YummyBearsKiosk
EXPERTS IN SCHOOL CANTEENS & HEALTHY EATING

Carlton Ps Canteen Menu

YBK Breakfast

- Café Style Raisin toast $ 2.00
- Honey, jam or vegemite toast $ 1.50
- Pikelets with jam or honey $ 1.00
- School size banana bread 80g $ 4.00
- Cheese Jaffle $ 1.50
- Fresh fruit salad small $ 3.00 Lrg $ 5.00
- Fruit salad and Greek yoghurt $ 5.50
- Variety of homemade muffins $ 3.00

YBK Snacks

Everyday

- Seasonal fresh fruit $ 1.50
- Fruit Skewer $ 2.00
- Apple slinky $ 1.50
- Fresh fruit salad Sm $ 3.00 Lrg $ 5.00
- Fruit salad and Greek yoghurt $ 5.50
- Carrot Stick (4x) $ 0.50
- Health pack (carrot, celery, cucumber, ham, cheese and crackers) $ 4.00
- Cucumber, celery and carrot cups with Hummus $ 3.00
- Variety of homemade muffins $ 3.00
- Pizza bread $ 2.00
- Garlic Bread $ 1.00
- Greek Yoghurt cups $ 1.50
- Greek Yoghurt cups with berries $ 2.00
- Pauls Vanilla Custard $ 2.00

OCCASIONAL

- Oven baked hash browns $ 1.50
- Popcorn Plain $ 2.50

Drinks

- Water $ 2.50
- Sparling Mineral water $ 3.00
- Glee $ 3.00
- Plain Milk popper $ 2.50
- OAK Flavoured milk 300ml $ 3.70
- Soy milk $ 3.50
- Up&Go $ 3.70

OCCASIONAL

- Juice poppers 99% fruit juice 250ml $ 3.00

Frozen

Everyday

- Frozen pineapple rings $0.80
- Quelch Stick $1.00
- Juicies $ 2.00
- Frozen juice cup $ 2.00
- Juicie Tubes $ 2.50

OCCASIONAL

- Paddlepop $ 2.50
- Moosies, frozen milk $ 2.50
- Twisted Yoghurt cups $ 3.50

Special Diets

GLUTEN FREE

- Muffins $ 3.00
- Banana bread $ 6.00
- Pirhana Veggie chips $ 3.00
- Pasta Bolognaise $ 7.00
- Homemade fried rice with gluten free soy sauce $ 5.50 (250g)
- Health pack with gluten free crackers and gluten free Hummus $ 4.00
- Gluten free burgers $ 8.00
- Gluten free pie $ 7.50

DAIRY FREE

- Yoghurt $ 3.50
- Soy milk $ 3.50
- Muffins $ 3.00

dairy free breads and spreads available

HALAL

- Homemade Pasta Bolognese $ 6.50 (250g)
- Homemade Butter chicken with rice $ 7.30
- Halal Beef burger (beef Patty, tomato and lettuce) $ 7.00
- Hot dog $ 4.50
- Falafel wrap (Falafel, hummus, lettuce, tomato and cucumber) $ 8.00
- Chicken burger (chicken, lettuce and mayo) $ 7.00
- Char grilled chicken breast, lettuce, tomato, cucumber and mayo $ 8.00
- Chicken kebab stick $ 4.00
- Chicken kebab in a wrap $ 5.50
- Chicken kebab in a wrap with lettuce and mayo $ 6.50
- Homemade Chicken schnitzel, avocado, lettuce and mayo $ 8.50

Cold Food

SANDWICHES

white, wholemeal, multigrain and gluten free bread available

- Vegemite or honey $ 2.50
- Vegemite and light tasty cheese $ 4.50
- Light Tasty Cheese $ 4.00
- Chicken, lettuce and mayo $ 5.50
- Chicken and salad $ 6.00
- Egg and Lettuce $ 5.00
- Salad $ 5.00
- Tuna and mayo $ 5.00
- Tuna and salad $ 6.00
- Light Tasty Cheese and tomato $ 4.50
- Ham $ 4.50
- Ham and tasty cheese $ 5.50
- Ham and salad $ 6.00
- Cheese and salad $ 6.00
- Ham, tasty Cheese and Tomato $ 6.00

(extra fillings $ 0.50, toasted $ 1.00, Turkish bread $1.00, GF $1.00)

Fresh Salads

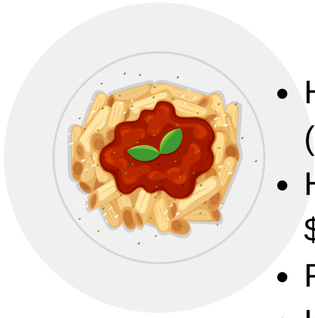
- Garden Salad and dressing $ 6.70
- Grilled chicken and salad $ 8.00
- Tuna and salad $ 8.00
- Greek salad $ 7.20

all small salads $ 5.70

OCCASIONAL

- Caesar salad *(lettuce, bacon, parmesan and croutons)* $ 7.50 (chicken $1.00 extra)

Hot Food

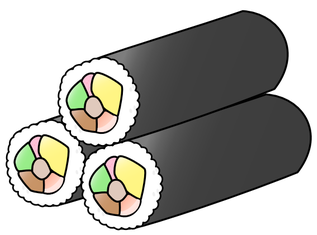


- Homemade Pasta Bolognese $ 6.50 (250g)
- Homemade Pasta with napoletano sauce $ 5.50 (250g)
- Fried rice with vegetables $ 5.50
- Homemade lasagna $ 6.50
- Homemade Butter chicken with rice $ 7.30
- Wonton Soup chicken $ 5.00
- Chicken noodle soup $ 4.00

OCCASIONAL

- Ricotta and Spinach Rolls $ 5.00
- Timbertown Junior pies $ 4.00

SAUCE SATCHELS 50cents



YBK Weekly Meals

MONDAY - *Burgalicious $ 7.00*

- Chicken Burger with chargrilled chicken breast, lettuce, mayo
- Beef burger with beef patty, lettuce, tomato and sauce
- Vegetarian Burger - potato patty, lettuce, tomato and mayo

TUESDAY

- Hot dog $ 4.50

WEDNESDAY

- Char grilled chicken breast, lettuce, tomato, cucumber and mayo $ 8.00
- Ham, cheese and Pineapple $ 7.50
- Tuna, lettuce, tomato and mayo $ 8.00
- Falafel with mixed salad, carrots, cucumbers, hummus and Tzatziki $ 8.00
- Homemade Chicken schnitzel, avocado, lettuce and mayo $ 8.50
- Chicken kebab stick $ 4.00
- Chicken Kebab in a wrap $ 5.50
- Chicken Kebab on wrap with lettuce and mayo $ 6.50

THURSDAY

- Oven baked potato wedges and chicken drumsticks $ 6.80

FRIDAY

- Sushi Roll Tuna/Teriyaki Chicken/Vegetarian $ 4.80
- Sushi Baby Box Tuna or cucumber $ 4.80
- Edamame beans $ 3.50

*Daily specials may change according to season, weather/school events.