

October 2025 Wrap-Up



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Principal's Report

A big happy Term 4 to everyone and we are off to a great start.

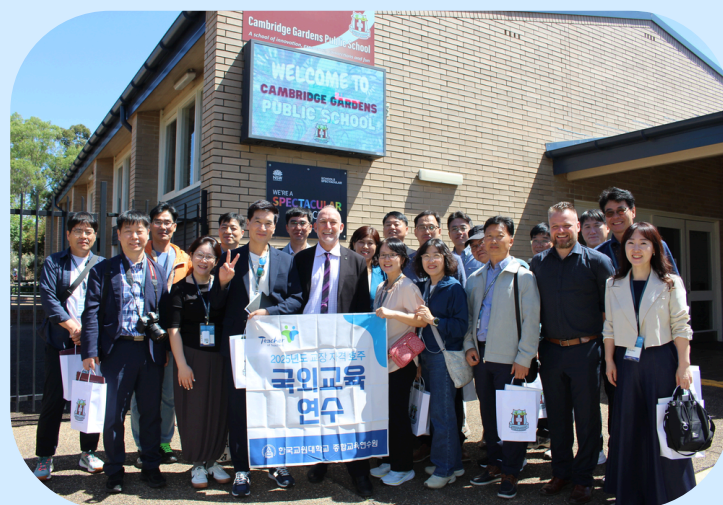
It was great to see so many parents and carers coming online to take part in our **Stage 3 Camp Information zoom**. I hope you found the opportunity useful. The excursion is racing toward us and we are very excited. Can I ask that if you haven't already that you finalise your payments in full as the school needs to make this payment in the coming days. If you are having difficulty finalising payment can you please drop in to see me or give me a call. I would like to remind all parents and carers that **no student is to have any medication in their luggage**, it all needs to be with Mr Kristof by the Friday before we depart. This includes paracetamol. Also a reminder that **students are not to have food including lollies in the bags**. Students only need recess and lunch in their day pack on the first day. No devices that have the capacity to connect to the internet are permitted.

I would like to take this opportunity to congratulate our own Ms Gemma Barabagallo, who has been successful in gaining a promotion through merit selection as an Assistant Principal at Orchard Hills Public School. Ms Barabagallo will commence at Orchard Hills Public School at the commencement of 2026. Whilst we will be very sad to lose her skills and expertise both as a teacher and a leader we wish her well in the next step in her teaching career.



What a special morning we had, with a group of Deputy Principals completing their Principal's training from South Korea visiting our school. A huge shout out to Class Vitality, Class Nutrition and Class Workout for showing some amazing literacy, STEM and Dharug Language lessons. Our visitors were also very excited by our worm composting, our Gardening Club and our QuickSmart initiative. Congratulations to our students and staff for the amazing sharing of our school's excellent work! We will have a visit from a further group of Korean Deputy Principals in early November.

I wanted to take the opportunity to thank our school leaders for their wonderful work representing our school of late. Last week, the school host, Principals and staff members for all 20 schools across Cambridge Park Network for professional learning around Promoting Our Schools. I received such amazing feedback on how wonderful our school leaders, Blake, Charli, Erika, Flynn, Isaac, Leeon, Olivia and Paityn were at welcoming, chatting, signing in and escorting our visitors. Well done and thank you!.



We would like to advise you that this Term all notes and payments will be sent via the Sentral Portal on a Friday.

A big thank you to Mrs Wendy Wright, Mrs Rose Antonelli and Mrs Kelly Winters for their amazing work in promoting and teaching the Dharug language at our school. It was great to highlight our student work across the school throughout Aboriginal Language Week. If you haven't already had a look check out the videos on the school Facebook page.

If you haven't had a look, take a look at our school's new website. Let us know of anything you are looking for and can't find and would like to see on our website. Thanks to Mr Hunter for his leadership on this important project.

Adam Wynn
Principal

Second Step Program

This month, our school wide theme is emotion management. In our daily interactions and school assemblies, we'll be prompting students to notice their own feelings by paying attention to clues in their bodies and we'll be reminding them to use their Second Step skills to calm down:

- Stop—Use your signal
- Name your feeling· Calm down: Breathe, count, use positive self-talk

These skills help students calm down strong emotions when faced with learning and social challenges, which helps them succeed academically and get along well with others.

