

## WORDS on WEDNESDAY

Wednesday, 20 August 2025, Week 5, Term 3

#### From the Principal's Desk

#### Welcome to Book Week

The hot glue guns are-a-sizzling, the links between favourite costumes and favourite books stretched taught and the Janome is running hot - it's Book Week! This week we celebrate the magic of books and the joy of reading at Clovelly PS. Today, our students enjoyed a wonderful visit from acclaimed author Belinda Murrell, who shared her inspiration, stories, and love of writing.

We now look forward to our **Book Week Parade** tomorrow, Thursday 21 August, which we have broken into 2 parts and moved to the hall due to the predicted ongoing rain. **Parents and families are welcome to attend!** 

- Years K–2 Parade (with preschool visitors): 9:30–10:15am
- Years 3–6 Parade: 10:20–11:00am



We can't wait to see the creative costumes and celebrate reading together as a community. A heartfelt thank you to Ms Levi and Mr Scale for organising and hosting this special event.



Dragon & Squid artwork (illustrated by Jess McGeachin)

#### **ASBOF Success- Stage Band Shines**

Our bands shone at the Australian School Band and Orchestra Festival, with the Stage Band's recent Silver Award adding to the Training Band's Bronze and the Intermediate and Senior band's Silver Awards. These terrific results highlight the talent and hard work of our student musicians. A big thank you to Mr Murray Jackson, the Friends of the Band volunteers, and Ms Cargill for their support.



Stage Band at ASBOF



1 Arden Street, Waverley, NSW 2024

Phone: (02) 9665 6710

Email: clovelly-p.school@det.nsw.edu.au

#### **Spelling Bee Regional Finals**

Clovelly's finest spellers recently represented our school at the Regional Spelling Bee Finals with outstanding results. Our Junior representative, Odessa B, achieved an incredible 2nd place overall, while our Senior representative, Alexis M showed great determination, progressing through to the fourth round.

This was an extraordinary effort from both students, and we congratulate them on their achievements. A special thank you to Ms Campbell for coordinating and supporting our Spelling Bee program.





Spelling Bee Stars Odessa & Alexis

#### **Athletics Carnivals**

Our students brought great energy and school spirit to the annual Athletics Carnivals. The Years 3–6 Carnival at Hensley Field showcased impressive performances and plenty of cheering, while our K–2 Sports Fun Day back at school was filled with joyful participation, teamwork, and smiles all round.

A huge thank you to Ms Westren and Ms Chapman for their hard work in organising these events, and to the staff and parent helpers who supported on the day. All the best to those braving the weather to compete at the Zone Carnival today- Go Clovelly!



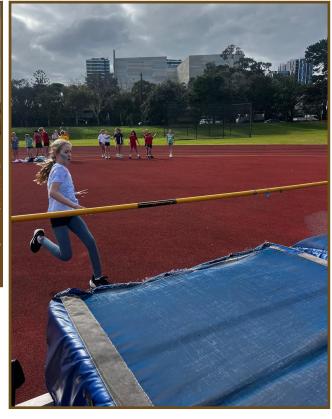
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#### **Colour Run & Trivia Night**

We are all set for next week's Colour Run, and Kelly assures me she is almost out of slime, so that must mean I am in the clear... surely...We are very much looking forward to the event next Thursday, with full details available via the Parent Portal.

The recent School Trivia Night was another huge success. A very big thank you to Kelly and the P&C's SoFun team for leading what looked to be a very enjoyable night and building such a strong sense of community spirit at Clovelly through these incredible events.

With Showcase, DanceSport Gala and Tournament of Minds all culminating with main events in the next few weeks, be sure to catch all the action and photos from these and other special events in a bumper Week 7 edition of Words on Wednesday.





# NSWPSSA State Rugby Championships

Congratulations to Theo and Billy for representing the Sydney East Boys Rugby Team at the NSWPSSA State Rugby Championships in Newcastle this week. Both boys represented the school exceptionally well. Theo was named team captain and received a signed football for being the best forward on the team, while the coach made a special mention of Billy for his outstanding efforts against very tough competition.

Warm regards Rhianna Grentell Acting Principal

#### **Deputy's Desktop**

Each year, students in Years 3 to 9 in NSW Public Schools take part in the Check-in assessment, an online test that helps teachers understand how well students are doing in reading and numeracy. In addition, Year 6 students complete a writing task. The reading and numeracy tests usually take about an hour each, while the writing task takes around 40 minutes, including time to plan and review work. If your child needs extra time, this can be arranged.

The Check-in assessments will be taking place in class between 25th August and 19th September, during Weeks 6, 7, 8, and 9.

The Check-in assessment gives teachers a clear picture of how students are learning at their year level. It helps identify any areas where students might be struggling, supports teachers in planning lessons, and works alongside other assessments and classroom observations. Teachers receive detailed reports within a couple of days that highlight your child's strengths and the areas they may need more help with. These reports are linked to the NSW curriculum, so the learning is relevant and targeted.

Once the assessments are completed and processed, teachers get feedback showing how the whole school and individual students are progressing over time. This helps ensure every student gets the support they need to improve. The school uses this information to provide the best possible learning experience for your child. More detailed results will be shared with families once all assessments have been reviewed.

