

# BEECROFT PRIMARY SCHOOL

## LUNCH ORDER MENU

### MONDAY

Sushi Hand Roll	\$4.20
tuna / chicken / beef / avo <b>V</b>	
Mini Sushi Box	\$4.20
Tuna/teriyaki chicken/cuc <b>V</b>	
Pizza <b>C</b>	
BBQ chicken <b>C</b>	\$5.00
Meatlovers	\$5.00
cheese <b>V</b>	\$4.20
Chicken breast nuggets (4)	\$3.80
Pumpkin Soup + roll (winter only) <b>C</b>	\$4.50
Pan Fried Dumpling chicken + corn	\$5.50
Stir Fried Noodles chicken + veg <b>C</b>	\$5.20
Butter Chicken	\$8.00

### TUESDAY

Sushi Hand Roll	\$4.20
tuna / chicken / beef / avo / <b>V</b>	
Mini Sushi Box	\$4.20
tuna / teriyaki chicken / cuc <b>V</b>	
Pan Fried Dumplings chicken + corn	\$5.50
Meatball Sub	\$4.80
Pumpkin Soup + roll(winter only) <b>C</b>	\$4.50

### WEDNESDAY

Sushi Hand Roll	\$4.20
tuna / chicken / beef / avo <b>V</b>	
Mini Sushi Box	\$4.20
tuna / teriyaki chicken / cuc <b>V</b>	
Pan Fried Dumplings chicken + corn	\$5.50
Chicken Breast nuggets (4)	\$3.80
Pumpkin Soup + roll (winter only) <b>C</b>	\$4.50
Baked Beans(warm) (winter only)	\$3.30
Stir Fried Noodles chicken +veg <b>C</b>	\$5.20
Teriyaki Chicken with rice + veg <b>C</b>	\$8.00

### THURSDAY

Sushi Hand Roll	\$4.20
Tuna/teriyaki chicken/beef/avo/chicken schnitzel <b>V</b>	
Mini Sushi Box	\$4.20
Tuna/ Teriyaki chicken/ cuc <b>V</b>	
Pizza	
BBQ chicken	\$5.00
Meatlovers	\$5.00
cheese <b>V</b>	\$4.20
Chicken burger	\$7.00
Cheese Burger	\$6.00
Pumpkin Soup+ roll (winter only)	\$4.50

### FRIDAY

Sushi Hand Roll	\$4.20
tuna / chicken / beef / avo <b>V</b>	
Mini Sushi Box	\$4.20
tuna / teriyaki chicken / cuc <b>V</b>	
Chicken Pasta Salad	\$7.00
Stir Fried Noodles chicken + veg <b>C</b>	\$8.00
<b>C</b> Creamy mushroom chicken with rice	\$8.00

### EVERYDAY HOT FOOD

Pasta napolitana <b>V C</b>	\$4.20
Hot Cheesy Roll <b>V</b> Roll + Bega tasty cheese	\$3.80
Hot Chicken Roll Roll + chicken breast meat	\$5.00
Hot Ham and Cheese Roll	\$5.00
Roll + Bega tasty cheese + sliced ham	
Pasta 220g beef lasagna/200g mac+cheese	\$5.20
Pie, 90g 100% Aussie beef	\$3.80
Sausage Roll, 120g 100% beef	\$4.00
Spinach + Ricotta Roll 120g	\$3.80
Fantastic Cup Noodles chicken/oriental <b>V</b>	\$4.00
Corn on Cob	\$1.30
Fried Rice add chicken + \$1	\$4.00

### SNACKS

Muffin, fruit based <b>C</b>	\$1.00
Curly Apple	\$1.30
Anzac Slice <b>C</b>	\$0.50
Bliss Balls CANTEN MADE	\$0.50
Popcorn, lightly salted	\$1.00
Breadsticks plain	\$0.20
Grain Waves	\$1.70
Vegetable sticks	\$1.00
Hard boiled egg	\$1.50

### DRINKS

Juice Cup 110ml	\$0.80
Apple/ apple + blackcurrant	
Juice Crush Poppers 250ml	\$1.60
apple / tropical / orange/ apple + blackcurrant	
Glee sparkling juice	\$2.50
Tropical/bubblegum/raspberry /blackcurrant/sour watermelon	
Water 600ml	\$2.00

The Canteen uses Qkr! for online orders  
**Qkr! LUNCH ORDERS CLOSE AT 9AM**  
 Please call the canteen on 9980 7255 to place emergency orders after 9am.  
 \$1 surcharge applies.

**C-** canteen made **V-** vegetarian

*The* **CANTEEN**

# BEECROFT PRIMARY SCHOOL

## SALAD & SANDWICH MENU

### BUILD YOUR OWN SANDWICH

There is an option on QKR to remove butter if required

#### CHOOSE YOUR BREAD

White bread	\$1.00
Wholemeal bread	\$1.00
Long White Roll	\$1.50
Gluten Free Bread	\$2.00

#### CHOOSE YOUR FILLING

Honey / Vegemite / Jam	+\$1.00
Tasty Cheese slice <b>V</b>	+\$1.00
Egg, sliced hard boiled <b>V</b>	+\$1.50
Egg, curried with mayonnaise <b>V</b>	+\$2.00
Ham, double smoked	+\$2.00
Chicken, sliced chicken breast	+\$2.00
Tuna, canned in springwater	+\$2.00
Salad, each <b>V</b>	+\$0.50
lettuce / tomato / cucumber / carrot / beetroot	

### TOASTED SANDWICHES

Toasted sandwiches are not buttered

#### CHOOSE YOUR BREAD

White bread	\$1.50
Wholemeal bread	\$1.50
Gluten Free Bread	\$2.00

#### CHOOSE YOUR FILLING

Cheese	+\$1.00
Cheese + Tomato	+\$1.50
Cheese + Ham	+\$3.00
Cheese + Ham + Tomato	+\$3.50
Cheese + Vegemite	+\$1.50
Baked Beans	+\$2.00
Extra Cheese slice	+\$1.00

### BUILD YOUR OWN SALAD

There is an option on QKR to remove salad items if required

lettuce / tomato / cucumber / carrot / beetroot

Small	\$3.50
Large	\$4.50
+ Double Smoked Ham	+\$2.00
+ Sliced Chicken Breast	+\$2.00
+ Grated Cheese	+\$1.00
+ Hard Boiled Egg	+\$1.00

### FIVE FOOD GROUP

**INCLUDES** : 1 x sandwich + 110ml juice cup + ¼ apple + 4 carrot sticks + ½ slice cheese + sultanas

#### CHOOSE YOUR BREAD

White bread  
Wholemeal bread

#### CHOOSE YOUR SANDWICH FILLING

Honey / Vegemite / Jam  
Double Smoked Ham  
Bega Sliced Cheese

The Canteen at Beecroft Public School is run with the help of a P&C sub-committee. We are open every school day during normal term time offering a wide range of healthy food and drink options to the school community.

Our menu meets the latest NSW Healthy School Canteens strategy requirements