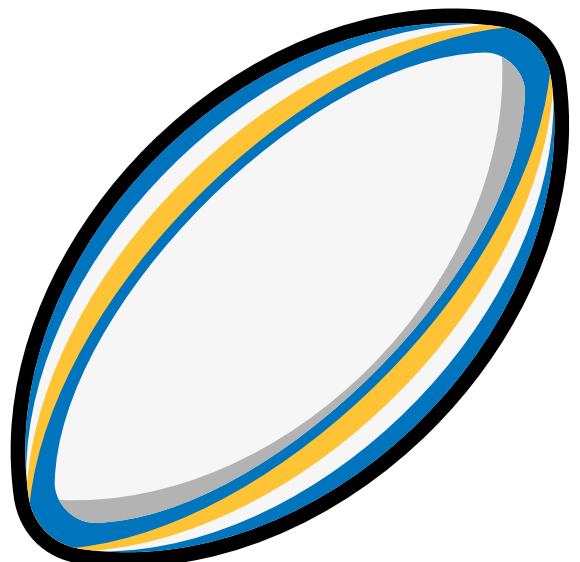
Thank you to Mr Valentine, Ms Munro and Ms Bevand for coaching the teams and giving up your time to organise training sessions.



Back row: Indi Donovan, Mohala Graham, Chloe Winkler-Bates, Natalie Nauwawi, Tess Vandenburg, Zoe little, Ms Bevand (Coach)
Front: Remi Ogilvy, Savannah Stephens, Layci Teale, Aliyah Wells



Back row: Mr Valentine (Coach), Tom Craig, Fynlay Wilkinson, Zane Guthrie, Jayden Chipchase, Gabe Stanley, Jai Munro
Front row: Edward Marshall, Archie Lane, Noah Hart, Harley Teale



Basketball

Last term, we had lots of students out representing CHHS in Opens Boys and Opens Girls Basketball Gala Days and Trials. Congratulations to Kaelah Ballard, Leanna Richardson and Natalie Nauwawi on gaining selection into the North Coast Opens Girls Basketball Team.

Soccer

In Soccer, we had three talented young men selected in the North Coast Team to play in the NSWCHSSA State Football (Soccer) Championships which were held in Coffs Harbour at the start of Term 2. Congratulations to Mark McCarthy, Melad Khalaf and Yvan Munyaneza on their selection and subsequent performances in the state carnival. Their team placed 8th out of 10 teams overall and the boys played well.

The Open Boys Football team played the first two rounds of the combined high schools competition at the end of Term 1. They put in a strong performance in the first game to come away 2-0 winners against Toormina HS. They then played Grafton HS and came away 1-0 winners in a tight and intense game. The boys showed great determination and intensity in the heat. They played Orara in the next round but were unable to come away with a victory. A great effort was made by the boys.



Back row: Habeeb Edo, Harrison Mitchell, Yvan Munyaneza, Tyler Mitchell, Riley Elks, Mark McCarthy, Jawah Ochoji Oburwayo, JD Oko Agwa
Middle row: Fadi Aldakhi, Elyse Inteyiteka, Jai Holding, Mason Meehan, Flynn Tyas, Messera Getahun, Benjamin
Front: Melad Khalaf
Coach: Mr Valentine

Our CHHS 15s Boys Soccer Team played in the Bill Turner Cup. They were given a bye in round 1 which meant they would play Toormina HS in round 2. Coached by Mr Knight, they were able to come away with a 2-1 victory. The win booked them a place in the third round and a meeting against arch rivals, Orara HS. Played on the synthetic pitches due to the recent weather, the boys put in a great effort, but the teams could not be separated at the end of regular time. This meant extra time and unfortunately our boys could not stop Orara from scoring in ET to take the win.



Australian Rules Football

Our 15s boys Australian Rules Football team is still in the knockout competition after winning the MNC Zone Gala Day back in Term 1, then defeating Hastings SC last week in a battle between LNC and MNC. The boys played well and now earned the right to travel to Kingscliff and take on Kingscliff SC in a North Coast Final.



