

WORDS on WEDNESDAY

Wednesday, 9 April 2025 - Week 11, Term 1

AUTUMN HOLIDAYS

From the Principal's Desk - Spotlight on Stage 3

As we approach the end of a very full and rewarding Term 1, I'd like to take this opportunity to wish all our families a safe and restful school holiday period. We look forward to welcoming students back on Wednesday 30th April. Please note that Monday 28th & Tuesday 29th April are Staff Development Days (Pupil Free). On these days, the staff will engage in a Department-wide focus on High Potential and Gifted Education (HPGE) professional learning and we look forward to continuing our strong work in this area.





Transition to Stage 3: Why Choose Clovelly?

Last Wednesday, we were thrilled to welcome parents, carers, and students from K-6 to our Years 5 & 6 Information Night. Commencing with a wonderful performance from the senior band, the event highlighted the rich programs on offer, including Curriculum, Leadership & Special Events, STEM, Choir, Sport, DanceSport, High Potential & Gifted Education, and more.

A standout moment was hearing from several alumni students, who spoke with confidence and maturity beyond their year as they shared their personal highlights from their time at Clovelly. A special thank you to Aimatai V, Talica V, Klara J, Tom R and Raff M for their words of wisdom.



Thank you to everyone who attended—it was a fantastic evening celebrating all that Clovelly has to offer in the senior years.

My Top Three - Rafferty Year 6, 2024

In no particular order, my first highlight would have to be the school production. Being a backstage ninja in year 5 was exciting, and being a cast member in year 6 was an experience I will never forget. The buzz of performing for our school community was next-level and unlike anything else I have been part of. I learnt so much from Mr Scale and I thought the play brought out the best in me and us as a year 6 group.

The next highlight would have to be the friendships. I probably took it for granted, but in year 6 you're in a great position to make some great connections across the different years groups. It was awesome hanging out with my buddy and there was no doubt you felt the love with all the big hellos and high-fives you would get from all the kindy and year 1 students in the playground. Finishing school with mates I had since kindergarten was also special and it was great celebrating the end of our primary school journey together.

My third highlight was representing Clovelly on the sporting fields. Whether it's a swimming carnival, running race or PSSA sport, there's always something to look forward to and a goal to work toward. The basketball and handball games at lunch were also fun and perhaps the most competitive of the lot.

Have a great time in the senior years at Clovelly. I'm looking forward to seeing your school production!



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NSW Public Schools Survey

A reminder that early next term we are offering our students the opportunity to participate in the NSW Public Schools Student Survey. The survey gives students the chance to share their thoughts and feelings about life at school, including questions about their engagement, learning experiences and wellbeing at school. Participation is voluntary. If you prefer your child not to participate, please complete the opt-out consent form, via the SENTRAL Parent Portal. Further information about the survey is available at https://education.nsw.gov.au/npss

ANZAC

On Monday, our school came together for a respectful and moving ANZAC Day Assembly to honour the service and sacrifice of Australian and New Zealand soldiers. A special mention goes to Billy Macan for his powerful and heartfelt rendition of The Last Post, which was a truly memorable moment in the ceremony. Thankyou to our school leaders and to Mr Weston for organising the special ceremony.

Staffing

This week we farewell Mr Oran Mullally as he continues his next leg of adventures on the way home to Ireland. Mr Mullally has brought a wonderful work ethic and energy to the Clovelly PS teaching team over the past few years and he will be missed. We wish you all the best Mr Mullally!

We are also thrilled to welcome Mr Garry Scale back from a period of leave next term, where he will once again lead our renowned Drama program in the lead up to Term 3's School Production. The excitement is palpable!

Wishing you all a restful break and we'll see you on the other side of the holidays.

Warm regards

Rhianna Grentell Acting Principal



Principal's Awards

| | 1B | Hunter S | 3C | Isabelle P |
|---|----|-----------|------|------------|
| | 1B | Riley S | 4M | Jag K |
| | 1J | Harry H | 5/6M | Lola B |
| - | 1M | Kai D | 5/6M | Lillian K |
| | 1M | Faith C | 5/6M | Alive R |
| | 1M | Bodhi W | 5/6M | Oisin M |
| | 2W | Harry F-W | | |
| | | | | |

2W Maddie B

Frankie P

Deputy's Desktop

End of Term 1

As we reach the end of Term 1, I would like to take a moment to reflect on the wonderful achievements and activities that have taken place at our school this term.

