

WORDS on WEDNESDAY

Wednesday, 14 May 2025 - Week 3, Term 2

From the Principal's Desk

Mothers and Others - P&C Event

Last week's Mothers and Others Scavenger Hunt was a wonderful success with the sun peeking through to mark the special occasion. It was heartwarming to see so many families enjoying a delicious croissant, whilst conquering some clues. A huge thank you to Kelly Ehrlich and the P&C team, along with our staff for generously giving their time to support the event. A reminder that our next P&C Meeting will be held this evening, Wednesday 14th May at 7pm in the staffroom. We encourage all families to come along and get involved.

PSSA Winter Sport

Our PSSA Winter Sport season is off to a flying start, with close to 200 students participating across various teams including Multisport which this term has a soccer focus. Thank you to Amy Woodhouse for coordinating the program and to all the staff coaches for their time and commitment. We also thank our parent community for your ongoing support and ask that you continue to adhere to the PSSA Code of Conduct. Please respectfully refrain from confronting teachers during sport - the teachers are also refereeing or scoring while supervising their teams. If you have any concerns, we ask that you contact the school so we can arrange a suitable time to meet. In doing so, together we will uphold the values of PSSA sport as outlined in the Code of Conduct - participation, skill development and enjoyment. The PSSA Code of Conduct is available on the SENTRAL Parent Portal.

Anxiety Project Parent Workshops

Wednesdays 14th, 21st and 28th of May from 1:30pm-3pm

A reminder that our Anxiety Project Parent Workshop sessions commence this week. The sessions explore child development and provide techniques for tackling anxious behaviours and supporting resilience in our students. Please complete the form to register your interest and secure your place at these three consecutive and free workshops. Register your interest in attending here.

Visit the The Anxiety Project website for more information.





Principal's Awards 2M Luca O'D 1M Ollie H 5/6B Pedro L I 2C Amelie W 2C 5/6B Louie A Peaches N 5/6B Paloma S 2S Maya S 5/6C Etta F Axel B 4A



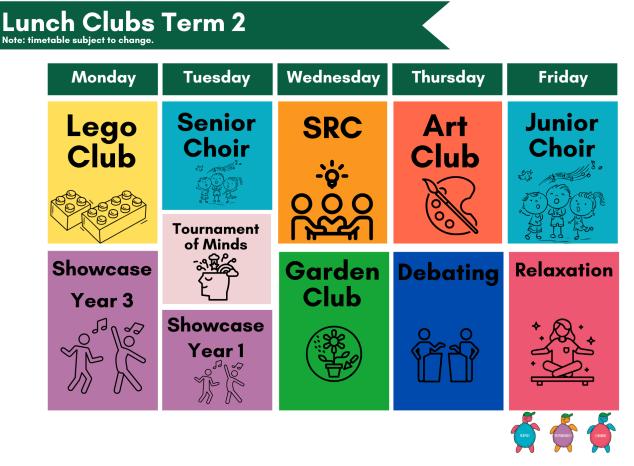
1 Arden Street, Waverley, NSW 2024

Phone: (02) 9665 6710

Email: clovelly-p.school@det.nsw.edu.au

Lunch Clubs

This term we introduce additional lunch clubs, bolstering an already impressive offering that boosts student engagement in enrichment activities. From Garden and Relaxation clubs through to Showcase Dance and Tournament of Minds, there is so much on offer each week at Clovelly Public School. Check out the schedule below and email the school should you require any further information about how your child can get involved.



School Maintenance and Projects

We are pleased to report the electrical upgrade and scheduled painting have now been completed which you will agree has brightened up the targeted areas of the school. We have also recently had the 3-6 Playground Equipment removed to address some safety issues identified. Whilst we work on plans for future playground installation, we have managed to have the existing softfall remedied to allow for use of the play space in the interim.

Premier's Debating Challenge

Thank you to Ms Boatswain for leading the Premier's Debating Challenge for selected year 5 and 6 students this term. With the first round of debates kicking off this week, we wish our keen debaters all the very best against another Boatswain led team from Malabar PS!

NSW Public School Survey

Finally, the NSW Public School Survey will be conducted this week and next. Student feedback plays a vital role in shaping our school's direction and improvement and we look forward to analysing the responses. For more information see NSW Public Schools Surveys.

Warm regards

Rhianna Grentell Acting Principal



















Deputy's Desktop

We are excited to announce that Year 5 has kicked off their Dance Sport program this term! The students are brimming with enthusiasm as they dive into the vibrant world of dance, and they have already started learning the energetic cha cha!

Each week, our students are not only mastering the steps but also discovering the joy of movement and teamwork. The cha cha, with its lively rhythm and playful style, has quickly become a favourite among the class. It has been wonderful to see their confidence grow as they practice and perform together.

