



# BERKELEY WEST PUBLIC SCHOOL

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Nolan St, Berkeley 2506

P.O. Box 56 Berkeley

Dharawal Country

Principal: Mr A. Attard

Facebook: [www.facebook.com/bwps1](https://www.facebook.com/bwps1)

Wednesday 27 August, 2025



## From The Principal's Desk

### Upcoming Events

- Thurs 28 Aug-** Southern Stars rehearsal @ WEC
- Fri 29 Aug-** Southern Stars performances @ WEC  
2.15pm Whole school assembly in hall  
– Class KR item– All welcome!
- Sat 30 Aug-** Southern Stars performance @ WEC
- Thurs 4 Sept-** P&F Father's Day stall at school–  
students can purchase a special gift for  
dad (or someone who is just like a dad)  
ready for Father's Day on Sunday!-  
Gifts range from \$1-\$7
- Fri 12 Sept-** 2.15pm Whole school assembly in hall  
– Classes 5/6B & 5/6M item– All  
welcome!
- Tues 16 Sept-** Community of Schools Public  
Speaking finals @ Illawarra Sports  
High
- Fri 19 Sept-** Premier's Reading Challenge 2025  
closes today  
PSSA Sports Gala day
- Fri 26 Sept-** Sketchie PBL Reward Day!  
2.30pm Whole school assembly– all  
welcome!  
Last day of Term 3– students may be  
out of school uniform today– free mufti  
– sensible clothing and footwear- no  
cost
- Mon 13 Oct-** 'Pupil Free Day'- Teachers only return  
to school today
- Tues 14 Oct-** All students K-6 return to school for the  
start of Term 4

### Our School Vision

"Providing quality teaching and learning in an environment of respect, responsibility and safety that will engage and motivate all students to learn, equipping them with the skills and knowledge for future success and wellbeing."

**PLEASE RESPECT THE  
HEALTH CARE NEEDS OF  
OUR STUDENTS BY NOT  
PACKING EGGS, PEANUTS  
or PRODUCTS  
CONTAINING PEANUTS IN  
YOUR CHILD'S LUNCHBOX!**



### Principal's Award

Congratulations to Layna H for receiving the Principal's Award this week for being a respectful, responsible and safe student at school. Layna will enjoy a \$4.00 food voucher to spend at the canteen and gets to sit on stage at next week's whole school assembly! Lovely work Layna!!



### Student Spotlight: Leticia's Musical Journey

At Berkeley West Public School, we are proud to nurture the diverse talents of our students. One of our outstanding Year 6 learners, Leticia, is making her mark through her passion and skill in music.

A confident pianist, Leticia regularly performs at school assemblies, often volunteering to share her skills and support her peers. Her talent has already been recognised beyond our school community, with her acceptance into the Wollongong High School of Performing Arts for 2026.



In class, Leticia demonstrates dedication, respect, and pride in her work. She applies herself fully to her learning, and her love of music shines through in every performance. She is also exploring ways to integrate her musical abilities into classroom projects across English, Geography, and PDHPE—demonstrating her creativity and leadership in new and exciting ways.

Leticia's journey is a powerful example of how Berkeley West Public School identifies high potential students and provides them with personalised opportunities to thrive. We are excited to see her continue to grow as a performer, composer, and leader in the years ahead.

## **Kindergarten Orientation 2026 – Welcome to the Berkeley West Family!**

We're excited to welcome our newest learners and their families to Berkeley West Public School for Kindergarten in 2026!

Our Kindergarten Orientation program is a wonderful way for children to explore their new learning environment, meet their teachers, make new friends, and experience some of the fun activities that school life has to offer.

Parents and carers will also have the opportunity to meet school staff, learn more about our school values, daily routines, and how we support every child's learning and wellbeing.

We're proud of our warm, inclusive community and can't wait to help your child feel confident and ready for their exciting start to school life at Berkeley West.

More information about our Orientation sessions will be shared with families this term.

To enrol online for Kindergarten next year click this link-

<https://ehub.enrol.education.nsw.gov.au/schoolenrolment/?schoolCode=4180>



We look forward to seeing you at our Kinder Orientation!

## **Spring, Hay Fever and Students with Asthma**

Spring is just around the corner, which means warmer weather, longer days and increased pollen. For many people in Australia with asthma or hay fever, August to



March (or the dry season in tropical areas) is a particularly difficult time. This is when an increased amount of pollen is in the air, which may trigger an asthma flare-up making life pretty uncomfortable.

Tell-tale symptoms of hay fever are sneezing, an itchy nose with a clear watery drip, nasal congestion, an itchy throat and itchy watery eyes.

Hay fever may be seasonal but symptoms can be present year-round, with triggers being similar to asthma. Seasonal triggers include pollens from grasses, weeds and trees, and moulds. However hay fever can be triggered by other allergic factors too, such as house dust mites, pet allergens, cockroaches, cold air and strong odours and/or tobacco smoke.

While hay fever and allergies are unpleasant enough for anyone, they pose a serious threat to people with asthma because they can trigger an asthma flare-up or even an attack. This is why treatment of hay fever needs to be part of every person's asthma care, including students in your school. Studies have shown that treating hay fever symptoms can reduce emergency department visits and hospitalisations due to asthma.

