

## COBAR HIGH SCHOOL NEWSLETTER

WHERE THERE IS A WILL THERE IS A WAY

Friday 29th August 2025 Issue: Term 3 Week 6



Wellbeing Wall

### **COBAR HIGH SCHOOL**

Address- Wetherell Crescent, Cobar NSW 2835 Telephone - 02 6836 2705 Email- cobar-h.admin@det.nsw.edu.au Website - www.cobar-h.schools.nsw.edu.au



### A message from our Deputy Principal

**AMIE HILL** 



Dear Parents and Guardians,

I would like to take a moment to sincerely thank all the parents who have reached out and supported us following Mr. Carter's recent email regarding defiant behaviour among some students. We have been informed that similar behaviours are being experienced at home, and we truly appreciate your willingness to work alongside us in addressing and improving these behaviours. Together, we can create a consistent and positive environment for our students both at school and at home.

As many of you are aware, student and staff attendance has been significantly affected by the illness currently going around. I want to acknowledge and thank our dedicated staff for their tremendous efforts in ensuring that all classes are covered during this challenging time. We hope that the recent mid-term break was long enough to allow these germs to disappear and that everyone is feeling healthier and ready to finish the term strong.

On a brighter note, we recently recognised and celebrated positive behaviour with our PB4L (Positive Behaviour for Learning) Colour Lunch last week. It is always wonderful to see our students acknowledged for their respectful and responsible actions.

In other exciting news, our students have commenced the Pathways2Mining course in partnership with CSA Mine, opening valuable opportunities for future careers.

Congratulations also go to our under-14s netball team, who proudly brought home the Ronnie Gibbs trophy after 17 years – a fantastic achievement for our school community!

This week, we have the honour of hosting the Mitchell Network Principals Conference here at Cobar High School. We warmly welcome the visiting principals to our school and the Cobar community. A special thank you to our Hospitality students and Mrs Muldoon for providing excellent catering during the event.

Thank you again for your ongoing support and partnership. Together, we will continue to foster a safe, positive, and successful learning environment for all our students.

Kind regards

Amie Hill

## WELLBEING WALL



Our Wellbeing Wall is here! We are proud to share our brand-new Wellbeing Wall with our school community! This colourful, uplifting space is a daily reminder of kindness, connection, inclusion, and respect.

A huge thank you to everyone who helped bring this vision to life, especially the talented **Sig Peters** and our friends at **Barnardos**. The Wellbeing Wall is now a lasting symbol of the positive culture we're building together.





















## BREAKFAST CAFE





Sponsored by aurelia The Breakfast Café operates each morning from 8:30 AM, providing our students the

The Breakfast Café operates each morning from 8:30 AM, providing our students the opportunity to enjoy some breakfast, socialize with friends, or catch up on homework! Wendy is there every day, preparing toasties and handling the cleanup. Most mornings, we see up to 25 students taking advantage of this time before school. Special thanks to Aurelia Metals for their generous sponsorship of the Café!







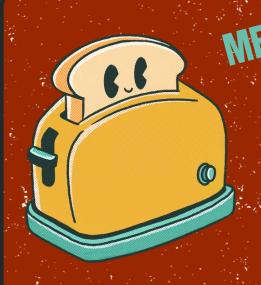


**COBAR HIGH SCHOOL** 

**A1 COMMON ROOM** 

## IT'S TIME FOR BREAKFAST.

**MONDAY - FRIDAY 8.30 - 8.50AM** 



### **Toasted Sandwiches**

Ham, Cheese or Ham & Cheese

### Toast:

Vegemite, Cheese, Strawberry Jam, Honey

### Fruit

Apples, Pears, Oranges

### Drinks

Milk Milo cold or hot

### Juices

Apple, Orange, Apple & Black current, Tropical,
Breakfast Juice

Breaky Cafe is a safe and comfortable space to start your day, catch up with friends and have a chat. You can check in with Wendy or just say hello!

**EVERYONE**WELCOME

BREAKFAST CAFE







★♥ PB4L Colour Day ♥★ On Thursday, we came together to celebrate our PB4L Colour Day, shining a spotlight on our core value of Safety. This term's colour was GREEN, and our students have been reminded all week about the importance of staying safe and living our values every day at CHS. It was wonderful to see so many students "cashing in" their RAM cards and acknowledgements or enjoying a delicious chicken and gravy roll as part of the celebration.







