

### COBAR HIGH SCHOOL NEWSLETTER

WHERE THERE IS A WILL THERE IS A WAY

Friday 1st August 2025 Issue: Term 3 Week 2



NAIDOC Excursion - Gundabooka National Park Art Walk

#### **COBAR HIGH SCHOOL**

Address- Wetherell Crescent, Cobar NSW 2835 Telephone - 02 6836 2705 Email- cobar-h.admin@det.nsw.edu.au Website - www.cobar-h.schools.nsw.edu.au



#### A message from our Deputy Principal

**AMIE HILL** 



I hope this newsletter finds you well and rejuvenated after a restful winter break. As we return to school, it's wonderful to see our students and staff back in action, ready to embrace the opportunities and challenges ahead.

During our Staff Development Day (SDD), our dedicated team took the time to reflect deeply on the meaning and purpose of teaching. We engaged in meaningful discussions about the policies and foundational information that guides our school's direction, ensuring that our educational practices align with our values and objectives.

I am pleased to report that our "On Country" experience at Gundabooka National Park, part of our 2025 NAIDOC celebrations, was a resounding success. Organised by our Aboriginal Education Officer, Colby, this event provided our students with invaluable insights into Indigenous culture and connection to land, enhancing their understanding and appreciation of our local heritage.

This week we also hosted HeadSpace educational programs for students in years 7 to 10, along with a community session at the Cobar Bowling and Golf Club for parents and caregivers of adolescents. These sessions focused on mental health awareness and support strategies, and we thank everyone who participated for their engagement and commitment to fostering a supportive environment for our vouth.

We also held a talk on the CSA pathways2mining course and upcoming apprenticeships, providing our students with insights into career opportunities available to them post-school. This aligns with our commitment to preparing students for their future endeavours.

Lastly, based on a proposal from our Student Representative Council (SRC), we are thrilled to reintroduce the RAM Cards. These blue slips of acknowledgement are a wonderful way to celebrate our students' achievements and positive behaviours—just a friendly reminder to check pockets before doing laundry!

Thank you for your continued support and engagement in our school community. Let's make this term a memorable one filled with growth, learning, and achievement! Warm regards,

Amie Hill Deputy Principal Cobar High School

# NAIDOC EXCURSION GUNDABOOKA NATIONAL PARK

#### 🟂 NAIDOC Week 2025: Honouring Culture, Country & Community 🎉

This week, our students had the incredible privilege of immersing themselves in a series of deeply meaningful experiences as part of our NAIDOC Week celebrations.

We began at the Gundabooka Aboriginal Cultural Site, where students were warmly welcomed by Phillip Sullivan, a member of the Gundabooka Joint Management Committee, with a powerful Smoking Ceremony —a sacred ritual that uses native plants to cleanse and protect, connecting participants spiritually to Country. Surrounded by the beauty and stillness of the land, students stood in awe before ancient rock art, etched with stories passed down through thousands of years.

The day concluded with a reflective river walk, offering time to connect with nature and contemplate the enduring significance of land and culture to First Nations peoples. These transformational experiences not only celebrated the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples but also fostered respect, understanding, and deep cultural appreciation within our school community. What a powerful and unforgettable day of learning beyond the classroom!





### NAIDOC EXCURSION GUNDABOOKA NATIONAL PARK













#### GIRLS TOUCH FOOTBALL



#### 🌞 UNSTOPPABLE SPIRIT ON SHOW! 🌟

Our incredible girls' Touch Football team took to the field with fire in their hearts and pride in their stride, playing six fierce games in a massive display of courage, growth, and teamwork!

From their very first match to their final showdown, the girls showed determination, grit, and phenomenal improvement with every game.

- Game 3 vs St Mary's Wellington strong effort (0-5)
- Game 4 vs Dubbo South getting on the board! (1-4)
- - Through every try, every defensive sprint, and every pass under pressure, the girls embodied our school values with pride. Their sportsmanship, persistence, and team spirit were second to none.
- A HUGE congratulations to all players your effort, attitude, and improvement were absolutely inspiring. We are beyond proud!

### **BOYS TOUCH FOOTBALL**



BOYS BRING THE HEAT ON THE TOUCH FIELD! Use Our dynamic boys' Touch Football team lit up the field with passion, perseverance and powerhouse plays in a day packed with action, energy and explosive moments!

With 4 high-intensity games, the boys gave it their all – kicking off with a commanding win and closing the day with another thrilling victory!

- 🏆 Game 1 vs Wellington Blazing start with a 4-1 WIN!
  - ☆ Game 2 vs Dubbo faced a fierce opponent (0-8)
- ♣ Game 3 vs Red Bend battled through a tough clash (1-10)
  - 🟆 Game 4 vs Wellington Finished strong with a 7-5 WIN!
- The boys played with heart and hustle, showcasing incredible teamwork, skill development and resilience with every game. Their positive attitudes, respect, and sportsmanship were on full display perfectly reflecting our school's expectations and values.
- A massive congratulations to all players you did yourselves and our school proud!