Parents are encouraged to ask their children about what they are learning and to join in on the fun at home! We can't wait to see the progress they make throughout the program and look forward to sharing their achievements in upcoming performances.

Stay tuned for more updates on Year 5's dance journey!





"Best in Show"

NIDA x Randwick High School Production

On Thursday Week 1, we went to NIDA to watch Randwick High school's performance of 'Best in Show'. It was amazing! We got to sit at the top of the theatre and watch the Randwick students perform their incredible singing and dancing. The show was so long that it even had an intermission!

Our favourite part was the 'Cluedo' performance and we loved costumes and music. We especially loved the student who sang a solo song from Wicked.

After the show we got on the bus and all talked about how great the show was! Thanks to the teachers for taking

By Alvie and Olivia 5/6M Miss Hanoumis

Deputy Principal (Rel)







RANDWICK



THE BENEFITS OF SMALL GROUP TUITION



The Grattan Institute's January 2023 research report: Tackling under-achievement: Why Australia should embed high-quality small-group tuition in schools, emphasises the potential of small-group tuition to bridge the learning gap for struggling students, particularly those from disadvantaged backgrounds.

The report highlighted the effectiveness of Small Group Tuition (SGT) in schools. This approach involves teachers working with 3-5 students at a time in focused sessions, usually three times a week for one to two terms. Studies show that when done well, this method can help students achieve about four extra months of learning in a year, which is especially valuable for those who need to catch up.

One major benefit of SGT is that teachers can focus on just a few students. This means they can tailor lessons to fit each student's individual needs, providing personalised support. It also allows for more chances to practice and reinforce what they've learned, helping students to fully understand important concepts, such as reading comprehension and develop their skills in numeracy.

In addition to academic improvements, SGT can also enhance social skills. Students often build strong relationships with their tutors, which can help boost their confidence and make learning more enjoyable. We are dedicated to offering these important opportunities for our students to help them succeed in both their studies and their personal growth.



For more information about the program, contact our school's Small Group Tuition coordinator: Ally Wallace (APC&I) on 9665 6710 or via email clovelly-p.schools.nsw.gov.au.

From the Library

Our CPS Readathon Closes Friday, 16th May (Week 3)



Thank you for your support of our annual Readathon, which will end Friday, 16th May. It has been a pleasure to hear students discussing how much they have been reading over our Readathon period, which began in March, Term 1.

We hope that your children have caught the reading bug (if they hadn't already) and they have unlocked their enjoyment in reading for pleasure!

We hope to use the money raised to buy exciting new books and resources for our much loved library.

The next Steps: Collecting money raised and returning sponsorship forms

Students collect their **sponsorship money**. All money collected may be sent electronically via **SCHOOL BYTES APP**, 'Statement', 'add item', select 'Readathon'. Alternatively, money may be directed to the school office.

Sponsorship forms must be given to your child's class teacher by Friday, 23rd May, so that tallies can be made to ascertain the class who has read the most and the top readers from each class.

Individual students and the winning class will receive invitations to the pizza/movie party which will be held in Week 6.

...BUT WAIT, THERE'S MORE!

The Premier's Reading Challenge (PRC) is still on and finishes on September, 19th September. It is not too late for students to participate. Sign up is through: https://online.education.nsw.gov.au/prc/studentExperience.html#/ Students are able to sign up/log in using their Department of Education username and password. (Please ask your child's class teacher if your child does not know their username and password).



Congratulations to the following students who have recently completed the challenge: Year 2: Sylvie M, Oliver B, Olive L & Tilly P. Year 3: Chloe B, Stella B & Celeste S



Challenging the World

We are happy to announce that the Tournament of Minds (TOM) training group will be open to Stage 2 and 3 students, starting in Week 4 every Tuesday at first half of lunch in Ms McRae's classroom.

This is our third year in the competition, and we are looking for enthusiastic students in Years 3-6 who can think critically and creatively and enjoy working in a team.

What is TOM?

Tournament of Minds (TOM) is a problem solving program for multi-aged teams of students who work together to solve a demanding, open-ended Long-Term Challenge. The team must also participate in an unseen Spontaneous Challenge® on Tournament Day. The program has Primary and Secondary divisions. Tournament of Minds' aim is to enhance the potential of our youth by developing diverse skills, enterprise, time management, and the discipline to work collaboratively within a challenging and competitive environment.

One or two teams of 7 students will be selected from the training group, so students must show a commitment to attend the training sessions during Term 2.

We are looking forward to starting our training and will hold an information session for students in the first session next week.