This term, our students have shown remarkable enthusiasm and dedication to their learning. From engaging lessons in the classroom to exciting extracurricular activities, it has been a joy to welcome our students back and see how they have grown.

Highlights of Term 1

- Welcoming Our New Kindergarten Cohort: We are thrilled to welcome our new kindergarten students to our school community! Congratulations to our youngest learners on a fantastic start to their educational journey. It has been heartwarming to see them adapt and make new friends in their first term.
- Learning Celebrations: Year 3 and 5 students should be commended on their smooth completion of the NAPLAN assessments this year. Their composure and positive attitude are a testament to the learning culture here at Clovelly.
- Stage Three Camp: Our school leaders had the opportunity to build connections at camp this term. This camp provided our students with valuable experiences in teamwork, resilience, and outdoor education that they will cherish for years to come.
- **Sporting Events:** We had a fantastic turnout for our Swimming Carnival earlier in the term in addition to the Cross Country Carnival. Congratulations to all participants for their sportsmanship and determination. A special thank you to our staff who made the day a success.
- Community Engagement: Our school community continues to grow stronger. Thank you to all the parents and caregivers who attended our Welcome back BBQ evening and for all the contributions to the wishing tree.

Looking Ahead

As we prepare for Term 2, I encourage all families to continue supporting their children's learning at home and to keep up reading together over the holidays.

Finally, I would like to take this opportunity to thank our dedicated staff for their hard work and commitment to our students.

Wishing you all a restful and enjoyable Easter Break. We look forward to welcoming our students back for another exciting term 2.

Warm regards Miss Hanoumis















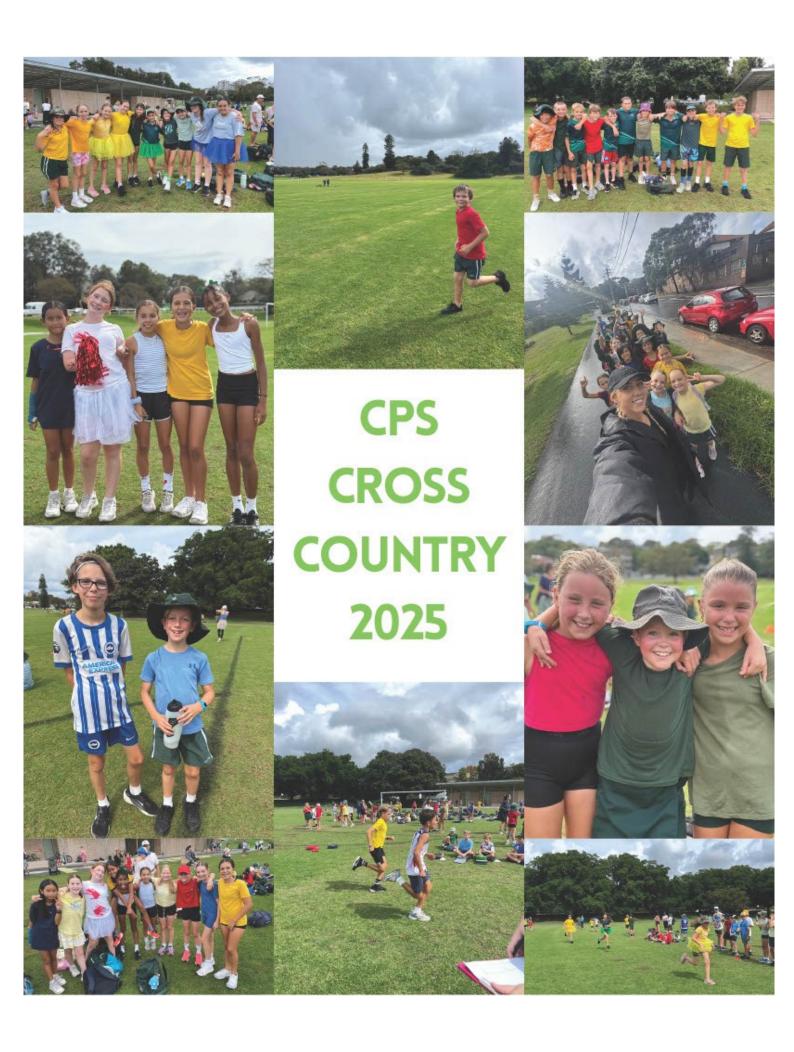
CPS
CROSS
COUNTRY
2025





WHAT AN AMAZING EVENT!
THANK YOU TO EVERYONE
FOR YOUR ENERGY AND SPIRIT.
A SPECIAL SHOUT-OUT TO
THOSE MOVING ON TO THE
ZONE COMPETITION IN TERM 2!