Second Step lessons specifically teach about calming down strong emotions such as anger, disappointment, frustration and anxiety. You'll be receiving Home Links that describe why managing strong emotions is important and include fun activities to do with your child to help him or her identify strong feelings and calm down. We hope the Home Links will give you tools to use together when your child is upset.

Please tell your child's teacher if you have questions about how you can help your child learn to calm down at home.

Mrs Alanna Vella and Mrs Casey Hetherington

Medication at School

We wanted to kindly remind parents and carers that our school administers medication to students at two specific times each day: 11:10 am and 1:20 pm. These times are carefully chosen to keep your child's health and safety our top priority.

If your child is seeing a paediatrician or health professional about their medication, please let them know about these times at school. This helps ensure your child's medication schedule fits smoothly with our routine, so they receive the right dose at the right time every day.

Our staff follow clear procedures to:

- Administer medication safely and accurately at these set times
- Carefully record each dose given
- Look after your child's wellbeing with great care

We truly appreciate your understanding and support in sticking to these times. It means so much to us as it helps keep every child safe and cared for. If you ever have questions or would like to chat about your child's medication at school, please don't hesitate to reach out to us.

Thank you,

Warm regards,

Mrs Hetherington

Regional Athletics Carnival

In the last week of Term3, Elijah De Vos headed off to Sydney Olympic Park to represent the Penrith Zone. He participated in the 100m and did exceptionally well to place 18th overall. We are very proud of Elijah's achievements.

A very proud - Mrs Nelson



Talent Show

It's that time of year - talent time!! Nominations are currently open and will close next Friday 7th November for this year's talent show. Nomination forms are located outside Nutrition classroom and can be collected at recess or lunch. Please remember that song choices must be school age appropriate and that acts should be no longer than one and half minutes. Auditions will commence in Week 5 in Nutrition classroom. The Talent Show will be held in the school hall on Wednesday 17th December, 2025. A program and more information will be available closer to the date.

Can't wait for the amazing acts - Mrs Nelson

Chess Group

The Chess Group has been up and running again this term, participating in a round robin competition and learning new moves and strategies between rounds. As the rounds progress students will be introduced to the more stringent chess tournament rules as they prepare for the one-day Swiss-System Chess Tournament taking place in week 8 later this term. This tournament will be open for any student who knows how to play chess to enter, regardless of level of expertise.

Mr James Kristof

High Potential and Gifted Education Groups

This term, the Stage 2 Einstein Group and the Stage 3 Hawking Group have been working together, participating in the Code For Life coding education program. The students have been highly engaged, learning about coding algorithms, coding sequences and learning and practising their coding skills.

