

SCHOOL CANTEEN

Baulkham Hills High School

SUMMER MENU

SANDWICH BAR

Breads (G) White or Wholemeal

Chicken Schnitzel \$5.00 GH

Chicken Schnitzel, Lettuce & Mayo

Sweet Chilli Tuna \$5.00 G

Tuna, sweet chilli, onion & Mayo

Egg \$5.00 GV

Egg, Lettuce & Mayo

Falafel Delight \$5.50 GV

Falafel, Lettuce, Tomato, & Tzatziki

Cheese & Tomato \$3.50 GV

Ham, Cheese & Tomato \$5.00 O

Chicken & Salad \$5.50 GH

Grilled Chicken, Lettuce, Carrot, Beetroot, Tomato, Cucumber & Onion

Creamy Chicken & Lettuce \$5.00 GH

Chicken, Egg Mayo, Dill & Chives

Salad \$5.00 GV

Lettuce, Carrot, Beetroot, Onion, Cucumber & Tomato

TOASTIES – Italian Sour-dough - G

Cheese \$4.00

Cheese & Tomato \$4.50

Ham & Cheese \$4.50

Ham, Cheese & Tomato \$5.00

EXTRAS

Avocado \$1.00

Grilled Chicken \$2.00

Boiled Egg \$1.00

Rolls & Wraps \$1.00

Gluten Free Sliced \$1.50

TURKISH BREADS

Chicken Schnitzel – GH \$7.00

Homemade chicken schnitzel, mixed leaf, roast capsicum, & tasty cheese

Vegetarian – GV \$7.00

Eggplant, sun-dried tomato, Roast Capsicum & tasty cheese

Mediterranean – GV \$7.00

Roast Capsicum, Artichokes, Olives & Feta Cheese

SUPER SALAD BOXES – GH – Made to Order

Greek \$6.50 GV

Tomato, Cucumber, Spanish Onion, Pitted Olives & Feta

Chicken Pesto \$6.50 GH

Penne, nut free pesto, sundried tomato & olives

Italian Penne Salad \$6.50 GV

Penne, roasted eggplant, sun-dried tomato & Feta

OPEN MELTS – SOURDOUGH - G

Cheese & Tomato \$5.00

Cheese, Tomato & Avocado \$6.00

FRUIT – G – Term 1 & 4

Watermelon Salad \$5.00

Fruit Salad \$5.00

Hot Noodles - O

Beef \$4.50

Chicken \$4.50

BURGERS

Chicken Fillet Burger \$6.00 GH

Chicken breast pattie, lettuce & Mayo

Falafel Burger \$6.50 GV

Lettuce, beetroot, tomato, onion, falafels & Tzatziki

Peri Peri Burger \$6.50 GH

Chicken breast pattie, lettuce & peri peri sauce

Chicken & Cheese Burger \$6.50 G

Chicken breast pattie, lettuce & cheese

PIZZA – Homemade

Cheese \$5.00 GV

Ham & Cheese \$5.00 G

RECESS

Garlic Bread \$4.00 GV

Bacon & Egg Roll \$5.50 O

Breakfast Wrap \$7.00 OH

(scrambled egg, hash brown, beef sausage or bacon)

SUSHI – MONDAY & WEDNESDAYS (Term 1 & 4)

Sushi (Chicken, Tuna or Vegetarian) \$5.00 GH

MEXICAN

Beef Nachos \$7.00 GH

Corn Chips, lettuce, tasty cheese & sour cream

Burrito (Beef or Chicken) \$7.00 GH

Tortilla wrap, lettuce, tasty cheese & sour cream

HEALTHY FOOD GUIDELINES

V – Vegetarian / H – Halal Certified

G – GREEN / O – Occasional

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SUMMER MENU

SELECTED WEEKLY MENU

MONDAY

Butter Chicken & Rice	\$6.50 GH
Cheeseburger - Beef	\$6.50 GH
<i>Burger cheese, mustard n tomato sauce</i>	
6 Chicken Nuggets	\$4.50 OH

TUESDAY

Spaghetti Bolognese	\$6.50 GH
Chicken Kebab Wrap	\$7.00 GH
<i>Lettuce, shr cheese & bbq sauce</i>	

WEDNESDAY

Big Beef Burger	\$6.50 GH
<i>Lettuce, beetroot, tomato, onion & sauce</i>	
Nuggets (4) & Hot Chips	\$6.50 OH
Chicken Schnitzel Roll	\$7.00 OH
<i>w/ Gravy</i>	
	<i>w/ Hot Chips</i>
	\$7.50 OH

THURSDAY

Creamy Chicken Mushroom Pasta	\$7.00 GH
Cheeseburger - Beef	\$6.50 GH
<i>Burger cheese, mustard n tomato sauce</i>	
Arancini Balls (4) with Sauce	\$6.00 GV
Greek Kebab Wrap	\$7.00 GH
<i>Chicken, Lettuce, Feta, tomato & Tzatziki</i>	
<i>w/ Hot Chips</i>	\$7.50 GH

FRIDAY

Fish & Chips	\$7.50 O
Gourmet Chicken Schnitzel Burger	\$7.00 GH w/ Chips \$11.00
<i>Lettuce, tomato, tasty cheese & burger sauce</i>	
Macaroni Cheese	\$6.50 GV
<i>Penne, parmesan cheese, tasty cheese & cream</i>	

Term Specials – Check Specials Board

HOT BAR

Penne Boscaiola	\$7.00 G
Chicken Pesto Pasta	\$7.00 GH
Potato Croquettes (4)	\$6.00 GV
Penne Bolognese	\$6.50 GH
Kefte, hummus & Tabouli Wrap	\$7.00 GH
Quiche (2) & Salad	\$6.50 GV
Chicken Stir Fry & Noodles	\$6.50 G

DRINKS

Oak Milk – 300ml	\$4.00 G
Oak Milk - 500ml	\$5.50 G
Juice	\$4.50 G
Spring Water	\$3.00 G
Waterfords	\$4.50 G
Ice Tea	\$5.00 G

BAKERY

Gourmet Muffins	\$4.50 O
Banana Bread – Homemade	\$4.00 G
Big Choc Chip Cookie	\$4.00 O

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THROUGH

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