



Student of the week



Student Growth through Excellence in Teaching and Partnerships for Success

Learning Together, Shaping Tomorrow



Every Day Counts- Our focus on attendance for Term 3 has us aiming at achieving an average attendance rate for our school of 90%
As of last Friday we had an average attendance rate was 90.05%
Children's learning is enhanced by uninterrupted full days of school.

Lower Division

Week 8 – Stephanie S – great colouring in Art
Week 9 – Tom L – great job subitizing in Maths



Upper Division

Week 8 – Mollie D – great effort in class - HOOTTS
Week 9 – Harriet H – great attitude towards learning

Upcoming Dates for your Diary

- 22 Sept Scripture
- 23 Sept Touch Football finals - Sydney
- 25 Sept Wilbertroy Lagoon- Local Excursion
- 26 Sept BEDGERABONG TALENT SHOW/ End term 3
- 14 Oct Term 4 starts for kids
- 18 Oct Bedgerabong Community Trivia Night
- 16 Dec Presentation Night
- 19 Dec Last Day Term 4



27th & 28th March 2026 - Bedgerabong Sesquicentenary

Do you have any photos, stories or records of your time at Bedgerabong School? Do you know anyone that might have some? Your time is running out to have them included in our displays for our Sesquicentenary celebrations next March. Please contact the school ASAP if you have anything or are interested in sharing any school stories.

2025 school term dates for kids

Term 1	6-2-25 - 11-4-25	Term 2	30-4-25 - 4-7-25
Term 3	22-7-25 - 26-9-25	Term 4	14-10-25 - 19-12-25

Hello everyone- I hope this newsletter finds you well. As you read this our touch footy team is on the road to Sydney to participate in the NSW PSSA Small Schools knockout and I continue to be amazed at the achievements of the kids. Touch footy isn't a regular sport for our kids and before mid-point of Term 2 most of our team had never played a proper game of touch, until Miss Bayley volunteered to take on coaching the team. Dozens of lunchtime training sessions later the kids are in the finals. Last Friday our relay team headed to Dubbo for the Western PSSA athletics and after many more lunchtime training sessions conducted by volunteer Maree Hodges made the final and placed 5th. I take great pride in telling anyone I meet where I come from and how AMAZING my kids, my school and community are- I hope you all share that same pride and enthusiasm with me.



Royal Far West community support- I do feel this is important so I have left it in from last time. Our school is involved with Royal Far West's Community Recovery Service. As part of our Service, they offer parent group programs which take place online and are delivered by trained facilitators. **The groups are free for any parents/carers of the school to join and they usually offer these groups each School Term.** For school Term 4, they will be offering 2 different Online Parent Group Programs – 'Tuning in to Kids' (TIK) and 'Circle of Security' (CoS). Later in this newsletter you'll see a brochure that contains further details about the Term 4 Online Parent Groups, with the dates/days/times for the group and information about how you can enquire. It's a very valuable opportunity for us. Please take some time to look at it and even share with your neighbours/friends. I think it'd be a great chance for us as a group of teachers and parents to get together and participate together.

Bedgerabong School Sequicentenary– Our school turns 150 next year. Our celebrations are planned for March 27/28 next year. If you could help with photos etc....please call the school or drop in. **We have also discovered quite a void of resources- photos, news articles etc from 1940's – 1960's.** If you know of anyone that may be able to help out or you might have some, please get in touch ASAP. Give the school a call and we will arrange to help you to share those stories ready for our 2026 celebrations.

Bedgerabong TALENT QUEST- THIS FRIDAY – Our staff have spent hours working with your kids to help them to be ready for this and we are all very excited about our show on Friday- 11.40am-1pm followed by a sausage sizzle lunch. We would all love to see you here celebrating everything that is great about our kids. Thanks to Zoe for the offer to cook the barbeque- any others more than welcome.

Spec Fest – I've left this one in as well to keep it in mind. We will need to look at ways of supporting our kids to get to this event YAH! our joint application to perform at SpecFest with Grenfell & Parkes East schools has been accepted. We are now planning transport and accommodation options for us to be away November 27-30. Unlike the free major excursions for all of our students that we have been able to provide (with the support of our P&C) there will be costs for this one. I will subsidise as best I can, but I think now might be the time for families involved to start considering options for fundraising. The kids that will be going are all aware- be sure to have a chat with your child.

Wishing you all an amazing week. Remember- Choose Your Attitude, Be There, Make Someone's Day and PLAY!

Regards - Paul



BIG CLASS NEWS with Mrs Faulkner

This term has been terribly busy right up to the end - with the touch finals in Sydney and the talent quest to go. Big shout out to all the kids who have dug in deep to improve



their Run Club results. We can see improvement since that very first run earlier in the Term. We have finished reading 'Wonder', and can't wait to watch the movie this week to compare the two. Here's to a great final week and a restful break to recharge those batteries ready for another super busy Term 4.