Back row: Ryder Plumb, Jayden Chipchase, Jasper Brooks, Cooper Pearce, Tom Craig, Riley Dickin, Calvin Mirfin, Zane Guthrie, TJ Rullis, Joseph Lokpo, Marial Chol, Archie Lane, Gabe Stanley, Xander Hutchby, Jude Maloney

Front row: Tyler Clay (Runner), Edgar Dunn, Darcy Nikolich, Josh Degle, Idriis Yahya, Flynn Townsend, Leo Tarlington, Noah Hart

Coach: Mr Adam Mason



Leo Tarlington at the NSWCHSSA championships Broken Hill

We also had several of our school team earn selection in the MNC Team which travelled to Byron for the NC Trials in Term 1. Jayden Chipchase, Zane Guthrie, Gabe Stanley, Cooper Pearce, Tom Craig and Leo Tarlington all made the MNC Team, with Zane and Leo being selected to play for the North Coast team in Broken Hill. Unfortunately, Zane was unable to attend, however Leo did, and he played a key role in North Coast's performance throughout the week.

We also had two talented female Aussie Rules players selected to play for North Coast in the 15s Girls Australian Football Championships which were held in Albury earlier this term. Zoe Tarlington and Natalie Nauwawi both made the long journey down to Albury and played extremely well in the NC Team throughout the carnival, drawing praise from their coach for their leadership and ability. The girls team performed well and finished 4th overall in the championships - a fantastic effort.



Natalie Nuawawi and Zoe Tarlington at NSWCHSSA Championships in Albury

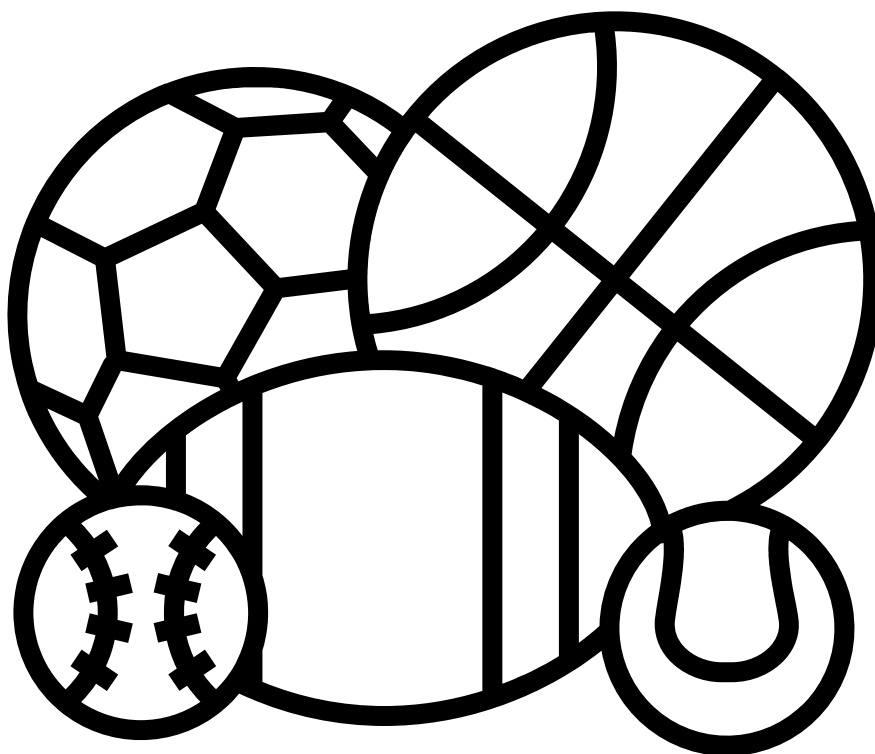
Rugby League

In rugby league, we had two players make their respective North Coast Teams - Kaylem Blair and Indi Donovan. Well done to both athletes on their achievements.

Our Buckley Shield 14s Boys Team managed to make the MNC Final and went down narrowly to Orara HS on the day.

Our University Shield Team (Opens) also played well on the day and made the final to play against Woolgoolga HS. At full time, scores were tied and that meant extra time was needed to separate the teams. Unfortunately, Woolgoolga scored first in golden point extra time and consigned Coffs Harbour High to Runners-up on the day.

All boys played well on the day. Thank you to Mr MacDonald and Mr Dawson for their efforts coaching the teams.