On Wednesday, 27th August, Cobar High School students proudly competed in the annual Ronny Gibbs Netball and Rugby League 7s Gala Day.

Our Under 14s girls netball team were outstanding, going through the entire day undefeated and claiming the grand final with a 10–2 victory over Nyngan. This marks a historic achievement, as it is the first time in 17 years that Cobar High has won this event.

The Under 15 boys combined with Gilgandra High School and also enjoyed great success, finishing the day as champions.

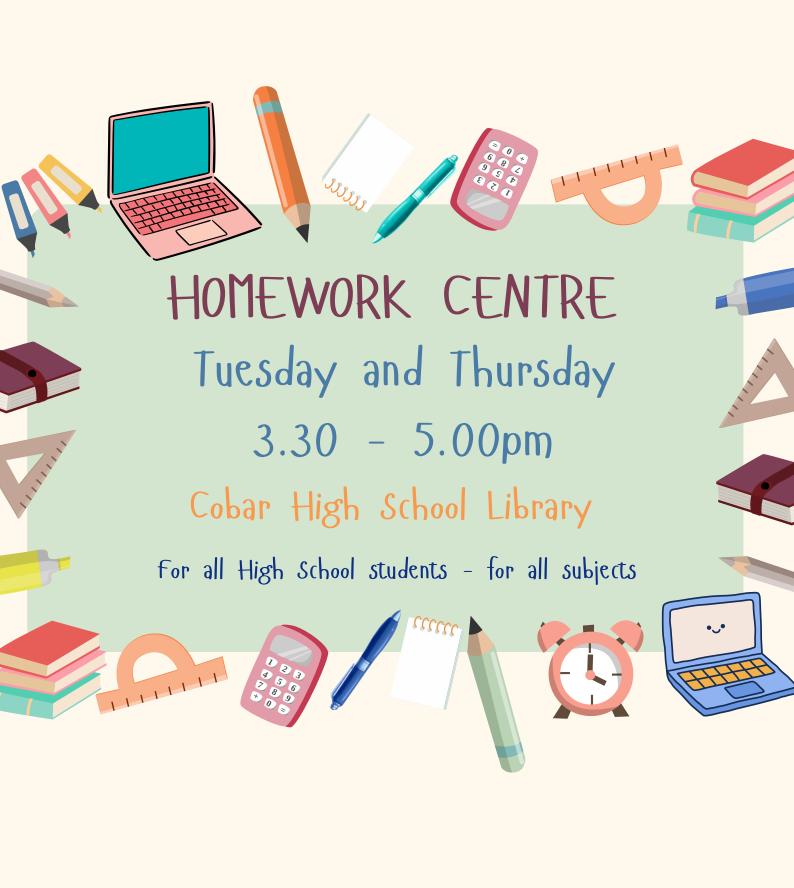
The Open girls netball team put in a strong performance, recording two wins, one draw, and one loss. It was a fantastic day of sport, with all students showing great teamwork, determination, and school spirit. They were excellent ambassadors for Cobar High School, both on and off the field.











### **CANTEEN MENU 2025**



**WRAPS \$12.00** 

1/2 WRAP \$6.00

**SANDWICHES \$6.00** 

**SUSHI \$10.00** 

THINGY SUB \$8.00



CHIPS & POPCORN \$2.50

**MUFFIN \$4.00** 

FRUIT SALAD \$5.00

YOGHURT/FRUIT/MUSELI \$5.00

**FROZEN YOGHURT \$3.50** 

**SNAPSTICK ICE BLOCK \$2.00** 

BANANA BREAD \$3.00



**SAUSAGE ROLLS \$4.50 (SAUCE 50c)** 

**BURGERS \$8.00** 

**HOT DOG \$5.00** 

**SCROLLS \$3.00** 

CARBONARA/MAC & CHEESE \$8.00

PIZZA SLICE \$3.00



**SMALL WATER \$2.50** 

**PUMPWATER \$5.00** 

**SMALL CAN \$2.00** 

LARGE CAN \$3.00

POWERADE \$5.00

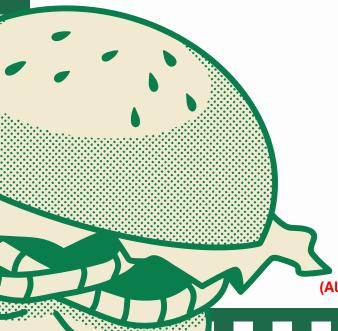
NIPPY LARGE \$5.00

NIPPY SMALL \$4.00

**CLASSIC MILK \$5.00** 

**600ML S/FREE DRINKS \$5.00** 

**POP TOP \$2.50** 



(All prices subject to change)

