ANTI-BULLYING

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Bonnyrigg High School's Commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

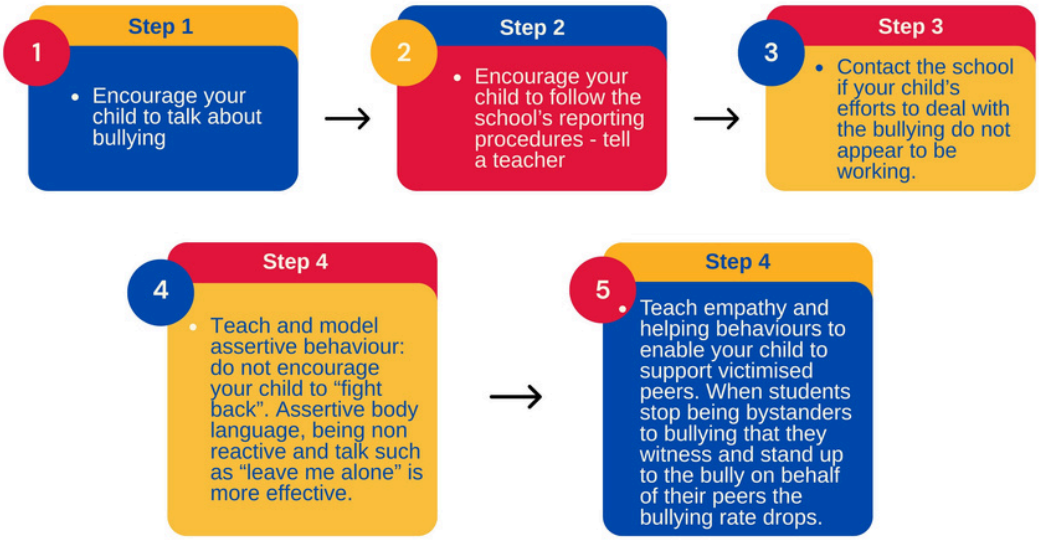
How to deal with bullying behaviour- as a student. If you are being bullied:

If you see someone being bullied - your responsibility is to tell a teacher or another adult -

See something - Say something

Bullying - No-one thinks big of you!! Bonnyrigg High School is a *NO BULLY ZONE*

How to deal with bullying behaviour- as a parent:



Bonnyrigg High School takes bullying very seriously. Bullying behaviour is not on! Bullying is 'repeated words and/or actions intended to hurt, dominate or humiliate others'. Anyone can be a bully regardless of age or gender. Bullying is NOT conflict or fights between equals or single incidents.

Forms of bullying include: hitting, punching, kicking, spitting, teasing, excluding someone from the group, ignoring, spreading rumours, getting someone to bully for you, getting older kids to threaten, organising others to exclude/ignore or hurt, threatening to 'get' someone, tripping, dirty looks, setting someone up or isolating others.

Cyberbullying - This involves bullying through electronic technology, such as, social media, messaging apps, online games, forums and community sites, text messages, email or video sharing platforms.

Parents should be mindful of their child's use of electronic devies to engage in bullying behaviour and understand that the Department of Education mandates schools to address instances of cyberbullying, even if they happen outside of school hours.

Bullying of Students - Prevention Procedures

This document is to be read in conjunction with the DoE Policy and relevant procedures in the A-Z Policy Library.
DoE Bullying of Students - Prevention and Response Policy

GUIDING PRINCIPLES

Bonnyrigg High School believes:

- in upholding the NSW Department of Education – Prevention and Response Policy and Student Behaviour Policy. The school rejects all forms of intimidation, violence, victimisation and harassment, including that based on sex, race, religion, disability, or sexual orientation both online and offline
- bullying is repeated words and/or actions intended to hurt or dominate others and that anyone can be a bully. It is not conflict or fights between equals or single incidents
- that the prevention of bullying is a shared responsibility of students, staff and the entire school community

PROCEDURES

Bonnyrigg High School takes a whole school approach to bullying through:

- Leadership: Strong school leadership creates a positive, safe, and respectful environment that reduces bullying
- Inclusion: A welcoming culture that values diversity and respectful relationships lowers bullying behaviour
- Student voice: When students feel heard and valued, they are more engaged, respectful, and less likely to bully
- Partnerships: Collaboration between schools, families, and communities supports student wellbeing and positive behaviour
- Support: Shared responsibility among staff, students, and families promotes wellbeing and reduces bullying
- Taking a proactive stance in modelling appropriate behaviour regarding bullying in order to promote a safe, respectful and inclusive school environment
- Taking responsibility to empower members of the school community to respect the rights of others and ensure that bullying does not take place at school or any school related activity
- Ensure that all members of the school community will be informed of the reporting process and their rights and responsibilities to provide and maintain a safe school environment
- Ensure any complaints be treated seriously and action taken is in accordance with the Anti-bullying Plan and DoE procedures and policies (Complaints Handling policy and Work Health Safety policy).

OUTCOMES

As a result:

- The DoE's Bullying of Students: Prevention and Response Policy and Student Behaviour Policy will be available to all school community members
- All members of the school community will work collaboratively to ensure a safe and inclusive teaching and learning environment
- The school community will be better equipped to manage and address incidences in order to minimise the frequency and severity of bullying
- A whole school approach to bullying is implemented and reviewed on a regular basis, submitted to the Director of Public Schools and reported on annually to the school community on its effectiveness