If hay fever is causing a child problems, they should see their doctor to make sure their asthma is well controlled and that they are taking the right medications for both conditions. This will reduce the chance that they will have a reaction to pollen. If a student continues to have problems, the following tips may help to ensure you are all prepared this spring.

### **Take medications regularly**

Encourage parents to ensure their child is taking their preventer medication every day to stop asthma symptoms flaring up at school during high-risk days. Be especially careful to keep all students' reliever medication close at hand on windy days or during and after thunder or dust storms, and make sure the child uses it as soon as they get symptoms.

It is advised not to send students who may be experiencing an asthma flare-up to the front office for medication. Anyone experiencing breathing difficulties should have medication brought to them.

### **Postpone outdoor exercise**

When you exercise you breathe faster and through your mouth, which cuts out the normal warming, moisturising and filtering action of the nose. Postponing a child's outdoor exercise or sport on high pollen days may help to reduce the likelihood of a flare up.

### **Stay indoors on very high pollen days**

When possible, when there's lots of pollen in the air, keep students indoors using your air conditioner to filter and circulate the air in the classroom. Don't open your windows or you will let the pollens or pollution inside to settle throughout the room.

## Shower in the evening

On very high pollen days, showering and washing hair in the evening can help to keep pollens from rubbing off onto bedding where it could trigger a child's asthma throughout the night. It may also help students to shower after outdoor activities when there are particularly high levels of pollen.

## Need more help?

If you would like further support with managing students asthma during the high pollen season please ask your pharmacist, doctor, or contact the Asthma InfoLine on 1800 ASTHMA (1800 278 462).

## The Future of Our School Newsletter

From this edition, you'll notice our newsletter looks a little different — and a little shorter! Many parents have told us they prefer quick, clear updates, so we'll now focus on the most important messages.

Additional stories, photos, and celebrations will continue to be shared on our Facebook page and School Bytes, giving families even more ways to stay connected.

This new approach means you'll always get the key information you need, while also helping us do our bit for the environment by reducing printing and paper usage.

Thank you for supporting this positive change — together we're keeping our communication effective, modern, and sustainable.

## PLAYSTRONG PLAYGROUP BERKELEY WEST

for children birth – 5

**FREE**

**Fridays, 9.00am - 11.00am**  
(During school term)

Located at Berkeley West Public School community room  
Please bring a hat and healthy morning tea  
For more information contact – 0439 648 778



Play Craft Stories  
Outdoor activities  
Puzzles Music

Our Playstrong program is supported by friendly experienced and trained staff. Playgroup provides a variety of activities to promote and enhance the early learning and wellbeing of our children. Parents and carers have the opportunity to meet other adults in a welcoming and relaxed setting.



## Student of the Fortnight

Class	Student of the Fortnight	Reason
KR	Remie Salmon	For always giving her best effort in her learning, and being such a kind and helpful member of our class.
1/2B	Olivia Salmon	For conscientious and quiet work at all times.
1/2WM	Leah Powell	For excellent effort in reading with the teacher and challenging herself to complete writing activities to the best of her ability.
3/4J	Georgia Sadler	Great contributions to class discussions and always trying her best.
5/6B	Laila Chouman	For showing great improvement in concentration, engagement and effort across all areas of her learning.



# LIBRARY NEWS



## BWPS BOOK PARADE 2025



**6 ISSUE 2025** **Book Club** **PULL OUT POSTER** **HANG ME UP IN YOUR CLASSROOM!**

**WIN!** 1 OF 60 FAMILY PASSES TO SEE THE BAD GUYS 2 IN CINEMAS! See Book Club Catalogue for more details.

**BOOKS:** MY NAME IS BENNY, COCK-A-DOODLE-DOO!, Axolotls are Awesome, FOOTBALL 2026, BIN CHICKEN, WEIRDO ANH-DO.

**LEVEL UP WITH BOOK CLUB!**

**READING is a SUPERPOWER!**

**SCHOLASTIC**

**ORDERS DUE: 12/9/2025**



**Healthy Cities Australia**  
Breathe Better Illawarra

## Give Me Space! Free School Holiday Workshop for Families Living with Asthma

- A day of fun and learning for families living with asthma
- Circus activities with Milk Crate Circus
- Receive a \$50 shopping voucher for participating in a consultation about supporting a child with asthma
- Each child with asthma receives a free spacer device

**Port Kembla Community Centre**  
Cnr Church and Wentworth Streets, Port Kembla

**Date:** Thursday 9 October

**Time:** 10:00am - 2:00pm (includes lunch and snacks)

**Info:** Call Alexander on 4283 8111, email  
alexander@healthycities.org.au

**Transport:** Transport available. Bookings essential.



Funded by Asthma Australia  
thanks to the Pearl Sheppard Trust



Scan QR Code to register

# Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

**1** day per fortnight



=

**4** weeks



=

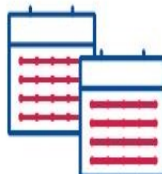
Over **1** year missed

**1** day per week



=

**8** weeks



=

Over **2.5** years missed

education.nsw.gov.au