If you have any further questions, please contact Miss Hanoumis via the school office.

Clare Hanoumis
Deputy Principal (Rel)

Clovelly Public School

#### **Cantabile Festival Choir Rehearsal**

Last Tuesday 12th August, Senior Choir went into the city for our first combined rehearsal for Cantabile Festival. We joined seven hundred other students from thirty two public schools across New South Wales and spent the morning singing our hearts out, working very hard rehearsing the songs for this year. The day was made extra special by the fact that Juno from Year Five and Kaia from Year Three have been chosen as two of this year's soloists. We are so proud that they will be representing our school.

The next time we meet will be on the performance day in September, at the Sydney Opera House. We're all very excited for this great opportunity.

We would like to extend another huge thank you to the parents from our community, as well as Mrs Grentell, who drove us to and from the city.





Eleanor Cargill Choir Teacher



#### **School Counsellor's Corner**

#### Parental Separation – Part 3 Further Resources

The following is a comprehensive list of resources that parents can use to further inform and support themselves and their children during this time of family change.

Support Agencies

#### Relationships Australia

Offer services around the country that include counselling, family dispute resolution (mediation) and a range of family and community support and education programs. https://www.relationshipsnsw.org.au/location/sydney-city-centre/

#### **ANCHOR Program**

#### Support children through family separation.

#### Aims to:

- 1. decrease levels of distress for children/young people following separation/divorce
- 2. improve communication between children/ young people and their parents
- 3. build resilience in children via specific skills to manage their emotional reactions to the separation and changes in their family
- 4. allow children's voices to be included in decision making/parenting plans that meet children's developmental needs. <a href="https://www.uniting.org/services/counselling-mediation/counselling/the-anchor">https://www.uniting.org/services/counselling-mediation/counselling/the-anchor</a>

#### **Catholic Care**

# Professional counselling services for individuals and families experiencing relationship and other issues.

Our counselling options help you find a way forward through life's difficult periods. We can help in the following areas:

- Couples and relationships
- Men's counselling including behaviour change and anger management
- Domestic violence
- Family counselling including post-separation family therapy
- Mental health counselling
- Addictions problem gambling and groups for families affected by alcohol and drug use
- Financial counselling
- Pregnancy counselling

They have counselling offices in **Sydney city**, Lewisham, Bankstown, Fairfield, Liverpool and Miranda and they can also provide relationship counselling at the Family Relationship Centre in Bankstown. Contact the Care line on 13 18 19 to discuss needs.

https://www.catholiccare.org/family-and-Individual-services/

#### Suggested Reading

For Parents	For Children
<ul> <li>Caught in the Middle: Helping Children to Cope with Separation and Divorce by Anne Charlish</li> <li>Creative Parenting After Separation: A Happier Way Forward by Elizabeth Seddon</li> <li>Helping Your Kids Cope with Divorce the Sandcastles Way by M. Gary Neuman</li> <li>How to Split Up and Stay in One Piece: Surviving Divorce and Relationship Breakdown by Rosie Staal</li> <li>Parenting After Divorce: A Guide to Resolving Conflicts and Meeting Your Children's Needs by Philip Stahl</li> <li>Separating Respectfully: How to Separate Without Emotionally Harming Your Children by Lynne Clark and Cheryl Smith</li> <li>Smart Parenting During and After Divorce by Peter J. Favaro</li> </ul>	<ul> <li>How Do I Feel About My Parents' Divorce by Julia Cole</li> <li>My Parents are Divorced Too: A Book for Kids by Kids by Melanie, Annie, and Steven Ford</li> <li>My Parents are Getting Divorced: How to Keep it Together When Your Mom and Dad are Splitting Up by Florence Cadier</li> <li>When Parents Separate by Pete Sanders and Steve Myers</li> </ul>

#### When to get professional help for your children

The feelings associated with the experience of family separation are normal. However, it is time to seek professional help when:

- A child's distress and problems are constant and chronic.
- A child's symptoms get worse rather than better over time.
- You feel unable to cope with your child.

If you think your child needs help, you can let your child's teacher know what's going on. They can look out for changes in your child's behaviour and might suggest other support like from the school counsellor.

Rachel Berezovsky School Counsellor & Registered Psychologist





### **TUESDAY 23 SEPTEMBER**

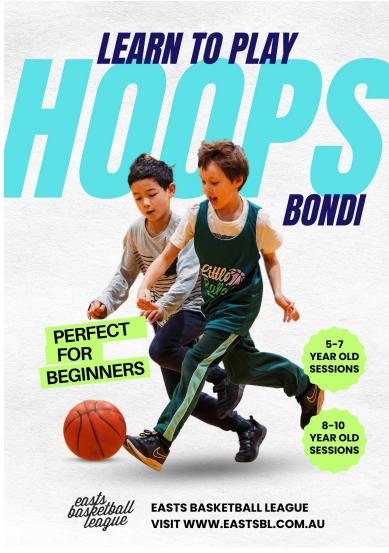
9am - 11:30am













1300 914 368

admin@australiansportscamps.com.au

More Information:
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Nicholas Wise 0410 121 533 nicholas@sydneysir.com James Ball 0410 740 349 james@sydneysir.com