

## Term 3, 2025



### AUGUST

**Tuesday 12<sup>th</sup>**

**Athletics Carnival**

**Wednesday 13<sup>th</sup>**

**Bournda Eco Printing  
(Athena, Frida, Evie-Jay and Dylan)**

**Friday 15<sup>th</sup>**

**Bournda Science in the lab  
(Grace, Lilah, Davi and Riley N)**

**Monday 18<sup>th</sup>**

**Assembly 2.30 pm  
P & C Meeting**

**Tuesday 19<sup>th</sup>**

**Bournda Digital Forests  
(Otto, Ethan, Jas, Coby)**

**BOOK WEEK 18<sup>th</sup>-22<sup>nd</sup>**



**Thursday 21<sup>st</sup>**

**Book Week Character Parade 9.15 am**

### Public Education Week

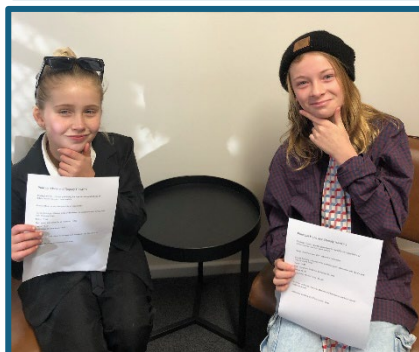
At Central Tilba Public School, we embrace the values of inclusivity, creativity, and community spirit. We celebrate the achievements of our students and the dedicated efforts of our teachers and staff. You ignite potential every day of the year. Thank you!

## Newsletter Week 3



### Team Tilba!

Our school athletics team will travel to Batemans Bay to compete in the district carnival on Tuesday. They have a training schedule which they follow during play times each day to improve their personal bests in the events. Thank you to families for providing transport. Good luck Tilba!



### Principal for a Day

Davi was Principal on Thursday, and she asked Dylan to be her Deputy. They came up with a great initiative: Uniform Checks! They thoroughly scrutinised the wearing of correct school uniform in the K12 class and issued stickers to all students wearing the correct attire. EVERYONE received a sticker! Congratulations Najanuga class and great thinking Davi and Dylan!

### Director Visit

Linda Langdon, Director of Educational Leadership, visited our school today. She enjoyed connecting with our students and sharing in our Kitchen Garden lunch. Linda has spent time with every school in the Batemans Bay network this week to celebrate all the wonderful achievements, opportunities and programs offered which ignite the potential in all public school students.

### Thank you Teresa!

For the past seven years Teresa Stubbings has volunteered her time to support our children's phonic knowledge and reading development through the MultiLit program. Enjoy your new home and thank you from all at Tilba x

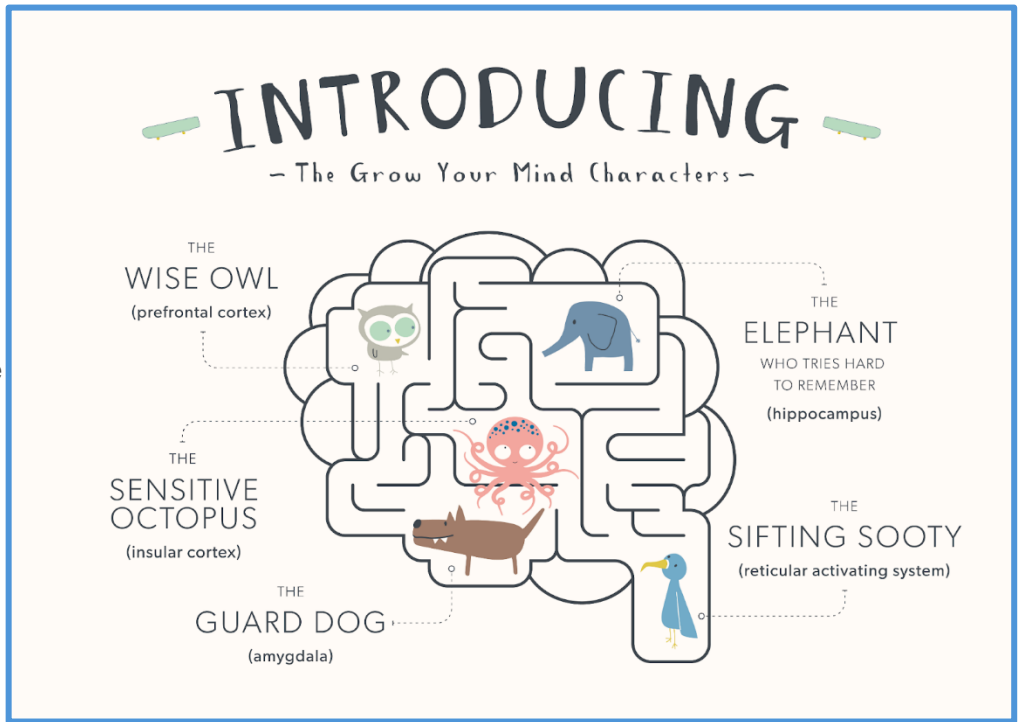






## Grow Your Mind program

Ask your child talk about the guard dog, sifting sooty, sensitive octopus, elephant and the wise owl. These animals are a playful and engaging way to teach children about their brain and some of the core functions. The Grow Your Mind program teaches us we all have mental health, just as we all have physical health. And if we all have it, we can all do things to look after it. Mental health can be brilliant, terrible or somewhere in between...



## The mental health & wellbeing continuum



Click here for a quick overview of the program.  
<https://www.youtube.com/watch?v=daTfpekObQ8>

By the time students leave school we want them to have a tool belt of strategies they can use to help them on the path of enduring good mental health. You might hear your child talking about character strengths, breathing, kindness, doing joyful things, helping others or moving their bodies. As well as complementing the PDHPE curriculum, the Grow Your Mind Program is a quality-assured program in the NSW Department of Education's Student Wellbeing catalogue.







Our morning fitness has included a variety of skills revisited through relays. We have enjoyed incorporating hula hoop skills into the relays too. We finish with a "plank off" and a back stretch.



We have been exploring persuasive devices by looking carefully at different persuasive texts. Stage 2 looked at television advertisements to identify features used. They had to produce a 30 second commercial for a glue stick. Every ad was unique, and the devices used were sense of urgency, special offers, discounts, role play, emotional connections, use and need.



Stage 2 have completed their Minute Maths Multiplication and Division challenges. Next, we will focus on Addition and Subtraction of 2-digit numbers!



Reminder.....  
Term 3 Homework Task:  
Persuasive Speeches are due  
**Wednesday 10<sup>th</sup> September.**