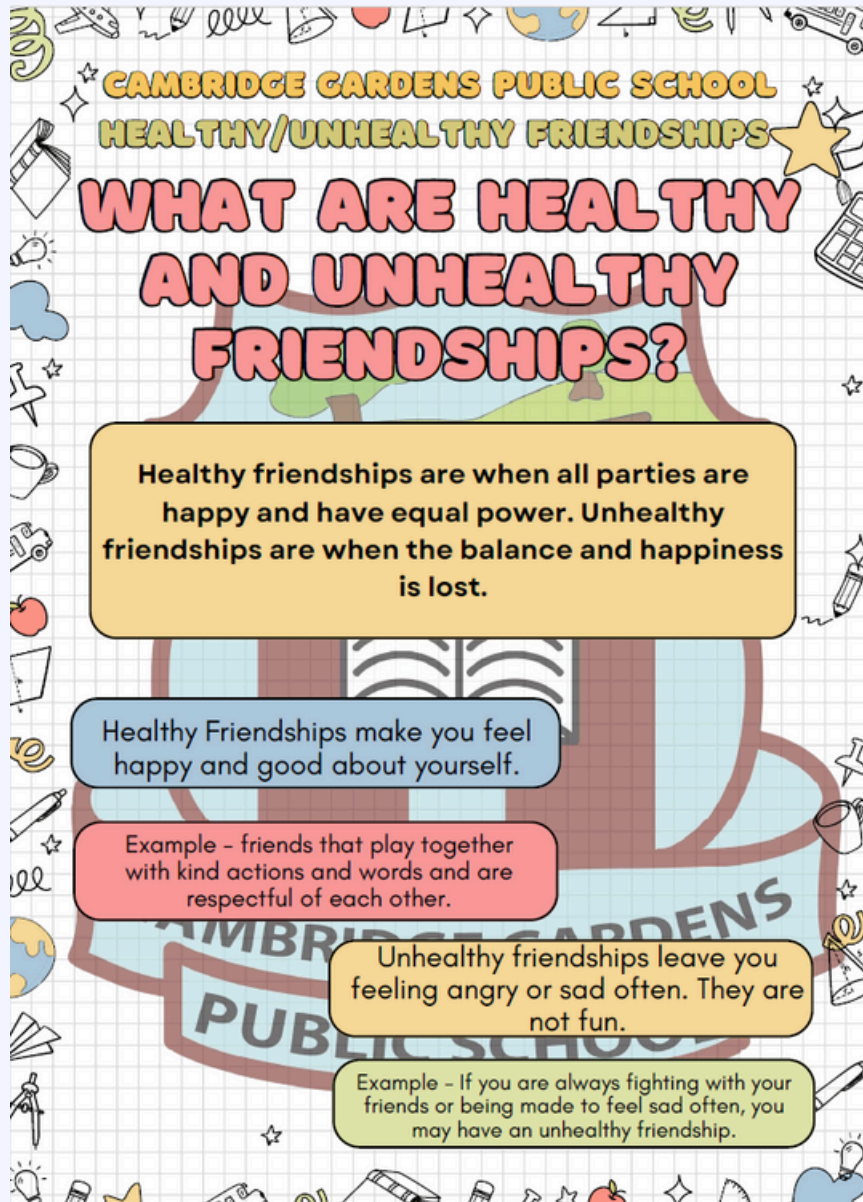
Mr James Kristof



Cambridge Gardens Universal Language!

Healthy and Unhealthy Friendships

So far this year, we have focused on the phrases “mean on purpose” and “friendship fires.” This term our school will be focusing on HEALTHY AND UNHEALTHY FRIENDSHIPS.



We use these consistent phrases at school and encourage families to do the same at home. This shared language supports consistency, effective problem-solving and helps us work together to support our children's wellbeing.

Thank you for your support!

Casey Hetherington

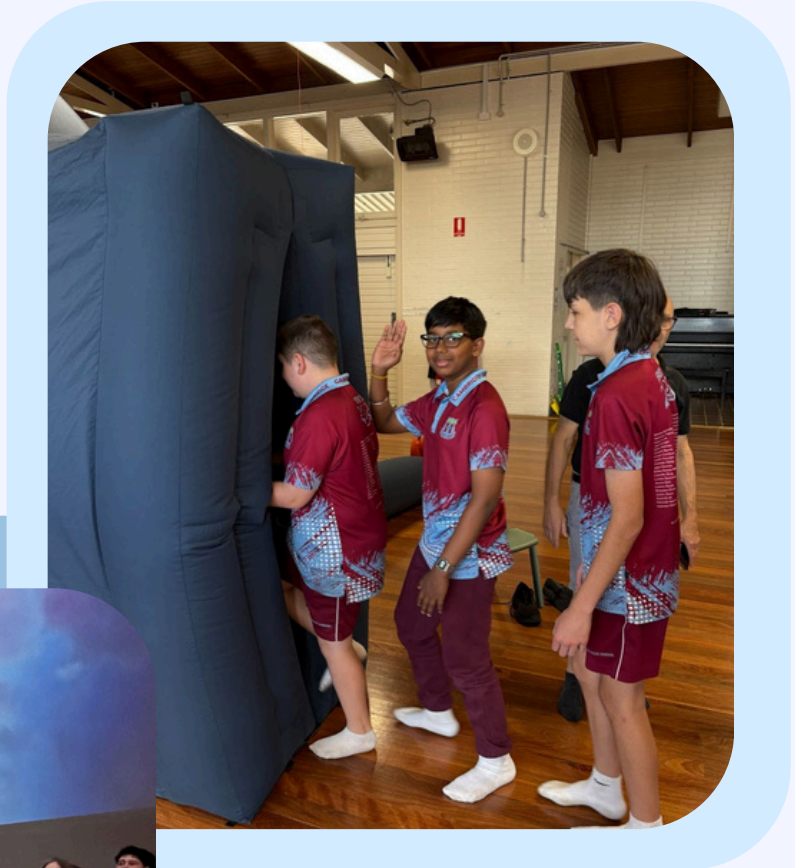
AP - Wellbeing and Student Support

Space Incursion

On Monday week 3, students in the Stage 3 classes participated in the Space Incursion.