NSWCHSSA SWIMMING CHAMPIONSHIPS RESULTS 2024

DAY 1

EVENT	PLACE	TIME
Girls 12 years 200m Freestyle Relay Claire Cuthbertson, Charlotte Baston, Eliette Munn-Power, Grace Cuthbertson	9th	2.33.72
Boys 14 years 200m Freestyle Relay Flynn Townsend, Saxon Bannerman, Jude Bateman, Eli Towsend	NS due to evacuation	

Grace Cuthbertson

Girls 12 years 50m Freestyle	21st	34.70
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Jude Bateman

Boys 13 years 200m Freestyle	12th	2.28.68
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DAY 2

EVENT	PLACE	TIME
Jude Bateman Boys 13 years 100m Freestyle	15th	1.06.40
Claire Cuthbertson Girls 12 years 100m Breaststroke	22nd	1.50.62
Girls 12 years 100m Freestyle	25th	1.22.93
Grace Cuthbertson Girls 12 years 100m Freestyle	21st	1.20.49
Sara Bergen Girls 16-19 years 50m Breaststroke MC	11th	52.12
Girls 16-19 years 50m Freestyle MC	13th	36.47
Girls 16-19 years 100m Freestyle MC	9th	1.25.18



SPORTS

DAY 3

EVENT

PLACE

TIME

Claire Cuthbertson

Girls 12 years 100m Backstroke

18th

1.31.45 (-7.10)

Grace Cuthbertson

Girls 12 years 100m Backstroke

17th

1.31.36 (-10.59)

Jude Bateman

Boys 13 years 100m Backstroke

16th

1.19.27 (-2.12)

Sara Bergen

Girls 16-19 years 50m Backstroke MC

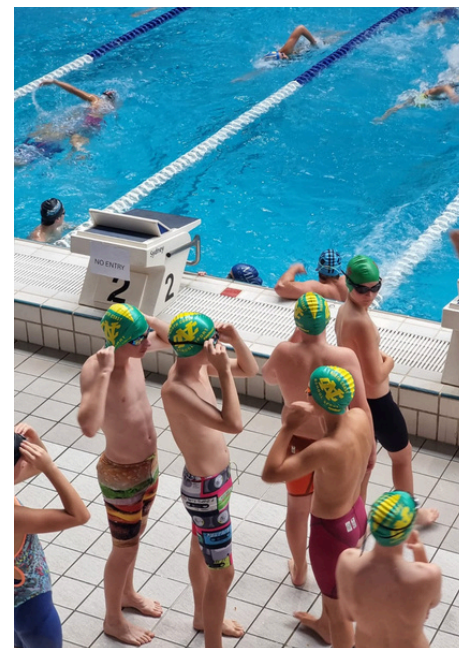
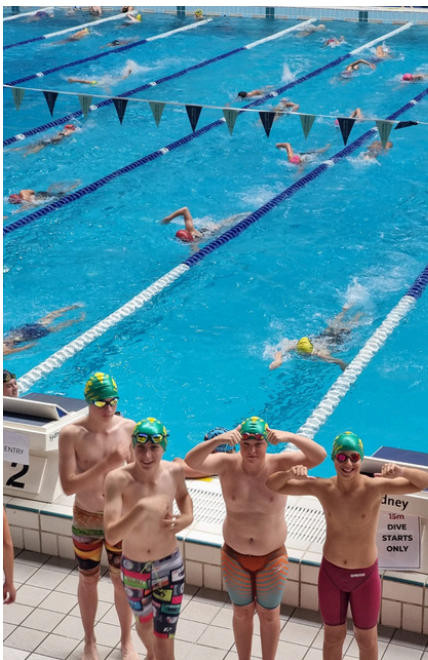
8th

41.33 (-1.34)

Girls 16-19 years 100m Backstroke MC

6th

1.29.93



Connecting with Community

Anzac Day 2024

Anzac Day began with an early start (5.30 am) as our School Captains attended Coffs Harbour's Dawn Service at the Cenotaph. Students then marched along with students from other schools, and community groups from Park Ave around to Vernon Street to the Cenotaph for the service. Some of our students participated in both the Coffs Harbour and Sawtell Services, being in the catafalque party with Army Cadets.

