



Cecil Hills News Public School



A quality education in a modern learning environment

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Term 4 – Week 3

Monday 27th October 2025

From the Principal

October is Cyber Security Awareness Month, a timely reminder to be cyber wise and not compromise your device and accounts. The Department of Education have some great resources for parents to use. Use the following link to see some great videos and resources to support you. <https://www.nsw.gov.au/education-and-training/cybermarvel/parents>

I often speak to our children about the importance of hydration, especially at this time of the year when it is getting warmer. While it is important for our health, hydration can also affect our cognitive ability. Research suggests that mild dehydration can lead to reductions in concentration and mental performance in children. It is important children arrive at school hydrated. Water is always the best choice to hydrate, but having milk with breakfast can also provide nutrition (not flavoured milk or hot chocolate). Encouraging children to quench their thirst with water will help them develop a taste for it, which is an important first step towards developing lifelong healthy preferences. Please ensure your child has a refillable water bottle each day and comes to school well prepared. We have water refill stations around the school where bottles can be filled.

Swim school finished last Friday-thanks to Mrs Robertson for her outstanding organisation and teachers who attended and assisted with the teaching of swimming skills. Not only is swimming a great way to exercise but it is also a life skill which all children should possess. Children receive a report card from the instructors later in the term, however if your child can not swim 25 metres independently it may be worth thinking about enrolling them in a swim school. It may one day save their life.

This Wednesday is our photo day for all our sports and cultural groups. Students are to be in full school uniform (they don't need costumes or sport outfits).

This Thursday (30th October) our year 6 are holding their annual year 6 fun day. It is a Halloween theme where every grade has the opportunity to attend. A note was sent home with details (we have added it the end of this newsletter). As you may be aware Friday 31st October is Halloween. Each year I pass on the following message sent from Police regarding the increasing popularity of Halloween. Police wish to remind students about the dangers involved with trick or treating on Halloween. They recommend you do not participate in this activity, however if you choose to here are some things to consider:

- Do I know the person whose door I am knocking on?
- Is it safe to take things from strangers?
- What should I do if a stranger talks to me?

Safety tips include:

- Safety in numbers (walk in groups-never alone);
- Hold hands and cross roads at safe locations such as crossings or marked intersections;
- Don't take things from strangers;
- Don't talk to people you don't know;
- If you feel unsafe, tell that person to stop/go away;
- Do not enter homes;
- Go with an adult.



Next Thursday (6th November) we are holding our first of 3 Kindergarten transition sessions for our 2026 Kindergarten students. If you have a child starting Kindergarten in 2026 and have yet to enrol please do so, as our transition is well planned to ensure our students are well supported from the day they start. Transition will commence in the school hall from 9:10am.

Thanks to everyone who supported Bandanna Day, the SRC's fundraiser for Canteen. Canteen is an Australian not-for-profit that provides [free and tailored support](#) to young people aged 12-25 who are impacted by cancer. Whether they are dealing with their own diagnosis, a close family member's cancer or the death of a loved one, Canteen provides:

- connection with peers in similar situations through [events and programs](#)
- free [counselling and individual support](#)
- 24/7 online support services for [young people](#) and [parents](#)
- access to free [information and resources](#)
- specialist support services for [young cancer patients](#)

Year Six Halloween Fun Day

Year 6 will be holding its annual Fun Day on Thursday October 30, 2025.

The day is an opportunity for students in Year 6 to fundraise for their Year 6 farewell and to assist in the purchase of a gift for the school. The theme this year is Halloween. Students may come dressed in Halloween costumes and bring a gold coin donation to support our fundraising event.

Students from K-6 will have the opportunity to purchase snacks, drinks and play a range of fun activities for a price on this day. Prices for items and activities will range from \$1 to \$5.

Some of the fun activities that will be available are:

Face Painting/ Nail Polish/
Coloured Hair Spray/ Hair Braiding
Sock Wrestling
Haunted Disco
Coin drop
Colouring in competition
Basketball shoot-out
Super Soak the school leaders
Pass the football challenge
Soccer shoot-out
Guessing competition

Available Snacks for purchase

Small popcorn packets
Small chip packets
Packaged lolly bags
Poppers
Cakes & Biscuits

Year 6 Teachers