| CLOVELLY PS READATHON | Name: |
|--|---|
| FUNDRAISER | Funds raised will assist the library to purchase new literature & resources. Extra Readathon sheets can be collected from the library. |
| 24 MARCH - 16 MAY | All books count (even Premier's Reading Challenge); read by yourself, with friends, bedtime stories, even those read in class. |
| COLLECT YOUR SPONSORS NOW & START READINGL | This sponsorship form is to be handed in at the conclusion of the Readathon. The class that has read the most books will enjoy a 'G' Rated MOVIE & PIZZA PARTY! |
| | Payment via SCHOOL BYTES, 'add item' select Readathon. |

Readathon, Premier's Reading Challenge and Holiday Borrowing

We are a couple of weeks into our annual Readathon and Premier's Reading Challenge. It is great to see our students enthusiastically reading for both events.

For our Readathon, students reading chapter books (not comic books) may record 50 pages read as 1 book. These can be listed as chapters on the sponsorships sheet; *eg Harry Potter and the Philosopher's Stone*, chapters 1-5 *et.* **Closing date is Week 3, Term 2 on 15th May.**

We have been notified that the Premier's Reading Challenge finishing date has been extended until **19th September**.

Library books may be borrowed over the school holiays. During are Readathon event, the minimum amount of books has been extended:

Kindergarten: 2 Books (students must have their library bags for borrowing)

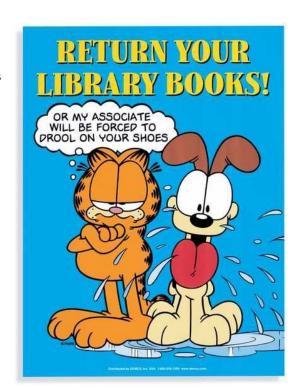
Year 1: 3 Books Year 2: 4 Books Years 3 - 6: 5 Books

Due to planning week, most K-2 classes will not have their usual library lesson this week but will still be able borrow and return at lunch times. Some K-2 classes may visit during class time on Friday.

Please help our books return home

The end of term is a good time to check if your child has returned outstanding books. Please check your bookshelves for Clovelly library books, which can be identified with our library barcode on the back cover, as well as our library stamp in the front of our books.

Happy Holiday reading from Mrs Levi & Mrs van Dam





Volunteers needed

Have a love of literacy? Fancy a way to help the community? We are looking for volunteers to assist with small group literacy sessions (MultiLit). This program is extremely beneficial to our students and is such a rewarding experience. Training will be provided. All welcome!



HALOGEN LEADERSHIP CONFERENCE







On Tuesday March 25th, Clovelly Public School's very own leaders; Charlie W, Holly F and Syd R got the opportunity to take part in the 'Halogen, National Young Leaders Day'. This annual occasion was a day for our School leaders to be in the same room as their heroes and role models, to see them as real people, and to inspire them as they step forward into their own amazing journeys as a young leader. It was a great day filled with stories, reflective moments and some amazing dance moves!

"The lesson I took away was to never stop trying if you really want something" - Syd
"The lesson I took away was every master was once a disaster" - Holly

"The lesson I took away was you can't always rely on being motivated, sometimes you have to push yourself and just do it" - Charlie

We were lucky enough to listen to some amazing high profile Australian's sharing insights from their own leadership journey including;

- Emma McKeon: With 11 Olympic Games Medals and 20 Commonwealth Games Medals to her name, Emma McKeon is not only the greatest Australian swimmer of all time, but the most decorated Olympian, and one of the greatest athletes the world has ever seen.
- Catherine Laga'aia: Young Australian actress who will soon be one of the world's most recognised faces. She is starring as Moana in the live-action movie of the Disney favourite, being released next year.
- **Thomas Duncan-Watt:** Young screenwriter and author, awarded for shows ranging from cartoon series 'Space Nova' to 'Home & Away', and multiple shows across Netflix, ABC and BBC.

Anthony 'Harries' Carroll: One of the most recognisable lifeguards in the world thanks to the TV series 'Bondi Rescue', he has spent more than three decades protecting beachgoers on the Australian coastline.