Wreaths were laid by our school captains Deborah Biak Tial and Flynn Tyas and at both Anzac Services.

Lest we Forget



STUDENT REPRESENTATIVE COUNCIL

Whole School Assembly

Term 2 was welcomed with a whole school assembly in Period 5. It was chaired by our Prefects Elyse Inteyiteka and Hadiya Aldakhi. As part of our Assembly, we had our Anzac Ceremony.

This year's theme was "Local Veterans". In our Ceremony we honoured some local veterans who call Coffs Harbour home. They included James Donn-Patterson, Berry Lemington, Neville James Ulrick, John Dudley Blanch, Early Kitchener, Cecil Alfred Walsh, Edward Cecil Woods, Pierce Patrick Morrissey, Frederick William Newhouse, Arthur Henry Clark, William and Joeseph Ronson.

Speakers were Zahra Kawyan, Jak Petlueng, Louison Grellier-Besancon, Deegan Tomlinson, Layla Cunningham, Jolie Why and Media Khalaf. At the end of our assembly, we concluded with The Last Post, The Ode, and then observed a minute's silence, followed with The Rouse to remember those who have fought and fallen in war times.



STUDENT REPRESENTATIVE COUNCIL

Year 7 Induction

At our Monday morning assembly SRC co-ordinators Mrs Guthrie and Mrs Austin along with Mr South inducted our year 7 Student Representative Council students. They are Shadi Aldakhi, Tanae Drollet, Hayden Booth, Zianne Welsh, Mia Veitch and Layla Cunningham. These students were presented their SRC Badges. Welcome and Congratulations to these students.



Janet Austin
SRC COORDINATOR

The Stage 5 Industrial Technology: Multimedia course is currently merging creative design with practical application. Students are actively involved in the development of their own board games, encompassing all stages from concept to completion.

This term project involves designing game layouts and assets, utilising software skills developed last term. Beyond the core gameplay elements, students are further challenged to develop clear and concise instruction manuals, ensuring smooth gameplay for future users. Additionally, they are exploring marketing principles by crafting engaging packaging and promotional materials and developing a well-rounded understanding of product presentation.

The creativity on display is truly impressive, with students coming up with an array of game concepts; a few of note are:

- Donut Dash: A turn-by-turn race game where players compete to capture their opponent's donuts while navigating obstacles, strategic movement, and the element of chance with special cards.
- Shark Attack!: A strategic battle unfolds as players take command of either the mighty Battleships or the cunning Sharks in a reimaged version of the classic Battleship game.
- Towering Tensions: This game puts players' skills to the test as they attempt to build a towering structure, similar to Jenga, but with a unique twist that might just topple their plans.
- The Power Struggle: Students delve into the world of politics by creating a game where citizens vie for influence against the established Parliament in an empire-building simulation akin to Monopoly.



Students are not only developing their creative vision but also acquiring practical skills in 3D printing, technical writing, and marketing fundamentals. This comprehensive approach provides them with a valuable foundation for future exploration within the ever-evolving realm of Multimedia.

Year 9 Industrial Technology

In Mr. Myles' Year 9 Industrial Technology - Timber class, students found themselves immersed in the art of bowl turning. Aliyah, Savannah, Jai, Edward, and Ryder approached the lathes with eager anticipation, fashioning exquisite pieces from a variety of timbers including New Zealand Beech, Camphor Laurel, and Jacaranda. Drawing from their prior experience crafting handles for caddies.



Josh Myles
TAS TEACHER

Year 7 Girls - Rock and Water

The journey of confidence and communication continues this term for Year 7 girls in the Girls Rock and Water program, where they have developed valuable social and emotional skills. Their confidence shined during trust-building exercises, where they practised expressing their needs effectively while supporting their peers, building a strong foundation for positive social interactions.

The girls also tackled physical challenges and enjoyed using the strike pads. These activities helped them build confidence in their communication, bodies, strength, and movement.

A recent University of Utrecht study (2020) found that Rock and Water programs can boost self-confidence and emotional regulation in students. Running the program for all Year 7 students equips them with the tools they need to navigate secondary school while fostering a school-wide culture of respect, communication, and resilience for everyone





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What is Community Radio and why it's so important.
Media Law and Copyright

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