### TERM 2 PRESENTATION ASSEMBLY



Year 7







Year 9

Year 10



Year 11



Year 12



Principals Award for Excellence



Outstanding Achievement + Attendance

### HEADSPACE MENTAL HEALTH PROGRAMS



Recently, we partnered with Headspace to deliver a series of engaging and informative mental health workshops for both students and parents. Throughout the day, all students in Years 7 to 10 took part in sessions focused on building resilience, understanding mental health, and learning practical strategies to support themselves and others.

In the evening, a parent information session was held at the Cobar Bowling and Golf Club. The event offered families valuable insights into youth mental health, communication tips, and where to access support services.

We extend our sincere thanks to Headspace for their time, expertise, and commitment to supporting the wellbeing of our school community. If you or a young person you know needs mental health support, please don't hesitate to contact Headspace, help is always available.



### NEED SUPPORT? eheadspace - visitheadspace.org.au orcall 1800 650890 Lifeline - sms 0477 131 114

- or call 13 11 14
- Kids helpline visit kidshelpline.com.au or call 1800 55 1800
- Beyond blue visit beyondblue.org.au or call 1300 224 635
- Emergency Services Call 000





📯 Real Jobs, Real Futures – Right Here in Cobar! 🤲

Today, Cobar High School was buzzing with excitement as we welcomed special guests from CSA Mine – one of our region's biggest and brightest employers!

Our students had the incredible opportunity to hear firsthand about apprenticeships, career pathways, and real employment opportunities right here in our own backyard. From trades to technical roles, the message was clear:

Your future doesn't have to be far away – it can start right here in Cobar!

A massive thank you to the CSA team for inspiring the next generation of local legends. It was a powerful reminder that with hard work, the right attitude, and a bit of hometown pride, anything is possible.





### FRIDAY 8 AUGUST, 6 PM COBAR HIGH SCHOOL, MPC

#### **FREE ENTRY**

In just one week, Cobar High School students will create their own operetta. Come along to the evening showcase and witness the creativity in action!







### E-scooters: Advice for families

An e-scooter is an electric scooter that is powered by a rechargeable battery.

### Is my child allowed to ride an e-scooter?

In NSW, it is **illegal** to ride a privately owned e-scooter on roads or road-related areas, including footpaths, shared paths, cycle ways and cycle paths.

If you allow your child to ride a privately owned e-scooter, they are **only permitted** to ride it on private property.

### Is my child allowed to ride in a e-scooter trial area?

E-scooter shared schemes are being trialled in designated local government areas in NSW.

Your child must be **16 years or older** to hire and ride a shared e-scooter within a trial area.

Hired shared scheme e-scooters are only able to be used on roads and road-related areas in the designated e-scooter trial areas. It is illegal for privately owned e-scooters to be ridden on NSW roads or road related areas, including in trial areas.









### What is the law and safety advice in a trial area?

If you allow your 16 years or older child to hire and ride a shared e-scooter within a trial area, you should be aware that your child must:

Î hire a shared e-scooter only from the selected

provider in the trial area use a shared e-scooter on selected roads, bike paths and shared paths, in the trial area î stay under 10km/h on shared paths and

20km/h on the road Î always wear an approved helmet

î not carry passengers î not use a mobile phone whilst riding

It is recommended that your child wears brightly coloured clothing so other road users can easily see them.

Your child must be **16 years or older** to hire and ride a shared e-scooter within a trial area.

For more information, please visit:

Î transport.nsw.gov.au/roadsafety

The information in this brochure is intended as a guide only and is subject to change at any time without notice. It does not replace the relevant legislation, nor should it be regarded as legal advice.

### FRIENDSHIP DAY









30 JULY 2025

















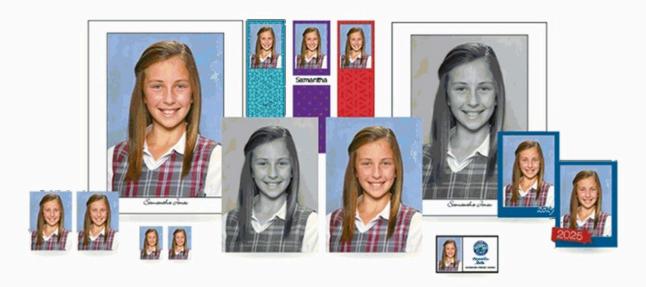
### Wednesday 3<sup>rd</sup> September 2025

### order your school photos now

to order visit: www.advancedlife.com.au



### or collect a cash order envelope from your school office









## Upcoming Events for Cobar High School



4-8

Opera Express

AUGUST

5

Homework Centre 3.00pm - 5.00pm AUGUST

5

Ag shearing Excursion Mulga Downs

NAIDOC Day

7

AUGUST

Homework Centre 3.00pm - 5.00pm AUGUST

7

Batyr Chapter Meeting Recess AUGUST

11-15

HSC Trial Exams Cobar Rugby Union Club

8

AUGUST

11-13

NSW Merino Wether Competition Dubbo AUGUST

21

Colour Day Lunch Green

AUGUST

22-25

Mid-term Break