LITTLE CLASS NEWS- with Miss Hanns

- In English, we've been learning how animal characters can show human traits— like the clever mouse in *The Gruffalo*.
- Our novel study has focused on *The BFG* by Roald Dahl. Students are enjoying the magical world of giants and dreams! We're hoping to finish the book this week and celebrate with the movie before the holidays. We even created some dream jars of our very own!
- Have a great holiday break, everyone!

School Leaders' Report

Hello everyone – Heidi here, filling in for Xavier. I would love to tell you all about our Stage 3 excursion to the Burrendong Creative Arts Camp. We had to leave at six in the morning to be there by 8:30am. We got given special key chains and we were told where our room were. I shared a room with kids from our school and Peak Hill. The activities included, percussion, musical theatre, dance, visual arts, creative arts and film making. I chose musical theatre and dance. I enjoyed musical theatre the most because it is a passion of mine. At the end, there was a big performance. I had a sola. It was great making new friends and doing the finale dance. Until next time... this is Heidi Symonds signing off.



By Heidi S

Community Notice Board

Looking for something to do in the School Holidays?

Come and join in the fun at a Tennis Coaching Clinic during the school holidays:

Week 1 – Monday 29th September to Friday 3rd October

The starting time is 9.00am and the finishing time 12.00pm.

The main aim is for everyone to have fun in a healthy and safe environment while learning how to play tennis. The clinic is open to all children 5yrs to 15yrs with beginners most welcome.

Places are limited therefore bookings are essential. Phone Peter on 0403 335 205 or message via Facebook page "Peter Cliftons Tennis Coaching" before Friday 26th September.

In the Garden with Miss Bayley

The kids have been busy in the garden planting for the summer. From trays of seeds to planting out seedlings and freshening up the beds. Bring on some rain to make it all look good.

Tootie Fruity

Sang Choy Bow

Ingredients

Sauce - 1 1/4 tsp cornflour / cornstarch, 3 tbsp water, 1 1/2 tbsp light soy sauce, 1 tsp dark soy sauce, 2 tbsp oyster sauce, 1 tsp sesame oil, 2 tbsp Chinese cooking wine (or sub Mirin or dry sherry) 1 tsp white sugar (can omit)

Filling - 1 tbsp oil, 1 clove large garlic, minced, 1/2 tsp ginger, minced, 300g / chicken mince, 1/2 onion, finely chopped, 1 small carrot, finely chopped, 100g/ 3.5oz canned water chestnuts, drained and finely chopped, 5 baby corn, canned or fresh, finely chopped.

Serving - 8 leaves large or 16 – 20 small lettuce, preferably soft, Crushed peanuts, Finely sliced scallions / shallots

Instructions

Mix cornflour with 1 tbsp water until lump free. Then add remaining Sauce ingredients and mix. Heat oil in a wok or large skillet over high heat. Add garlic and ginger, give it a quick stir then add onion. Cook for 1 minute then add mince. Cook chicken until it turns white.

Add all the vegetables. Cook for 2 minutes until the carrot is softened and chicken is cooked through.

Add Sauce and cook for 1 1/2 minutes or until it thickens and glossy, coating the filling.

Transfer filling into serving bowl. Lay out lettuce leaves, peanuts and scallions on the side. To serve, spoon some filling into a lettuce leaf. Top with peanuts and scallions, bundle it up and enjoy!

Chicken Spring Rolls

Prep 0:30 Cook 0:30 Makes 40

Ingredients - 1kg chicken mince, 1 tsp garlic, 1/2 green chilli finely chopped, 1/2 tsp curry powder, 1 carrot grated medium, 1 zucchini grated medium, 3 spring onions chopped, 1/4 cup kecap manis, 500g spring roll wrappers gow gee wrappers, 3 tbs canola oil, 100ml kecap manis

*to serve

Method

Brown chicken in a little oil. Add garlic, chilli, curry powder, carrot, zucchini and spring onions. Cook until vegetables collapse. Add Kecap manis and fry until reasonably dry.

Transfer mixture into bowl and cool for 1-2 hours. On a spring roll pastry sheet, place 1 tablespoon of mixture onto the middle of the bottom of the sheet. Fold both left and right sides in, then roll up. Seal the end of the spring roll with a little milk.

In batches, fry spring rolls in canola oil.

Serve spring rolls with Kecap manis

Mrs Horan

CHOOSE YOUR
ATTITUDE

Choosing a positive attitude for a day may not change your life. But months and years of choosing it will.

FISHphilosophy.com

FISH!

PLAY

When you choose a playful mindset, creativity and lightheartedness come naturally.

FISHphilosophy.com

FISH!

Bedgerabong Trivia Night- is coming up soon. Friday October 17 (first Friday of term 4) we've had lots of interest, have heaps of prizes. Get a team together and come along support the community and have some fun. Call the school to book a table.