Mrs Levi and Ms McRae



The Importance of a Morning Routine Before School Drop-Off

As the school year progresses, the hustle and bustle of morning routines can often feel overwhelming. However, establishing a consistent morning routine before school drop-off can significantly enhance both children's and parents' experiences. Here's why a well-structured morning routine is essential for a successful school day.

1. Reduces Stress and Anxiety

Mornings can be chaotic, especially if everyone is rushing to get out the door. A routine helps to create a sense of predictability and stability. When children know what to expect each morning, it can reduce anxiety and make them feel more secure. Parents, too, benefit from a calmer start to the day, allowing them to tackle any challenges with a clearer mind.

2. Encourages Independence and Responsibility

Involving children in their morning routine fosters a sense of independence. By assigning them age-appropriate tasks, such as packing their school bags, choosing their outfits, or preparing breakfast, children learn responsibility and develop essential life skills. This empowerment can boost their confidence and set a positive tone for the day ahead.

3. Promotes Healthy Habits

A morning routine provides an excellent opportunity to instil healthy habits. Encouraging children to eat a nutritious breakfast, practice personal hygiene, and engage in some light physical activity can lead to healthier lifestyle choices. These habits not only benefit their physical health but also enhance their concentration and performance in school.

4. Sets a Positive Mindset

Starting the day with a positive mindset is crucial for a productive school day. Incorporating activities such as mindfulness exercises, reading, or family discussions during the morning routine can help children cultivate a positive attitude. By fostering a supportive environment, parents can encourage their children to approach the day with enthusiasm and resilience.

5. Strengthens Family Bonds

Mornings can be a great time for families to connect. Sharing breakfast, discussing plans for the day, or simply enjoying each other's company can strengthen family bonds. These moments of connection can provide emotional support and stability, helping children feel valued and understood.



6. The Importance of Being at School on Time

Arriving at school on time is critical for a child's educational experience. When students arrive late, they miss essential instructions and the chance to settle into the school environment. This disruption can lead to increased anxiety and a feeling of being disconnected from their peers. Furthermore, punctuality teaches children the value of responsibility and time management—skills that are vital throughout their lives.

Being on time also sets a positive example for children, reinforcing the importance of commitment and discipline. It helps them understand that being prepared and organised contributes to a successful day. In addition, a timely arrival fosters a sense of belonging and community, as children can fully engage with

their classmates and teachers from the very beginning of the school day.

Tips for Creating an Effective Morning Routine:

- Plan Ahead: Prepare lunches and outfits the night before to streamline the morning process.
- **Set a Schedule:** Create a clear timeline for each morning task, ensuring everyone knows what to expect.



- **Stay Flexible:** While routines are important, it's equally vital to remain adaptable. Life can be unpredictable, and flexibility can help maintain a positive atmosphere.
- **Incorporate Fun:** Make the morning routine enjoyable by adding music, games, or challenges to keep children engaged.

A structured morning routine before school drop-off can greatly benefit both children and parents. By reducing stress, promoting independence, encouraging healthy habits, setting a

positive mindset, strengthening family bonds, and emphasising the importance of punctuality, a morning routine can transform the start of each day into a fulfilling experience. Embrace the power of routine, and watch as it positively impacts your family's day-to-day life!

Rachel Berezovsky School Counsellor & Registered Psychologist









In a world of growing Anxiety, help to foster resilience in your child.

CPS is proud to be in its second year of participating in *The Anxiety Project*. Developed by child psychologists and teachers, this program supports children in understanding and managing feelings of worry, while building confidence to handle everyday life challenges.

Following the success of last year's workshops, we are excited to once again offer *The Anxiety Project's* Parent Workshops on child development and anxiety, to further support our students. This is a fantastic opportunity for our Kindergarten parents and any others who may have missed out last year.

Our three-part workshops will be held at the school on: Wednesdays 14th, 21st and 28th May, from 1:30 pm - 3:00 pm.



Have you thought about becoming a foster carer?

Do you have room in your heart and your home for a child?



Become a Foster Carer in the Eastern Suburbs

The NSW Department of Communities and Justice (DCJ) is urgently seeking potential foster carers in the Eastern Suburbs. We need people who can provide care for children, young people, or siblings, aged 0-18 years-old, for a few days, to a few months and beyond.

Foster carers support families by caring for children who are unable to remain at home. Foster carers come from all walks of life and their families reflect the wider community we live in. Carers can be single, partnered and be with or without children of their own. Aboriginal, Torres Strait Islanders and people from culturally diverse backgrounds are encouraged to apply.

Foster carers receive initial and ongoing training and support from a dedicated foster care caseworker. There are financial support packages available to foster carers to support a child's education, medical needs, food costs and other daily living costs.

If you are interested in making a difference in the life of a child, please call 8303 7644 or email our Foster Care Team: <u>CAPSMetroCentral@dcj.nsw.gov.au</u>