Students entered a mobile planetarium - a giant inflatable dome set up in the school hall, where an expert educator presented a workshop about the planets, the sun, the stars, the galaxy and the history of the universe. Students also viewed a 20 minute movie inside the planetarium, watching "The Adventure Around the Solar System" on the ceiling of the dome. This was an invaluable learning experience for the students as minds were blown and curiosity was ignited about the wonders of the universe.

Mr James Kristof



Spider Fundraiser

On Thursday October 30th, Year 6 hosted our annual Spider Day to raise funds for the upcoming Year 6 Farewell. We had an amazing time serving everyone and loved seeing so many happy faces enjoying their delicious ice cream spiders. We are always blown away by and appreciate the support we receive from our wonderful students and community!

Mr Tate



World Teacher's Day 31st October 2025

On the 31st of October all NSW Public Schools celebrate World Teachers' Day, a moment to recognise the remarkable dedication, care, and commitment of our teachers. At Cambridge Gardens Public School, we are truly privileged to have an exceptional team of educators who go above and beyond every day, nurturing curiosity, building confidence, and shaping the future of our students through their passion and professionalism.

From early mornings preparing lessons to the countless unseen moments of encouragement, support, and creativity, our teachers continually demonstrate what it means to make a lasting difference. Thank you to every teacher at Cambridge Gardens for the impact you make – not just in classrooms, but in the hearts and minds of every child who walks through our school gates.

Mr Attard
Assistant Principal



School Spectacular

A group of our Year 5 and Year 6 dancers have begun their journey getting ready for Schools Spectacular. We will have many early morning starts and lunchtime practices as we prepare for the Schools Spectacular performance days. Our students are excited, keen, ready to learn and be exposed to various avenues of the Creative Arts Syllabus.

There will be 4 performances, two on the 28th November and two on the 29th November at Qudos Bank Arena. Tickets are on sale now to view this Spectacular showcase displaying the high level of talent within our Public Schools across the state. If you are keen to view a wonderful night of entertainment, utilise the link below to purchase tickets for any of the 4 performances.

<https://premier.ticketek.com.au/shows/show.aspx?sh=SCHOOLSS25&authuser=0>

Mrs Antonelli and Mrs Vella



Aboriginal Language Week



Aboriginal Language Week ran from the 19th October to the 26th October. Cambridge Gardens Public School celebrated this week through exposure to daily Aboriginal Language activities which included the following:

- The Dharug word Warami (hello) · Students used Warami to greet students and staff and families.
- Viewed the ABC Education Storytime: Open Your Heart to Country – read by author, illustrator, and Dharug woman Jasmine Seymour, one of our Dharug language educators.
- Listened to and sang along with the song “Good I See You on Country.”
- Counted in Dharug
- Participated in the Assembly hosted by Class Workout where students shared Dharug words and their English meanings.
- Introduced themselves in Dharug: Ngaya Giyara... – My name is...

Wendy Wright



Important Date or Events



4/11/25 - P&C AGM and Regular monthly meeting

7/11/25 - Stage 2 Excursion to Australian Museum

7/11/25 - Kimberwalli Cultural Immersion Excursion

11/11/25 - Week 5 Principal's Assembly

18/11/25 - 21/11/25 - Stage 3 Overnight Camp

3/12/25 - 2026 Leadership Speeches

4/12/25 - Christmas Picnic

8/12/25 - 12/12/25 - Swimming and Water Safety

16/12/25 - Week 10 Principal's Assembly

18/12/25 - Year 6 Farewell - Log Cabin Penrith

19/12/25 - Year 6 Graduation Assembly
Last School Day for 2025