**DUST BOWL FUEL BURNERS CLUB** 

# COMPETITION

**AGES** 

4-10

11-16

**COMPETITION DETAILS:** 

### 20<sup>™</sup>SEPTEMBER 2025

JUDGING WILL BE AT ROEF SHOW N SHINE

REGISTRATION FEE:

\$2 /PERSON

AGES 4-10: BEST CAR MADE OUT OF CARDBOARD

AGES 11-16: BEST CAR MADE OUT OF HOUSEHOLD ITEMS

(NO LEGO)



### **Western NSW Local Health District**

## Women's Health Service We're here for everyone

Our next Women's Health clinic is at

### Cobar Multi Purpose Service Monday 1st and Tuesday 2nd September 2025

This Women's Health Service offers free, confidential clinics for all- from puberty to menopause and beyond...

Call 1800 008 422 to book an appointment at Cobar.











## KINDER ENROLMENTS

**NOW OPEN FOR 2026** 

Please contact the school office to register your interest in enrolling your child or to obtain a 2026 enrolment pack.



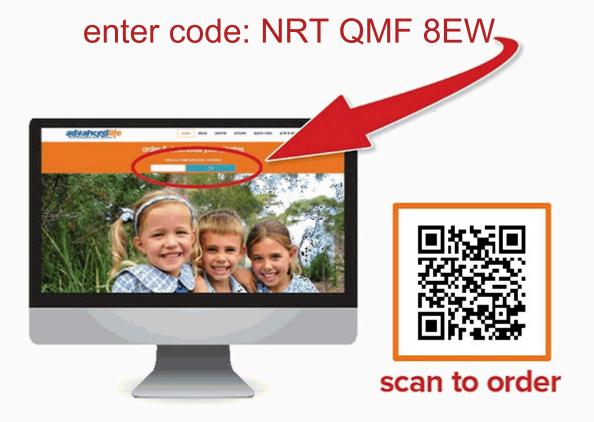


Principal: Ms Melita Roache St. John's Parish School 4 Prince St, Cobar NSW 2835 Phone 68362195 or Email admin.cobar@wf.catholic.edu.au

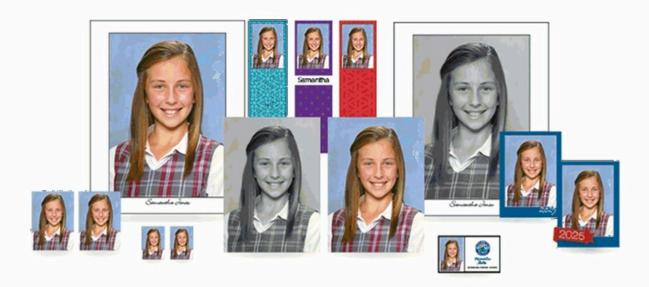
### Wednesday 3<sup>rd</sup> September 2025

### order your school photos now

to order visit: www.advancedlife.com.au



## or collect a cash order envelope from your school office







## Upcoming Events for Cobar High School

SEPTEMBER

2

Homework Centre 3.00pm - 5.00pm

SEPTEMBER

2

Love Bites Program

SEPTEMBER

3

School Photos

NAIDOC Day

SEPTEMBER

4

Homework Centre 3.00pm - 5.00pm

SEPTEMBER

4

Batyr Chapter Meeting Recess

SEPTEMBER

8-12

Year 11 Exams

8

SEPTEMBER

9

Homework Centre 3.00pm - 5.00pm

SEPTEMBER

11

Homework Centre 3.00pm - 5.00pm

SEPTEMBER

24

Year 12 Formal 6.30pm Cobar Bowling & Golf Club