**BEDGERABONG
COMMUNITY
PRESENTS**

TRIVIA NIGHT

17TH OCTOBER 2025

7.30pm @

Bedgerabong Hall

\$10 per person- cash at the door
FUN & GAMES

BYO nibbles and refreshments

MARK IT IN YOUR CALENDAR

**Teams of 8-10
people**

Getting to know – Miss Hanns

Where did you grow up/go to school? I was born in Forbes and spent my whole childhood there

Favourite pastimes as a kid- I loved dancing and swimming in my grandparents pool. I participated and played lots of different sports but I always came back to dancing.

Favourite pastimes as an adult – Spending time with my wild family. My boys and I love nothing more than playing outside or going on an 'adventure'.

If I had a million dollars: I would go on a holiday with the wild bunch and build a house so I no longer live in the 'shouse'.

If I wasn't a teacher- I always wanted to be a photographer!!



Getting to know – Mrs Faulkner

Where did you grow up/go to school? I was born in Bendigo and started school in Singapore.

Favourite pastimes as a kid- Swimming and staying outside all day, going on adventures with the neighbourhood kids.

Favourite pastimes as an adult Spending time with my children and grandkids.
Going on holidays is a favourite too.

If I had a million dollars: I'd buy the Perth Bears, relocate and rename them North Sydney Bears (for some sad old man) then put the rest into my superannuation account.

If I wasn't a teacher- I really can't imagine doing anything else.
Definitely not cooking or sewing!





Happy Birthday to these recent and upcoming party goers.

Aug 6 Hunter M
Aug 19 Phoebe M

Aug 12 Xavier M
Aug 31 Stephanie S



Quote of the Week

If you change the way you look at things, the things you look at change. – Anon

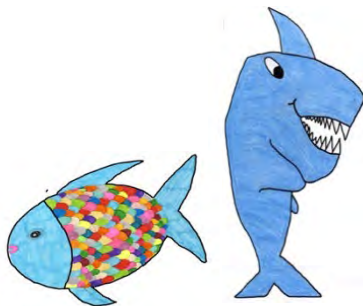
STUDENT SPECIAL SHOWCASE

Each newsletter we'd love to share some of the kids' extra curricular achievements away from school. This time we've heard from Mrs Morgan promoting - B'bong kids playing soccer in Griffith. If you have something to share please contact Mr Faulkner.

Please be sure to send us any achievements you'd like us to share with details and a photo (if you can)

Artists in the making

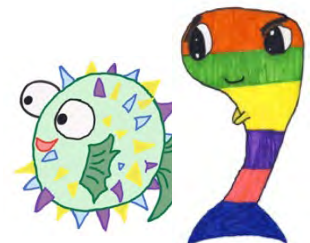
Congrats to the Stage 3 'Creative Arts Team' that attended the Arts Camp at Burrendong. The kids had a ball, representing our school with pride.



CHOOSE YOUR ATTITUDE

Choose Your Attitude means having an awareness of what your attitude is at any given moment, and recognizing if your current attitude isn't working for you, you can pick a new one.

FISHphilosophy.com **FISH!**



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Mr Faulkner
22-9-2025



JOIN US FOR THE
BEDGERABONG PS
TALENT QUEST

FRIDAY, 26TH SEPTEMBER

11:40AM

You're invited to come and celebrate the amazing talents of our students at the Talent Quest! It's a joyful showcase of creativity and courage, and we'd love to have you there.

Community Recovery Services



Royal Far West
Children's health. country-wide

FREE Online Parenting Programs

Do you want to help your child manage strong feelings like worry, frustration and anger?

Do you want to better understand your child's behaviour?

Meet other parents and carers and talk about your strengths and challenges together.



What is Circle of Security®?

An evidence-based program to help parents better understand and meet children's emotional needs.

Best suited for parents/carers of children aged

1-6 yrs although beneficial for all ages.

www.circleofsecurityinternational.com

What is Tuning in to Kids®?

An evidenced based, emotion focused parenting course that helps parents/carers to recognise, understand and manage their children's emotions.

Best suited for parents/carers of children aged 3-12 yrs.

www.tuningintokids.org.au/parents

Who is it for?

Parents/carers living in the following NSW LGAs: *Cabonne, Cootamundra-Gundagai, Dubbo, Forbes, Gunnedah, Snowy Valleys, Glen Ines Severn, Snowy Monaro*

Where?

Online via Zoom. Access to stable internet, a computer/device, and a private space will be required.

When?

Tuning in to Kids: 10am – 12 pm, Wed 22nd Oct to 3rd Dec (weekly 2hr sessions for 7 wks)

Circle of Security: 10am-12pm, Wed 15th Oct to 3rd Dec (weekly 2 hr sessions for 8 wks)

Book now:

Email or call our team to register your interest. community.recovery@royalfarwest.org.au or (02) 8622 6808

"I am so incredibly grateful for this course!"

"I couldn't be more thankful for my learning and the strategies that are making an amazing difference with both my boys" - Parent

Funded by the Australian and NSW Government



Australian Government



NSW GOVERNMENT

Funded under the Disaster Ready Fund – an Australian Government initiative. This program currently receives funding from the Australian Government and the NSW Government.