Lynn Caines, Assistant Principal Stage 3











School Counsellor's Corner

This is a repeat of an article I have published the last two years in Term 1 and that I continue to refer to in my practice. It was well received by parents and teachers alike on Children's Emotional Health. I have since participated in a Masterclass with Lael Stone and Maggie Dent that reiterates the messages in this article so I thought it well worth repeating so that new parents have access to this and those who have previously seen this can refresh their knowledge.

Something a little different this fortnight for my article. I was doing some research to support an article I was going to write on emotional learning in children when I came across a fabulous podcast by Lael Stone (speaker, educator, author). After hearing this, I thought, "this sums it all up" and provided me with some "aha" moments for my work with children (as a parent and counsellor) so I wanted to share this with you all. It has a wealth of practical tools to support parents/caregivers in helping their children develop into emotionally intelligent people. It also has ideas that can be applied to ANY relationship you encounter in life. Below I've summarised the main points.

You can listen to the podcast here:

Lael Stone - Creating Emotionally Intelligent Humans

https://podcasts.apple.com/au/podcast/lael-stone-creating-emotionally-intelligent-humans/id1476501557?i=1000589981813



MAIN POINTS

- Look behind the behaviour. Meet your child with empathy and compassion.
 - Children can be 'off-balance' as we as adults can be. It is difficult to regulate our emotions/ feelings when off-balance.
- 3 ways we, as adults, may have learned how to deal with feelings when we were children:
 - Repression (unhealthy)
 - Aggression (unhealthy)
 - Expression (healthy)

REMEMBER: "Kids cannot be what they cannot see" you need to show children healthy ways of moving through your feelings. Modelling is the Key!

- Be the safest place for your child to come. Make it safe for the messy stuff mistakes, messy behaviours, big feelings.
- Look at your own story (look to the past) for your own trigger why does that bother me so much?
 Why am I so reactive?
 - If you haven't been taught/modelled how to deal with your feelings in a healthy way as a child, then this will come out in your parenting.
- Your own needs must be met, I tis hard to be a calm, connected parent when YOU as a parent are stressed/tired.
- If you do yell or behave as a parent in a way you shouldn't have REPAIR.
 - Never a child's job to make an adult feel better.
 - Self-compassion for ourselves .
- Parenting based on the 'Behaviourism paradigm'"
- Behaviourism paradigm:
 - When I'm good I get something Reward
 - When I'm bad I lose something Punishment
 - * This style sets up the story of I'm loveable when I'm good; not when I'm bad/make mistakes.
 - * We need to parent now for the 'long game' a teenager won't come to you with a problem if they will be punished for their behaviour as a child.
 - * This style sets up the story as a adult of "I'm unlovable when I make a mistake" where you are looking to the outside world for validation "am I okay?" instead of the inside world of "I am okay"; "I am enough".
 - * 3 key points for listening well:
 - 1. listen with empathy, without judging
 - 2. don't fix.
 - 3. don't get into the drama with them.

Wishing everyone a well-deserved break ahead – it's been a BIG Term 1 and I'm sure you, as well as all the little people in your life, are welcoming the chance to refresh and recharge in the two-week holiday!

Rachel Berezovsky

School Counsellor & Registered Psychologist











LEARN, PLAY & GROW



ASKETBALL









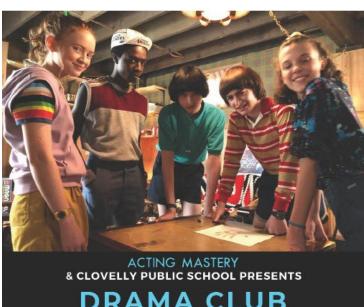
And more! Kids Vouchers Accepted Book 2 days, and get the 3rd at 50% off



BOOK NOW







KINDERGARTEN - YEAR 4

Our **Drama Club** is a **10 week** Ongoing series for young creatives, that offers a **fun, exciting, educational** program for all things acting, performance, and speech.

Students will gain confidence, learn to be free and fully self-expressed, be surrounded by and collaborate within a community, learn the basics of Drama, and engage in physical activity through play, in a safe, supportive, nurturing environment

WEDNESDAY MORNINGS

DATES: 30th April - 2nd July TIME: 8am-9am

COST: \$300 +GST (for the 10 week term)

BOOK: calendly.com/acting-mastery/k-4-drama-club-clovellyCONTACT: hello@actingmastery.com.au