

Northie News

21 October 2025



Broken Hill North
Public School

Budgies are thrilled to roll out the red carpet for Mr Mitchell!



The Budgies are pleased to welcome Mr. Mitchell to our class for the next six weeks. He is in his grand finale of teacher training and is ready to begin his professional placement with us.

Mr Mitchell isn't just any teacher-in-training; he brings a wealth of experience from his past roles as a School Learning Support Officer and a PE teacher. With a passion for Special Education, he's eager to enhance his skills in our classroom.

We're happy to have Mr. Mitchell on our team and are confident our students will benefit from learning with him. In the weeks to come, our Stage 2 Budgies are attending Swim School, and with the sun heating up, we'll also focus on water safety during our Health lessons.

The Budgies are looking forward to a productive final term, celebrating growth and improvement all the way!

Upcoming Events:

- **22 October**

Special Ed Yr 6 BHHS Transition

- **24 October**

Assembly - 1-2 Magpies

Yr 6 WHS Taster Lesson

Kinder Orientation

- **27 October**

Swim School

- **29 October**

Special Ed Yr 6 BHHS Transition

- **30 October**

K-2 Excursion

- **31 October**

Assembly - Teacher Appreciation
Week

Kinder Orientation

From the Principal

Welcome to Week 2



Exciting times ahead as our Year 6 students prepare to take the big step to high school! If you haven't already, please remember to complete and submit your enrolment forms to your chosen high schools to ensure a smooth transition.

Our swim school is off to a fantastic start! A huge thank you to Mrs Williams and Miss Rawlins for their dedication and enthusiasm in helping our students build confidence and skills in the water.

Meanwhile, our public speaking stars are already shining bright, practicing hard and gearing up for the upcoming local competition. We can't wait to see them in action!

Thank you for your ongoing support in making these experiences so rewarding for our students.

Lavinia Weaver
PRINCIPAL (Relieving)

school photos
are back!



check bags today—if
yours are missing, visit
the front office for
assistance



The Brain and Behaviour

QUICK TIPS

1. Try to stay calm and composed. Our emotional state can influence our children's emotions too.
2. Provide comfort to let your child know you are there to support them.
3. Listen actively and validate their emotions, even if you don't agree with them.
4. Set limits. While validating emotions, it is important to set appropriate boundaries to ensure safety and respect ie "It's okay to be angry, it's not okay to hit your brother when you are angry."
5. Wait until the emotion has passed, and you and your child are both engaging your neocortex to problem solve and find solutions to what triggered the limbic response.

The human brain is a complex organ that controls our thoughts, feelings and behaviour.

Two important parts of the brain to understand in relation to your child's behaviour are the neo cortex and the limbic system.

The neo cortex is the thinking and reasoning centre of the brain - it helps us to process information, solve problems and make decisions. It can be considered the

logical part of the brain, and all of our language is stored there.

The limbic system on the other hand, is the feeling part of the brain. It's responsible for our emotions, such as happiness, fear and anger.

The thing is, that as humans, we aren't very good at using both regions of the brain at the same time — we tend to either be thinking or feeling.

Understanding these parts of the brain can help us to make sense of a child's behaviour. When our kids are having an emotional response to something and are displaying behaviours such as crying, yelling, throwing a tantrum or ignoring us, this means their limbic system is engaged. During these emotional outbursts, they will find it almost impossible to be reasonable and logical, and to access their language.

As parents, understanding that behaviours such as these come from a brain that is still developing logical thinking and emotional regulation can help us to respond in the moment, and to support our children after these outbursts.

Levels Awards



The following students achieved Gold and Silver Levels and will be presented with their Certificate at Assembly on Friday 17 October at 9:00am. Congratulations and thanks for setting a positive example at our school

Gold

K Echidnas	Anthony Dunlop, Xander Gentle
K-1 Koalas	Matilda Grieve
K-6 Geckos	Tyler Quayle
1-2 Goannas	Kodah Gaiter
1-2 Magpies	Edith Lakai
3-4 Galahs	Ava Turner
3-4 Playpus	James Williams
3-6 Budgies	Micheal Hayward
5-6 Crocodiles	Chris Kerwin
5-6 Bees	Kayden Bugeja

Silver

K-6 Sea Turtles	Jylan Johnson
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Class Awards

K Echidnas	Anthony Dunlop, Honey Farnham
K-1 Koalas	Sunny Dang, Tilly Grieve, Mahi Tagrania
K-6 Geckos	Cole Lewis
1-2 Goannas	Connie Llyode, Oliver McIntosh
3-6 Budgies	Aaron Brooks, Lucas McCarthy
5-6 Bees	Nahla Everuss, Uniqa Mains
5-6 Crocodiles	Grace Cooper, Acacia Johnston, Chris Kerwin



CONGRATULATIONS LEGEND



A great role model who consistently shows that she cares for the wellbeing of those around her.



THE BLUE BITE



The Blue Bite is launching a lunch time extravaganza with ice creams, Zooper Doopers, and snacks available on Monday, Tuesday, and Thursday. It's cash-only, with no pre-orders.

On Wednesdays and Fridays, the canteen will run as normal.



FREE GALA DAY OUTBACK RUGBY LEAGUE

Boys and girls, aged 5-17 years

WILCANNIA

Date: Saturday 26 October 2025

Time: 12.30pm - 3pm

Location Venue: Wilcannia Oval

What to bring: boots, mouth guard, water bottle

Lunch provided by PCVC Broken Hill

Bus Transport:

Pick-up: 8.15am - Menindee REDLE Office
23 Yartla St, Menindee

Pick-up: 9.30am - Broken Hill Visitor Centre
23/17 Bromide St, Broken Hill

Return: 6pm - Broken Hill Visitor Centre
23/17 Bromide St, Broken Hill

Return: 6pm - Menindee REDLE Office
23 Yartla St, Menindee



Our transport supervisors will provide updates on the bus location via text message to ensure you are informed throughout the trip.



ENQUIRIES:
Poi Birtles 0468 964 724
pbirtles@nswrt.com.au



October is Breast Cancer Awareness Month

Be a friend. Tell a friend.

Share why breast screening matters.
Early detection saves lives

13 20 50
breastscreen.nsw.gov.au



WILLYAMA HIGH SCHOOL Year 7, 2026 Open Night

Monday, 27 October 2025
Starting at 5:30pm

Explore Our School:

- Tour facilities
- Learn about our curriculum
- Meet staff & students

Medical Needs?

- Meet with office staff to complete paperwork and discuss your child's health requirements.

95 Kaolin Street

- Enter via the gate on Kaolin and Wolfram corner

We look forward to welcoming you!